Care Services Improvement Partnership CSIP

e-bulletin

Issue 37
21 December 2007

EASTERN Development Centre

Welcome to our regular e-bulletin, which is circulated every fortnight. Thanks to everyone who has emailed with news stories, and comments and suggestions.

We hope you all have a very lovely Christmas and New Year, and look forward to hearing from you in 2008!

If you have any information or ideas for the Bulletin please contact Jayne Bulman, at CSIP Eastern Development Centre – contact details later. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

Regional News; National News; Development Centre Update; Events; Useful Resources;

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Regional News

Health and Social Care Awards 2008

The Health and Social Care Awards 2008 is an annual flagship event for the Department of Health and are run in partnership with the National Health Service (NHS) Institute for Innovation and Improvement and with Strategic Health Authorities.

These awards present an unparalleled opportunity to showcase the best examples of innovation and excellence that people throughout the NHS, social services, the voluntary, charity and independent sectors have to offer in the NHS and Social Care in the East of England.

The regional awards ceremony will be held on 29 April 2008 at Quendon Hall in North Essex and the regional winners will be put forward to the national awards ceremony on 1 July 2008 at Wembley.

The Regional Health and Social Care Awards provide a superb opportunity to highlight and celebrate excellence and innovation across health and social care in the East of England. The closing date for submitting award applications is 8 February 2008.

Click here for more details: www.institute.nhs.uk/HSCA/eastofengland/

Workwise Suffolk: New town centre outlet for artists and craftspeople

An appeal is being made for more artists and craftspeople to come forward to sell and exhibit their work at a new town centre shop in Bury St Edmunds.

Cavern 4 in Whiting Street already sells the work of Suffolk-based artists and craftspeople who have exhibited locally, in London and all over the world. But now the mental health charity Workwise, which runs the arts, crafts and furnishings shop that opened earlier this year, is appealing for more to come forward.

A share of the proceeds from the sale of items produced by the artists and craftspeople goes to Workwise, which provides specialist and vocational training to help people who are overcoming mental illness gain the skills they need to get a job. Artists and craftspeople wanting more information about selling or exhibiting their work at Cavern 4 , please contact Chrissy Nunn, shop manager, on 01284 700009.

Click here to view the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101171&grp=1

The City Wakes: a tribute to Syd Barrett in support of arts in mental health

The City Wakes is a multi-media arts project, produced by Escape Artists, in association with the Cambridge Mental Health Resource Centre and other community groups in and around Cambridge, as a tribute to the legendary Syd Barrett: painter, musician and founder member of Pink Floyd.

Income generated through the City Wakes will go towards supporting the work of Escape Artists, a charity that provides arts-based education and support services to people with mental health problems, both in institutional settings and within the wider community.

This project is being endorsed by Syd's sister Rosemary Breen. The City Wakes staged a performance on 5 December 2007 to an audience of 250 people. Mental health service users performed their impressions of some of Syd's back catalogue as well as musical interpretations of one of his paintings. Following the success of their first performance, the City Wakes are planning a series of concerts for 2008. For more information on The City Wakes visit www.thecitywakes.org.uk or information on the partnership organisations visit www.escapeartists.co.uk and www.centrestpauls.org.uk

Open Road stars of 'Lottery Millions' on ITV1 win

A drug and alcohol charity is celebrating its £49,000 win after a televised lottery contest on 26 November 2007. Staff at Open Road, in Wellesley Road, Clacton, won the cash in the ITV Anglia East competition for the Big Lottery, competing against other charities.

Open Road is a Tier 2 service, offering counselling, family support, help with getting back to work and holistic therapy for people with drug and alcohol problems. The money will go towards refurbishing the centre to improve its service to clients. For information on Open Road visit their website at www.openroad.org.uk/index.htm.

Click here to view the press release:

www.biglotteryfund.org.uk/pr_271107_e_pm_anglia_east_s_open_road?regioncode=-uk

MP helps South Essex Partnership NHS Foundation Trust mark Carers Rights Day

Angela Smith MP launched two innovative pieces of work developed in partnership with staff at South Essex Partnership NHS Foundation Trust and carers to mark Carers Rights Day on 7 December 2007.

Angela Smith, MP for Basildon and East Thurrock, joined staff, service users and carers at Cherrydown Ward, Basildon Mental Health Unit, to officially launch their 'Lasting Memories' booklet which provides information on Alzheimer's disease and other conditions, and was developed after carers expressed a wish that they had been given much more information about their loved one's condition earlier in their diagnosis.

