

e-bulletin

Issue 35
23 November 2007



Welcome to our regular e-bulletin, which is circulated every fortnight. Thanks to everyone who has emailed with news stories, and comments and suggestions.

If you have any information or ideas for the Bulletin please contact [Jayne Bulman](#), at CSIP Eastern Development Centre – contact details later. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

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Regional News

Health and Social Care Awards 2008

The Health and Social Care Awards 2008 is an annual flagship event for the Department of Health and is run in partnership with the National Health Service (NHS) Institute for Innovation and Improvement and with Strategic Health Authorities. These ceremonies are particularly special this year due to the sixtieth anniversary of the NHS, where the awards will have a brand new look to reflect the contemporary environment of health and social care.

These awards present an unparalleled opportunity to showcase the best examples of innovation and excellence that people throughout the NHS, social services, the voluntary, charity and independent sectors have to offer in the NHS and Social Care in the East of England. The Award categories for this year are wide ranging and reflect the many different ways in which people can contribute to excellence in health and social care, not only in service provision but also through commissioning and innovative ways of working.

Building on the great success that the National Programme received in 2006, the Regional tier within the National framework is being re-introduced within the National framework. The regional awards ceremony will be held on 29 April 2008 at Quendon Hall in North Essex and the regional winners will be put forward to the national awards ceremony on 1 July 2008 at Wembley.

The Regional Health and Social Care Awards provide a superb opportunity to highlight and celebrate excellence and innovation across health and social care in the East of England. These high profile Awards offer teams exposure and recognition for their achievements across the East of England and nationally, and enable the sharing of ideas for the wider benefit of patients, service users and staff, as well as encouraging examples of strong partnership working across the voluntary, charity and independent sectors. The closing date for submitting award applications is 8 February 2008.



Click here for more details: www.institute.nhs.uk/HSCA/eastofengland/ or www.healthandsocialcareawards.org



Early Intervention in Psychosis appoints Children & Adolescent Mental Health Services focused workers

North Essex Partnership Foundation Trust Early Interventions in Psychosis service has appointed 3 care co-ordinators to work specifically with 14-17 year olds. The co-ordinators, Sue Downer in the East, Sian Reeves in the West and Eve Pugh, Central, are now in post. They have an open referral system and work closely with voluntary and statutory agencies. If anyone is interested in this area of work and would like to link in with the care co-ordinators or share their experiences, please contact sue.downer@nepft.nhs.uk

More than a career case study: Master of Science Child & Adolescent Mental Health at Anglia Ruskin University

Laura Stancevic is currently studying for an MSc in Child & Adolescent Mental Health at Anglia Ruskin University and she talks about her experiences. Laura enjoyed studying the Masters Degree even though at times it presented demanding challenges, balancing work, University and home life, but she persevered and acquired new skills and knowledge from a variety of modules, enhancing skills in communication and working with others.

Modules highlighted problems that children and adolescents may experience and suitable interventions. This knowledge was enhanced by awareness of child and adolescent development, to help diagnose child and adolescent mental health problems, and resources and services that may support children and families. A twelve week Foundation, Knowledge and Skills Module prior to the course set the scene of Children and Adolescent Mental Health Services in order to engage in issues addressed in the Masters of Science (MSc) in more depth.

Faculty of Health & Social Care Anglia Ruskin University runs both the Bachelor of Science & MSc in Child and Adolescent Mental Health. To find out more call 08452 713333 or email answers@anglia.ac.uk



Click here to read the case study:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101078&grp=1

NEST & SUNRiSE: Mental health service user involvement in commissioning - commissioning intentions consultation document

In July 2007, Mental Health Commissioners and representatives of North Essex Stronger Together (NEST) and Service User Network Representatives in South Essex (SUNRISE) attended a 'Visioning Workshop' related to service user involvement in mental health developments in Essex. The aim of the workshop was to appraise commissioning objectives and challenge current thinking in order to guide the commissioning of future services to support service user involvement and empowerment.

