

e-bulletin

Issue 40
15 February 2008



Welcome to our regular e-bulletin, which is circulated every fortnight. Thanks to everyone who has emailed with news stories, and comments and suggestions.

If you have any information or ideas for the Bulletin please contact [Jayne Bulman](#), at CSIP Eastern Development Centre – contact details later. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

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Regional News

Norfolk and Waveney Mental Health NHS Foundation Trust news:

• Norfolk and Waveney residents get new mental health Foundation Trust

A new mental health NHS Foundation Trust has today been created in the region, Norfolk and Waveney Mental Health NHS Foundation Trust.

The newly granted specialist status, from 1 February 2008, brings with it huge benefits of local accountability and the flexibility to tailor services more effectively for people's needs. Local people are encouraged to join as members and have a say in how the Trust operates through elected governors. Norfolk and Waveney Mental Health NHS Foundation Trust currently has over 5,500 members but is aiming to get this figure to 9,000. To find out more about becoming a member of the new Trust call 01603 421494 or e-mail foundationtrust@nwmhp.nhs.uk

• Chair to mark start of work on new care building

Maggie Wheeler, Chair of the Norfolk and Waveney Mental Health Partnership NHS Trust, will dig out the first turf to mark the start of building work on its new joint psychiatric intensive care unit (PICU) and low secure unit on the site.

The £9.4m project, funded by the Trust, will provide a purpose built combined unit with ten PICU beds and 12 low secure beds for people experiencing serious episodes of mental illness. Currently those needing PICU placements receive their treatment outside Norfolk, but the new building means they will be able to receive care locally.

The new unit will work alongside the Yare Ward low secure unit as an NHS-provided, dedicated low-secure service for Norfolk and Waveney, which opened in January 2007 and will bring the total number of beds for this important treatment to 31.



Click here for the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101623&grp=1

Suffolk Mental Health Partnership NHS Trust's national conference is a double celebration

A national conference taking place in Suffolk to discuss the needs of people with both mental health and substance use problems, will also herald the launch of a new international journal edited by one of the event organisers.

Practice educator Phil Cooper, who is organising the conference on behalf of Suffolk Mental Health Partnership NHS Trust, is looking forward to the launch of 'Mental Health and Substance Use: dual diagnoses.

The conference is taking place at the Trinity Rooms at Suffolk Showground, near Ipswich, on 11 March 2008.



Click here to view the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101612&grp=1

Is a community TV station for Suffolk a good idea?

As the major channels move to digital output, and that's by 2011 in Suffolk, the existing bandwidth becomes available. OfCom said it should be sold off to the highest bidder but the existing community TV companies and many of the 300 new community radio organisations want some of this resource to create truly local TV.

Felixstowe Radio and Ipswich Community TV and Ipswich Community Radio (105.7FM in Ipswich), are putting together a proposal to send to OfCom by 14 February for a social enterprise to provide multimedia services for Suffolk, including a TV station. They would like your opinions. Please email tv@mediafish.org.uk, telephone 01394 273028 or take the simple poll at www.felixstoweradio.co.uk.



Click here for more information:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101604&grp=1

£107k funding grant to further Workwise, Suffolk charity's good work

New donations totaling £107,000 have been granted to Workwise (Suffolk) Ltd by Lloyds TSB Foundation for England and Wales (£62,000) and The Rank Foundation (£45,000) over three years - this will fund two salaries to continue the charity's work.

The money will be paid in three annual instalments and will fund an Employment Programme Co-ordinator and a member of staff for the furniture making department.

The Employment Programme Co-ordinator will assist up to 150+ adults each year with mental health problems that are unemployed to access training, voluntary work or employment in Suffolk. The co-ordinator will also support the job retention service, assisting both employers and employees in danger of losing employment through mental health issues.



Click here for the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101622&grp=1

Thinking about a career in mental health nursing?

