

e-bulletin

Issue 3
19 April 06



Welcome to the third edition of our e-bulletin. Thanks to everyone who have emailed with news stories, and comments and suggestions.

If you have any information or ideas for the Bulletin please contact [Rhiannon Williams](#), Communications Assistant at Eastern Development Centre – contact details later. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

[Regional News](#); [National News](#); [Development Centre Update](#); [Events](#); [Useful Resources](#);



Regional News

Confidentiality in Mental Health - A guide to good practice in information sharing

For the last three years, work has been going on to develop a booklet based around information sharing and confidentiality. The booklet has been ratified by Suffolk Mental Health Partnership NHS Trust and was developed by a group including service users, family carers and mental health professionals from both the voluntary and statutory sectors.

 [Click here to read a short article about the booklet](#)

 [Click here to access the booklet](#)

Diary of setting up a new Crisis Resolution and Home Treatment Team

Written by Dr R Razzaque, follow the process of the setting up and implementation of this new Mental Health Crisis Resolution and Home Treatment Team, and keep up with the progress in forthcoming instalments.

 [Click here for the first instalment](#)

The Voluntary Sector Bulletin – April

The new edition of the voluntary sector bulletin has now been collated by Thelma Wadsley and posted. It contains items of news and publications, briefings and publications available from the National Council of Voluntary Organisations, and details of training and events occurring around the region and nationally.

 [Click here to read it](#)

 [Contact Thelma Wadsley: Fellow, Partnerships & Joint Commissioning – CSIP Eastern Development Centre](#)



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National News

National Standard for Physical Intervention & Restraint Instructors

Read a statement written by Tom Starling, Director of Ethical Care Control and Restraint (UK) Ltd, regarding the lack of regulated national standards for instructors who teach Physical Intervention and Restraint. He emphasises the need for minimal force and has brought the issue to the attention of Charles Clarke MP, Home Secretary.

 [To read his full statement click here](#)

 [To email him for more information click here](#)

Publication of NOMS (National Offender Management Service) 5 Year Strategy

This strategy sets out the Home Secretary's vision of how NOMS (National Offender Management Service) will work to protect the public and reduce reoffending. It stresses the importance of moving prisoner's health into the mainstream, with Primary Care Trusts taking responsibility for prison health.

 [To read the strategy, click here](#)

Launch of the rebranded ICN (Integrated Care Network) website

The ICN (Integrated Care Network) has launched its new website. The site has been redeveloped to make it easier to access information on partnership working. There is now a new Q&A forum where you can ask experts for advice on integration, an improved events management system, and a new e-newsletter which you can subscribe to.

 [Click here to visit the site](#)

 [Click here to register for the ICN three- weekly newsletter](#)

The National Social Inclusion Programme Mental Health Spring Newsletter

Read the new spring newsletter relating to the activities of the National Social Inclusion Programme. It includes a special item on two project areas; Social Networks and the Employer Engagement Network, focusing on the background to the project and their successes and challenges.

 [To read the newsletter click here](#)

First SHIFT International Conference Feedback

Read information on the SHIFT conference that was held in Manchester in March 2006. The link below gives access to the speeches, presentations and some of the workshops.

 [Click here to read the write up](#)

 [Click here for more information on the SHIFT campaign](#)

Channel Four documentary on Dating & Mental Health – a call for participants

Channel 4 is making an intelligent and sensitive one hour documentary about mental health and relationships. We are looking for people who can share with us their experiences of looking for a partner whilst coping with a mental health issue.

 [Click here for more information](#)



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Development Centre Update

EbE User and Carer Network Development Fellow appointed for Cambridgeshire

The Experts by Experience group would like to announce the appointment of a new User and Carer Network Development Fellow for the Cambridgeshire area. Sally MacGregor will be undertaking a joint role; the EbE fellow as well as the Service User Advisor to the Cambridgeshire Mental Health Trust Board.

There are still four vacancies available; Suffolk, North Essex, South Essex and Bedfordshire.

 [Click here to find out more information about the posts](#)

Directory of Mental Health Research in Eastern England

The Eastern Development Centre is updating the Directory of Mental Health Research in Eastern England. The Directory was first published in June 2003 and was circulated widely in both hard copy and electronically. The Directory will include information about all organisations with an interest in Mental Health research in the region. Please click on the links below to submit any information you have.

 [Click here for more information](#)

 [Click here to access the directory template to be filled in by the 19 May 2006.](#)

 [Contact Sarah Thurlow, Regional Fellow for Social Care Research](#)

Direct Payments figures report

Published in March 2005, this reports the numbers of people using a direct payment in lieu of a mental health service in each local authority.

 [Click here to read the report](#)

 [Click here to find out more about the direct payments](#)

Working together for the healthy minds of looked after children – 23 May 2006, Hotel Elizabeth, Copdock

A free regional event run jointly by YoungMinds and the Eastern region CAMHS programme delivered through CSIP. Keynote speakers are: Mary Bunting, Looked After Children Network Lead, Youngminds, Dawn Rees, Eastern Region CAMHS Programme Lead for CSIP and the National CAMHS Support Service, Jackie Jackson-Smith, Eastern SEN Regional Facilitator. A range of 1 hour workshops are also available.