Click here to view the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101225&grp=1

Moving towards smoke free mental health settings

Cambridgeshire and Peterborough Mental Health Partnership NHS Trust would like to hear carers' views about the implementation of a smoke free policy in mental health in-patient settings. Following the smoking legislation coming into place from 1 July 2008 smoking will be against the law in any enclosed space in any mental health establishment. This has been driven by concerns about the effects of second hand smoke.

Iliana Rokkou, User and Carer Research and Development Manager are running a carer led focus group project. Iliana would like to find out carers' views about the implementation of a smoke free policy in local in-patient wards, what issues need to be considered and what practical and constructive steps can be taken to address them. She would be grateful if carers could spend some time to participate in a focus group discussion and tell her about their needs and experiences as a carer whose loved one is smoking and has been in hospital during the last year. A report will be written from the information gathered from these discussions, which will help shape how the Trust takes the smoke free policy forward. A similar consultation has already taken place with service users.

The group will be facilitated by trained individuals who have direct personal experience of caring for someone with mental health difficulties. Travel expenses will be reimbursed, your time commitment will be no longer than an hour and a half. For further information, please contact Iliana Rokkou on 01223 218509/07770 876208 Mon-Thurs or email: lliana.rokkou@cambsmh.nhs.uk.

There is a similar initiative in the Eastern Region to involve service users and carers in preparing for smoke free mental health settings. Rosemary Sturgiss, Smoking Cessation and Mental Health lead, CSIP Eastern, would like to hear from you with your views. For further information, please contact Rosemary on 01206 287585/07766 161098 or email: rosemary.sturgiss@csip.org.uk

Click here to view Trust leaflet: www.eastern.csip.org.uk/users-and-carers/involvement-news.html

Nest: When man's best friend lends a paw

An innovative campaign with its roots in mid-Essex, to promote the idea of companion dogs for people with mental health conditions, is creating interest nationwide. The Wilby Campaign has been launched by Christine McDonald from Mundon, near Maldon, in conjunction with Elizabeth Smith from Norfolk and Bee Harries from Sydenham.

The campaign has also had support from Robin Murray-Neill from the Care Services Improvement Partnership (CSIP).

The ultimate aim is for companion dogs for people with mental health conditions to be recognised on a similar basis to guide dogs for the blind or hearing dogs for the deaf. The Wilby Campaign takes its name from a symbolic dog, who "will be" a companion to a person with an enduring mental health condition.

See 'Events' section for Maldon forum's launch of Wilby Campaign.

Click here to read the press release:

www.essexchronicle.co.uk/displayNode.jsp?nodeId=170532&command=displayContent&sourceNode=170515&contentPK=19099062&moduleName=InternalSearch&formname=sidebarsearch

Cambridgeshire and Peterborough Mental Health Partnership NHS Trust's Professor Berrios honoured with America's oldest award

A professor in psychiatry at Cambridgeshire and Peterborough Mental Partnership NHS Trust has been honoured with the highest award granted by the nation of Peru to commend notable civil and military merit.

Professor German Berrios, who retires from the Trust this week, was awarded the Order of the Sun (Order El Sol del Peru) the highest award granted by Peru to commend notable civil and military merit. Prof Berrios has been made a Grand Officer of the Order, which is the highest class awarded for civil merit. The Order of the Sun is the oldest award in America, having first been established in 1821.

Click here to view the press release: www.cambsmh.nhs.uk/default.asp?id=78

Thinking about a Career in Mental Health Nursing

Anglia Ruskin University Faculty of Health & Social Care has places on their Mental Health Degree and Diploma Nursing Courses starting March 2008.

If you would like to find out more or book in on one of our special interview days, please call 08452 713333 or email: admissions@anglia.ac.uk

Norfolk and Waveney Mental Health Partnership NHS Trust news:

• Innovative service brings care closer to home

A new development for people with serious mental illness in Norfolk and Waveney has been given the go-ahead by the East of England Strategic Health Authority.

The £9.4 million project, funded by Norfolk and Waveney Mental Health Partnership NHS Trust, will provide a purpose built combined psychiatric intensive care unit (PICU) and low secure unit on the Hellesdon Hospital site in Norwich.

The new unit will provide ten PICU beds and 12 low secure beds for people experiencing serious episodes of mental illness. Currently people who need PICU placements receive their treatment outside Norfolk; this development means that they will be able to receive their care more locally.

