

# e-bulletin

Issue 10  
1 September 2006



Welcome to the tenth edition of our e-bulletin. Thanks to everyone who has emailed with news stories, and comments and suggestions.

If you have any information or ideas for the Bulletin please contact [Rhiannon Williams](#), at CSIP Eastern Development Centre – contact details later. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

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## Regional News

### The Regional Skills Strategy for Health and Social Care launch

The Social Care and Health Access to Resources for Education and Training (SCHARET) Regional Skills Strategy for Health and Social Care in the East of England, was formally launched on the 27th July, at Abington Hall, Cambridgeshire, along with the Social Care and Health Access to Resource for Education and Training website. This strategy is the first integrated strategy in England and has been endorsed by a number of regional partners. It is a rolling strategy, with the first review taking place in January 2007.

 Further details can be obtained from [www.scharet.org.uk](http://www.scharet.org.uk) or by contacting Dawn Jordan, SCHARET Project Manager at [dawn.jordan@skillsforcare.org.uk](mailto:dawn.jordan@skillsforcare.org.uk)



## "When Time Collapses" – further information

This innovative play shows the impact of Schizophrenia on families. Scene one shows one family's experiences of dealing with the consequences of late intervention and inappropriate treatment. Scene two looks at how it should be a first opportunity to see the collaborative effort to create a better case scenario. It doesn't have to be the disaster portrayed in scene one, but can be reconstructed into a smooth transition through the early stages of first-onset psychosis. This was an initiative instigated by Mental Health Service of West Norfolk who secured the funding and sold the idea to the respective directors of Norfolk and Waveney Mental Health Partnership Trust, Suffolk Mental Health Partnership Trust, National Institute of Mental Health in England and Cambridgeshire Mental Health Trust of staging the performance regional wide. There will be performance in the following areas:  
**Ipswich** 19th September 2006 **Newmarket** 21st September 2006 (NIMHE PROGRESS Conference)  
**Norwich** (daytime) 20th September 2006, **King's Lynn** (evening) 20th September 2006, **Cambridge & Peterborough** 22nd September 2006

 [Click here for more information](#)

## Research and Development Forum meeting - Research with Children with Learning Disabilities, their Families & Professionals

The R&D Forum is a friendly, informal network where all are welcome to share information and to get help with developing, funding, implementing and disseminating research. It is to be held on the 14 September from 1-3pm at Braintree.

 [Click here for more information](#)

## Jigsaw for Women, a new online initiative for women in Essex

Women Returners' Network (WRN) the leading charity working for women who are returning to work is launching this new comprehensive online resource for women in Essex. Perhaps you have had personal or family circumstances to attend to. Perhaps you have physical or mental health issues to cope with. This website helps to prevent and reduce unemployment, to make workforces and companies better equipped to face new challenges, and to prevent people losing touch with the job market. It is a pilot project and WRN hope to launch the resource in other parts of the UK in due course.

 [Click here to visit the website](#)

 [Click here to read a press release about the pilot](#)

## Mental Health Recovery Centre to be launched in Hertfordshire

The 'Centre for Mental Health Recovery' is an exciting new initiative based within the University of Hertfordshire's School of Social, Community and Health Studies. It will promote recovery oriented mental health services and evidence based practices to improve the outcome of service users experiencing mental illness. The opening of the Centre, a collaborative venture between the University of Hertfordshire, the Joint Commissioning Team, Hertfordshire Partnership Trust and the Strategic Health Authority, will be marked by a 'launch' event on 18 September at the University. It starts at 3.30pm and Helen Glover, from Queensland University, International trainer on recovery and person with lived experience will give the main presentation.

 [Click here for more information and contact details](#)



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## National News

### **NSIP Mental Health Specific Rent Arrears Briefing Document**

This document has been produced by the National Social Inclusion Programme (NSIP) on effective rent arrears management when supporting people with mental health problems. The briefing has been drawn from the larger guidance produced by the Department for Local Government and Communities (DCLG, formerly ODPM) on effective rent arrears management:

 [Click here for more information](#)

### **Developing Effective Local Leadership for Community Engagement and Social Inclusion: A briefing and Invitation to Participate**

As part of the ongoing work of the national social inc programme, CSIP is looking for applications to take part in this whole systems development programme. The deadline is 15 September, please see the link for more information.