 [Click here for full details & registration](#)



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Events

Further Education Taster Week: 24-28 April 2006, Colchester

Why not come along and have a taste of some of the classes available this year at the Colchester Institute. See if it will inspire you to enrol for one of the next year's classes.

 [Click here for more information](#)

Changing the landscape: Delivering Drug and Crime Services – 27 April 2006, London

This unique and major conference is a collaboration between the Centre for Public Innovation and Futurebuilders to encourage organisations in the voluntary and community sector (VCS) to play an increasingly important role in the provision of substance misuse and criminal justice services.

 [Click here for more information on the event](#)

Valuing People Conference – 10 May 2006, London

For too long too many people have put up with part-time, low-paid, dead-end jobs in non-inclusive settings. This conference aims to start a change in the way people with a learning disability experience work. The day includes five workshops and two new publications that will be freely available to delegates on the day. Keynote speaker: Ann McGuire

 [Click here for Registration form](#)

Working Together, Helping Others: 2nd National Conference – 10 May 2006, London

Organised by the Mental Health Helpline Partnership, this important event is for mental health leaders to discover how helplines working in partnership can help to meet the complex mental health agenda. This interactive day will provide space to think, to challenge and to network.

 [Click here for more information](#)

Mental health awareness for information, advice & guidance providers – 11 May 2006, Leicester

This event will give an overview of mental health and how it can be a cause and a consequence of social exclusion. Participants will be able to reflect on how they currently work with people with mental health difficulties and how they might develop their Information, Advice and Guidance service.

 [Click here for further information & Registration](#)

The Wonder Years – Monday 15 May 2006, London

Listening to 16-25 year olds: new ways to meet their mental health needs. A one-day conference for Child & Adolescent Mental Health Service and Adult Mental Services practitioners and commissioners in mental health, education, social services and the voluntary sector.

 [Click here for more information](#)

Mental Health 2006 – 16 & 17 May 2006, Savoy Place, London

The Mental Health conference is the main event of the year focussing on risk management and service user involvement. The conference also includes special sessions on social exclusion and the new Mental Health Bill. Keynote presentations from: Anthony Deery, Head of Mental Health, The Healthcare Commission, David Morris, Director of Social Exclusion Forum, The National Institute of Mental Health and Kathryn Tyson, Head of Mental Health Policy, The Department of Health. Free places available for service users.

 For more information and registration please email Sarah Wainwright at sarah@healthcare-events.co.uk or telephone her on 020 8541 1399

'Mind Your Head' – Improving the mental wellbeing of men and boys. 14 June 2006, London

Men's Health Forum presents a ground-breaking conference during National Men's Health Week 2006. The WHO definition of mental health is a state of wellbeing in which the individual realises his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community (WHO 2001) Many men, particularly those from minority ethnic groups, are unlikely to experience this state of wellbeing in their lifetime. This conference explores why this is.

 [Click here to find out more about the conference](#)

Primary Mental Health Workers Annual Conference – 28- 29 September 2006, Torquay, Devon

This conference organised by the South West Development Centre is taking place in Torquay, Devon. If you would like to take part as a workshop presenter or organise a poster presentation then click on the links below to find out more.

 [Click here for further information & booking form](#)



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Useful Resources

Real Voices, Real Choices: Report by the Commission for Social Care Inspection (CSCI)

This new report by the Commission for Social Care Inspection, 'Real Voices, Real Choices - the qualities people expect from care services', describes the issues that matter most to people who use care services. The report is based on a series of public consultation events carried out by CSCI, in which people had the opportunity to tell the Commission about the issues that concerned them.

 [Click here to read the report](#)

Research funding opportunities – Clinician Scientists

The MRC invites applications for its DoH clinician scientist award. The scheme provides up to five years funding. It is open to individuals about to begin or currently in specialist medical or dental training. Applicants are expected to have completed a PhD or equivalent in a basic science/clinical subject.

 [Click here for the website and more information on the fellowship](#)

Contact Barbara Sutherland, Tel: 0113 295 2169 email: Barbara.Sutherland@dh.gsi.gov.uk

Integrated Governance Handbook

The Department of Health has produced a handbook for NHS boards for their continued development towards good governance principles. Whilst this version is aimed primarily at NHS Trusts, PCTs may also find it useful.

 [Click here to access the handbook](#)

Patient Opinion Website

Patient Opinion was founded by Dr Paul Hodgkin, a GP in Sheffield, who wanted to make the wisdom and insights of patients available to the NHS. Paul felt that the old ways of involving patients – inviting them to sit on a working party or carrying out a survey – did not work very well. Paul devised the Patient Opinion as a way for thousands of patients to both share their own experience and gain support from others.

 [To visit the Patient Opinion website and learn more about it, click here](#)

 [Click here to access the handbook](#)



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Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service)
- Health and Social Care in Criminal Justice
- Learning and Improvement Networks
- Learning Disabilities (Valuing People Support Team, VPST)
- Mental Health (National Institute for Mental Health in England, NIMHE)
- Older People and Physical Disabilities (Change Agent Team, CAT that includes Integrated Community Equipment Services), and
- Social Care.



[To download a copy of our 2005/06 Mental Health Prospectus, click here](#)



For access to our website click on the link: <http://www.eastern.csip.org.uk/>

Care Services Improvement Partnership 

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list contact:

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