It will work in tandem with the Yare Ward low secure unit – the only NHS-provided, dedicated low-secure service in Norfolk and Waveney – which opened in January 2007, and will bring the total of beds for this important treatment up to 31.

• Build your self-esteem with a little help from friends

A pilot study has been launched in Norwich to see if people can improve their self-esteem with a little help from others.

Clinical psychologists for the Norfolk and Waveney Mental Health Partnership NHS Trust, Erica Richmond and Lucy Matthews, are using Cognitive Behavioural Therapy (CBT) in a group setting for people with low self-esteem. CBT encourages people to explore how they think and how they react, helping them to find different ways to manage negative feelings.

To date, two groups have been run, each for 12 weeks, based at the Julian Day Treatment Services. The group has been open to service users from both working age and from older people's services in Norwich.

The groups focus on understanding how negative self-beliefs are formed and how low self-esteem can spark a negative spiral of anxiety and/or low mood.

• Bright idea leads to cleaner future

A pioneering new mobile unit to disinfect equipment will be officially unveiled on 11 December 2007.

Norfolk and Waveney Mental Health Partnership NHS Trust's mobile equipment cleansing unit is the first of its kind in the country. Equipment, including beds, can be wheeled into the unit, disinfected and thoroughly steam cleaned. This new development will further boost the Trust's excellent record of infection prevention. Other Trusts and organisations, such as schools and care homes, will soon be able to buy their own units to build on their infection control measures.

It was designed by a member of the Trust's estates team, John Downes, and the nurse consultant in infection control, Val Leggett. Support was given by Health Enterprise East, which helps develop and market new ideas to improve healthcare delivery, and Kent-based Air Management Systems Ltd (AMS) which specialise in helping organisations manage their hazardous materials. The unit provides a low cost, purpose built facility for disinfecting patient care and therapeutic equipment items.

The mobile unit can be towed to any one of the Trust's sites. Apart from the obvious infection control benefits, noisy steam cleaning tasks can be performed away from the ward and will prevent disruption to patients and their environment.

Click here to view the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101247&grp=1

Have you got the bus pass? Do you know about the bus pass?

The Government has promised a statutory minimum scheme offering free, local, off-peak bus travel for people over 60 and those with disabilities including mental health difficulties. A national bus pass scheme is due to be implemented by April 2008.

Those with bipolar, claiming a free bus pass, may be confused by the application form. A spokesman for St Albans District Council said in the Herts Advertiser Newspaper on 1 November 2007, that people with mental illnesses fell into the category which included people with learning disabilities. He said the definition on the form was "someone who has a learning disability that is a state of arrested or incomplete development of mind, which includes significant impairment of intelligence and social functioning".

Don't let the semantics put you off. Some district councils are providing more generous schemes than the statutory minimum or are working with neighbouring councils to provide more generous schemes.

For more information, please contact St Albans District Council, Council Offices, St Peter's Street, St. Albans, Hertfordshire AL1 3JE on 01727 866100/01727 819213/4 or visit www.stalbans.gov.uk/transport/permits/bus.htm or Dacorum Borough Council, Civic Centre, Hemel Hempstead, Hertfordshire on 01442 228000/01442 228317 or contact your local office or visit: www.dacorum.gov.uk/default.aspx?page=1720

Click here for more details on Bob Houlston website: **www.houlston.freeserve.co.uk/mental.htm**

Suffolk councils face axe in shock move

Suffolk county and its seven district councils are to be abolished under a radical shake-up of local government in the county.

The Government today dramatically put on hold Ipswich's solo bid for unitary status and has told the Boundary Committee for England to create a Greater Ipswich and one or two other unitary authorities for the rest of the county. The shock move will spell the end of the county council and the shire districts of Ipswich, Suffolk Coastal, Babergh, Mid Suffolk, Bury St Edmunds, Forest Heath, and Waveney.

Click here to view the press release:

www.eadt.co.uk/content/eadt/news/story.aspx?brand=EADOnline&category=News&tBrand=eadonline&tCategory=News&itemid=IPED05%20Dec%202007%2012%3A11%3A46%3A557

Suffolk Mental Health Partnership NHS Trust: A better service for people with complex needs

New ways of working will mean a better healthcare service for people in Suffolk whose mental ill health is further exacerbated by a drug or alcohol problem or vice versa.

