



e-bulletin

Issue 36
7 December 2007



Welcome to our regular e-bulletin, which is circulated every fortnight. Thanks to everyone who has emailed with news stories, and comments and suggestions.

If you have any information or ideas for the Bulletin please contact [Jayne Bulman](#), at CSIP Eastern Development Centre – contact details later. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.



[Regional News](#); [National News](#); [Development Centre Update](#); [Events](#); [Useful Resources](#);



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Regional News

Action plan launched to tackle social exclusion in the East of England

An action plan to address major social issues such as poverty and the needs of an ageing population in the East of England was launched on 8 November 2007 by the East of England Regional Assembly (EERA).

The plan is part of the new Regional Social Strategy which has been produced to guide the work of councils, charities and other organisations in improving opportunities in life for people who may experience some form of disadvantage or discrimination. It analyses who is in need of most help and sets out what can be done to assist them.

Over 40 other organisations have pledged to undertake 68 actions over the next three years to help address the major challenges identified in the Regional Social Strategy. They include:

- Jobcentre Plus to help 91,000 people in the region to move from welfare into work by Spring 2008;
- Opportunities for over 100,000 people across the region to develop new skills or tackle barriers to work over the next six years through support from the European Social Fund.

The Regional Social Strategy and Action Plan can be accessed at: www.eera.gov.uk/socialstrategy

Organisations and individuals interested in finding out more about the Assembly's Regional Social Strategy and Action Plan, please contact Mark Proctor, Social Policy Officer, East of England Regional Assembly on 01284 729449 or email: mark.proctor@eera.gov.uk

 [Click here to read the press release: www.eera.gov.uk/News.asp?cat=38&id=SX89A6-A77FD616](http://www.eera.gov.uk/News.asp?cat=38&id=SX89A6-A77FD616)

Get involved and make a difference

Essex County Council's Adult's, Health and Community Wellbeing service are inviting people with a disability and their carers to help the council make sure the work that they undertake is developed and delivered in the way most appropriate to them. For further information, please contact Tomas Crow on 01245 434634 or email: thomas.crow@essexcc.gov.uk



Click here for the flyer and Expression of interest form: www.eastern.csip.org.uk/users-and-carers/involvement-news.html

Star ratings 2007 for adult social care announced

People whose councils provide or arrange their social care are benefiting from improved services for the fifth successive year.

Councils that improved this year demonstrated a greater focus on outcomes for people, including good intermediate care that avoids admission to hospital, support for carers, and homecare services that help people remain in their own homes.

Indicating a similar pattern to last year, the Performance Ratings for Adult Social Services in England 2007, published on 29 November 2007, shows that star ratings improved for 24 councils, but deteriorated for 15. While nine councils raised their game to achieve the top three-star rating in 2007 (for example in Essex and Hertfordshire), five that were awarded three stars last year have dropped to two stars. This drop reflects the need to maintain a high level of performance in order to keep the coveted three stars.

The report shows that the greatest improvements in performance are evident in the movement between one and two stars. Fifteen councils moved up to two stars in 2007 as a result of improved services, nine of which Commission for Social Care Inspection (CSCI) had deemed last year to be 'priority for improvement' councils.

CSCI will continue to work with these councils to ensure that the improvements are sustained. For more information for the Eastern region, please contact Amanda Reynolds, Regional Change Agent for Adult Health and Social Care on 07775 631510 or email: amanada.reynolds@csip.org.uk



Click here to view the press release: www.csci.org.uk/about_us/press_releases/council_social_care_services_i.aspx



Click here to view the report: www.csci.org.uk/pdf/star_ratings_2007.pdf

Would you complain? A video made by and for people with learning disabilities

Picture yourself in a café; you find a worm in your burger. Would you complain? Of course you would!

Picture yourself in your own home; your support worker is not listening to you or your needs. Would you complain?

Everyone has the right to complain, but it's not always easy and few people with learning disabilities do. Many people do not know that complaining can have a positive outcome. This is what a group of people with learning difficulties from Tower Hamlets set out to show in their new video complaints pack.

This pack includes a DVD and supporters notes which is designed for groups and it helps people, over several sessions, learn about complaints and explore what they feel about making them.