Anglia Ruskin University Faculty of Health & Social Care has places on their Mental Health Degree and Diploma Nursing Courses starting March 2008. If you would like to find out more or book in on one of our special interview days, please call 08452 713333 or email: admissions@anglia.ac.uk



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National News

Moving People: join the fight to end mental health stigma and discrimination in recruitment

Moving People, the new national anti-discrimination campaign in England, is recruiting a Stakeholder and User Engagement Officer and Portfolio Administrator, to be based in their offices in London. You could be part of a major groundbreaking programme of national campaigns and local activity across England that will tackle stigma and discrimination, raise public awareness of mental health issues and improve mental and physical wellbeing. The Moving People portfolio team, based at Mind, is responsible for overseeing the delivery of 35 projects, led by a partnership of three leading mental health organisations and funded by £18 million from the Big Lottery Fund and Comic Relief. Both posts are fixed-term until 30 September 2011.

For further information on these posts, please call 02082 152289 or email: job331@mind.org.uk for Stakeholder and User Engagement Officer or email: job332@mind.org.uk for Portfolio Administrator. Closing date for both posts is 20 February 2008.



Click here to view the advert: www.eastern.csip.org.uk/~involvement/involvement-news/news.html

Progressing Equalities via the new Local Area Agreements: a 'no nonsense' guide

Health and social inequalities reflect the extent to which particular individuals and groups fail to achieve the same level of global outcomes enjoyed by the majority. This is often due to belonging to a vulnerable group or due to living in a deprived area. During the Local Area Agreements (LAA) process, the needs of all different groups within the locality need to be taken into account.

This equalities briefing paper puts forward approaches to tackling inequalities in the East of England via LAAs. It aims to support LAA leads to ensure that effective action is taken in their local areas.



Click here to read the briefing: www.eastern.csip.org.uk/~involvement/useful-links/useful-resources.html

Sharp divide between people who do and do not qualify for social care

'People not receiving support from councils are struggling with a poor quality of life'. So says the Commission for Social Care Inspection's third annual report to Parliament on the state of social care. This summary gives a comprehensive overview of the social care sector in England.



Click here to access the summary report: www.csci.org.uk/about_us/news/state_of_social_care_2007_ne-1.aspx

From segregation to inclusion: where are we now?

A review of mental health day services in England was published by the Department of Health and the National Social Inclusion Programme (NSIP) on 24th January.

The modernisation of day services has proven challenging in many areas since commissioning guidance was published in February 2006. The review, entitled 'From segregation to inclusion: Where are we now?' looks at how things have progressed since then and identifies lessons that can be learnt from those areas where services have undergone change.



Click here to view the publication: www.socialinclusion.org.uk/publications/NSIPDSReview.pdf

Non-Medical Prescribing, Patient Group Directions and Minor Ailment Schemes in the Treatment of Drug Misusers

The National Treatment Agency for Substance Misuse (NTA) has published 'Non-Medical Prescribing, Patient Group Directions and Minor Ailment Schemes in the Treatment of Drug Misusers'.

This booklet provides detailed guidance on the application and implementation of nurse and pharmacist prescribing, patient group directions and minor ailment schemes in the treatment of drug misusers.

 **Click here for the press release:** www.networks.nhs.uk/news.php?nid=2041

National Research Ethics Service launches online approval system for health research

Integrated Research Application System (IRAS) is an online system which is designed to make the process of applying for approval to conduct research in the health sector easier and less bureaucratic.

IRAS builds on a system originally set up in 2004 to manage research ethics approvals which currently has 65,000 registered users. Lessons learnt from the implementation of this system have been applied to developing IRAS. While some successful integration of the governance and ethical applications systems has occurred, IRAS is a major step forward in integrating and simplifying processes for researchers.

 **Click here for the press release:** www.networks.nhs.uk/news.php?nid=2040

An opportunity to help develop National Health Service Networks further

The University of Manchester has been commissioned by the National Health Service (NHS) Institute to research into the current and future roles of NHS Networks and NHS Live in supporting the NHS Institute. The study aims to research the networks themselves and how they relate to each other, the NHS Institute's past and current involvement with the networks and the potential development of the networks in supporting the work of the Institute.

