

# e-bulletin

Issue 7  
10 July 2006



Welcome to the seventh edition of our e-bulletin. Thanks to everyone who has emailed with news stories, and comments and suggestions.

If you have any information or ideas for the Bulletin please contact [Rhiannon Williams](#), Communications Assistant at Eastern Development Centre – contact details later. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

[Regional News](#); [National News](#); [Development Centre Update](#); [Events](#); [Useful Resources](#);

## Regional News

### Reports relating to Direct Payments in Essex

A report written by Pippa Everett from the Essex Social Care Research Team was published in May 2006. It describes the impact of direct payments in Essex. There is also a summary version of the report.

 [Click here to read the full report](#)

 [Click here to read the summary of the report](#)

### New websites for kids and teens

South Essex Partnership NHS Foundation Trust have launched two new websites – one for primary school children and one for teenagers to help them understand mental health issues and the services SEPT provides for people their age. The site for primary school age children [www.there4u.info](http://www.there4u.info) uses characters, storyboards and quotes from service users to explain what to expect from the child and adolescent mental health service. The teenage site [www.there4teens.co.uk](http://www.there4teens.co.uk) combines a relevant style and contemporary design. This group specifically asked to have access to information about mental health conditions as well as information about the service.

 [Click here to access the sites through the South Essex Partnership NHS Foundation Trust website](#)



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## National News

### 10 High Impact Changes in Mental Health launched

A new drive to modernise mental health services was launched recently by Health Minister Rosie Winterton. She published a document outlining ten key changes that mental health providers should make to improve quality of care and drive better service efficiency. These changes include: more home treatment for service users; improving access to screening and assessment for service users; and avoiding unnecessary contact for service users and providing contact in the right setting.

 [Click here to find out more about the 10 High Impact Changes](#)

### New code of practice on Disability Discrimination

A new code of practice from the Disability Rights Commission was recently laid before Parliament for its consideration, giving guidance on the application of the Disability Discrimination Act (DDA). Anne McGuire, Minister for Disabled People, warmly welcomed the “clear advice and guidance” in the new code, saying: “The Government believes that clear and accessible advice and guidance for those with rights and responsibilities under the DDA is important. The new Code gives practical guidance on the application of the Act, in relation to provisions of the Disability Discrimination Act 2005 that come into force on 4 December 2006.”

 [To read the full press release click here](#)

### Disability Rights Commission’s Response on the Equalities Review Interim Report

The Equalities Review interim report is an important contribution to the debate on the future of equality. The challenge faced by the Review in developing a reliable map of inequality in Britain over and above that provided by the more established evidence collected around race and gender equality, exemplifies the hill we have still to climb in getting equality issues, including disability, at the heart of public policy. The report makes a series of important points about how we approach the question of equality and how we measure inequality.

 [Click here to read the response](#)

 [Click here for more information from the Disability Rights Commission website](#)

### Commissioning News – a magazine investing in services for drugs, health, crime and social care

Improved commissioning is a major force in changing the way public services are funded and delivered. But the art and science of commissioning is often poorly understood. The Centre of Public Innovation, with the help of its partners, produces Commissioning News as part of the move to raise standards and knowledge around commissioning. It provides information, news and vital brainfood for commissioners and providers working in drugs, health, social care and criminal justice services.

 [Click here to visit the website to find out more and to subscribe to the magazine](#)

## Shift's Sport Network – Connecting through sport

The Shift Sports Network has been designed to help share knowledge, ideas and advice between people who are active in this work. It is hoped over the next few months we will be able to gather a collection of individuals, organisations and sporting activities, covering a range of issues associated with stress, stigma, discrimination and physical and mental health. The idea behind this emerged from the Manchester conference earlier this year when a number of delegates wanted to stay connected to share and develop sporting initiatives around mental as well as physical health.

 [Click here to find out more about the network](#)

## 2006 NHS Alliance Acorn Awards – call for entries

This annual prestigious Primary Care award ceremony will be held during the NHS Alliance Annual Conference in Bournemouth on the 23 & 24 November 2006. They will be presented by the Rt Hon Patricia Hewitt, Secretary of State for Health. The board are looking for entries from a variety of areas: Innovations in Practice Management; Service Redesign; Public & Patient Involvement; Public Health; Practice Based Commissioning; Integrated and Complementary Healthcare; Clinical Governance; Clinical Engagement. Entries must be submitted by 31 August 2006.