The group launched the DVD at Learning Disability Today on 31st October 2007. The group is going to use the proceeds from sales to carry on their work and make sure that more people know about complaining. For further information, please contact Inspired Services on 08000 430980 or email: sales@inspiredservices.org.uk



Click here for more details: www.inspiredservices.org.uk/wouldyoucomplain.html



Thinking about a career in Mental Health Nursing

Anglia Ruskin University Faculty of Health & Social Care has places on their Mental Health Degree and Diploma Nursing Courses starting March 2008.

If you would like to find out more or book in on one of our special interview days, please call 08452 713333 or email: admissions@anglia.ac.uk

Partners in Policymaking (Eastern Region) 2008 invite Applications for leadership development programme

Partners in Policymaking (Eastern Region) are an inclusive leadership development programme for family carers of disabled school-age children, and adults who have disabilities or mental health conditions. Applications are now invited for next year's course which is planned to run from April to December 2008.

The course consists of eight residential 2-day sessions, roughly one month apart, and offers participants the skills, knowledge, and confidence to advocate for themselves and others. It encourages participants to become actively involved in planning and developing the support services that they need, working in partnership with local service providers. The course is firmly based in the values of disability equality and social inclusion. For further details and application pack, please contact Jo Hough on 01279 833492 or email: Joanne@inclusionpartnership.org.uk or Christine Redshaw on 01992 632730 or email christine@inclusionpartnership.org.uk



Click here for Partners in Policy leaflet and booklets (Full Text and Easy-Read Versions):

www.eastern.csip.org.uk/users-and-carers/involvement-events.html

North Essex Partnership NHS Foundation Trust: Support for parents now available online

A new website for parents of children who have behavioural problems has been launched at www.nepft.nhs.uk/parenting/index.asp.

This site is run by the North Essex Partnership NHS Foundation Trust and it lists a range of support for parents from one to one session with a specialist to group support programmes. Topics covered include self harm, aggressive and anti-social behaviour, understanding teenagers and conditions such as attention deficit disorder.



Click here to read the press release: www.nepft.nhs.uk/read_latest.asp?id=158

Healthy Arts Project

The Healthy Arts project is Big Lottery Funded to cover Essex, Southend and Thurrock. Currently Disability Essex uses two vehicles, one of which has been extensively modified to serve as a mobile diagnostic centre. Their Project Manager, Caroline Carpenter Registered General Nurse, has visited many locations ranging from supermarkets to travellers sites; Parish Halls to Town Centres; Clubs for Disabled People and Day Centres. Their target of 2,400 blood pressure tests per year will be exceeded, if current demand continues, by February 2008. The service is not just blood pressure measurements, but includes lifestyle advice and the support of our Healthy Arts advisors. The advisors encourage and guide disabled people to cultural, arts, or crafts activities which, in turn, raise self esteem and health levels.

The project is currently in negotiation with the Essex Rheumatology Trust, ASET (The Medical Equipment Charity) and Southend University Hospital NHS Trust to add a third vehicle to the fleet. This will be fitted with a hospital standard examination couch, plus a state-of-the-art Ultrasound scanner, and wireless (WiFi) Information Technology links. Assessment and post-treatment review of muscular/skeletal issues, and osteoporosis support, will be provided as an outreach service in conjunction with the Healthy Arts project. For further information please contact Disability Essex on 08444 121771.



Click here to visit their website: www.disabilityessex.org

Innovative garden project at South Essex Partnership NHS Foundation Trust home wins national award

A unique and innovative garden project at an assessment and treatment facility for people with a learning disability won the prestigious Building Better Healthcare Award for Best Landscape Design.

The project at Keats House, Heath Close, Billericay, was undertaken to transform an unutilised space into a haven of peace and tranquillity augmented by an adjoining summer room at the premises owned and run by South Essex Partnership NHS Foundation Trust (SEPT).

The Trust received a £30,000 grant from The Kings Fund, via its Enhancing the Healing Environment (EHE) programme towards the cost of the garden. The Kings Fund is an independent charitable foundation working for better health, which explores ways in which healthcare environments can be improved by the use of colour light, art and design to benefit patients, visitors and staff.