Historically, the work of healthcare teams providing mental health services and drug and alcohol services in the county has remained fairly separate. But now, staff at Suffolk Mental Health Partnership NHS Trust has developed a new set of guidance which will encourage teams to work together more effectively. Additionally, the Trust is investing in a training programme based on that guidance so teams will have a better understanding of each other's area of work and be able to pick up much earlier whether a person has a combination of mental health and substance misuse problems.

The guidance and training plan was launched at The Limes Hotel in Needham Market on Friday, December 14. The event, to which staff and colleagues from partner organisations, such as Mind and Norcas, were invited, included an overview of the dual diagnosis project, together with an introduction to a pilot scheme run by CSIP Eastern and carried out by the Bury St Edmunds-based assertive outreach team.

Click here to view the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101320&grp=1

Workwise, a Suffolk charity, condemns “sickening” theft

A wooden sculpture of Winnie the Pooh carved by a retired Suffolk GP has been stolen from a charity shop in Bury St Edmunds.

The walnut sculpture, which is about 15 inches tall, is believed to have been stolen from Cavern 4 in Whiting Street on 11 December 2007.

It was on sale for £98 and the charity is hoping the sculpture is so distinctive that it will be easily recognised and returned to Cavern 4.

Click here to view the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101321&grp=1

WS Training: Dan Bullard becomes first printing apprentice

An 18-year-old printer from Claydon has become the first person to undertake a specialist apprenticeship in machine printing under a new training partnership. Dan Bullard, who has worked for Five Star Printing in Great Blakenham, near Ipswich, for just over two years, has completed his first apprenticeship there, which was Government-funded, and is now embarking on an advanced apprenticeship scheme.

WS Training is the largest independent training contractor in East Anglia, with learning centres in Bury St Edmunds, Ipswich and Haverhill. It works with firms of all sizes and trains approaching 5,500 people a year in a variety of areas, from construction and health and safety to management and personal development. For advice about how to access Government-funded training courses, call 01284 750840 or visit www.WSTraining.co.uk.

Click here to view the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101200&grp=1

The Oak House Artistic Members Entertainment Resources and Information Team

Colchester Mind, a mental health voluntary organisation, aims to improve the lives of people from all sectors of society who are experiencing mental health problems and/or emotional distress. They achieve this by providing a range of different services, activities and raising awareness through campaigning.

In 2005 a member of Colchester Mind, The Oak House, organised an in-house short pantomime and Christmas entertainment. Since then other members have joined, bring their talents together to stage many events forming the Artistic Members Entertainment Resources and Information Team (AMERIT). Linda Wonnacott is a member representative of AMERIT and since 2005this team have designed, presented and staged a variety of events and exhibitions promoting MIND.

These connections provide an outreach programme. All the members who are involved with AMERIT gain confidence from the help, support and encouragement from The Oak House staff.

Click here to read the AMERIT Activity Report:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101082&grp=1

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National News

Lord Darzi has a blog

A revamped version of the 'Our NHS, our future' website has been launched, including new information on the next stage review of the NHS, opportunities for people to feed in their comments - and a blog by Health Minister Lord Darzi.

The website will continue to provide NHS staff, patients and the public with up-to-date information on the 'Our NHS, our future' review, a look at what is happening both locally and nationally and a means to share views and experiences with others, including the opportunity to respond to Lord Darzi's new blog.

Click here to read the press release: www.networks.nhs.uk/news.php?nid=1912

Meet the Dragons: Promoting Innovation in Social Care

On 26 February 2008, at the Royal Society of Arts (RSA), an audience of 150 RSA Fellows, sponsors and invited guests will hear bids for investment support for innovation in social care. They will be challenged by a panel of expert Dragons, including David Behan, Director General of Social Care, Department of Health and Baroness Jill Pitkeathley and Matthew Taylor, Chief Executive, RSA.

The event sets out to explore fresh and imaginative ways of creating public services that address individual users' needs and aspirations in ways that are affordable, sustainable and fair.

Applications for investment support are invited from individuals and groups in all care sectors who can demonstrate innovation in social care by creating genuinely personalised solutions, encouraging new ways of working and making smarter use of existing resources. Bidding application must be submitted by 31 December 2007. For further information, please contact Nina Bolognesi on 02079 305115 or email: meetthedragons@rsa.org.uk

Click here to download an application form: www.thersa.org/meetthedragons

Consultation on draft guidance on 'Finding a shared vision of how people's mental health problems should be understood'

CSIP has developed draft guidance for consultation on ‘Finding a shared vision of how people’s mental health problems should be understood’. The guidance is aimed at everyone concerned with the development and delivery of services including people who use services and their carers. The guidance aims to:

- identify a shared vision of how people’s mental health problems should be understood that is recognised equally by different provider groups and by service users and their carers
- to raise awareness of the wide variety of different approaches to assessing mental health problems and wellbeing and
- to build mutual understanding of these different approaches as resources for drawing together, through a shared process between service users, carers and service providers, ways of understanding a mental health problem that reflect the particular and often very different strengths and needs of individual service users.

