

e-bulletin



Issue no 57

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HAPPY NEW YEAR!

Welcome to our e-bulletin issue 57 bringing you up to date with latest news and resources.

Thanks to everyone who has emailed us with news stories, comments and suggestions. If you have any information or ideas for the bulletin please contact [Ruth Kent](#) at the Eastern Development Centre. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

[Regional News](#); [National News](#); [Development Centre Update](#); [Events](#); [Useful Resources](#);

Regional News

Ex-Service Personnel in Norfolk and Waveney get much needed support

A new support group was launched on 06 January 2009 for ex-service personnel suffering from mental ill health.

Navigator has been set up to provide friendly comradeship and support to those finding it difficult to adjust to civilian life with the help and support of the Norfolk and Waveney Mental Health Trust, Mind and the Royal British Legion. Initially monthly meetings will be held in Norwich but other locations will be considered if there is a need.

View the press release [here](#).



For more information email navigator.ea@live.com or call 07838 633883.

MDF The BiPolar Organisation in Hertfordshire offers self-help groups and free "In-Sight" recovery training for users and carers affected by bipolar disorder

MDF/The BiPolar organisation is expanding its self-help groups in Hertfordshire. They previously ran one, the West Herts (Watford) MDF group and are now establishing a second group in Central Herts (Stevenage).


User-led group recovery training (In-Sight) is also being made available free of charge for users and carers affected by bipolar disorder, from February to July 2009. The training has promising evidence



of effectiveness in enabling recovery, compared to a non-participating control group. View the course flyer [here](#).

Both training and self-help developments have been enabled by two successful partnership funding bids between the West Herts MDF group and the Centre for Mental Health Recovery with Herts County Council (workforce development partnership and mental health innovations fund).

Click [here](#) to view West Herts MDF group's latest newsletter and for the Insight Training Flyer.

 For more information please contact [Heather Straughan](#)

Direct Payment User Network and Independent Living Advocacy would like your views

The Direct Payment User Network and Independent Living Advocacy are proposing to hold drop-in sessions for people in Essex to come and talk to them about any issues to do with their Direct Payment or Personal Budget. They are currently in the process of researching/ gathering information on what people's needs are in and what locations in order to inform their proposal.

They are welcoming people in Essex to get in touch with them and give their views on what their needs are and where they are located.

 For more information please contact [Moira Rowland](#) (Director ILA)

National Programme for Third Sector Commissioning Training: Pushing Back the Boundaries

Health and Social Care Commissioners are encouraged to attend the National Programme for Third Sector Commissioning training on 25th February 09 in Cambridge. It is being run by the IDeA (Improvement and Development Agency for local government) on behalf of the Office of the Third Sector.

 For more information please click [here](#)

Cambridgeshire and Peterborough Foundation for the Arts and Mental Health seeking Executive Director

Arts and Minds believes passionately in the benefits of the creative arts for sustaining and recovering mental health and well-being, and this is strongly supported by recent research. Its vision is to help everyone throughout Cambridgeshire and Peterborough who has a mental health problem or learning disability to live happier, more creative lives by providing opportunities for them to engage practically in all forms of the arts through participation in long and short-term projects.

Arts and Minds is now seeking to appoint a part-time Executive Director (up to three days a week) to lead the charity in the next phase of its development, especially increasing its profile and capacity and achieving sustainability.

 For more information click [here](#).



National News

Launch of the 2009 Health and Social Care Awards


The 2009 Health and Social Care Awards were launched on 10 December 08 and the search is now on to find the best health and social care teams in England. Now in their eighth year, the awards are designed to celebrate excellence and innovation, and share ideas that improve the lives of patients, service users, carers and staff.

The awards are open to anyone working throughout the NHS, social services, the voluntary, charity and independent sectors in England, and are a fantastic way to showcase your project and reward your team.

 For more information please visit www.healthandsocialcareawards.org.uk


Nominate now for the Adult Learners Week Awards 2009.

If you know someone whose remarkable learning achievements deserve recognition and could inspire others, then nominate them for an Adult Learners' Week Award. There are a variety of awards for learners who have learnt as individuals, in a group or as a family, as well as the Opening Doors Awards for projects whose innovative approach motivates and inspires learners. Making a nomination is straightforward and easy - and can be done online or by post. Nominations close 5pm Wednesday 21st January 2009.

 For more information please visit www.alw.org.uk/nominate

National Voices Seeking Membership

National Voices is the new umbrella organisation established by and for the voluntary sector. It brings together all national voluntary organisations representing users of health and social care to give a stronger voice in policy making. It is seeking membership from large and small organisations right across the voluntary health and social care sector. One of its core tasks is to find out from patients, carers and service users what they want from service providers and make sure that those that provide the service genuinely take their views into account. National Voices will focus on the cross cutting issues that affect everyone regardless of who they are or the condition they have.