Click here to read the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101084&grp=1

Workwise Suffolk's Shirley Shelley cleans up for award

An Ipswich-based cleaning firm has become the latest recipient of an award which seeks to recognise excellence in staff wellbeing.

Balancing employment with home life, being considerate to individuals' needs and going the extra mile to make staff feel valued have earned Shirley Shelley Contract Cleaning a award from the Suffolk-based mental health charity Workwise.

Shirley Shelley, who runs her company with her daughter Petra and son Mark, takes care to conduct a needs assessment of each employee, to make sure that she finds places for them to work which are close to their homes and in shifts which fit in with their family lives. She builds in incentives, often takes staff to theatre shows or days out. If they're having a difficult issue to deal with away from work, they are given time away to sort it out.



Click here to read the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101086&grp=1

3,600 back Suffolk Mental Health Partnership NHS Trust mental wellbeing

More than 3,600 people in Suffolk have signed up to become a member of the county's first NHS Foundation Trust since the campaign was launched five months ago.

As a member, they will be able to influence NHS services for people with mental health or substance misuse problems and people with learning disabilities – as well as having a say in initiatives to promote wellbeing for everyone. To join as a member, visit www.newmember.info, or call 0870 707 1647 or email: smhp@nhs-membership.co.uk



Click here to read the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101091&grp=1

James Woolnough from Suffolk Mental Health Partnership NHS Trust is here to listen

An advice and signposting service for people wanting information about mental health, substance misuse and learning disability services in Suffolk and Thetford has now started.

"We're just here to listen and help anyone who wants to know about the healthcare services we provide," said James Woolnough, Patient Advice and Liaison Service (PALS) officer at Suffolk Mental Health Partnership NHS Trust.



Click here to read the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101106&grp=1

Hatfield's low stress Christmas

On Saturday 1 December 2007 shoppers at The Galleria in Hatfield were invited to cut their personal stress levels.

The weeks before Christmas can be exhausting and stressful, but this one-day event was dedicated to helping reduce the hassle. Throughout the day there were advice and practical help on staying happy and healthy at this time of year.

The Hertfordshire Partnership NHS Foundation Trust was one of the sponsors for the event, which offered the chance to meet TV and radio health expert Liz Tucker, to have a free blood pressure check, to receive a complimentary shoulder massage, find information on local services and become a member of the Trust. Any Hertfordshire resident aged over 14 who signed up as a member of the Hertfordshire Partnership NHS Foundation Trust was entered for a prize draw for some fantastic prizes.

 **Click here to visit the Trust website:** www.hertspartsft.nhs.uk



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National News

National Mental Health Legislation Programme recruiting a service user member

CSIP has been commissioned by the Department of Health to support the implementation of the Mental Health Act 2007. They are committed to ensuring that service users are given good quality, easily accessible and understandable information about mental health law and are involved as an integral part of this programme.

This is an opportunity to join an established team for up to two days a month and will include:

- Responding to requests for comments upon the development of the programme
- Attendance at meetings to decide the direction of the work programme
- Practical help with developing information resources
- Supporting the development training materials and training events.

For further information, please email Bernie O'Hare at bernie.o'hare@csip.org.uk. Closing date for application is before 31 December 2007.

 **Click here for more details:** www.eastern.csip.org.uk/users-and-carers/involvement-news.html

The future for lifelong learning: a national strategy - a call for evidence on adult learning and demographic change

The National Institute of Adult Continuing Education (NIACE) has agreed to establish and support a commission in order to identify best practice in the UK and internationally across each of the key arenas in which adult learning makes a significant contribution, to identify the values, principles and practical steps needed to give life to life-long and life-wide learning for all communities of the UK.

As part of this work, the Commission of Inquiry will be issuing a number of calls for evidence on particular themes. At present we are calling for evidence on adult learning and demographic change. Interested individuals and organisations are invited to submit written evidence to the Commission. The closing date for evidence is 18 December 2007. Evidence should be submitted to lifelonglearninginquiry@niace.org.uk

 **Click here for more details:** www.niace.org.uk/lifelonglearninginquiry/Evidence-demography.htm

New Deal for Carers: Interim report on National Carers Strategy

This programme of work was a commitment in Department of Health's 2006 White Paper 'Our Health, Our Care, Our Say'. It includes a revision of the Prime Minister's 1999 Carers Strategy, setting up a help/advice line, provision of cover in emergencies and an expert carers programme.