The study has already begun collecting data through interviewing stakeholders within the three networks. However they would like to include as many people as possible in the research and as such they invite you to complete an online questionnaire, which takes 5 to 10 minutes to complete, about NHS Networks and the NHS Institute.

 **Click here for the press release:** www.networks.nhs.uk/news.php?nid=2055

Information pack about elections for people with learning difficulties

Taking part in elections is important for everybody. It is part of having your say. Outside the Box has been working with people who have learning difficulties. They have been making an information pack about elections which is now available to download!

Printed copies of the pack and accompanying DVD are now available (there are limited numbers and priority will go to groups led by people with learning difficulties, smaller groups and groups which don't have easy access to the internet and printers.) You can also order the DVD about voting which has the pack on it as well. For further information, please call 0141 445 3062 or email: peervote@otbds.org

 **Click here for the press release:** www.networks.nhs.uk/news.php?nid=2044

Co-operatives 2008: sponsorship and exhibition opportunities

Hundreds of board members, senior executives and other opinion leaders in the UK and internationally will be gathered in the Hilton Blackpool from 27 - 29 June 2008 to network, do business and find out about the latest developments.

Co-operatives 2008 offers a huge range of opportunities for you to build brand awareness, communicate key messages and build or strengthen relationships. For more information, please contact the Co-operatives 2008 office on 01323 637710 or email: cooperatives2008@confpeople.co.uk

See the 'Events' section for details on the co-operatives event



Click here for more information:

www.cooperatives-uk.coop/live/images/cme_resources/Public/Congress%202008/Sponsorship.pdf



Click here for exhibition booking form:

www.cooperatives-uk.coop/live/images/cme_resources/Public/Congress%202008/ExBooking.pdf

Call for expressions of interest: Evaluation of Multisystemic Therapy pilot services

The Department of Health and the Department for Children, Schools and Families, in partnership with the Youth Justice Board and the Cabinet Office are supporting a major national programme of 10 new Multisystemic Therapy (MST) pilot services to reduce risk of out of home placement for young offenders and young people on the edge of care. This programme forms part of the Social Exclusion Action Plan and the Care Matters: Time for Change White paper. The pilots will be part of a national research programme to evaluate the effectiveness of MST in England in successfully maintaining young people who are at risk of out of home placement, in their families and community.

Expressions of interest are invited from teams of suitably qualified and experienced researchers who wish to be short listed to submit a full proposal for the evaluation of the operation, outcomes and cost benefits of the MST in the English pilot services.

Further details and a proforma for an expression of interest in undertaking this research are available from Natalie Wilmot, Care Services Improvement Partnership, 309 Wellington House, 133-155 Waterloo Road, London SE1 8UG. Tel: 020 7972 4630. Email: Natalie.wilmot@dh.gsi.gov.uk



Click here for more details:

www.cabinetoffice.gov.uk/social_exclusion_task_force/multi_systemic.aspx



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CSIP Eastern Development Centre Update

Learning in Partnership: Service Improvement Leadership for Mental Health Service Users, Carers and Service Providers Course

CSIP will be running a course for people who use services, people who care for them and service providers learning and actually applying service improvement techniques together. The course, which is accredited by the University of Surrey, will take place between June 2008 and March 2009. Interviews for the course will take place at the beginning of May 2008. If you are interested in applying or would like more information, please contact Ruth Kent on 01206 287544.



Click here for more information: www.nimhe.csip.org.uk/our-work/service-improvement/service-improvement-course-20082009.html

Best practice guidance to support the Regional implementation of New Ways of Working

The aim of this best practice guidance is to support a consistent approach across the regions and ensure a joined up approach to the implementation of New Ways of Working. Some of the key pieces of work are currently underway and some suggestions of how the CSIP/NIMHE workforce programme can provide support in relation to further development and implementation.