This consultation document sets out commissioning intentions in reviewing service user and carer involvement across Essex, including Southend and Thurrock.

The overarching aim is to broaden and strengthen service user involvement in commissioning processes and to facilitate more service user led services, self help and self directed activities.

Commissioners have identified key areas as priorities for development and it is proposed that these form the basis of a model that will be worked up into a more detailed specification. In addition consideration is needed to be given to the developing national picture with the changes to the Patient and Public Involvement and the requirement to establish large scale Local Involvement Networks (LINKs). Please send your comments by 14 December 2007 to Caroline Robinson at caroline.robinson@essexcc.gov.uk or to Mark Tebbs Mark.Tebbs@swessexpct.nhs.uk



Click here to view the document:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101058&grp=1



Workwise Suffolk: shoppers - try something different this Christmas!

Christmas shoppers in Bury St Edmunds are invited to try something new and visit the new town centre shop selling arts, crafts and furnishings. Workwise sells a combination of high-quality goods made by the charity's trainees at its workshops in Chamberlayne Road, Moreton Hall, and items made by arts and crafts people, mostly from Suffolk.

Although proceeds go to the Bury St Edmunds based mental health charity Workwise, Cavern 4 in Whiting Street bucks the trend when it comes to charity shops. Workwise provides specialist and vocational training to help people who are overcoming mental illness gain the skills they need to be able to get a job. The shop has managed to attract craftspeople who, as soon as they saw the high quality of the trainees' work, wanted to sell their own pieces alongside them. They include jewellers, ceramicists, painters and photographers. Come and have a look!



Click here to read the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101071&grp=1

Open Road stars of 'Lottery Millions' on ITV1 need your vote

Open Road Clacton has been short listed as a potential recipient of Lottery Funding. Open Road is a Tier 2 service, offering counselling, family support, help with getting back to work and holistic therapy for people with drug and alcohol problems. Funds acquired will be used for extensive building renewal which will include underpinning the main building and an extension which will provide more and better facilities.

Staff and service users will be filmed and interviewed on 20 November 2007 and the programme will be televised on 26 November 2007 at 6.00pm on ITV 1.

The success of their application will depend on a public vote during the programme "Lottery Millions". Phone lines will be open until midnight on 26 November 2007 and calls cost 10 pence.



Click here for Open Road's website: www.openroad.org.uk/index.htm

Suffolk Mental Health Partnership NHS Trust: backing for plan to develop mental health hospital wards

A plan for six new hospital wards for people with mental health problems in Suffolk has today received approval from the NHS East of England Strategic Health Authority Board to go through to the final stage of the NHS process.

The plan relocates four wards to purpose-built and refurbished accommodation on the Ipswich Hospital site, as well as building a new low-secure ward on the St Clement's site, Ipswich, and refurbishes one of the wards in the Trust's Wedgwood House, on the West Suffolk Hospital site in Bury St Edmunds. Having discussed the Trust's proposal, the Board of the NHS East of England Strategic Health Authority has given the green light for Suffolk Mental Health Partnership NHS Trust to move forward.



Click here to read the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101079&grp=1

'Living in the Present' by William Fairbank

William Fairbank of Norfolk has just completed a montage for his proposed new film called 'Living in the Present'. It is 18 minutes long and William is offering to send this montage film out to you free of charge.

William Fairbank received a severe head injury in a Road Traffic Accident in 1987. He has participated on film and radio programmes, centred on brain injury, and this has left him with the question as to whether or not the makers really had any idea what it was like to actually live within a brain-bashed state like William has been living with. The root of the proposed new film 'Living in the Present' is techniques William learnt at Art College. For example, he was taught to question the root fundamentals and then interpret them in such a way as they could be communicated out in a painting or sculpture or film. This film will be a teaching tool. For more details and to see the endorsements, please visit www.williamfairbank.com



Click here to read the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101072&grp=1

Involving Service Users November 2007 opportunities

Involving Service Users (ISU) is an independent service user led consultation and involvement organisation funded by Norfolk Social Services and Norfolk Primary Care Trust. Whilst funded by the health and social services sector, ISU sits in the voluntary sector which ensures ISU is an independent voice for service user views.