The consultation is taking place between 28 November 07 and 05 March 08 inclusive. CSIP is seeking people’s views on the draft guidance in particular in relation to specific questions as well as general comments. The information which we receive back will be considered, to revise the draft and publish a final version. For further information, please email: sharedvisionconsultation@csip.org.uk

Click here to view the consultation paper and feedback form:

www.nimhe.csip.org.uk/serviceimprovement/sharedvision

Consultation to help more disabled people into work

This consultation includes a proposal to provide a more bespoke service to disabled people, ensuring they have the opportunity not just to work, but to progress in work to their full potential. Central proposals in the consultation include developing and enhancing the role of Disability Employment Advisers in Jobcentre Plus so that each individual gets support that is tailored to their needs to help them achieve their employment goals; and moving away from separate programmes of support such as the Job Introduction Scheme, Work Preparation and WORKSTEP towards a single integrated programme which provides a more personalised employment service for disabled people.

DWP are seeking views about the reforms proposed in the consultation. Particularly, they are interested to hear from disabled people, employers and organisations that represent the interests of disabled people. The formal consultation period will last for 14 weeks from 3 December 2007 and responses must be received by 10 March 2008. For further information, please contact Disability and Work Division on 0114 267 7259 or email: sheffieldmoorfoot.desconsultation@dwp.gsi.gov.uk

Click here to view the document: www.dwp.gov.uk/resourcecentre/des-consultation.asp

Procedure for Transfer of Prisoners to and from Hospital under the Mental Health Act

The revised and updated 'Procedure for the Transfer of Prisoners to and from Hospital under Sections 47 and 48 of the Mental Health Act 1983' aims to help colleagues to work together more effectively to secure and sustain significant improvements in any unacceptable delays.

The procedure is a result of wide national consultation and explains each stage of the transfer process, providing clear guidance for key stakeholders to enable timely transfer. In particular, the procedure highlights the vital role of safe and effective commissioning by responsible commissioners.

Click here to view the press release: www.networks.nhs.uk/news.php?nid=1937

Research Funding Opportunities

A number of various organisations invite applications for research projects to be funded by their research grants scheme.

Click here for a list of research opportunities available: www.eastern.csip.org.uk/our-work/research/funding-for-research-opportunities.html

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CSIP Eastern Development Centre Update

CSIP Eastern Personality Disorder Programme: Skills- based training

CSIP Eastern Personality Disorder Programme is pleased to announce two very special sets of skills-based training events for eastern region clinicians. These events will provide a unique opportunity to access specialist training for working with personality disorder.

Schema therapy will be the topic for the February events with Jeff Young and Arnold Arnzt providing workshops. A conference has been arranged for 4 February 2008 at Girton College Cambridge.

On 27 and 28 March 2008 British Isles Dialectical Behaviour Therapy (DBT) training will lead a two day skills based workshop, introducing the methods and practices of DBT. This will be held at Saxongate, Huntingdon. To register your interest for any of these events please note that we will require confirmation of support to attend from your line manager. For further information, please contact Linda Williams on 01206 287542 or email: linda.williams@csip.org.uk

See 'Events' section for information on Schema Therapy and DBT event

Click here for more details: www.eastern.csip.org.uk/personality-disorder-events.html

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Events programme

Maldon Forum: Direct Payments – 9 January 2008, Maldon

The focus of this forum is direct payments and the launch of the Wilby Campaign on dogs and mental health. For further information, please contact Christine McDonald on 08450 906378 or email: christine.mcdonald@nest-network.co.uk

Click here for the flyer & Robin Murray-Neill biography: www.eastern.csip.org.uk/users-and-carers/involvement-events.html

Recognising & managing mental health issues - 15 January 2008, London

Non-medical training for Human Resource personnel and managers that focuses on "what to do", not "what is wrong", when colleagues show signs that there may be a mental health issue. For further information please contact Andrew Buckley on 01263 862286 or email: info@kipepeo.co.uk

Click here for more details: www.kipepeo.co.uk

The Learning and Skills Council's Single Equality Scheme – 21 January 2008, London