 [Click here for more information](#)

### **Grant Funding for Voluntary and Community Organisations 2007-08**

The National Offender Management Service (NOMS), which sits within the Home Office, has announced that the latest round of funding to support projects working with offenders and their families has opened to applications. The funding is available to organisations to carry out projects that will support the aims and objectives of NOMS. Applications can be made from voluntary or community groups which are either a registered charity or some other form of not-for-profit organisation. The grants are equivalent to a total of £500,000 a year. Applicants are expected to obtain match funding of fifty per cent of the total project costs from other sources. The deadline for outline applications is 15 September 2006 and funds will be available from April 2007.

 [Click here for more information](#)

### **NIACE Training Courses**

The National Institute of Adult Continuing Education (NIACE) have released information about their training courses for September & October. NIACE organises an extensive programme of training courses for those working with, and in the interests of, adult learners.

 [Click here for further details of their courses and to register](#)



## Skills for Care take lead on development of new Learning Disability Award Framework

Skills for Care is now the lead agency, working jointly with the department of Health's Valuing People Support Team, on the development of new Learning Disability Award Framework (LDAF) materials for workers supporting people with learning disabilities.

 [Click here to read the press release](#)



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## CSIP Eastern Development Centre Update

### Mental Health Act Amendment Bill – consultation draft of the implementation plan for the Eastern Region.

Lou Brewster has taken up her role as Programme Manager and her responsibilities will include helping to deliver the implementation of the Mental Capacity Act and the Mental Health Act. One of Lou's first tasks has been to devise a draft implementation plan for the Eastern Region, please feel free to comment upon the document, and all replies should go to Val Gamble.

 [Click here to read the document](#)

 **Contact Val Gamble: [val.gamble@nemhpt.nhs.uk](mailto:val.gamble@nemhpt.nhs.uk) by the 28 September with your comments**

### Let's Get Physical

CSIP Eastern Development Centre are seeking to support up to five service improvement programmes focusing on the physical health needs of people with mental health problems in the Eastern Region. This is part of a national pilot programme, running as part of the SHIFT programme:

 [Click here for more information](#)

### Choice & Control Conference Report

We are pleased to announce that the report from the Choice & Control Conference held 25 May 2006 has now been compiled. As well as feedback from the key note speech, workshop sessions and presentations the report also contains information about direct payments & individual budgets, including organisations to contact and literature and resources.

 [Click here to download the report](#)

**If you have any problems accessing this document then please contact [Robin.Murray-Neill@nemhpt.nhs.uk](mailto:Robin.Murray-Neill@nemhpt.nhs.uk)**



## PROGRESS 2006 – 21 September 2006, Newmarket

### The essential annual event for all those working to achieve progress in the East of England

Building on the successes of PROGRESS 2003, 2004 & 2005, PROGRESS 2006 will be an even bigger event with around 800 delegates attending from across the region. The key features of this year are: PROGRESS 2006 Awards; VIP Keynote Speakers; Complementary Therapies; Exhibitions; Drama Workshops; Music & Dance; Interactive Workshops and Progress Workshops. There are opportunities to attend PROGRESS as a delegate, exhibitor or as a workshop organiser. Keep an eye on our website for updates about PROGRESS [www.eastern.csip.org.uk/progress2006](http://www.eastern.csip.org.uk/progress2006)



[Click here for more information and to download the registration forms](#)

[Click here for information on the award scheme and for a registration form](#)

### New Whole Life Bulletins

CSIP Eastern are developing new bulletins for the Whole Life Programme that is based at the Centre. These are a follow up to the bulletins that were released at the beginning of the year and will include information and news about the programme that may be of interest. The first one will be released on Monday 4 September.



[Click here to be linked to the Whole Life area of our website](#) (there is a link to the bulletins page from this area)



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## Events

### Guideposts Mental Health Day Charity Ball – 30 September 2006, Watford

Held on the 30 September 2006 at the Park Inn Hotel, St Albans Road, Watford. The Ball commences at 7.30pm. Tickets are available for £15. Evening includes live music, buffet dinner and bar, a raffle and a charity auction.



[Click here for the poster and details of how to buy tickets](#)



## **Self Care in Partnership: Building patient's skills through self care training programmes with their doctor's support – 10 October 2006, London**

This conference will bring together GPs, patients, and key leaders in the field to explore how self care training programmes can help patients, doctors and the healthcare system. The conference aims to: show how self care fits into health care; present research evidence on self-management programmes; help GPs develop their knowledge and skills in supporting self care; and help GPs learn about the role of self care programmes in meeting a range of standards in the Quality and Outcomes Framework.

