Care Services Improvement Partnership CSIP

e-bulletin

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EASTERN Development Centre

Welcome to our e-bulletin! We will be circulating, as usual, every fortnight. Thanks to everyone who has emailed with news stories, and comments and suggestions.

If you have any information or ideas for the Bulletin please contact Mita Brahmbhatt, at CSIP Eastern Development Centre. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

Regional News; National News; Development Centre Update; Events; Useful Resources;

Regional News

Community Well-being Facilitators wanted

Well-Being in the east

Freemind well-being CIC is a local community interest company who is leading a three year 'Realising mental well-being' project funded by the 'big lottery' fund. This project will provide free community workshops on Mental health and well-being (how to protect and promote it) to communities and as part of this project, we are looking for passionate individuals in the Tendring and central Suffolk area, who are interested in receiving free training to become **'Community well-being facilitators'** in their chosen area of interest.

Please click here for more information:
http://kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=102226&grp=1

Third Sector Futures

Third Sector Futures is based in the Ashcroft International Business School at Anglia Ruskin University. Third Sector Futures offers training, research and consultancy services on all aspects of this increasingly important component of the UK's economy. The Business School's approach is one of strategic partnership with other organisations, chiefly from the 3rd sector itself, to ensure clients are offered the kind of intervention that will achieve their objectives and deliver meaningful outcomes. The first 3rd Sector Futures event took place on 22 May 2008 was a resounding success with well over 100 delegates from across the East of England in attendance. The day consisted of lively discussions and learning opportunities for leaders in social enterprises, charities, voluntary & community organisations and co-operatives. Further information on Third Sector Futures including presentations given at the May event can be accessed via this link:

http://www.3rdsectorfutures.co.uk/

Workwise (Suffolk) Ltd

An emerging social enterprise in providing employment and training opportunities for up to 40 adults a day with mental health problems has been awarded a £47,000 grant from the Department of Health Social Enterprise Investment Fund to purchase new CNC and quilting equipment for 2 of their developing social enterprises. For the past two years Workwise has been developing their woodwork/furniture making, corporate embroidery/textiles, and engraving and CNC CAD/CAM departments into social enterprises providing paid employment opportunities for trainees who are fully involved in the design, manufacture and sales of products. This new equipment gives trainees the opportunity to learn new skills using modern up to date technology relevant to today's employment market. Information on there social enterprise development and training opportunities can be found on:

www.workwise.org.uk

Advanced Studies in Child and Adolescent Mental Health

Are you concerned about the rising levels of disturbed behaviour, emotional distress, self-harm and eating disorders in children and young people? BSc (Hons), Post Graduate Certificate/ Diploma and MSc awards are now being offered on this National Award-Winning Programme on a day release basis at Anglia Ruskin University.

Please click here for more information

The Listening Initiative 2008

The Council brings together our elected Staff Governors, Trade Union Representatives and the Trust's Executive Management Team. It will play a key role in helping to shape the future of the organisation. As part of the launch of the Council, all colleagues are being invited to give their feedback to three questions about how services and the working experience of staff could be improved. Your answers will be considered by the new Staff Council.

Please click here to read the full policy

Supporting People East of England Regional Strategy 2008-11

The final document is now available for your viewing. Please follow the link.

Please click here to view the strategy

Suffolk Link

Please click here to view the latest edition of the newsletter.

http://kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=102228&grp=1

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National News

A Collective Responsibility to Act Now on Ageing and Mental Health; a consensus statement, was published yesterday by a number of prominent organisations.

I would be grateful if you would disseminate this link via your bulletins and/or networks. It is available to download at:

www.olderpeoplesmentalhealth.csip.org.uk/if

User-led Organisations Development Fund (England)

The Department of Health has announced a second funding round under its User-led Organisations Development Fund. Under this call for proposals, £900,000 is available to establish Action and Learning Sites in up to 14 areas not covered through the first funding round of the User-led Organisations Development Fund. Action and Learning Sites are based on existing Centres for Independent Living and provide user-led organisations run and controlled by people with disabilities with a local focal point to enable disabled people to have choice and control over the support they need to go about their daily lives. The Department of Health is seeking applications in two categories. Category 1 is for organisations wanting to improve their capacity and capability to become the user-led organisation that meets the needs of their area. The maximum grant under this category will be £50,000. Category 2 seeks applications from experienced user-led agencies that have been running for at least five years. They have to be willing to act as a mentor and help develop a user-led organisation in an area where nothing similar exists. Up to £100,000 will be available through this category. The closing date for applications is 5 pm on the 28th July 2008.

