

# e-bulletin

Issue 34  
9 November 2007



Welcome to our regular e-bulletin, which is circulated every fortnight. Thanks to everyone who has emailed with news stories, and comments and suggestions.

If you have any information or ideas for the Bulletin please contact [Jayne Bulman](#), at CSIP Eastern Development Centre – contact details later. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

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## Regional News

### Museum to Go: free local resource booking now

Colchester's history is taking to the highway, embarking on a new long and interesting journey into people's lives and communities! This is all due to Colchester museums securing £100,000 of external funding from the Designation Challenge Fund Phase 4. This fund will launch a project that will take collections out in to hard to reach audiences and community in a creative and innovative way.

'Museum to Go' is Colchester and Ipswich Museum Service's van based, community focused mobile museum, which is free, friendly and fun! Especially for communities in Colchester, Maldon or Tendring, their van will bring your history to wherever you are! Discover, touch, smell, play, create, listen and look to find out about the people who lived here before us.

They hope to work with local groups to provide specific activities to meet their needs, whether this is art activities, more formal talks or more specific requirements. The museum is fully flexible and can be booked for a minimum of two hours up to a whole day and can visit at weekends and evenings. For further information, please call 01206 507846 or email [museumtogo@colchester.gov.uk](mailto:museumtogo@colchester.gov.uk)



Click here to view the press release:

[www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100971&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100971&grp=1)



## Hertfordshire Mental Health Trust rated 'excellent' on service quality

The Hertfordshire Partnership NHS Foundation Trust has made outstanding progress in the annual check on the performance of NHS trusts in England.

Evidence collected by the Healthcare Commission, National Annual Health Check, shows that the Trust's rating for service quality is now 'excellent', a year ago the rating was 'fair'. On a second key indicator, use of resources, the Trust is now rated as 'good', which a year ago this rating was 'fair'.



**Click here to read the press release:**

[www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100985&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100985&grp=1)

## Suffolk Mental Health Partnership NHS Trust: National health chiefs support Foundation Trust application

An NHS Trust's bid to become the first Foundation Trust in Suffolk received the support of national health chiefs this week. And local people are being invited to help forge its direction by signing up for free membership of the new Trust.

Officials from the Department of Health and the NHS East of England have encouraged Suffolk Mental Health Partnership NHS Trust to submit its application for the special status on 1 November 2007. If approved, the new Foundation Trust could be up and running by April next year. To join as a member, call 01473 329148, see [www.newmember.info](http://www.newmember.info) or write to FT Office, Suffolk Mental Health Partnership NHS Trust, Suffolk House, St Clement's Hospital, Ipswich IP3 8NN.



**Click here to read the press release:**

[www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100842&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100842&grp=1)

## West Suffolk Older People's 'Voice': Individual Budgets report

The West Suffolk Older People's Panel was set up in the autumn of 2003, in response to the Government's initiative to improve involvement and consultation on health and social care with older people.

The aim of the project is to obtain the views of older people from across West Suffolk by forming a flexible panel of older people who will be consulted and involved in service planning. These views will be used to inform and influence the provision of direct services for older people as well as partnership work, including the implementation of the National Services Framework for Older People, the Local Strategic Partnership and the Primary Care Trust (PCT) Local Area Agreement. Funding for the project is from Suffolk Adult and Community Services, Suffolk Primary Care Trust and Age Concern Suffolk.

The Panel would like your comments on the main aspects of this report. It is crucial that Older People have their 'Voice' heard and the West Suffolk Older People's Panel is aiming to achieve that. For further information, please contact Age Concern Suffolk via [paul.baker@ageconcernsuffolk.org.uk](mailto:paul.baker@ageconcernsuffolk.org.uk)



**Click here to view the report:** [www.eastern.csip.org.uk/our-work/older-persons-programme/older-persons-news.html](http://www.eastern.csip.org.uk/our-work/older-persons-programme/older-persons-news.html)

## Coping with Coming off Psychiatric Drugs

Coping with Coming off psychiatric drugs project is a ground-breaking project, which aims to ensure that there is good information and support for people making decisions about starting or stopping the whole range of medications, including anti-depressants.