 For more information go to www.nationalvoices.org.uk

New Local Alcohol Profiles for England Published

The latest Local Alcohol Profiles for England (LAPE) were released in December for the third year running by the North West Public Health Observatory at the Centre for Public Health.

 For more information click [here](#)



Common Assessment Framework for Adults - A consultation on proposals to improve information sharing around multi-disciplinary assessment and care planning

The Common Assessment Framework (CAF) for Adults is a generic approach to assessing the health and social care needs of individual adults. It aims to support improved coordination between health and social care services.

As part of the process of developing CAF, the Department of Health are inviting people's comments, suggestions and ideas.

 For more information click [here](#)

European Commission's PROGRESS Funding Programme 2009

PROGRESS is the EU's Community Programme for Employment and Social Solidarity. It is a key funding tool for achieving the objectives set out in the EU's Social Agenda (2006-2010) and in taking forward the renewed Social Agenda which the Commission presented in 2008 and which aims to review the EU's social objectives in the light of changing realities.

A briefing note is now available on the funding programme for PROGRESS.

 For more information click [here](#)

Breaking Through Development Opportunities

Different development opportunities are being made available in 2009 as part of the Breaking Through Programme:

- Towards Strategies for Success - Men's Programme
- Towards Strategies for Success – Women's Programme
- Transformational Leadership Programme – Aimed at all senior NHS staff from Agenda for Change Grade 7 and above or equivalent.

The closing date for applications is towards the end of January.

 For more information about each of the programmes click [here](#).





Eastern Development Centre Update

Service users and carers wanted to read and comment on the SHA Eating Disorder regional commissioning support paper

A piece of work around the development of a regional commissioning paper for Eating Disorders has been passed to the Experts by Experience group (EbE) of the Eastern Development Centre (EDC) to facilitate.

The EbE group are looking for up to two service users who have had experience of Eating Disorders and two carers who have supported some one with an Eating Disorder to read and comment on the SHA Eating Disorder regional commissioning support paper. The reports will then go to the Eating Disorders sub group of the SHA Mental Health Delivery Board and to the SHA Mental Health Delivery Board on 13 February 09.

 View the [briefing paper](#) and contact [Peter Millist](#) or [Ian Griggs](#) by 12 January 09 if you are interested in this piece of work.

Real People Real Power Conference is taking place on 19 March 2009

The regional Experts by Experience group of mental health service users and carers are running a conference on 19th March 09 at the Fielder Centre, Herts. Various interactive workshops and presentations on many current topics will be held. Registration is now open so please book early to secure a place.

 Please click [here](#) for more details

Mental Health First Aid (MHFA) Instructor training

Lesley Bailey, the Eastern Development Centre's Mental Health First Aid Programme Lead is delivering two Mental Health First Aid (MHFA) Instructor training courses across the Eastern Region from January to April 09. Places are still available on the courses for interested applicants.


For more information on the training click [here](#)

 For more information about MHFA in England please go to: www.mhfaengland.org.uk

Mindful Employer

Mindful Employer is aimed at increasing awareness of mental health at work and providing ongoing support for employers in the recruitment and retention of staff. Enabling employers to build on current good practice and put further initiatives in place helps ensure employees and job applicants who declare mental health issues receive the right level of support. Mindful Employer is open to any employer: small, medium or large, private, public or voluntary sector, anywhere in the UK and it is FREE.

If you are interested in working towards being a MINDFUL EMPLOYER please contact Lesley Bailey, Mindful Employer/Mental Health First Aid Programme Lead to arrange a meeting.

 For more information please visit www.mindfulemployer.net/



Events

Upcoming events include:

Becoming a World Leader in Skills

12 January 2009

London

 Please click [here](#) for more information

Improving Access to Psychological Therapies (IAPT) Clinical Network Meeting

22 January 2009

Cambridge

 Please click [here](#) for more information

Helping Providers to Change: 2 day events

21 January and 04 February 2009

22 January and 05 February 2009

London

 Please click [here](#) for more information

"Getting Your Act Together" Preparing the Workforce for the Changes to the Mental Health Act

29-30 January 09 -

Cambridge.

 Please click [here](#) or more information

Community Development Worker (CDW) Regional Network Meeting

3 February 2009

Cambridge

 Please click [here](#) for more information

L.I.N.K. (Learning – Information – Networking – Knowledge) - Volunteer Centre Chelmsford's Extra Support Needs Project's Free Good Practice Event

3 February 2009

Chelmsford

 Please click [here](#) for more information

Mental Health Act 2007 Implementation Event

12 February 2009

Peterborough

Please click [here](#) for more information



Improving Social Inclusion

12 February 2009

London

 Please click [here](#) for more information

Responding to the 'Putting People First' Agenda: Integrating 'personalisation' into mental health and social care curricula

18 February 2009

Chelmsford

 Please click [here](#) for more information

CAMHS/Learning Disabilities Network (Eastern Region Event)

05 March 2009

Cambridge

 Please click [here](#) for more information

'Joined up working to support children and families where there is parental drug and alcohol misuse'