Please click here for further information

National Service User Network (NSUN)

National Service User Network (NSUN) for Mental Health are in the process of producing July's newsletter. If you have any interesting news; of developments to publicise or any upcoming events you wish to advertise more widely please contact the network. For artists out there, NSUN are hoping to include a creative corner(!) so if you have any artwork, poetry, short-stories etc please forward them.

Please email Amma with your suggestions and comments

Department of Health consultation: Towards a strategy to support volunteering in health and social care

The aim is to promote the role of volunteering in the context of health and social care reform, and inform improvements to support volunteering across the health and social care system. Copies of the consultation, launched by the Department of Health at the beginning of June can be accessed via this link:

Please click ***here*** for a copy

New National Perinatal and Infant Mental Health Network

The National CAMHS Support Service (NCSS), which supports the development of mental health services for children and young people, is setting up a National email network for people interested in/ involved with/experience with Perinatal and Infant Mental Health.
Membership is free. This e-network has been sponsored by the National Clinical Director for Children Young

People and Maternity Services in the Department of Health, Dr Sheila Shribman
NCSS is part of the Care Services Improvement Partnership Children Young People and Families Programme.

You can read more about this programme and the NCSS at http://www.csip.org.uk/~cypf .

INVOLVE survey of user-controlled research in health and social care

SPN is undertaking a survey with Shaping Our Lives and Brunel University on behalf of INVOLVE. These surveys are in order to revitalise INVOLVE's website database (www.invo.org.uk). This has the potential to be a crucial resource in bringing together information about the many excellent and innovative user-controlled research projects that have been taking place around the country over the last 5 - 10 years (the survey is mostly focussing on the last five years but is interested in hearing about anything of particular interest from longer ago).

To complete the survey please visit www.spn.org.uk

Interactive Workshop on Health Economics

Who is this for?
This interactive workshop is for service managers, clinical leaders, voluntary organisations who want to understand the real costs of the service they offer and how they can maximise benefits for people who use their services
• Commissioners who may want to understand the trade-offs between preventive care and treatment costs? How might a preventive programme help the budget in 2 to 3 years?
• Reconfiguring services? How to understand the benefits of reducing waiting and improving throughput to make a case for service change
• How to improve safety, quality and reduce bottlenecks by improving throughput and how to demonstrate the benefit
• How to demonstrate the value of Personalised Care

How will it work?
The workshop will be structured around your questions.
You indicate areas of interest or particular topics or specific operational challenges you are facing and we will address them in the workshop.
Date Tuesday July 8th 2008
Time 10am – 4.30
Venue London, TBC

Cost
£499 private sector; £349 NHS and Social Care; £299 voluntary sector.
Facilitator
Helen Roberts MBA, M Phil Economics

Please click here for registration form

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CSIP Eastern Development Centre Update

Joint Strategic Needs Assessment

Joint Strategic Needs Assessment (JSNA) is the means by which local authorities and Primary Care Trusts, working with a wide range of local partners, describe the future health, care and well-being needs of local populations, and the strategic direction of service delivery to meet those needs.

CSIP Eastern is developing a regional programme of support around JSNA that will focus on the following areas:

- Organising a major conference around JSNA in November 2008, with a specific emphasis on sharing best practice and exploring next steps in the JSNA process (flyer to follow shortly).
- Developing a suite of online and electronic resources aimed at providing practical and policy support around all aspects of JSNA.
- Bespoke support to local partnerships on an individual basis.

For more information on the CSIP Eastern JSNA programme please contact Luke Ward luke.ward@csip.org.uk, or by phone on 07825 523279

New survey - LINks

Please note: A survey entitled 'Building a shared vision, values and identity for LINks' is now available on the LINks exchange website.

Click here to view and complete the survey now.

The LINks Exchange Team

www.lx.nhs.uk

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Events

National Dementia Strategy Consultation Events - 14th/22nd/25th July 2008

The Eastern region is holding three events as part of the formal consultation period. These events are your opportunity to influence the final strategy, which is due to be published in October 2008. A member of the national dementia strategy working group will be in attendance at each event and will deliver a presentation on the strategy. There will then be an opportunity for small groups to work through answering the consultation questions raised in the draft strategy.