Coping with Coming off hosted their first network event of the on 8 November 2007 at the Anglia Ruskin University, Cambridge. This gave an opportunity to talk about the project and found out about the experiences and needs of those that attend. A film "Evolving Minds", by independent filmmaker Melissa Gunasena was shown. This first meeting was crucial in taking forward the development of a local support group or network. For further information, please email: [cambscwco@yahoo.co.uk](mailto:cambscwco@yahoo.co.uk)

## The case for fire sprinklers by John Willis


John Willis, Chief Executive of the Varrier-Jones Foundation has written an article looking into whether fire safety measures of modern buildings are as safe for disabled people as for the able-bodied. John investigates the possibility of a fire sprinkler system to make building safer for people with a disability.

 Click here to view the article: [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100966&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100966&grp=1)

## The Wilby Campaign: Dogs and Mental Health update: cases studies wanted

The Wilby campaign aims to raise awareness of the value of companion dogs to improve mental health in the UK, to gain support for the companion dogs for people with mental health problems to be accepted as assistance dogs and to increase the uptake of Direct Payments to improve independent living for people severely disabled by their mental health impairment. The campaign has received good reviews and has collated a number of case studies. The Wilby campaign is pleased to announce a planned launch of the final report on 9 January 2008 in Maldon, Essex. The launch will include a presentation by Robin Murray-Neill; direct payments lead CSIP Eastern Region.

They will continue to accept comments and case studies up until 1 December 2007. For further information on the campaign and to submit your stories, please contact Christine McDonald at NEST User Involvement Network, Ivan Peck House, 1 Russell Way, Widford, Chelmsford, CM1 3AA

 Click here to read the case studies:  
[www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100389&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100389&grp=1)



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## National News

### Adult Learners' Week 2008 & accepting nominations for 2008 awards

Come and find out what the UK's largest learning festival can do for you!

Adult Learners' Week has successfully engaged with hundreds of thousands of people over the last sixteen years. Since 1992 the campaign has provided the opportunity to highlight that learning is not only good for individual health, self-esteem and employability, but also that it transforms lives.

Adult Learners' Week encourages adults in all their diversity to give learning a go, whether for pleasure, to catch up on skills missed out at school or job progression. 2008 will celebrate the seventeenth year of Adult Learners' Week, with events and activities taking place from 17 to 23 May 2008.

If you know an individual, group family or project whose remarkable learning achievements could inspire others, then nominate them for an Adult Learners' Week Award. Nominations for the 2008 Awards are now open. They want to hear the remarkable stories of how learning has transformed people's lives. Closing date is 25 January 2008. For further information, please contact the Campaigns and Promotions team on 01162 044200/1 or email [alw@alw.org.uk](mailto:alw@alw.org.uk)

See 'Events' section for information on Adult Learner's Week 2008 regional road show.

 Click here for more details: [www.niace.org.uk/alw/2007/](http://www.niace.org.uk/alw/2007/)



## User-led Organisations Development Fund

The Department of Health has established a project to address the recommendation in Improving the Life Chances of Disabled People (2005) that by 2010 each locality should have a user-led organisation modelled on existing Centres for Independent Livings'.

A new User-led Organisations Development Fund is available for 2007/8 for user-led organisations to apply to deliver 'Action and Learning' sites up to March 2009. These will develop ways of becoming an organisation that meets the Life Chances recommendation and then share learning with other organisations and groups across the country. The 'Action and Learning' approach will be driven by an emphasis on locally created solutions to common concerns and problems.