 **Click here for more information:** www.eastern.csip.org.uk/our-work/new-ways-of-working/new-ways-of-working-resources.html



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Events

Music, poetry and performing arts charity fundraising evening – 15 February 2008, Colchester

This fundraising evening taking place at 7pm at the Appetite Café, 16-19 Church Street, Colchester is in aid of Lepra. Lepra is a medical development charity with a mission to restore health, hope and dignity to people affected by leprosy and other diseases of poverty. For further information, please call 07828 645611

Understanding young people: free talk – 19 February 2008, Epping

A free talk by the North Essex Partnership NHS Foundation Trust will give an insight to the emotional and mental health issues faced by young people. For more information, please call the Trust's free 24 hour answer phone 08001 691625, email foundationtrust@nepft.nhs.uk

 **Click here for the press release:**
www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101603&grp=1

Is dependency dead? Tavistock Policy Seminar – 21 February 2008, London

The current language of personalisation and outcome focuses services, comes not so much from the users of services but from those wanting to implement policies of individual budgets and direct payments. For further information, please contact Simone Silverstein on 02089 382317 or email: ssilverstein@tavi-port.nhs.uk

 **Click here for the flyer:** www.tavi-port.org/conferences/events/1/seminars-list.html

User Network in Thurrock, Essex and Southend: Drug & Alcohol Service conference – 21 February 2008, Chelmsford

All Service Users, their family or carers are invited to User Network in Thurrock, Essex & Southend (UNITES) Essex wide conference. For further information, please call 01206 544279 or email: admin.unites@ntlworld.com

 **Click here for more details:** www.eastern.csip.org.uk/events/events/noncsip-national--regional-events-of-interest.html



Wellbeing Kidz conference – 22 February 2008, Merseyside

The Wellbeing Project Community Interest Company second national conference looks set to be one of the major learning events in the health and social calendar for 2008. For more information, please contact: Paula Gamester by telephone, 01744 264444 or email: paulagamester@hotmail.com



Click here the press release: www.networks.nhs.uk/news.php?nid=2054

Support for parents: free talk – 25 February 2008, Maldon

A free talk by the North Essex Partnership NHS Foundation Trust will give advice on parenting and information on where to get further support. For more information, please call the Trust's free 24 hour answer phone 08001 691625, email foundationtrust@nepft.nhs.uk



Click here for the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101603&grp=1

Voice08: the UK conference for social enterprise – 26 & 27 February 2008, Liverpool

The way in which the global market is operating is not sustainable. Social enterprises offer a solution: they transform lives, strengthen communities, and challenge the rules of conventional business, providing innovative local, national and global solutions. For further information, please call 02077 932319 or email: events@socialenterprise.org.uk



Click here for more details: www.tcp-events.co.uk/voice08/

Creating an effective business plan for a healthy social enterprise – 5 March 2008, London

This event will be looking at the social enterprise market in health and social care and successful business plans and much more. For further information, please contact Alison Jones on 02078 156934/44 or email: info.esu@lsbu.ac.uk



Click here for the flyer: www.eastern.csip.org.uk/events/events/noncsip-national--regional-events-of-interest.html

High Impact Changes for Health and Social Care launch – 11 March 2008, London

At this event, David Behan, Director General of Social Care, will be launching the CSIP's publication on the 'High Impact Changes for Health and Social Care'. The High Impact Changes for Health and Social Care have a positive impact in health and social care. For further information, please contact Lauren Pugh via e-mail: Lauren.Pugh@dh.gsi.gov.uk or fax 020 7972 4349.



Click here for the flyer & booking form: www.eastern.csip.org.uk/events/events.html

Mid Essex Mind and Spirit Spring Seminar: "Finding a voice for mental and spiritual health" – 13 March 2008, Chelmsford

In response to feedback from the 2007 Essex Mind and Spirit conference, the mid Essex 'cluster' group invite you to a lunchtime seminar on, "Finding a voice for mental and spiritual health". For further information, please contact Rev Ivor Moody on 08451 967722 or email: i.r.moody@anglia.ac.uk



Click here for the flyer: www.eastern.csip.org.uk/~involvement/events/regional-events.html