The main purpose of the programme is to support all Learning and Skills Council (LSC) funded learning providers in embedding the values and principles of equality and diversity and the Learning and Skills Council's Single Equality Scheme. For further information, please contact Gurjit Kaur on 0116 204 2833 or email: gurjit.kaur@niace.org.uk

Click here for the programme: www.niace.org.uk/Conferences/SES.htm

Respect & Equality Mainstreaming Action Plan – 29 & 30 January 2008, Bristol

This two day facilitated workshop aims to prepare managers for mainstreaming equality & diversity through integrating into policies, procedures, projects and future partnerships. For further information, please contact Jagtar Singh on 07748 140588 or email: jagtarbasi@yahoo.com

Click here for more details: www.eastern.csip.org.uk/events/events/noncsip-national--regional-events-of-interest.html

Ormiston Consultancy events – January 2008 & February 2008, London & Coventry

Ormiston Consultancy Services events explore a range of issues related to marginalised and hard-to-reach communities such as Gypsies and Travellers and present valuable opportunities to share good practice and develop new networks. For further information, please call 01223 418009 or email: conferences@ormiston.org. The Ormiston events are:

- **Travelling towards inclusion 2008 - 31 January 2008, London**

  This event will look at what has been achieved in tackling the social exclusion of Gypsy and Traveller children and young people in the months since the original conference.

  Click here for the flyer: www.ormiston.org/consultancy/opus421.html

- **Advocacy and accommodation: floating support services for gypsies and travellers – 7- 8 February 2008, Coventry**

  A two-day course exploring the issues organisations need to consider in order to deliver floating support services to Gypsies and Travellers.

  Click here for the flyer: www.ormiston.org/consultancy/opus420.html

Schema Therapy for Personality Disorder – 4 February 2008, Cambridge

CSIP Eastern Personality Disorder programme is delighted to announce a special conference on "Schema Therapy for Personality Disorder" with Jeff Young and international experts from Europe. This event has been organised specifically for people who work in the field of personality disorder in the Eastern region.

There will be an opportunity by invitation only for limited numbers of staff who have the backing of their organisation to attend follow up workshops led by Jeff on the 5 and 6 February For more information, please contact Linda Williams at linda.williams@csip.org.uk or fiona.mcmillan-shields@csip.org.uk

Click here for the Registration form: www.eastern.csip.org.uk/personality-disorder-events.html

Health Services Management Centre courses on surveys, statistics, analytical and research methods for health and social services – February - April 2008, University of Birmingham

The Health Services Management Centre (HSMC) short courses and in-authority workshops on surveys, analytical and research methods and statistics, specially focused on health and social care are:

- **Questionnaire and survey design - 4-6 February 2008, University of Birmingham**
  This three-day workshop will consider the role, design and conduct of surveys within Health and Social Services.
- **Introduction to statistical analysis parts I & II – Part I: 12-14 March 2008, Part II: 28-30 April 2008, University of Birmingham**
  These three-day workshops are intended as an introduction to statistical analysis for clinicians and NHS officers from any discipline.

Any of the workshops can be delivered on your own premises. In addition, tailor-made 1, 2 & 3-day workshops can be arranged for individual organisations or groups of organisations. For further information, please contact Penelope Mullen at p.m.mullen@bham.ac.uk or: Ingrid Leeman at i.leeman@bham.ac.uk

Click here for full details: www.hsmc.bham.ac.uk/seminars/workshops.htm

Service user involvement & empowerment in mental health – 14 February 2008, London

The conference includes two interactive workshop sessions on increasing diversity in service user involvement and enabling people to fulfil their aspirations and improve outcomes. For further information, please contact Healthcare Events on 02085 411399 or email: jayne@healthcare-events.co.uk

Click here for the programme: www.healthcare-events.co.uk/conf/booking.php?action=home&id=84

Regional Expert by Experience User & Carer Conference – 21 February 2008, Ipswich

This free one day conference hosted by CSIP Eastern Expert by Experience programme is for people with current or past experience with mental health services and for carers. Topics will include Mental Health Act, Reclaiming Recovery, Direct Payments and much more. For further information, please contact Jayne Bulman on 01206 287587 or email: jayne.bulman@csip.org.uk

Click here for the flyer & registration form: www.eastern.csip.org.uk/users-and-carers/involvement-events.html

Public Policy Exchange: towards a new era for championing disability rights - 26 February 2008, London

