

e-bulletin

Issue 11
15 September 2006



Welcome to the eleventh edition of our e-bulletin. Thanks to everyone who has emailed with news stories, and comments and suggestions.

If you have any information or ideas for the Bulletin please contact [Rhiannon Williams](#), at CSIP Eastern Development Centre – contact details later. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

[Regional News](#); [National News](#); [Development Centre Update](#); [Events](#); [Useful Resources](#);



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Regional News

PROGRESS 2006 – Photos and feedback

The CSIP Eastern annual event, PROGRESS took place last Thursday at Rowley Mile Racecourse in Newmarket and the day was a great success. With around 800 delegates, over 50 workshops and over 60 exhibitors, it certainly was a busy, dynamic and worthwhile day. We received some great feedback from delegates who felt that they had had the chance to meet other people in the Eastern Region, make contacts, and find out about services, projects and initiatives from a range of disciplines. They could also take advantage of the Complementary Therapists who were on hand to give delegates a taster of some of their services, which included Indian Head Massage and Reflexology. The day also featured the finals of the first PROGRESS Awards in which winners from four categories were chosen, as well as an overall winner.

 [Click here to find out more about the award winners, feedback from the day and to view photos taken at the event.](#)

Good news from RFET Cambridge

RFET (Richmond Fellowship Education & Training) Cambridge has been successful in securing a new contract for their Employment Advice Service (formerly known as QEST) for people with mental health issues. RFET Cambridge offers specialist employment information, advice and guidance to both clients and employers. Their qualified and experienced Employment Advisers will continue to support and enable clients to develop their confidence, skills and abilities.



[Click here to find out more](#)



[Click here to visit the Richmond Fellowship website](#)

Opportunities list from Involving Service Users (ISU) Norfolk

This lists details Current Opportunities for Service User Involvement and/or Consultation in the Mental Health Services of Norfolk.



[Click here to view the list](#)



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National News

Deadline for the CSIP Positive Practice Awards has been extended

Due to demand it has been decided to extend the deadline for the Positive Practice Awards application to 5pm Friday 29 September (original deadline Friday 22 Sept). A new category has also been called New Ways of Working. The website www.csip.org.uk/positivepractice2006 is being updated over the next 24 hours.



[Click here for more information](#)

'Reaching Out': An Action Plan on Social Exclusion

This document is the latest report published by the Cabinet Office on the topic of Social Exclusion. You can also read a copy of Tony Blair's recent speech on the subject.



[Click here to access the document](#)



[Click here to read Tony Blair's speech](#)

Would you like to be part of a learning community that improves the performance of the NHS?

The NHS Institute for Innovation and Improvement has commissioned Ashridge, a leading business school, to run a network of action learning sets for around 50 senior people in the English NHS. Over a year, you will work with seven colleagues in similar roles on the real, key challenges you face in your job. You will help each other to develop new and innovative approaches to the improvement problems you currently face. You need to be committed to meet and to participate virtually to share and learn.

 [Click here for more information](#)



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CSIP Eastern Development Centre Update

Equal Partners 2006

There are still a few places available on this exciting programme aimed at developing and improving partnership working between the voluntary and statutory sectors. The programme is open to organisations and individuals working across any of CSIP's care groups, and offers an excellent opportunity both to develop a learning project in a supportive environment, and to learn from the experience of others working across the region. Please contact Chris Rowland on 07747-536065, or by email at chris.rowland@nemhpt.nhs.uk for an informal discussion. (Please note the start date for this programme is now November 2006, and closing date for applications October 31st, both changes to online details as advertised.)

 [Click here for the flyer](#)

 [Click here to download the application pack](#)



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Events

Mental Health Today Exhibition – 1 November 2006, London

Mental Health Today Exhibitions bring together the statutory, voluntary and private sectors in the mental health field. These one-day events, comprising a full and comprehensive seminar programme and a large exhibition, will provide a valuable opportunity for everyone involved with mental health to come together to debate the big issues, share best practice and network.

 [Click here for more information](#)

Implementing the Commissioning Guidance for Day Services and Day Services for Women – 1 November 2006, Leicester

This event aims to enable organisations that are commissioning or providing daytime support or services to progress the implementation of the recently published guidance. The day has been designed to get to grips with making changes in day services and provides an opportunity to share experience and hear from others on how they are addressing the issues.