The strategy covers the whole area of government responsibilities where these impact on carers, and is being reviewed as a partnership between a number of government departments. Four work streams and associated task forces will be established covering income, employment, health and social services and equalities (including equality of opportunity).

This interim report includes the full analysis of the regional events, ideas tree data and corporate responses.



Click here to view the report:

www.dh.gov.uk/en/Policyandguidance/SocialCare/Deliveringadultsocialcare/Carers/NewDealforCarers/DH_075478 **OR**
for other information on New Deal for Carers visit:

www.dh.gov.uk/en/Policyandguidance/SocialCare/Deliveringadultsocialcare/Carers/NewDealforCarers/index.htm

Health and Social Care Bill published

A new Health and Social Care Bill to enhance patient safety and improve public health has been published by Health Minister Ben Bradshaw. The Health and Social Care Bill also has a key role in helping families tackle childhood obesity and protecting public health.



Click here to read the press release: www.networks.nhs.uk/news.php?nid=1894

Shift Independent Review Panel (Mental health information for employers)

Sainsbury Centre for Mental Health initiatives is designed to improve the quality and impact of materials/resources and is designed to help employers to promote mental health and/or manage mental ill health in the workplace.

In order to help organisations or individuals who are developing or trying to make such resources more widely available, the Shift campaign has asked the Sainsbury Centre to coordinate an Independent Review Panel which will advise on draft materials in development or review finished products against a common, published set of criteria. The service is free, confidential, and submission is entirely voluntary. The reviews of finished products will be published on the Shift website only with the permission of the producers.

The Panel will give priority to advising on materials in development so as not to delay publication. Submission of finished products gives producers the added credibility of a published expert review and free publicity. It will also help producers in decision making about future improvements and new editions. Given that reviews will only be published with the producer's permission and that where a review is not published the submission will remain confidential, there is no risk to the organisation concerned.

For further information about the Review Panel, the process and a short questionnaire to give them some basic information about the materials you would like to submit, please email Jenni Bacon at jenni.bacon@scmh.org.uk



Click here for more information: www.shift.org.uk/employment/shifts-independent-review-panel.html

Mindful Employer

Mindful Employer is facilitated by Workways and provides information, advice and practical support for people whose mental health affects their ability to find or remain in employment, training, education and voluntary work. Workways is run and managed by Devon Partnership NHS Trust, in conjunction with the National Institute for Mental Health in England (which is part of CSIP). They are involved in addressing employment-related social inclusion issues of people with mental health problems on local, regional and national levels. For more information please follow the link www.mindfulemployer.net

New Line Managers resource

Following on from the Action on Stigma initiative launched in 2006, colleagues at SHIFT have updated the popular Line Managers' resource which was originally published a few years ago by the Mind Out for Mental Health Campaign. For a free hard copy email: employment@csip.org.uk with your postal address.



Click here to access the resource: www.eastern.csip.org.uk/users-and-carers/involvement-news.html

The assessment of pain in older people

The British Pain Society has worked with the British Geriatrics Society and the Royal College of Physicians to produce new concise guidance on 'The assessment of pain in older people'. The guidelines have been developed to provide recommendations in simple and clear terms for assessing pain in all older people and several types of scales that can be photocopied and used to assist in assessments, to monitor progress and evaluate the effect of treatment.



Click here to access the guidance: www.networks.nhs.uk/news.php?nid=1892

Conference to tackle exclusion of young Gypsies and Travellers

Ormiston Children and Families Trust is organising 'Travelling towards Inclusion 2008' which will tackle the social exclusion of gypsy and traveller children and young people through participation and innovative practice. The event is taking place on 31 January 2008 in London and follows on from the highly successful conference held in 2007.

Children and young people from gypsy and travelling communities are among those most marginalised by service providers and policy makers alike. 'Travelling towards Inclusion 2008' is aimed at policy makers and practitioners and will focus on tackling social exclusion of young gypsies and travellers and sharing learning from pioneering programmes of work. Ormiston anticipate that this conference will be another thought-provoking day with young gypsies and travellers once again playing a key part.