With the recent launch in October 2007 of the Equality and Human Rights Commission (EHRC), the Centre for Parliamentary Studies is hosting a series of Public Policy Exchange sessions dedicated to its establishment. These special events will provide an invaluable insight into the new Equality Body's responsibilities and functions and this event is the first in the series. For further details, please contact Parvin Madahar on 02078 781021 or email: parvin.madahar@publicpolicyexchange.co.uk

Click here for the flyer: **http://publicpolicyexchange.co.uk/events/080226_EHRC.php**

The Housing Magazine: Westminster Briefing: educational inclusion and opportunity for all: working in partnership to end the 'Not in Education, Employment or Training' generation – 28 February 2008, London

The growing problem of "NEETs", Not in Education, Employment or Training, is being described by some as the 'failing of a generation' and has prompted the government to launch a series of initiatives to reduce the number of young people educationally inactive or unemployed. For further information on any of the above, please call 020 7096 2948 or email: nick.rotsides@westminster-briefing.com . Exclusive Offer: 10% discount to readers

Click here for more information: **www.westminster-briefing.co.uk/inclusion.html**

Click here for booking form: **www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101242&grp=1**

Third National Scientific Conference UK Mental Health Research Network – 12, 13 & 14 March 2008, London

The conference will be multi-disciplinary, bridging basic and clinical science through to public health, and the focus will be to showcase high quality international research in mental health. For further information, please contact either Sandra O'Sullivan or Jemma Ayton on 02073 861237 or email: s.osullivan@imperial.ac.uk or j.reilly-ayton@imperial.ac.uk

Click here to view the programme: **www.mhrn.info/dnn/ScientifcConference2008/tabid/171/Default.aspx**

Dialectical Behaviour Therapy Training for Personality Disorder – 27 & 28 March 2008, Huntingdon

A two day skills training workshop organized by CSIP Eastern within the Regional Personality Disorder Programme in association with British Isles DBT Training. For further information, please contact Linda Williams on 01206 287542 or email: linda.williams@csip.org.uk

Click here for the flyer: **www.eastern.csip.org.uk/our-work/personality-disorder-services/personality-disorder-events.html**

'Making recovery happen' Training the trainers – 14 – 18 April 2008, St Andrews, Scotland

Working to Recovery Ltd is holding a 5 day residential workshop, which is designed to create capacity for recovery and enable services to utilize their skills towards making recovery happen. For further information, please call 01382 542517 or email: info@workingtorecovery.co.uk

Click here to view the flyer:

www.workingtorecovery.co.uk/LinkClick.aspx?link=Making+Recovery+Happen+April+2008.pdf&tabid=1038&mid=2435

A Welfare State fit for the 21st Century: the next steps to full employment – 3 June 2008, London

The government is searching for a welfare system that can meet the demands of modern society with its Green Paper "In work better off: next steps to full employment". With the report expected at the end of January 2008, which will outline the planned next steps, this event will offer a timely opportunity to address the key issues, and discuss and debate the future of the welfare state. For further information, please call 08456 660664 or email: enquiries@insidegovernment.co.uk

Click here for more details: http://insidegovernment.msgfocus.com/c/1uApyRLdzqTqu9

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Useful Resources

COVER e-bulletin, issue 87

This e-bulletin is a regular email briefing from the Community and Voluntary Forum: Eastern Region (COVER).

Click here to visit their website: www.cover-east.org/ **(then click on news & events)**

East Together newsletter winter 2007

East Together, the Eastern Region Partnership, has published their biannual newsletter.

Click here to access the newsletter: www.easttogether.org.uk/FileSystem/upfile/j00002/15.Together_Winter07_web.pdf

Care Brokerage newsletter Autumn/Winter 2007

The Cambridgeshire and Peterborough Care Brokerage is an impartial organisation offering independent link between health and social care employers and training providers with up to date information on training and funding.

Click here to access the newsletter:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100398&grp=1

Norfolk Voluntary Organisations' Learning and Skills Portfolio training bulletin

The Norfolk Voluntary Organisations' Learning and Skills Service offers help with analysing the training and development needs of individuals and voluntary and community organisations across Norfolk.

Click here to access the newsletter: www.norfolkportfolio.org.uk/digest.php

Report on the National Patient Choice Survey, England - July 2007

The DH has published its latest report on the National Patient Choice Survey. This report gives the final results of around 62,000 responses to the eighth national patient choice survey commissioned to assess the implementation of choice at PCT level.