 [Click here to find out more about the awards and all the information you need to enter](#)



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## Development Centre Update

### Assistive Technology Appointment of Regional CSIP Fellow - Dyllis Faife

Dyllis Faife has joined the team at CSIP Eastern as a Research Fellow for Assistive Technology. She will be able to offer support and guidance to local systems who might find it useful, and is hoping to produce a 'workbook' consolidating experience and advice in the next few months.

 [Click here to read more and for Dyllis' contact details](#)

### Appointment of Regional CSIP Change Agent for Children, Young People & Families – Tracey Cogan

Tracey Cogan has joined CSIP Eastern as a Regional Change Agent for Children, Young People & Families. Her main purpose is to promote improved outcomes for children, young people and families as part of the ECM agenda, Choosing Health and NSF for Children, Young People and Maternity Services. She will also lead on and support service improvement and development for children, young people and families for CSIP Eastern Region, providing direct hands on support to address locally determined priorities.

 [Click here for more information and Tracey's contact details](#)



## **Vacancy for Regional Change Agent: Health and Social Care in Criminal Justice Programme based at Eastern CSIP Development Centre, Colchester**

An opportunity has arisen for the above post based at Colchester. The key areas of the role are to provide expert professional input to high level decision making across the Eastern Region encompassing a wide range of statutory and non statutory organisations. Also to lead and support service improvement and development for the Health and Social Care in Criminal Justice Programme; to form a focus for the regional programme, and be responsible for the delivery of project objectives and the achievements of stated outcomes; to take a lead role to enable system wide and general service improvement expertise and advice across the local Health & Social Care community and to participate in the strategic development and direction of the Regional Development Centre.

 [Click here to find out more and to apply](#)

## **Equality and Inclusion Conference – 20 July 2006, Colchester**

A comprehensive one day conference looking at the Six Strands of Equality including the 'Disability Equality Duty'. Addressing health inequalities is currently a priority for health service policy and the provision of equitable services. To support all organisations to meet their public duties, CSIP Eastern are bringing together experts in the following areas: Age, Disability, Gender, Race, Religion and Beliefs Sexual Orientation.

 [For more information and to register click here](#)



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## **Other Events**

### **Disability Discrimination Act 2005: New duties for your Public Authority – 3 July 2006, Leeds & 6 July 2006, London**

In most cases public authorities will need to act before the December 2006 deadline in order to ensure that all your functions from clinical services to zebra crossings fall in line with the Disability Discrimination Act, 2005. In order for you to achieve this, you will need to consult with people with disabilities, devise disability equality schemes and ultimately change the culture of your organisation. This workshop will feature expert presentations on the scope of the new duties for public authorities as well as giving you practical advice on: how to consult with people with disabilities; devising a disability equality scheme; what the Disability Discrimination Act 2005 means for a person with disabilities.

 [Click here for more information](#) (qconsulting website, click on events)

### **Skills for Life in Health and Social Care Training - 10 July 2006, Cambridge**

This event will focus on the contribution that Skills for Life can make to training and development in the Health and Social Care sector. It will be developed and delivered by NIACE in conjunction with the ACER New ways of learning for work in the Health and Social Care Sector project.

 [Click here for more information](#)

## **Leading by Example: Making the NHS an exemplar employer of people with mental health problems - 13 July 2006, Bristol**

This conference aims to inspire and offer practical help to those who wish to widen the NHS and social care workforce to include people who have used mental health services. The focus is on paid employment for all, including service users from black and minority ethnic (BME) communities, with a view to using their expertise to improve the quality of services. This conference demonstrates two core beliefs: that mental health services need this expertise in order to promote citizenship and recovery; that public services and especially mental health services have a responsibility to lead by example in creating mentally healthy workplaces - fit for all who work in them.

 [Click here for more information](#)

## **Best Practice in Dementia Care – 20 September 2006, Leicester**

The 5th National Conference for Mental Health in Older People this year focuses on best practice and current issues in dementia care. This will incorporate a look into the future in view of the impending NICE/SCIE dementia guidelines, the application of assistive technologies, mental capacity, advice and advocacy and workshops enabling innovative services to share best practice and stimulate debate.