See 'Events' section for more details on Travelling towards Inclusion 2008 conference.



Click here to read the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101154&grp=1

Changes to prison escort and bedwatch arrangements

The Department of Health has announced details of the transfer of funding for prison escort and bedwatch arrangements from Her Majesty Prison Service to Primary Care Trusts, which will take place in April 2008.



Click here for more details: www.networks.nhs.uk/news.php?nid=1890



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CSIP Eastern Development Centre Update

National Programme for Third Sector Commissioning

Earlier in the Year, the Office of the Third Sector funded Improvement and Development Agency for local government (IDeA) to run a Programme aimed at developing public service delivery from voluntary organisations and Social Enterprise. The programme will compliment CSIP Eastern's work on this topic with health and social care commissioners and Third Sector service providers in the East of England.

The Programme is part of the Governments Partnership in Public Services an action plan for third sector involvement launched in December 2006. The Programme started in June 2007. The objective of the Programme is to succeed in the delivery of the following three interconnecting strands of work

- The training of 2,000 commissioners over the period from January 2008 to March 2009.
- Winning the hearts and minds of the central and local government and PCT commissioners
- Improving the capacity of the small medium sized community based third sector organisations

The Programme has a budget of £2.2million for the period from 1 June 2007 to 31 May 2009 and employs a Programme Director, Sarah Wood, Programme Manager, Gordon Murray and Programme Coordinator, Siobhan Carroll. Sarah Wood seeks your views on the outline of the programme. Please email: sarah.wood@idea.gov.uk. As well as contacting IDeA, the Commissioning Team at the CSIP Eastern Development Centre would welcome your responses, please email ian.hartley@csip.org.uk

 Click here for more details: www.eastern.csip.org.uk/third.sector.coms.news.html

Communities work: a specialist trailblazer programme – applications packs available & new course dates

Due to small numbers of applicants, the November dates have been postponed. The Course will now commence on 10 & 11 January 2008. Register today for this great opportunity to develop your project and make an impact in your community!

CSIP Eastern Development Centre is pleased to be able to run the Communities Work Trailblazer programme. This exciting programme, based on the prestigious Trailblazers course, will explore innovative ways of using education and training to develop partnership working between community led groups and the voluntary or statutory sectors of health and social care. The main criteria for participation is that each pair should be able to commit to developing and writing up a project which promotes closer working between their organisations and better outcomes for the community.

The successful applicants will be expected to attend all 3 meetings and provide a project write up during the course of the programme. The modules will be held on 10 & 11 January 2008, 19 & 20 March 2008 and 5 & 6 June 2008. Final submission of interest and/or applications forms must be received by no later than 20 December 2007. Please do not hesitate to call to discussion these opportunities.

For further information and to discuss a place on the programme, please contact Debbie Roberts on 07920 297194 or email: debbie.roberts@csip.org.uk or Ray Baird on 07779 280559 or email: ray.baird@csip.org.uk

 Click here to view the flyer & application form: www.eastern.csip.org.uk/events/trailblazer-programme-courses.html



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Events

North Essex Partnership NHS Foundation Trust's Council of Governors meeting in public – 12 December 2007, Chelmsford

The North Essex Partnership NHS Foundation Trust's Council of Governors is holding a meeting in public. Topics being considered at the meeting include a presentation of carers' perspectives of mental health services. For further information, please contact Giena Sumner on 01245 546406.

Click here for the press release: www.nepft.nhs.uk/read_latest.asp?id=159

Working Together Forum – 14 December 2007, Cambridge

Working Together has been established as an informal network. The quarterly forums are for sharing information particularly about new developments and about innovative practice in Mental Health. For further information, please contact Judy Dean on 01223 218738 or email: judy.dean@cambsmh.nhs.uk or Jeremy Symes, 01223 532283 or email: jsymes@camre.ac.uk



Click here for the flyer: www.eastern.csip.org.uk/events/events/noncsip-national--regional-events-of-interest.html