Click here to access the press release and report: www.networks.nhs.uk/news.php?nid=1935

West Suffolk Older People's Panel 'Voice' Annual report for the Reference Group 2006/07

The West Suffolk Older People's Panel was set up in the Autumn of 2003, to improve health and social care consultation with older people. The project is funded by Suffolk West Primary Care Trust, West Suffolk Adult and Community Services and Age Concern Suffolk. The aim of the project was to obtain views and opinions from older people across West Suffolk which would then be used to influence provision of direct services.

Click here to access the report: www.eastern.csip.org.uk/our-work/older-persons-programme/older-persons-news.html

Guidance on Joint Strategic Needs Assessment

This guidance, which complements the statutory guidance Creating Strong, Safe and Prosperous Communities (currently out for consultation), provides tools for local partners undertaking JSNA. It describes the stages of the process, including stakeholder involvement, engaging with communities and recommendations on timing and linking with other strategic plans. It also contains a core dataset, and guidance on using JSNA to inform local commissioning, publishing and feedback.

Click here to access the report: www.eastern.csip.org.uk/commissioning-in-the-voluntary-third-sector-documents-and-presentations.html

Personalising support: the future for care services…now

- **National Centre for Independent Living**

  Campaigning for the rights and equality of disabled people, the National Centre for Independent Living (NCIL) is a national support, advice and consultancy organisation that aims to enable disabled people to be equal citizens with choice, control, rights and full economic, social and cultural lives.

  Click here to visit the NCIL website: www.ncil.org.uk
  This website is designed to be a resource on independent living, direct payments and individual budgets for disabled people and others working in the field who may find it useful.

- **Increasing the Uptake of Direct Payments**

  Direct payments were introduced in England in April 1997 following a long campaign by disabled people and their allies. With the current focus on redesigning the existing care system through individual budget pilots and 'in Control', direct payments are both the way to prepare the social care system for radical change, and an important component of the realisation of that change.

  Click below to learn more: http://kc.csip.org.uk/solutionset.php?grp=601

- **Individual Budgets Pilot Programme**

  This website explains what individual budgets are and tells you about the pilot programme. It will keep you up to date with what the Local Authorities involved in the pilot are doing and learning.

  Click below to enter the website: www.individualbudgets.csip.org.uk/

- **in Control Website**

  In Control aims to change the organisation of social care in England so that people who need support can take more control of their own lives and fulfill their role as full citizens.

  Click below to enter their website: www.in-control.org.uk/

- **Self-Directed Support Network**

  The Self-directed support network is a community of people who want disabled people, older people and their families to get more control over their support and services. It's a place where you can make connections with other people who are involved in changing service systems and practices, and get information to understand what these changes might mean for you, too.

  Click below to view these web pages: http://kc.csip.org.uk/groups.php?grp=36

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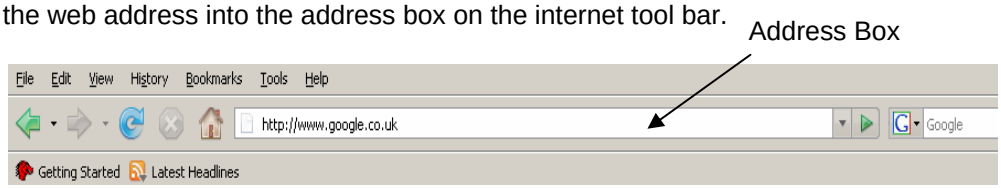
Please Note:

E-Bulletin, Issue 38

The next e-bulletin will now be sent out on 18 January 2008, when the e-bulletin will resume circulation bi-weekly. If you have any information or ideas for the bulletin please send to jayne.bulman@csip.org.uk by 11 January 2008.

Hyperlinks:

If you find the links do not work this may be because your computer is not compatible. Click on the internet and type the web address into the address box on the internet tool bar.



Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Commissioning – **Maurice Burns 07789 864212**
- Health and Social Care in Criminal Justice – **Rob Jayne & Amanda Hawkins 01206 287578**
- Learning and Improvement Networks – **Paul O'Halloran 01206 287594**
- Learning Disabilities (Valuing People Support Team, VPST) – **Simon Whitehead 01449 616187**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Rix 01206 287592**
- Older People and Physical Disabilities – **Angie Glew 07775 906892**
- Adult Social Care – **Amanda Reynolds 07775 631510**

To download a copy of our 2005/06 Mental Health Prospectus, click here

For access to our website click on the link: http://www.eastern.csip.org.uk/

Care Services Improvement Partnership CSIP

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list, contact:
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