

# e-bulletin

Issue no 51

26 September 2008



Welcome to our e-bulletin issue 51! Thanks to everyone who has emailed with news stories, and comments and suggestions.

If you have any information or ideas for the Bulletin please contact [Mita Brahmhatt](#), at CSIP Eastern Development Centre. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

[Regional News](#); [National News](#); [Development Centre Update](#); [Events](#); [Useful Resources](#);

## Regional News

### Suffolk Employment Care

This project is a collaboration between Jobcentre Plus in Suffolk, Suffolk MIND Partnership and Suffolk NHS Primary Care Trust.

The project is funded by EEDA through the Investing in Communities fund and is now in its second year of delivery. It provides holistic support to people with mild to moderate mental health issues to assist them in retaining employment where possible or for people in receipt of incapacity benefits to find sustained employment.

Suffolk Employment Care builds on existing services whilst piloting ways of achieving a more integrated service bringing together health and employment professionals from Jobcentre Plus and the Health Service.



Further information can be obtained from the Project Manager [Jeanette Guy](#)

### Community Development Workers (CDW's) wanted! West Essex

A leading national charity, Rethink, is working to help everyone affected by severe mental illness recover a better quality of life. You could help us achieve this aim. You will be responsible for implementing the Delivering Race Equality (DRE) action plan in mental health and improving access to mental health services for people from Black and Minority Ethnic communities.



Please click [here](#) to more information

### TACMEP is on the move!



Click [here](#) for the new address



## COMMUNITY ENGAGEMENT PROJECT

*The National Institute for Mental Health in England (NIMHE) Mental Health Programme*

### REPORT OF THE COMMUNITY LED RESEARCH PROJECT FOCUSING ON:

Asian women from Indian, Pakistani, Sri Lankan and Bangladeshi communities in Watford and their understanding about mental well being; their views about the accessibility and appropriateness of local mental health services.

BY **Guideposts Trust and Watford Asian Community Care**

 Please click [here](#) for the report

### IAPT launch their website

NHS East of England are pleased to announce the official launch of a new website to promote the regional implementation of IAPT. The Regional Implementation Team are hoping to maintain this website on a weekly basis to ensure all the latest developments on Eastern IAPT are published on this site.


 Please click [here](#) to go to the website



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## National News

### Annual service user survey 11<sup>th</sup> Sept

 The full results of the annual service user survey can be found on the Healthcare Commission's website [www.healthcarecommission.org.uk](http://www.healthcarecommission.org.uk)

### ADHD Guideline

You may be interested to know that the Guidelines for ADHD has now been published, available on the NICE website at the link below. Thank you for your contributions to the development of these guidelines.

 <http://www.nice.org.uk/guidance/index.jsp?action=byID&o=12061>



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## CSIP Eastern Development Centre Update

### Race Equalities and Cultural Competence (RECC) Training

*Pilot training day: 14th Oct, Cambridge  
2 day training: 10th & 11th Nov, Cambridge  
2-day training: 23rd & 24th Feb, Bedford*




The RECC represents a unique opportunity to provide multidisciplinary training for all mental health practitioners with a clear focus on BME service user needs and concerns. The RECC material provide a whole systems approach to addressing race equality in health and social care and are an extension of the essential shared capabilities "race equality and cultural capability" module.

 Please click [here](#) for flyer and registration form

## **Masterclasses and workshops: Regional Development Programme**

*October – March  
Cambridge*

This initiative is aimed at Community and Voluntary Organisations (CVO's) that represent any of the 6 equalities strands. It is an exciting opportunity to explore how to influence the local service commissioning process to secure services that are appropriate and responsive to their needs. These 7 groundbreaking sessions take place over 7 months.

 Please click [here](#) for flyer and registration form

## **Personality + and CSIP Eastern combine forces**


Personality + a charitable organisation, and CSIP Eastern have been commissioned to hold 3 "Open Space" events across the region aimed at increasing understanding and raising the profile of Personality Disorder. These events are currently in the planning stage and all stakeholders are encouraged to get involved and details of how to make contact are available in the newsletter

 Please click [here](#) for the newsletter

## **Realising Mental Well-being workshops**

Free Workshops! Freemind Well-being are offering a number of free workshops in the Tendring and central Suffolk areas to members of the public who would like to learn more about:

- Understanding mental health, well-being and Recovery
- What creates and maintains mental health and well-being

 Please click [here](#) for schedules and information




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## **Events**

### **North Essex Partnership NHS Foundation Trust – Free Talks**

*October 2008*


 Please click [here](#) for sessions, dates & times and contact details

### **British Sign Language Interpreted Events**

*October – December 2008*




*Colchester & Ipswich*

 Please click [here](#) for sessions, dates & times and contact details


### **Black History Month**

*Through October  
Luton*

 Please click [here](#) for sessions, dates & times and contact details

### **Masterclasses and workshops: Regional Development Programme**

*October – March  
Cambridge*

 Please click [here](#) for flyer and registration form

### **Lakeland Walk**

*10<sup>th</sup> October  
Hitchingbrooke Country Park*

 Please click [here](#) for further information

### **World Mental Health Day events**

*10<sup>th</sup> October  
Ipswich*

 Please click [here](#) for more information

### **VCS Economic Summit**

*10<sup>th</sup> October  
Newmarket*

 Please click [here](#) for the programme flyer

### **Third sector Practice Based Commissioning**

*14<sup>th</sup> October  
Weston Homes Community Stadium, Colchester*

 Please click [here](#) for the programme flyer

### **Race Equalities and Cultural Competence (RECC) Training**

*Pilot training day: 14th Oct, Cambridge  
2 day training: 10th & 11th Nov, Cambridge  
2-day training: 23rd & 24th Feb, Bedford*