There is a range of ways to become involved with ISU's work and they produce a monthly list of opportunities available for Service User Involvement in relation to Mental Health Services in Norfolk. For further information, please contact ISU on 01603 763444 or email: info@isu-norfolk.org

 **Click here to view the opportunities available:** www.isu-norfolk.org/opportunity.htm



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National News

The Princess Royal Trust for Carers

With the festive season fast approaching, ITV's This Morning is working with The Princess Royal Trust for Carers to make carers the focus of their Christmas appeal. The 'Care for Carers Christmas Appeal' will run from 19 November 2007 – 14 December 2007 on ITV1. The aim is to raise money and awareness for the millions of carers across the UK.

 **Click here to visit This Mornings website:** www.itv.com/thismorning/

Stand to reason: social justice in mental health

On 14 November 2007, the Guardian Society ran a big print and online package on mental health and the workplace including an interview with Jonathan Naess, Director of Stand to Reason. The Guardian Society has published 'Tackling the mental health taboo', a cover story and an audio package online with interviews with eight members of Stand to Reason as well as a blog on the Guardian website, where some of the people who were interviewed took part. The blog was a great opportunity for campaigners and individuals with an interest in the issue of workplace discrimination to get on and have their say.

"Ask people if it is acceptable for employers to discriminate against someone on the grounds of race, religion, sexual orientation or disability and the answer is likely to be an outraged "absolutely not". Ask the same question about someone with a mental illness however and the moral certainty tends to disappear.

Jonathan Naess, founder of the new anti-stigma charity, Stand to Reason, wants to change all that. He and others involved with the charity are "coming out" as mentally ill to say "enough is enough". They are calling time on people with mental illness being seen as somehow incapable of leading a productive working life. Using their own successful careers to illustrate their point, they have decided to take on the ignorance surrounding mental health - particularly among employers - by educating bosses about changing recruitment practices and on how to create a better work environment to get the best from all staff." Mary O'Hara.

 **Click here to read the press release:**
http://blogs.guardian.co.uk/joepublic/2007/11/tackling_the_mental_health_tab.html

Urgent care pathways for older people with complex needs

The Department of Health has published a practical ambulance service and Accident and Emergency urgent care pathway for older people with complex needs caused by falls, confusional states or hip fracture. It identifies best clinical practice in these three areas and constructs a clear and auditable clinical care pathway.

 **Click here for more information:** www.networks.nhs.uk/news.php?nid=1889

Services for people with learning disability and challenging behaviour or mental health needs

'Services for people with learning disabilities and challenging behaviour/mental health needs' is an updated version of the guidance originally produced by Professor Mansell and his project team in 1993. This good practice guidance sets out the actions that should be taken in order to effectively meet the needs of people with challenging behaviour. The guidance contained in this document supports the agenda set out in 'Valuing People' (2001) and the focus on personalisation and prevention in social care.

 **Click here for more information:** www.networks.nhs.uk/news.php?nid=1888

Government announces funding for Children and Adolescent Mental Health Services

Health Minister Ivan Lewis has announced £31 million funding to increase bed capacity and improve facilities in Children and Adolescent Mental Health Services across the country. The funding has been split between 17 projects designed to help eliminate the inappropriate use of adult psychiatric wards for children and young people by increasing bed capacity and refurbishing facilities.

The announcement is part of the Governments continuing commitment to improve Children and Adolescent Mental Health Services (CAMHS), ensuring that by November 2008 no child under 16 will be treated on an adult mental health ward. Ministers have also pledged to significantly reduce the number of 16-18 year olds on adult wards.