 [Click here for more information and to register](#)

## **ICN National Conference Practice Based Commissioning in Partnership - 11 October 2006, London**

The conference, held by the Integrated Care Network (ICN), aims to offer an opportunity for discussion and learning about the relationship of PBC to Partnership Based Commissioning. This is a major National conference and places are still available, for more information visit the ICN website:

 [Click here for more information](#)

## **Child Health, Maternity and CAMH Service Mapping Workshop 2006/7 – 16 October 2006, Cambridge**

In autumn 2006/7, CAMHS mapping and the child health and maternity service (CH&MS) mapping exercises will be linked on a single website. There will still be distinct & separate pages for service data entry but finance mapping is being rationalised. To support this development the Durham Mapping Team are running regional workshops with half-day sessions on CAMHS and on CH&MS mapping.

 [Click here for more information and to register](#)

## **Disability Rights Commission Conference: The Disability Equality Duty, what does it mean for Health and Social Care? – 26 October 2006, Leeds**

The Disability Equality Duty for the public sector comes into force in December 2006 and has important implications for all health and social care services. The DED is about more than changes to buildings or adjustments for individuals, it is about including equality for disabled people, both as employees and service users, into the culture of your organisation in pro-active and demonstrated ways. Aimed at chief executives and directors of strategy, legal departments, performance, and planning, this one-day national conference will update you on the DED and give an outline of the forthcoming guidance for the health and social care sectors to be published by the Disability Rights Commission.

 [Click here for more information](#)



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## Useful Resources

### **'Schizophrenia: Through the maze and fighting back.' A Book for Carers By Georgina Wakefield with D C Lefevre**

Georgina Wakefield has produced a brilliant follow up to her first book Schizophrenia – a mother's story. Like her first book it is interspersed with the most moving poetry, which at times will make you choke with tears. However this book has several very forceful messages she wishes to put across, and she also concentrates on services which are important for the carer. Incisive observations are offered as to what is the very best and worst of the system, telling examples of what needs to be put right in our own "back yard". From her own knowledgeable experience through dealing with her son's illness and the impact it has had on her and the family she recognises just how much stigma can exacerbate from the experience of being mentally ill.



[Click here for more information on the book and how to order a copy](#)



[Click here to visit Georgina Wakefield's website, Spotlight on Schizophrenia](#)

### **Faith in Practice DVD**

A new short film from the Foundation for People with Learning Disabilities has been developed. As part of their on-going work on spirituality in the lives of people with learning disabilities, the Foundation for People with Learning Disabilities recently launched a new short film at the Globe Theatre in London. Copies of the film are available at the cost of £12.50.



[Click here for more information](#)

### **National Social Inclusion Programme (NSIP) Summer Newsletter**

The summer newsletter from the NSIP team is available to view.



[Click here to read it](#)

### **Impact Summer Newsletter**

Read IMPACT's summer newsletter which includes articles on recovery, news on conferences and even recipes for 'brain boosting smoothies'!



[Click here to read it](#)

### **The Impact of Spirituality on Mental Health – a review of the literature**

This report was written by Dr. Deborah Cornah on behalf of the Mental Health Foundation. It opens by saying 'In the past decade or so, researchers across a range of disciplines have started to explore and acknowledge the positive contribution *spirituality* can make to mental health. Service users and survivors have also identified the ways in which spiritual activity can contribute to mental health and wellbeing, mental illness and recovery.' You can read the document from the Mental Health Foundation's website.



[Click here to download the document](#)

### **New resource on Mental Health and Debt – 'Final Demand' what can you do?**



There is a new resource leaflet written for health workers dealing with this issue. 1 in 3 people with mental health problems are in debt and this new guide offers help, support and resources. You can also find out about new training courses on this subject. The leaflet 'Debt & Arrears: What service users want health workers to know and do' is available to download.

 [Click here for more information and to download the document](#)

## CSIP Eastern Voluntary Sector Bulletin Summer 2006

For updates on funding issues, events and national news follow the link

 [Click here to read the bulletin](#)



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Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Health and Social Care in Criminal Justice – **Rob Jayne & Amanda Hawkins 01206 287578**
- Learning and Improvement Networks – **Paul O'Halloran 01206 287594**
- Learning Disabilities (Valuing People Support Team, VPST) – **Simon Whitehead 01449 616187**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Rix 01206 287578**
- Older People and Physical Disabilities (Change Agent Team, CAT that includes Integrated Community Equipment Services) – **Angie Glew & Yve White-Smith**
- Adult Social Care – **Amanda Reynolds 07775 631510**

 [To download a copy of our 2005/06 Mental Health Prospectus, click here](#)

 For access to our website click on the link: <http://www.eastern.csip.org.uk/>

Care Services Improvement Partnership 

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list contact:

[Rhiannon Williams](#)

655 The Crescent

Colchester Business Park

Colchester

Essex

CO4 9YQ

Tel: 01206 287547