Maldon Forum: Direct Payments – 9 January 2008, Maldon

The focus of this forum is direct payments and the launch of the Wilby Campaign on dogs and mental health. For further information, please contact Christine McDonald on 08450 906378 or email: christine.mcdonald@nest-network.co.uk

Recognising & managing mental health issues - 15 January 2008, London

Non-medical training for Human Resource personnel and managers that focuses on "what to do", not "what is wrong", when colleagues show signs that may be a mental health issue. For further information please contact Andrew Buckley on 01263 862286 or email: info@kipepeo.co.uk



Click here for more details: www.kipepeo.co.uk

Building Family Capital: opening up the debate, work with parents, carers and families conference – 17 – 18 January 2008, Leicester

The family is centre stage of many current policy agendas and this is an exciting time to expand our understanding about the wider benefits of learning as a family and in a family and how we can capture and define these benefits in a meaningful way to influence policy, research and practice. For further information, please contact Gurjit Kaur on 01162 042833; e-mail: gurjit.kaur@niace.org.uk



Click here for the programme and registration form: www.niace.org.uk/Conferences/familycapital.htm

Ormiston Consultancy: Travelling towards Inclusion 2008 - 31 January 2008, London

Ormiston Consultancy Services explore a range of issues related to marginalised and hard-to-reach communities such as travellers and present valuable opportunities to share good practice and develop new networks. This event will look at what has been achieved in tackling the social exclusion of Gypsy and Traveller children and young people. For further information, please call 01223 418009 or email: conferences@ormiston.org



Click here for the flyer: www.ormiston.org/consultancy/opus421.html

Schema Therapy for Personality Disorder – 4 February 2008, Cambridge

CSIP Eastern Personality Disorder programme is delighted to announce a special conference on "Schema Therapy for Personality Disorder" with Jeff Young and International experts from Europe. This event has been organised specifically for people who work in the field of personality disorder in the Eastern region.

There will be an opportunity by invitation only for limited numbers of staff who have the backing of their organisation to attend follow up workshops led by Jeff on the 5 and 6 February For more information, please contact Linda Williams at linda.williams@csip.org.uk or fiona.mcmillan-shields@csip.org.uk



Click here for the Registration form: www.eastern.csip.org.uk/our-work/personality-disorder-services/personality-disorder-events.html

Service user involvement & empowerment in mental health – 14 February 2008, London

The conference includes two interactive workshop sessions on increasing diversity in service user involvement and enabling people to fulfil their aspirations and improve outcomes. For further information, please contact Healthcare Events on 02085 411399 or email: jayne@healthcare-events.co.uk



Click here for the programme: www.healthcare-events.co.uk/conf/booking.php?action=home&id=84

Regional Expert by Experience User & Carer Conference – 21 February 2008, Ipswich

This one day conference hosted by CSIP Eastern Expert by Experience programme is for people with current or past experience with mental health services and for carers. Topics will include Mental Health Act, Reclaiming Recovery, valuing involvement, Direct Payments and much more. For further information, please contact Jayne Bulman on 01206 287587 or email: jayne.bulman@csip.org.uk



Click here for the flyer, programme & registration form: www.eastern.csip.org.uk/users-and-carers/involvement-events.html

User Network in Thurrock, Essex & Southend: Drug & Alcohol Service Conference – 21 February 2008, Chelmsford

All Service Users, their family or carers are invited to User Network in Thurrock, Essex & Southend (UNITES) Essex wide conference. For further information, please call 01206 544279



Click here for more details: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101083&grp=1

Third National Scientific Conference UK Mental Health Research Network – 12, 13 & 14 March 2008, London

The conference will be multi-disciplinary, bridging basic and clinical science through to public health, and the focus will be to showcase high quality international research in mental health. For further information, please contact either Sandra O'Sullivan or Jemma Ayton on 02073 861237 or email: s.osullivan@imperial.ac.uk or j.reilly-ayton@imperial.ac.uk



Click here to view the programme: www.mhrn.info/dnn/ScientificConference2008/tabid/171/Default.aspx



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Useful Resources

NIACE/NIMHE (CSIP)/Learning and Skills Council Partnership Project 'one in four' newsletter

You can now view the latest NIACE/NIMHE (part of CSIP)/LSC Partnership Project newsletter, which promotes and improve access to learning and skills for people experiencing mental health difficulties.