Click here to download flyer

Click here to download a registration form

Power to the people? Tuesday 8th July 2008

A study day exploring personalisation in mental health, Northampton

Personalisation – or self directed support as it is sometimes known - is a new system of social care which holds out the promise of a fundamental shift of power towards service users, enabling them to have greater choice and control of the support they receive.
This study day is open to all service users, careers, practitioners, managers, commissioners, academics and other people interested in sharing good practice and examining the challenges for all the stakeholders in realising the promise of this bold new agenda.

Please click here for more information

Wednesday 9th July 9.45-16.00 hours
Red Lodge Community Centre, Red Lodge Nr Newmarket

EoE Education and Employment Network
Access to Work, Personality Disorder: The Haven and Social Inclusion and Improving Access to Psychological Therapies
Attendance is free but you must book a place via susan.rees@niace.org.uk

Common Grounds - Monday 21st July 2008

Building Alliances for Positive Mental Health: Communities, Community Development and Service User Groups. Birmingham.

The aims of this one day conference are:

- To examine common ground between service user movements, community groups and community development practitioners in terms of values and objectives and the issues they face
- To identify the potential for sharing good practice, developing learning opportunities and influencing service developments in communities and in mental health provision.

Please click here for further information and a registration form

Employment and Support Allowance 9ESA) Masterclass and Access to Work Presentation

Spaces are still available for the following Masterclasses being held across the Eastern region from 9.30am to 1.15pm including a networking lunch:

22 July ~ Hemingford Abbots Village Hall, High Street,

Hemingford Abbots, Huntingdon PE28 9AH

29 July ~ Keystone Innovation Centre, Croxton Road, Thetford,

IP24 1JD

Please click here to download the flyer and registration form

We're Here And Listening Events (Whale's) -Thursday 24th July 2008

Suffolk Mental Health Partnership Trust (SMHP) and the User/Carer governance groups are putting on an event to encourage feedback on local mental health services.

- What have the local Mental Health services done for you?
- Have you found them helpful?
- Do they leave you frustrated?
- Are you unsure where to turn?

Bury St Edmunds Library
1pm – 3pm
Teas and coffees available

Information available from Suffolk Family Carers, Suffolk User Forum (SUF), East Suffolk Advocacy Network (ESAN) and Mind Bury.

Understanding the Health Sector

*Understanding Modern Government would like to make you aware of our exclusive training course entitled Understanding the Health Sector taking place on **17 July** in central London.*Chaired by ***Geoff Langsdon***, the day will focus on explaining the work and structure of the various departments and agencies within the Health Sector. The day will also examine their relationship and interaction with each other.High level ***speakers*** including **Simon Burns MP** and **Keith Barron MP** will examine in detail key areas such as the formulation and passage of health policy and the future roles and challenges likely to face individuals and organisations involved in this sector. Availability is fast diminishing, so to reserve places or for additional information about this or any other of our fully CPD accredited training courses please contact Ian Nally on 0161 211 3004 or by email to ian.nallymoderngov.info

For full details of the agenda for the day please take a look at the programme.

"Widening Participation: Shaping the Way Ahead for Adult Education in the UK" Wednesday *24th September 2008* in Westminster:

Widening participation addresses the large discrepancies in the take-up of employment opportunities between different social groups. Under-representation is closely connected with broader issues of equity and social inclusion, and therefore organisations need to be concerned with ensuring equality of opportunity for disabled people, mature students, socially excluded women and men and all ethnic groups. The downward trend in adult participation in education or training has disproportionately affected people who are retired, unemployed, semi-skilled or unskilled. The government has recently launched a consultation document to investigate the future of adult learning entitled: "Informal Adult Learning – Shaping the Way Ahead." During the next three years (2008 - 2010/11), spending by the government on adult learning is set to increase by £600million to £4.8billion. Places are limited and early booking is therefore advisable.