Applications must be completed by a user-led organisation. A user-led organisation is defined as: "one where the people the organisation represents, or provides a service to, have a majority on the Management Committee or Board and where there is clear accountability to members and/or service users." For further information, please contact User-led Organisations Project Team on 02079 723058 or email: [ULO@dh.gsi.gov.uk](mailto:ULO@dh.gsi.gov.uk)



**Click here for more details:**

[www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_079734](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_079734)

## Early Detection of Psychosis in Young People: new report & guidance published

A new report, guidance and website were launched on 1 November 2007, which saw the start of a new collaboration to secure earlier intervention in psychosis in the very early part of the care pathway. The National Institute for Mental Health in England (NIMHE) and CSIP has facilitated the bringing together of expert practitioners from the Royal College of General Practitioners, the Royal College of Psychiatrists and the British Psychological Society to develop this guidance for front-line colleagues.

By setting the standard for how practitioners can work together to create smoother pathways to care, this collaboration reflects the partnership working needed on the ground and which can make such a difference to the lives of these young people and their families. This guidance is underpinned by a more detailed report and summarising fact sheets developed by NIMHE North West and West Midlands. The report and other useful information on early detection on psychosis can be accessed via the new website [www.nimhe.csip.org.uk/~earlydetection](http://www.nimhe.csip.org.uk/~earlydetection).



**Click here for details:** [www.eastern.csip.org.uk/our-work/early-intervention-in-psychosis/early-intervention-key-documents.html](http://www.eastern.csip.org.uk/our-work/early-intervention-in-psychosis/early-intervention-key-documents.html)

## Day Services Outcomes Framework launched

The National Social Inclusion Programme has developed an outcomes framework for mental health day services to help commissioners and providers to monitor, evaluate and measure the effectiveness of their day services. The framework incorporates intended outcomes and outcome indicators alongside guidance notes and details of outcome measurement tools.



**Click here to access the framework:** [www.socialinclusion.org.uk/publications/DSdoccover1.pdf](http://www.socialinclusion.org.uk/publications/DSdoccover1.pdf)



## Commission for Disabled Staff - interim report and consultation

National Institute of Adult Continuing Education (NIACE) launched the Commission for Disabled Staff in Lifelong Learning at the beginning of 2007. The Commission for Disabled Staff in Lifelong Learning has now completed the interim report about the issues and experiences of disabled staff working in lifelong learning (including further and higher education, adult and community learning and work based learning).

The report identified mental health as one of the seven key issues. However, the Commission received only a small number of responses from people working in the lifelong learning sector with mental health difficulties. In this instance, NIACE are using the term 'mental health difficulties' to include stress, mental or emotional distress as well as diagnosed mental health difficulties. This covers situations where stress or distress affects ability to function fully and effectively at work but also where work is the cause of stress or mental/emotional distress.

The Commission would like to know whether the key issues identified in the interim report are right and whether there any other issues you think they should explore and highlight. They would like to hear from any individual or organisation interested in the issues discussed in the report and are keen to gather different perspectives and welcome multiple responses from within the same organisation. There are a number of ways to do this by visiting the NIACE website and complete the consultation questions.

The responses you send the commission will be used to contribute to the final report in March 2008. The report on the findings will identify areas of good practice and areas for improvement. The report will make recommendations that positively influence culture and practice and promote career opportunities for disabled people. In order to influence the final report; we would like to hear from respondents by 7 December 2007. For further information, please contact Caroline Law at NIACE on 01162 044249 or at [commissionfordisabledstaff@niace.org.uk](mailto:commissionfordisabledstaff@niace.org.uk)

 **Click here for the interim report and questions:** [www.niace.org.uk/projects/commissionfordisabledstaff/Default.htm](http://www.niace.org.uk/projects/commissionfordisabledstaff/Default.htm)

## National Survivor User Network recruiting Management Committee members

The National Survivor User Network (NSUN) is currently recruiting new members for their management committee. NSUN aims to develop networking, which will engage, support and reflect the diversity of mental health service users and survivors across England.