Partnerships for success: Delivering Race Equality in Mental Health – 13 March 2008, London

This one day event makes a real step change in partnership working. The key theme is to engage service users/carer and health and social care staff in addressing the challenges that will ensure equal access, experience and outcomes from mental health service for Black and Minority Ethnic Communities. For further information, please contact Lauren Pugh via email: Lauren.Pugh@dh.gsi.gov.uk or fax 02079 724349

 **Click here for the programme:** www.actiondre.org.uk/DREConference2008/DRE_Conference_brochure.pdf

Parental Mental Health and Child Welfare Network: beyond the smile – 18 March 2008, Manchester

This conference aims to raise awareness and promote debate around the key issues concerning perinatal mental health and the journey into parent hood. For further information, please contact Jean Healy on 02070 896864 or email: spn@scie.org.uk

 **Click here for the programme:** www.eastern.csip.org.uk/events/events/noncsip-national--regional-events-of-interest.html

The Adam Talbot memorial conference: who would want to be a teenager in Britain today? – 26 March, Chelmsford

This conference seeks to promote a spirit of enquiry into the multidimensional and multi-determined roles of contemporary youth: what leads towards hope and/or what drives towards despair?. For further information, please contact Debbie Stewart on 01206 873640 or email: cpsadmin@essex.ac.uk or David Millar on 01206 287212 or email: David.Millar@nepft.nhs.uk

 **Click here for the flyer:** www.eastern.csip.org.uk/events/events/noncsip-national--regional-events-of-interest.html

TechTrain - 1-2 April 2008, University of Birmingham

Do you have an idea for a mental health e-learning resource you would like to develop (or a resource relating to another topic area)? This is an excellent opportunity to learn some of the skills in a relaxed and enjoyable atmosphere. For further information, please contact Lee Reynolds on 02380 599311 or email: l.m.reynolds@soton.ac.uk

 **Click her for more details:** www.swap.ac.uk/events/workshop.asp?ref=1707

The Housing Magazine: Westminster Briefing: The new plan for children: excellence, equity, health and happiness – 21 May 2008, London

The recently published Children's Plan sets out the Government's long-term vision 'to improve schools and a step-change in the way parents and families are supported to deal with the new challenges faced by young people in the 21st century'. The plan draws together the Government's proposals to improve children's education and well-being and reflects the far wider remit enjoyed by the Department for Children, Schools and Families with policies which reach far beyond the classroom. For further information on any of the above, please call 020 7096 2948 or email: nick.rotsides@westminster-briefing.com . Exclusive Offer: 10% discount to readers

 **Click here for more information:** www.westminster-briefing.co.uk/childrenplan.html

 **Click here for booking form:** www.eastern.csip.org.uk/events/events/noncsip-national--regional-events-of-interest.html

Co-operatives 2008: going for growth – 27 – 29 June 2008, Blackpool

This three day conference offers an unparalleled range of inspirational debates and thought provoking workshops developed around the theme of Going for Growth - growing a sustainable co-operative sector. For further information, please contact the Co-operatives 2008 office on 01323 637710 or email: cooperatives2008@confpeople.co.uk

 Click here for the flyer: www.congress.coop/live/welcome.asp?id=1613



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Useful Resources

Mental Health and Social Care current awareness newsletter No. 142

You can now view the latest newsletter from the Clinical Resource Centre & Library at West Suffolk Hospitals NHS Trust. This service is checking selected internet sites for reports and news items of interest to staff working in the Mental Health and Health & Social Care Sectors.

 Click here to access the newsletter: www.wsh.nhs.uk/Library/MentalHealthBulletins/

Rethink Family and Friends Network in Norfolk newsletter – February 2008

You can now access Rethink families and friends network in Norfolk bi-monthly newsletter.

 Click here to access the newsletter: www.eastern.csip.org.uk/~involvement/useful-links/useful-resources.html

The new Haven Project website

The Haven Project is dedicated to the support and treatment of people with a personality disorder diagnosis who live in North East Essex. The Haven Project has launched their new website.