 **Click here for more information:** www.networks.nhs.uk/news.php?nid=1887

Launch on innovation network for commissioning socially inclusive outcomes for people with mental health problems

The National Social Inclusion Programme (NSIP) is launching an innovation network aimed at commissioners. They would like to identify commissioners in Local Authorities and the NHS who would like support in tackling social exclusion for people with mental health difficulties. NSIP are also establishing linked innovation networks for practitioners and for academic institutions. The aim is to bring people and organisations together to share research opportunities and disseminate learning. For more information, please contact David Gardner, Commissioning Lead, NSIP on 07785 387703 or email: david.gardner@londondevelopmentcentre.org

 **Click here to join the Innovation Network:** www.socialinclusion.org.uk/cross_cutting/index.php?subid=95



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CSIP Eastern Development Centre Update

Colin McAllister, a new young talent, first art exhibition

A new young talent Colin McAllister, announces his first exhibition at Frisson Gallery, Canterbury on 16 November 2007, which will be displayed for 2 weeks. Colin is a young artist who has produced a series of artworks for the CSIP Eastern Whole Life programme.

Colin McAllister's style is a mix of true life and fantasy, depicting thoughts about everyday life in a jumble of cartoon-like pictures. His work is bound to relate to everyone. The exhibition will be held at Frisson Gallery, 2 Palace St, King's Mile, Canterbury CT1 2DY

 Click here for gallery details: http://frissongallery.co.uk/?page_id=44

Communities work: a specialist trailblazer programme – applications packs available & new dates

Due to small numbers of applicants, the November dates have been postponed. The Course will now commence on 10 & 11 January 2008. Register today for this great opportunity to develop your project and make an impact in your community!

CSIP Eastern Development Centre is pleased to be able to run the Communities Work Trailblazer programme. This exciting programme, based on the prestigious Trailblazers course, will explore innovative ways of using education and training to develop partnership working between community led groups and the voluntary or statutory sectors of health and social care. The main criteria for participation is that each pair should be able to commit to developing and writing up a project which promotes closer working between their organisations and better outcomes for the community.

The successful applicants will be expected to attend all 3 meetings and provide a project write up during the course of the programme. The modules will be held on 10 & 11 January 2008, 19 & 20 March 2008 and 5 & 6 June 2008. Final submission of interest and/or applications forms must be received by no later than 20 December 2007. Please do not hesitate to call to discuss these opportunities.

For further information and to discuss a place on the programme, please contact Debbie Roberts on 07920 297194 or email: debbie.roberts@csip.org.uk or Ray Baird on 07779 280559 or email: ray.baird@csip.org.uk

 Click here to view the flyer & application form: www.eastern.csip.org.uk/events/trailblazer-programme-courses.html



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Events

Forum to discuss English speakers of other languages – 28 November 2007, Cambridge

Members of the Cambridgeshire and Peterborough Skills Partnership would like to invite you to a one-off forum to discuss issues related to English speakers of other languages. Specifically, the partnership will be discussing and proposing ideas to meet the challenges being faced by the Health and Social Care Sector and possible ideas for a countywide European Social Fund (ESF) bid in early 2008. For more information, please contact Darcy Weaver on 01223 884199 or email: darcy.weaver@cambsmh.nhs.uk

 Click here for the flyer: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101066&grp=1



Involvement to Impact Conference – 28 & 29 November 2007, London

The NHS Centre for Involvement will be holding its first annual 'Involvement to Impact' conference. It will bring together key influencers, policy makers, regulators, and staff across the Local Authority and voluntary sectors in England, Scotland, Wales and Northern Ireland to share their experience of making the move from effectively involving patients and the public to making an impact on service delivery. For further information, please contact Neil Stewart Associates on 02073 244330 or email: info@neilstewartassociates.co.uk

 Click here for the programme: www.networks.nhs.uk/uploads/07/10/brochure_agenda.pdf