 Please click [here](#) for flyer and registration form:

### **Understanding Eating Disorders: Prevention, Detection & Support**

*16<sup>th</sup> October  
London*

 Please click [here](#) for the programme flyer



## **COVER Annual Conference**

*21<sup>st</sup> October*

*Cambridge*



Please click [here](#) for the programme flyer or [here](#) for the booking form

## **Social Enterprise in Health and Social Care**

*23<sup>rd</sup> October*

*Silsoe Conference Centre, Nr Bedford*



Please click [here](#) for more information

## **Mental Health Commissioner & Provider Market Place**

*11<sup>th</sup> November*

*Chilford Hall, Nr Cambridge*



Please click [here](#) to book online

## **The mental health act is changing! Are you ready?**

### **Free workshops for Voluntary groups**

*Regionally: 18<sup>th</sup> November - Nationally: various dates*

*Cambridge*



Please click [here](#) for the programme flyer

## **Eating Disorders North England**

*19<sup>th</sup> November*

*Northumbria University, Newcastle*



Please click [here](#) for the programme flyer

## **SSRG, Race Equality Foundation & Involve: Inclusion & Exclusion conference**

*20<sup>th</sup> November*

*School for Oriental and African Studies, London*



Please click [here](#) for the programme flyer

## **Aiding Recovery – How do we get there**

*15<sup>th</sup> December*

*London*



Please click [here](#) to download the programme flyer

## **Experts by Experience (EbE) free conference: Real People Real Power**

*19<sup>th</sup> March*

*Fielder Centre, Hatfield (Herts)*



Please click [here](#) for further information

## Adult Learners' Week: Roadshow

9<sup>th</sup> - 15<sup>th</sup> May 2009

 Please click [here](#) to find out more



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## Useful Resources

- **Individual Budgets Pilot Programme**

This website explains what individual budgets are and tells you about the pilot programme. It will keep you up to date with what the Local Authorities involved in the pilot are doing and learning.

 Click below to enter the website: [www.individualbudgets.csip.org.uk/](http://www.individualbudgets.csip.org.uk/)

- **Self-Directed Support Network**

The Self-directed Support Network is a community of people who want disabled people, older people and their families to get more control over their support and services. It's a place where you can make connections with other people who are involved in changing service systems and practices, and get information to understand what these changes might mean for you, too.

 Click below to view these web pages: <http://kc.csip.org.uk/groups.php?grp=36>

- **Putting people first: a shared vision and commitment to the transformation of adult social care**

A key publication outlining agreement across Government and health and social care to the 'new direction' for care services which is heralded by this document.

 Click [here](#) to access the report



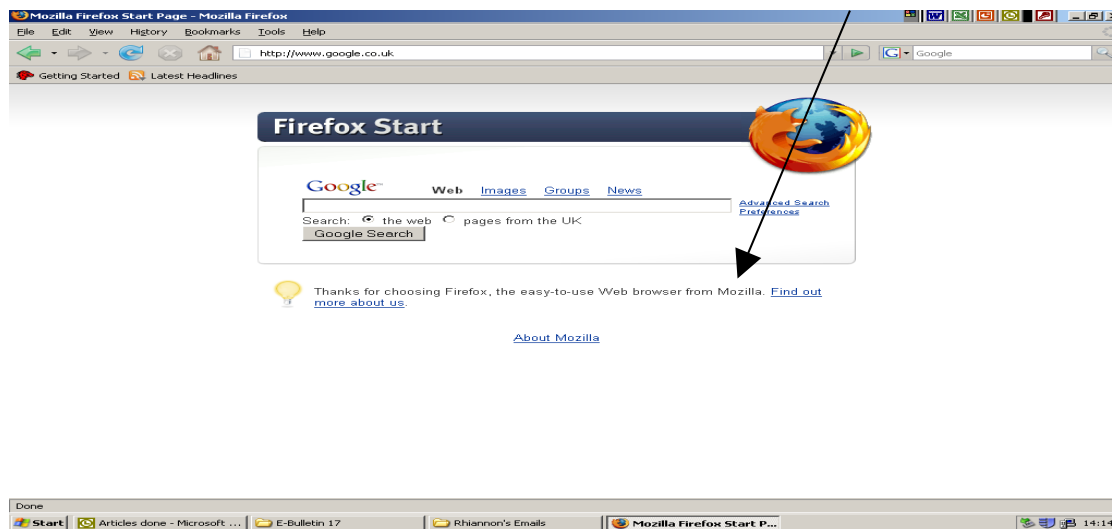
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## Please Note:

### Hyperlinks:

If you find the links do not work this may be because your computer is not compatible. Click on the internet and type the web address into the address box on the internet tool bar.

Address Box



Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Health and Social Care in Criminal Justice – **Neil McIntosh 01223 597551**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Howard 01206 287592**
- Social Care – **Amanda Reynolds 07775 631510**

 For access to our website click on the link: <http://www.eastern.csip.org.uk/>

Care Services Improvement Partnership 

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list, contact:

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