 Click here to access the newsletter: www.niace.org.uk/mentalhealth/newsletter.htm

Mental Health & Social Care current awareness newsletter No. 134

You can now view the latest newsletter from the Clinical Resource Centre & Library at West Suffolk Hospitals NHS Trust. This service is checking selected internet sites for reports and news items of interest to staff working in the Mental Health and Health & Social Care Sectors.

 Click here to access the newsletter: www.wsh.nhs.uk/Library/MentalHealthBulletins/

Harlow Forum report

You can now access the report of the Harlow Forum held on 3 October 2007.

There will be no Harlow Forum in December. For further information please contact Nest on 08450 906378.

 Click here to access the report: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101135&grp=1

Maldon Forum report: 'Well-being'

You can now access the report of the Maldon Forum held on 14 November 2007.

The Next Maldon Forum will be on 9 January 2007. For further information please contact Nest on 08450 906378.

 Click here to access the report: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101136&grp=1

Personalising support: the future for care services...now

- **National Centre for Independent Living**

Campaigning for the rights and equality of disabled people, the National Centre for Independent Living (NCIL) is a national support, advice and consultancy organisation that aims to enable disabled people to be equal citizens with choice, control, rights and full economic, social and cultural lives.

 Click here to visit the NCIL website: www.ncil.org.uk

This website is designed to be a resource on independent living, direct payments and individual budgets for disabled people and others working in the field who may find it useful.

- **Increasing the Uptake of Direct Payments**

Direct payments were introduced in England in April 1997 following a long campaign by disabled people and their allies. With the current focus on redesigning the existing care system through individual budget pilots and 'in Control', direct payments are both the way to prepare the social care system for radical change, and an important component of the realisation of that change.

 Click below to learn more: <http://kc.csip.org.uk/solutionset.php?grp=601>

- **Individual Budgets Pilot Programme**

This website explains what individual budgets are and tells you about the pilot programme. It will keep you up to date with what the Local Authorities involved in the pilot are doing and learning.

 Click below to enter the website: www.individualbudgets.csip.org.uk/

- **in Control Website**

In Control aims to change the organisation of social care in England so that people who need support can take more control of their own lives and fulfill their role as full citizens.

 Click below to enter their website: www.in-control.org.uk/

- **Self-Directed Support Network**

The Self-directed support network is a community of people who want disabled people, older people and their families to get more control over their support and services. It's a place where you can make connections with other people who are involved in changing service systems and practices, and get information to understand what these changes might mean for you, too.

 Click below to view these web pages: <http://kc.csip.org.uk/groups.php?grp=36>

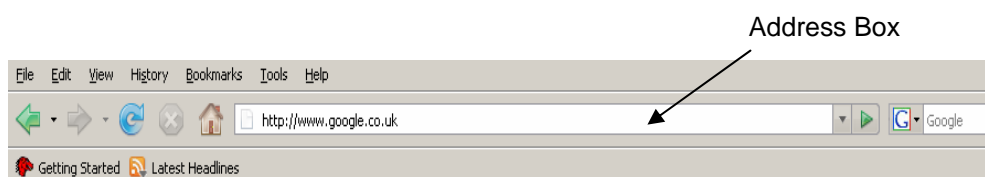


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Please Note:

Hyperlinks:

If you find the links do not work this may be because your computer is not compatible. Click on the internet and type the web address into the address box on the internet tool bar.



Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Commissioning – **Maurice Burns 07789 864212**
- Health and Social Care in Criminal Justice – **Rob Jayne & Amanda Hawkins 01206 287578**
- Learning and Improvement Networks – **Paul O'Halloran 01206 287594**
- Learning Disabilities (Valuing People Support Team, VPST) – **Simon Whitehead 01449 616187**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Rix 01206 287592**
- Older People and Physical Disabilities – **Angie Glew 07775 906892**
- Adult Social Care – **Amanda Reynolds 07775 631510**

 [To download a copy of our 2005/06 Mental Health Prospectus, click here](#)

 For access to our website click on the link: <http://www.eastern.csip.org.uk/>



Care Services Improvement Partnership 

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list, contact:

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