Mood & Food: free talks in Essex –29 November 2007, Saffron Walden

This talk is held by Essex County Council and North Essex Partnership NHS Foundation Trust and will cover how healthy eating and understanding the effects sugar, caffeine and drinking fluids can help you control your mood and energy levels. For further information, please call the NEPFT answer phone on 08001 691625 or email: foundationtrust@nepft.nhs.uk

 Click here for the flyer: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100994&grp=1

The Housing Magazine: Westminster Briefing conferences –4 & 6 December 2007, London

The Housing Magazine events are:

- **A New Plan for children and young people: happy, safe and healthy - 4 December 2007, Westminster**

Damning evidence, mounting public pressure and sustained media attention on the wellbeing, life chances and behaviour of our children and young people has led to the government launching a series of plans, strategies and consultations to ensure that every young person growing up in this country has the best possible start in life.

 Click here for more information: www.westminster-briefing.co.uk/cc127.html

 Click here for booking form: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100279&grp=1

- **Building on progress: delivering on justice and reducing crime in local communities - 6 December 2007, Westminster**

With the recent publication of 'Building on Progress: Security, Crime and Justice' the Government has set out its 10-year vision to tackle crime in our ever-changing society. Delegates at this conference will have the opportunity to discuss and debate the future of crime policy and how to promote community cohesion.

 Click here for more information: www.westminster-briefing.co.uk/ca127.html

 Click here for booking form: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100279&grp=1

For further information on any of the above, please call 020 7096 2948 or email: nick.rotsides@westminster-briefing.com . Exclusive Offer: 10% discount to readers

Diversity in Action Training: Making diversity work for your organisation – 5 & 6 December 2007, Watford

Diversity in Action Training two day courses support individuals and organisations to understand diversity and equality from a legal perspective, and use this understanding to improve the organisation's market position and increase their competitive advantage. For further information, please contact the events booking service on 01707 398384 or Text phone number, for the hearing impaired, 01707 398390

 Click here for more details: www.bookevents.org/events/event_item.asp?ProductID=YAD0JA000030#dates



National Institute for Health & Clinical Excellence 2007: evidence into practice, 5-6 December 2007, Manchester

By December 2007 National Institute for Health & Clinical Excellence (NICE) will also have issued guidance on a number of key public health topics, such as smoking cessation and substance misuse. This conference will address how NICE uses expert advice and evidence to develop guidance, and will offer practical and realistic examples for those working in the NHS and wider public health community on the best ways to turn recommendations into reality. For further information, please contact Health Links Events Ltd on 01212 483399.

 **Click here to view the programme:** www.nice2007.co.uk/


'Lost in Translation' – 7 December 2007, Blackburn Rovers Football Ground

Voluntary Sector in North West in partnership with the CSIP and with the support of the North West Regional Centre of Excellence is bringing together Health and Social Care Commissioners and the Third Sector in a regional event called 'Lost in Translation'. It is an event to enable the third sector and commissioners to develop a better understanding of each other. For further details, please contact: Amanda Fox on 01613 514925 or email: amanda.fox@csip.org.uk

 **Click here for more details:** http://vcfs.org.uk/bulletin/index.php?option=com_content&task=view&id=689&Itemid=9

Mental Health Act 2007: Code of Practice Regional Event – 21 December 2007, Cambridge

This Regional event workshop will offer an in-depth and focused opportunity to comment on and input into the draft revised Code of Practice in light of the Mental Health Act 2007. The closing date for applications is 7 December 2007. For further information, please contact Linda Williams on 01206 287542 or email: linda.williams@csip.org.uk

 **Click here for the flyer & registration form:** www.eastern.csip.org.uk/our-work/mental-health-legislation/mental-health-act-mha/mha-events.html

Supporting safeguarding seminar – 9 January 2008, Cambridge

Children Matter East is hosting a free seminar on 'safer recruiting and allegations' in partnership with Go East, the Government Office for the East of England and its Children and Learners directorate. For further information, please email to kevingarrod@ntlworld.com