 [Click here for the conference flyer](#)

## **Mental Health Awareness for Information, Advice and Guidance Providers – 21 September 2006 Durham, 5 October 2006 London & 10 October 2006 Cambridge**

This event will give an overview of mental health and how it can be a cause and a consequence of social exclusion, a brief overview of the current policies that support social inclusion for people with mental health difficulties and provide evidence on how learning and work can impact on mental health issues. Participants will be able to reflect on how they currently work with people with mental health difficulties and how they might develop their Information, Advice and Guidance service to ensure they are appropriate and effective.

 [Click here for more information](#)

## **The Influence of Agriculture on Health & Wellbeing – 26 September, London**

The UK has a strong agricultural history embedded in its unique countryside and yet food production makes up currently less than 2% of GNP. The last 3 decades have witnessed unprecedented changes to agricultural practice to improve productivity and this is further driven by the supermarket culture. This conference, held at the Royal College of Physicians in London, aims to examine the trends in the current position and to examine options available for change to create a sustainable industry and for improved human health.

 [Click here for more information and to book](#)



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## Useful Resources

### Progress Report - Delivering Choosing Health: making healthier choices easier

This report provides details at a national, regional and a local level of the progress made on the *Choosing Health* commitments. It reflects the contributions of all departments involved.

 [Click here for further details](#)

### Social Inclusion Planner is released

After more than 10 years in development, we finally launched the *Social Inclusion Planner*. This freely downloadable resource offers definitions, stories and hints for over 100 ways to support people wishing to take up community roles and relationships. Use it to find ideas and inspiration, build outcome-focused plans for yourself or a person you support and review your practice and grow your skills in supporting inclusive lifestyles. The software is free, but you will make the most of it if you get some training too.

 [To find out more click here](#)

### Disabled Students Project

This collaborative project aims to provide a comprehensive service for disabled students and those working to support them about benefit entitlement during periods of study. It brings together Skill's expertise around student finance issues and Disability Alliance's expertise around benefits and tax credits for disabled people and carers. The aim of the project is to ensure a one-stop shop service, providing information on: benefit rights, the interaction of benefits and education funding, the support available to improve access to education, completion of courses and obtain qualifications and develop career aspirations. The project has developed a training course for advisers working with disabled students and prospective students in higher education as well as the development of web-based information, including Frequently Asked Questions.

 [Click here to find out more](#)

### Improving Care for People with Long-term Conditions – A Review of UK and International Frameworks

The NHS and Social Care Model was developed based on examples of good practice in the UK and abroad. This report describes some of those frameworks used to conceptualise chronic care and summarises evidence about the effects of these frameworks.

 [Click here to read the review](#)

### Mindful Employment Practice resources list

The resource list is now available on the Sainsbury Centre for Mental Health (SCMH) website. It is the resources list for employers concerned about how to manage mental ill health in the workplace. It has been developed jointly by SCMH, the Disability Rights Commission and the Mindful Employer Network and will be updated every 6 months.

 [Click here to read the document on the SCMH website](#)

## New Horizons – new stylish magazine

New Horizons is the stylish, emap-style magazine for Adult Learners' Week aimed at all adults, but especially those who haven't yet thought of the benefits of learning. It's filled with information on essentials such as where to update your skills, how to pay for courses, volunteering and help with finding a job. With celebrity questions and answers and lots of motivational case studies, it's a book your learners won't want to put down! Order your free copies from mid-April by calling 0845 60 222 60, minicom: 0845 60 555 60, or email [dfes@prolog.uk.com](mailto:dfes@prolog.uk.com) quoting reference ALW 2006.



[Click here to order the magazine online](#)



[Click here for more information on resources for Adult Learners' Week 2006](#)



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## Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Health and Social Care in Criminal Justice – **Rob Jayne & Amanda Hawkins 01206 287578**
- Learning and Improvement Networks – **Paul O'Halloran 01206 287594**
- Learning Disabilities (Valuing People Support Team, VPST) – **Simon Whitehead 01449 616187**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Rix 01206 287578**
- Older People and Physical Disabilities (Change Agent Team, CAT that includes Integrated Community Equipment Services) – **Angie Glew & Yve White-Smith**
- Adult Social Care – **Amanda Reynolds 07775 631510**



[To download a copy of our 2005/06 Mental Health Prospectus, click here](#)



For access to our website click on the link: <http://www.eastern.csip.org.uk/>

Care Services Improvement Partnership 

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list contact:

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