12 March 2009

Nottingham

 Please click [here](#) for more information

2nd Annual Social Care, Health and Supported Housing Conference

18 March 2009

Newmarket

 Please click [here](#) for more information

Neurological Study Day for Essex

18 March 2009

Colchester

 Please click [here](#) for more information

Perinatal and Infant Mental Health Network (Eastern Region)

23 April 2009

Cambridge

 Please click [here](#) for more information

The Manchester Women's Conference:

7-8th May 2009

Manchester

 Please click [here](#) for more information

National Scientific Conference

20 – 22 May 2009

Nottingham

 Please click [here](#) for more information

Please check the events section on our website to keep up to date





Useful Resources

Supply2health Website

Third sector organisations interested in tendering for new contracts for health and social care should make a point of visiting this website. This is an online resource that advertises opportunities to provide services commissioned by the NHS in England. You will also be able to find details on this site of contracts that have been awarded.

 Visit <http://www.supply2health.nhs.uk/default.aspx>

NIACE

NIACE (National Institute of Adult Continuing Education) exists to encourage more and different adults to engage in learning of all kinds. NIACE organises an extensive programme of learning and development (L&D) training courses for those working with, and in the interests of, adult learners. Visit their website for information on different courses that may be of interest to you.

 Visit www.niace.org.uk/Conferences/TrainingCourses.htm

NHS End of Life Publications Weblink


This weblink contains various different publications including 'Information for Commissioning End of Life Care', published in December 08.

 Visit <http://www.endoflifecareforadults.nhs.uk/eolc/eolcpub.htm>

Resources from the DH's seminar on 'Understanding the new NHS commissioning environment' on 25 Nov 08

Resources from the Department of Health's 'Understanding the new NHS commissioning environment' seminar are available on this weblink. The seminar provided information about the critical developments in the NHS commissioning environment.

The objective of the event was to inform third sector strategic leaders to support organisations in the third and social enterprise sectors to work with Primary Care Trusts and practice based commissioners. It covered the essential components of commissioning and system management within the NHS and helps to identify and address the key opportunities and issues for third sector and social enterprise organisations. It helps third sector organisations to develop the crucial knowledge needed for them to operate effectively in the NHS commissioning environment.

 Visit http://www.dh.gov.uk/en/Managingyourorganisation/Commissioning/Systemmanagement/DH_091089

Telecare Learning and Improvement Network (LIN) Newsletter

The Telecare Learning and Improvement Network (LIN) is responsible for providing general implementation support to organisations building their telecare and telehealth programmes.

 View the December newsletter [here](#)

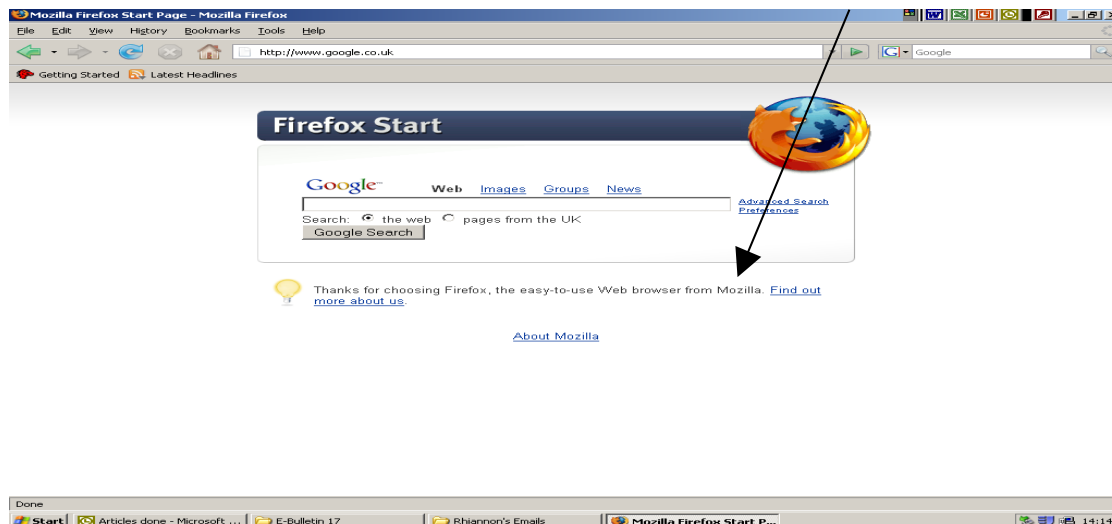


Please Note:

Hyperlinks:

If you find the links do not work this may be because your computer is not compatible. Click on the internet and type the web address into the address box on the internet tool bar.

Address Box



Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Health and Social Care in Criminal Justice – **Neil McIntosh 01223 597551**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Howard 01206 287592**
- Social Care – **Amanda Reynolds 07775 631510**

 For access to our website click on the link: <http://www.eastern.csip.org.uk/>

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list, contact:

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