 Click here to visit the website: www.thehavenproject.org.uk/

Mental Health Day Services e-bulletin

You can now access the National Social Inclusion Programme's Mental Health Day Services bulletin.

 Click here to access the bulletin: www.eastern.csip.org.uk/resources/other-bulletins-of-interest.html

Mental Health and Substance Use: dual diagnosis, Volume 1 Issue 1 2008

Routledge, Taylor and Frances Group publishing has launched a new journal Mental Health and Substance Use.

 Click here to access the journal:
www.informaworld.com/smpp/title-content=g790361739?jumptype=alert&alerttype=new_issue_alert,email

Personalising support: the future for care services...now

- **National Centre for Independent Living**

Campaigning for the rights and equality of disabled people, the National Centre for Independent Living (NCIL) is a national support, advice and consultancy organisation that aims to enable disabled people to be equal citizens with choice, control, rights and full economic, social and cultural lives.



Click here to visit the NCIL website: www.ncil.org.uk

This website is designed to be a resource on independent living, direct payments and individual budgets for disabled people and others working in the field who may find it useful.

- **Increasing the Uptake of Direct Payments**

Direct payments were introduced in England in April 1997 following a long campaign by disabled people and their allies. With the current focus on redesigning the existing care system through individual budget pilots and 'in Control', direct payments are both the way to prepare the social care system for radical change, and an important component of the realisation of that change.



Click below to learn more: <http://kc.csip.org.uk/solutionset.php?grp=601>

- **Individual Budgets Pilot Programme**

This website explains what individual budgets are and tells you about the pilot programme. It will keep you up to date with what the Local Authorities involved in the pilot are doing and learning.



Click below to enter the website: www.individualbudgets.csip.org.uk/

- **in Control Website**

In Control aims to change the organisation of social care in England so that people who need support can take more control of their own lives and fulfill their role as full citizens.



Click below to enter their website: www.in-control.org.uk/

- **Self-Directed Support Network**

The Self-directed Support Network is a community of people who want disabled people, older people and their families to get more control over their support and services. It's a place where you can make connections with other people who are involved in changing service systems and practices, and get information to understand what these changes might mean for you, too.



Click below to view these web pages: <http://kc.csip.org.uk/groups.php?grp=36>

- **Putting people first: a shared vision and commitment to the transformation of adult social care**

A key publication outlining agreement across Government and health and social care to the 'new direction' for care services which is heralded by this document.



Click here to access the report:

www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_081118

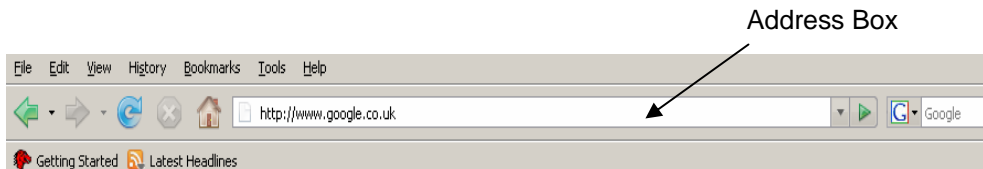


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Please Note:

Hyperlinks:

If you find the links do not work this may be because your computer is not compatible. Click on the internet and type the web address into the address box on the internet tool bar.



Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Commissioning – **Maurice Burns 07789 864212**
- Health and Social Care in Criminal Justice – **Rob Jayne & Amanda Hawkins 01223 597551**
- Learning and Improvement Networks – **Paul O'Halloran 01206 287542**
- Learning Disabilities (Valuing People Support Team, VPST) – **Simon Whitehead 01449 616187**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Rix 01206 287592**
- Older People and Physical Disabilities – **Angie Glew 07775 906892**
- Adult Social Care – **Amanda Reynolds 07775 631510**

 [To download a copy of our 2005/06 Mental Health Prospectus, click here](#)

 For access to our website click on the link: <http://www.eastern.csip.org.uk/>

Care Services Improvement Partnership 

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list, contact:

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