

Urgent and Inpatient Care
The Cedars
Dryden Road
Wonford
EXETER
EX2 5SN

Dear _____

I am the Modern Matron at the Cedars Unit where your relative/friend has been admitted to either Coombehaven or Delderfield Ward. At the Cedars we recognise that families and friends can help their relative/friend recover from a mental health problem. We have been told that you are one of the people who provides support for _____.

Here on the Cedars Unit we operate a **Named Nurse** system. The named nurse with particular responsibility for your relative/friend is _____. It can be a stressful time for everyone concerned and with that in mind we would like to invite you to make an appointment with this nurse.

This will give you an opportunity to ask any questions you may have, talk about the part you play in their care and express any concerns so that we may plan the best way forward.

To arrange to meet the nurse please call:

Coombehaven Ward 01392 674907 or Delderfield Ward 01392 674912

If the nurse is not available, please call me to organise an appointment.

For further support you may wish to contact Carers Support Workers in your geographic area:

Lorraine Mee, Carer Support Worker for Mid Devon, Tiverton & Cullompton on 01884 235726.
e-mail lorriane.mee@nhs.net

Meg Compton, Carer Support Worker for MIND in Honiton, Exmouth & East Devon on 01404 549508 . e-mail carers@mindeastdevon.org.uk

Jane Ashby, Carer Support Worker, Hillbank CMHT for Crediton & Okehampton 01363 778610.
e-mail jane.ashby@nhs.net

Mel Chamberlain Carer Support Worker for MIND in Exeter on 0775 243 9559. e-mail melsupport.mind@btopenworld.com

Yours sincerely

Lynne Jeary
Modern Matron
Exeter, East & Mid Devon
01392 674918