 [Click here for more information and how to book](#)

Building Sustainable Communities through Partnership: Community Cohesion – 7 November 2006, London

The Government through its *'Improving Opportunity, Strengthening Society'* strategy and more recently the second round of the Faith Communities Capacity Building Fund, set out its drive to improve fairness and opportunities for all in Britain. Its desire is to promote mutual understanding, respect and co-operation between all the different segments of society, fostering the cohesion necessary to enable people from minority and majority communities to work together for social and economic progress. With the search for community cohesion being one of the key over-arching challenges facing the whole of society, participants at this *Westminster Briefing* will have the opportunity to discuss the following key issues, ensuring that: young people from different communities grow up with a sense of common belonging; new immigrants are integrated; people have opportunities to develop a greater understanding of the range of cultures that contribute to our strength as a country; people from all backgrounds have opportunities to participate in civic society; racism is unacceptable and ensuring that extremists who promote hatred are marginalised.

 [Click here for more information and to register](#)

Teenage Anorexia Nervosa: The Fifth National Conference - 14th November 2006, Cambridge

This one-day event will focus on the benefits of collaborative working between service users, carers and professionals in the care and support of young people with anorexia nervosa. The conference will promote up to date developments and share good practice and learning. The programme includes sessions on self-harm, diet, exercise and nutrition. It uniquely draws upon the perceptions of the young people themselves and their parents.

 [Click here for more information](#)

 **Contact Catherine Ayres on cayres@cru.rcpsych.ac.uk to find out more**

Care Record Development Board Annual Conference - 23rd November, London

How will one of the largest public sector IT programmes in the world affect You? The sharing of electronic care records is one of the most significant aspects of NHS reform in England today. Debate has long been raging in the media and health sector, but now is the chance for the public and patients to have their say. The Care Record Development Board (CRDB) is developing its 2006 conference, ***Your care, your record*** for patients and the public, providing a real opportunity for you to find out about the NHS Care Records Service and get involved in its development.

 [Click here for more information](#)

 [Find out more from their website](#)



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Useful Resources

Choosing Health: Supporting the physical needs of people with severe mental illness - commissioning framework

This document provides best practice guidance to help PCTs plan for, design, commission and monitor services that will deliver improved physical health and well-being for people with severe mental illness. It describes appropriate leadership for a physical healthcare programme, roles and responsibilities of those involved and provides case studies.

 [Click here to read the report](#)

Improving services for people with mental health difficulties

Mental health difficulties can affect anyone at any time in their lives. Education can be a powerful tool in combating social exclusion and promoting positive mental health and well-being. The Learning and Skills Council (LSC), made a commitment in their *Annual Statement of Priorities for 2005/06* (LSC 2005) to publish proposals to improve services for people with mental health difficulties. They continue with this commitment in their *Annual Statement of Priorities for 2006/07* (LSC 2006). The proposals are outlined in this document.

 [Click here to read the document](#)

Mental Health support information – debt issues

1 in 3 people with mental health difficulties are in debt. As a mental health services user I am aware that some people miss out on their full benefits entitlement. To help address this issue Bob Houlston has created a leaflet, in an A4 format. This leaflet focuses on the issue of benefits and in particular Disability Living Allowance (DLA)

 [Click here to read the leaflets](#)

Funding Opportunities for Research

Information about funding opportunities that are currently available in various areas of work.

 [Click here to view the opportunities](#)



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Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Health and Social Care in Criminal Justice – **Rob Jayne & Amanda Hawkins 01206 287578**
- Learning and Improvement Networks – **Paul O'Halloran 01206 287594**
- Learning Disabilities (Valuing People Support Team, VPST) – **Simon Whitehead 01449 616187**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Rix 01206 287578**
- Older People and Physical Disabilities (Change Agent Team, CAT that includes Integrated Community Equipment Services) – **Angie Glew & Yve White-Smith**
- Adult Social Care – **Amanda Reynolds 07775 631510**

 [To download a copy of our 2005/06 Mental Health Prospectus, click here](#)

 For access to our website click on the link: <http://www.eastern.csip.org.uk/>

Care Services Improvement Partnership 

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list contact:

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