The general responsibilities of a management committee member is to ensure that the Management Committee complies with its Terms of Reference and any future governing document, charity law, company law and any other relevant legislation or regulations. To contribute actively to the Management Committee's role in giving firm strategic direction to the NSUN, setting overall policy, defining goals and setting targets and evaluating performance against agreed targets. In conjunction with host finance team, ensure the effective and efficient administration of the NSUN. For further information, please contact NSUN at 22-27 Vauxhall Grove, London SW8 1SY or 0845 602 0779 or email: [admin@nsun.org.uk](mailto:admin@nsun.org.uk)

 **Click here to view the role specifications & application form:** [www.eastern.csip.org.uk/users-and-carers/involvement-news.html](http://www.eastern.csip.org.uk/users-and-carers/involvement-news.html)

## Therapeutic and respite holidays in Crete, Greece

Therapeutic Holiday Centre is a charity offering holidays for people with mental difficulties in Crete, Greece. For over 13 years THC has been hosting people, regardless of age, with learning difficulties, challenging behaviour, autism, mental sickness and social harassment problems, coming from Greece, Cyprus, United Kingdom, Finland, Holland and other European Countries. Some of the activities they offer, besides accommodation is:

- therapeutic riding
- trekking
- swimming

THC is a not-for-profit organisation, so the cost of holidaying in our place is very favourable. For further information, please email [info@therapeutic-holidays.org.gr](mailto:info@therapeutic-holidays.org.gr)

 **Click here for more details:** [www.therapeutic-holidays.org.gr](http://www.therapeutic-holidays.org.gr)



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## CSIP Eastern Development Centre Update

### Scope of Regional Prison Pharmaceutical Support role for maternity leave cover

Since November 2003, the Scope of Regional Prison Pharmaceutical Support role has been commissioned via the East and South East Clinical Pharmacy Specialist service to provide support for the 13 prisons across the East of England. Since April 2006, the responsibility for the commissioning of the support has been via the Offender Health team within the Health and Social Care in Criminal Justice team (HSCCJ) now based at the East of England SHA in Cambridge.

Due to the maternity leave of the current service provider from 1 December 2007 to 1 September 2008, the HSCCJ wish to commission a pharmacist directly for 1 day a week (0.2 whole time equivalent) for this period. The temporary post could either be arranged via a secondment or via direct commissioning of a pharmacist on a sessional basis. For further information, please contact Denise Farmer at [denisefarmer@nhs.net](mailto:denisefarmer@nhs.net) or Rob Jayne at [rob.jayne@eoe.nhs.uk](mailto:rob.jayne@eoe.nhs.uk), before 21 November 2007.



Click here to view the advert: [www.eastern.csip.org.uk/our-work/health-and-social-care-in-criminal-justice/hscj-opportunities.html](http://www.eastern.csip.org.uk/our-work/health-and-social-care-in-criminal-justice/hscj-opportunities.html)

### Communities work: a specialist trailblazer programme – applications packs available & new November 2007 & March 2008 dates

CSIP Eastern Development Centre is pleased to be able to run the Communities Work Trailblazer programme. This exciting programme, based on the prestigious Trailblazers course, will explore innovative ways of using education and training to develop partnership working between community led groups and the voluntary or statutory sectors of health and social care. The main criteria for participation is that each pair should be able to commit to developing and writing up a project which promotes closer working between their organisations and better outcomes for the community.

The successful applicants will be expected to attend all 3 meetings and provide a project write up during the course of the programme. The modules will be held on 27 & 28 November 2007, 10 & 11 January 2008, 19 & 20 March 2008. Final submission of interest and/or applications forms must be received by no later than 15 November 2007. Please do not hesitate to call to discuss these opportunities.

For further information and to discuss a place on the programme, please contact Debbie Roberts on 07920 297194 or email: [debbie.roberts@csip.org.uk](mailto:debbie.roberts@csip.org.uk) or Ray Baird on 07779 280559 or email: [ray.baird@csip.org.uk](mailto:ray.baird@csip.org.uk)



Click here to view the flyer & application form: [www.eastern.csip.org.uk/events/trailblazer-programme-courses.html](http://www.eastern.csip.org.uk/events/trailblazer-programme-courses.html)

## **Race Equality Programme news: Race equality cultural competence trainer programme**

As part of the Essential Shared Capabilities Programme, Ferns Associates have been working to produce a new Race Equality and Cultural Capability (RECC) training programme and materials. This programme is a central part of the Delivering Race Equality (DRE) strategy and a key development for the education and training of our mental health workforce within the region.