 **Click here for the flyer & booking form:**
www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100624&grp=1

Recognising & managing mental health issues - 15 January 2008, London

Non-medical training for Human Resource personnel and managers that focuses on "what to do", not "what is wrong", when colleagues show signs that may be a mental health issue. For further information please contact Andrew Buckley on 01263 862286 or email: info@kipepeo.co.uk

 **Click here for more details:** www.kipepeo.co.uk



'It's good to talk' Anglia Ruskin University fifth annual mental health conference – 15 January 2008, Chelmsford

The theme of this conference is talking therapies in mental health. New and innovative therapies have been championed by the Government and pilot sites for these therapies were established during 2006. The aim of the conference is to promote awareness of Government strategy and critical debate regarding service development. For further information, please contact Joanne Roper on 08451 964602 or email: Joanne.roper@anglia.ac.uk



Click here to view the flyer: www.eastern.csip.org.uk/events/events/noncsip-national--regional-events-of-interest.html

Children's National Service Framework Development Initiatives – 23 January 2008, Leicester

This conference will share the learning from these inspiring National Children and Adolescent Mental Health Services Development Initiatives and launch the report which brings together the individual evaluations of each project and identifies the learning from them. For further information, please contact Louise Appleby on 01162 220004 or email: info@key-note.co.uk



Click here for the programme and registration form: www.eastern.csip.org.uk/events/events/noncsip-national--regional-events-of-interest.html

Service user involvement & empowerment in mental health – 14 February 2008, London

The conference includes two interactive workshop sessions on increasing diversity in service user involvement and enabling people to fulfil their aspirations and improve outcomes. For further information, please contact Healthcare Events on 02085 411399 or email: jayne@healthcare-events.co.uk



Click here for the programme: www.healthcare-events.co.uk/conf/booking.php?action=home&id=84

Date for your Diary: Early Notice of Regional Expert by Experience User & Carer Conference – 21 February 2008, Ipswich

This one day conference hosted by CSIP Eastern Expert by Experience programme is for people with current or past experience with mental health services and carers. Topics will include Mental Health Act, Reclaiming Recovery, Direct Payments and much more. For further information, please contact Jayne Bulman on 01206 287587 or email: jayne.bulman@csip.org.uk



Click here for the flyer & registration form: www.eastern.csip.org.uk/users-and-carers/involvement-events.html

Third National Scientific Conference UK Mental Health Research Network – 12, 13 & 14 March 2008, London

The conference will be multi-disciplinary, bridging basic and clinical science through to public health, and the focus will be to showcase high quality international research in mental health. For further information, please contact either Sandra O'Sullivan or Jemma Ayton on 02073 861237 or email: s.osullivan@imperial.ac.uk or j.reilly-ayton@imperial.ac.uk



Click here to view the programme: www.mhrn.info/dnn/ScientificConference2008/tabid/171/Default.aspx



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Useful Resources

Action plan to tackle social exclusion in the East of England launched

An action plan to address major social issues such as poverty and the needs of an ageing population in the East of England was launched on 8 November 2007 by the East of England Regional Assembly.

 **Click here to access the report:** www.eera.gov.uk/socialstrategy

New resource to support Patient and Public Involvement in healthcare

A comprehensive collection of current knowledge and evidence about Patient and Public Involvement in healthcare is available in the Patient and Public Involvement (PPI) Specialist Library run by the King's Fund for the National Library for Health.

The aim of the PPI Specialist Library is to support the implementation of patient, user, carer and public involvement in health care by providing access, in one location, to the best information available.

 **Click here to access the PPI Specialist Library:** <http://www.library.nhs.uk/ppi/>

Nest Newsletter issue 52

You can now view the latest newsletter from North Essex Stronger Together.