If you are interested in finding out about rates and attending the above event please click the following link: http://insidegovernment.msgfocus.com/c/19tEzdXNcKChjWG

Department of Health consultation: Towards a strategy to support volunteering in health and social care

Copies of the consultation, launched by the Department of Health at the beginning of June can be accessed via this link http://www.dh.gov.uk/en/Consultations/DH_085186 The aim is to promote the role of volunteering

in the context of health and social care reform, and inform improvements to support volunteering across the health and social care system. DH recognises that volunteering plays a huge potential role in the context of more flexible, responsive and patient-focused health and social care services. This consultation exercise is designed to discuss and debate the five key elements of the "Towards a strategy to support volunteering in health and social care document"

1. · Support for individual volunteers
2. · Effective management within organisations
3. · Commissioning environment and infrastructure
4. · Promoting partnership
5. · Leadership

We would like to invite colleagues from NHS, PCT, Local Authorities, Third Sector and other volunteer involving organisations to contribute to the development of this strategy to support and develop volunteering across health and social care. CSIP is organizing a regional consultation event. This will take place on 29 September 2008 at the Rowley Mile Racecourse, Newmarket CB8 0TF.

Please contact Linda Williams 01206 287 542 or linda.williams@csip.org.uk

Meeting the Mental Health Needs of Adults with Autistic Spectrum Disorder – 2nd October 2008, London NW1

The conference will address the mental health problems that affect adults with Autistic Spectrum Disorders (ASDs). Experts in the field will give an overview of how mental health problems present with ASDs, including what they are, how common they are, and what causes them. The types and presentation of mental health problems in people with ASDs will be examined, before considering effective treatments and therapies and how the use of the Mental Health Act may be relevant. The final part of the day will address service provision, particularly given that people with ASD span the range of intellectual functioning and because of this they may fall between services. We will look at how this is being addressed, what the issues are and how to overcome them.

Contact the organiser Kate Berry on 01438 342942 or click here for further information

"Workforce Management: Reducing Absence, Improving Well-Being, Increasing Effectiveness " on Tuesday 2nd December 2008 in London:

Successful workforce management is an issue that effects organisations all across the UK. Delegates at this event will have the opportunity to examine the main measures to manage and reduce absenteeism, promoting general health and well-being and in turn improve productivity and competitive edge for organisations. If you are interested in attending the above event please click the following link:

http://insidegovernment.msgfocus.com/c/17uMcWcHRw6KOtq

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Useful Resources

Personalising support: the future for care services…now

- **National Centre for Independent Living**

Campaigning for the rights and equality of disabled people, the National Centre for Independent Living (NCIL) is a national support, advice and consultancy organisation that aims to enable disabled people to be equal citizens with choice, control, rights and full economic, social and cultural lives.

Click here to visit the NCIL website: www.ncil.org.uk
This website is designed to be a resource on independent living, direct payments and individual budgets for disabled people and others working in the field who may find it useful.

- **Increasing the Uptake of Direct Payments**

Direct payments were introduced in England in April 1997 following a long campaign by disabled people and their allies. With the current focus on redesigning the existing care system through individual budget pilots and 'in Control', direct payments are both the way to prepare the social care system for radical change, and an important component of the realisation of that change.

Click below to learn more: http://kc.csip.org.uk/solutionset.php?grp=601

- **Individual Budgets Pilot Programme**

This website explains what individual budgets are and tells you about the pilot programme. It will keep you up to date with what the Local Authorities involved in the pilot are doing and learning.

Click below to enter the website: www.individualbudgets.csip.org.uk/

- **in Control Website**

In Control aims to change the organisation of social care in England so that people who need support can take more control of their own lives and fulfill their role as full citizens.

Click below to enter their website: www.in-control.org.uk/

- **Self-Directed Support Network**

The Self-directed Support Network is a community of people who want disabled people, older people and their families to get more control over their support and services. It's a place where you can make connections with other people who are involved in changing service systems and practices, and get information to understand what these changes might mean for you, too.

Click below to view these web pages: http://kc.csip.org.uk/groups.php?grp=36

- **Putting people first: a shared vision and commitment to the transformation of adult social care**

A key publication outlining agreement across Government and health and social care to the 'new direction' for care services which is heralded by this document.

Click here to access the report:

www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_081118

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Please Note:

Hyperlinks:

If you find the links do not work this may be because your computer is not compatible. Click on the internet and type the web address into the address box on the internet tool bar.

Address Box

Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Health and Social Care in Criminal Justice – **Neil MacIntyre 01223 597551**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Howard 01206 287592**
- Social Care – **Amanda Reynolds 07775 631510**

For access to our website click on the link: http://www.eastern.csip.org.uk/

Care Services Improvement Partnership CSIP

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list, contact:

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