 **Click here to access the newsletter:** www.nest-network.co.uk/news.php

Local Involvement Networks (LINKs) Bulletin Issue 7

The fifth edition of the LINKs Bulletin has been published, with updates about the new system. This bulletin highlights policy and strategic directions the Department of Health are taking to establish LINKs.

 **Click here to access the bulletin:**
www.dh.gov.uk/en/Policyandguidance/Organisationpolicy/PatientAndPublicinvolvement/DH_076482

Mental Health & Social Care current awareness newsletter No. 133

You can now view the latest newsletter from the Clinical Resource Centre & Library at West Suffolk Hospitals NHS Trust. This service is checking selected internet sites for reports and news items of interest to staff working in the Mental Health and Health & Social Care Sectors.

 **Click here to access the newsletter:** www.wsh.nhs.uk/Library/MentalHealthBulletins/

Maldon Forum report: 'it's good to talk'

You can now access the report of the Maldon Forum held on 12 September 2007.

For further information please contact Nest on 01245 350216.

 **Click here to access the report:** www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100593&grp=1

Personalising support: the future for care services...now

- **National Centre for Independent Living**

Campaigning for the rights and equality of disabled people, the National Centre for Independent Living (NCIL) is a national support, advice and consultancy organisation that aims to enable disabled people to be equal citizens with choice, control, rights and full economic, social and cultural lives.



Click here to visit the NCIL website: www.ncil.org.uk

This website is designed to be a resource on independent living, direct payments and individual budgets for disabled people and others working in the field who may find it useful.

- **Increasing the Uptake of Direct Payments**

Direct payments were introduced in England in April 1997 following a long campaign by disabled people and their allies. With the current focus on redesigning the existing care system through individual budget pilots and 'in Control', direct payments are both the way to prepare the social care system for radical change, and an important component of the realisation of that change.



Click below to learn more: <http://kc.csip.org.uk/solutionset.php?grp=601>

- **Individual Budgets Pilot Programme**

This website explains what individual budgets are and tells you about the pilot programme. It will keep you up to date with what the Local Authorities involved in the pilot are doing and learning.



Click below to enter the website: www.individualbudgets.csip.org.uk/

- **in Control Website**

In Control aims to change the organisation of social care in England so that people who need support can take more control of their own lives and fulfill their role as full citizens.



Click below to enter their website: www.in-control.org.uk/

- **Self-Directed Support Network**

The Self-directed support network is a community of people who want disabled people, older people and their families to get more control over their support and services. It's a place where you can make connections with other people who are involved in changing service systems and practices, and get information to understand what these changes might mean for you, too.



Click below to view these web pages: <http://kc.csip.org.uk/groups.php?grp=36>



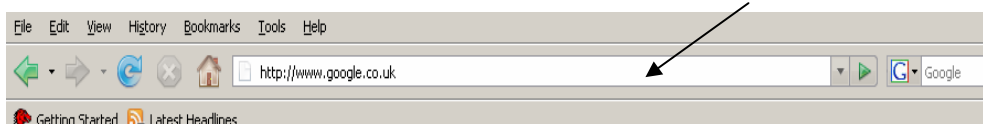
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Please Note:

Hyperlinks:

If you find the links do not work this may be because your computer is not compatible. Click on the internet and type the web address into the address box on the internet tool bar.

Address Box



Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Commissioning – **Maurice Burns 07789 864212**
- Health and Social Care in Criminal Justice – **Rob Jayne & Amanda Hawkins 01206 287578**
- Learning and Improvement Networks – **Paul O'Halloran 01206 287594**
- Learning Disabilities (Valuing People Support Team, VPST) – **Simon Whitehead 01449 616187**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Rix 01206 287592**
- Older People and Physical Disabilities – **Angie Glew 07775 906892**
- Adult Social Care – **Amanda Reynolds 07775 631510**

 [To download a copy of our 2005/06 Mental Health Prospectus, click here](#)

 For access to our website click on the link: <http://www.eastern.csip.org.uk/>

Care Services Improvement Partnership 

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list, contact:

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