The materials form a foundation level course introducing many of the key concepts, ideas and models for good practice in a diverse and multi-ethnic health and social care context. The RECC materials represent a unique opportunity to provide multidisciplinary training for all mental health practitioners with a clear focus on Black and Minority Ethnic (BME) service user needs and concerns. The programme is also unique as it aims to be delivered in partnership with BME service user trainers and consultants.

The Eastern region Programme is the second national pilot for the RECC Trainer Programme and is being funded by CSIP Eastern. The aim is to develop a sustainable Eastern Region pool of accredited mental health trainers including BME service user trainers.



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## **Events**

### **Equality 2025 public meeting of disabled people - 12 November 2007, Birmingham**

Equality 2025 is the United Kingdom Advisory Network on Disability Equality. Equality 2025's main aim is to communicate with disabled people and ensure that they have a direct voice into government, to help design policies and services that disabled people need. They want to know what issues you think the Government should be aware of. For further information, please call 02084 813340, or typetalk 18001 020 8481 3340.

 **Click here for more details:** [www.livegroup.co.uk/equality2025tellus/](http://www.livegroup.co.uk/equality2025tellus/)

### **Together's Henry Hawkins Lecture - 14 November, London**

David Behan will be speaking on 'Mental Health' and 'Individual Budgets' at Together's Annual Henry Hawkins lecture. Together will be also holding their Annual General Meeting and will be electing their new Chair, as this is Julia Ross's last year after 8 years as Chair of Together. For further information, please contact Alison Shapton on 02077 807352 or email: [alison.shapton@together-uk.org](mailto:alison.shapton@together-uk.org)

 **Click here to view the flyer:** [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100956&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100956&grp=1)

### **Mood & Food: free talks in Essex –14 & 29 November 2007, Chelmsford & Saffron Walden**

These talks are held by Essex County Council and North Essex Mental Health Partnership NHS Trust and will cover how healthy eating and understanding the effects sugar, caffeine and drinking fluids can help you control your mood and energy levels. For further information, please call the NEMHPT answer phone on 08001 691625 or email: [foundationtrust@nemhpt.nhs.uk](mailto:foundationtrust@nemhpt.nhs.uk)

 **Click here for the flyers:** [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100994&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100994&grp=1)



## **Adult Learners' Week 2008, Regional Road Show – November & December 2007, Various Locations**

The National Institute of Adult Continuing Education (NIACE), who co-ordinates the Adult Learners' Week campaign, is hosting an Adult Learners' Week Road Show to give local communities the chance to see what it is all about and to encourage wider participation and more partnership activity.

These half day events will clarify what Adult Learners' Week can do for your organisation, and much more. The Road Show dates are as follows:

- 14 November 2007, Nottingham
- 19 November 2007, Cambridge
- 23 November 2007, Teesside
- 27 November 2007, Surrey
- 29 November 2007, Gloucester
- 10 December 2007, Birmingham

For further information, please contact Silvia Errington at NIACE on 0116 223 0050 or email the form to [silvia.errington@niace.org.uk](mailto:silvia.errington@niace.org.uk)



Click here for more details: [www.niace.org.uk/Conferences/ALW08Roadshow.htm](http://www.niace.org.uk/Conferences/ALW08Roadshow.htm)

## **Social Enterprise, a world-class solution? - 15 November 2007, London**

A social enterprise is a business that trades with a social purpose. This event will give you the opportunity to see real examples of social enterprises that are already delivering within health and social care. Address the practical issues of working with social enterprises and making the commissioning relationship work. For further information, please contact: Krishna Patel, NHS Networks on [Krishna.patel@networks.nhs.uk](mailto:Krishna.patel@networks.nhs.uk) or 0116 222 5117



Click here for more details: [www.primarycarecontracting.nhs.uk/events/all/656](http://www.primarycarecontracting.nhs.uk/events/all/656)

## **Recognising & managing mental health issues - 20 November 2007 & 15 January 2008, London**

Non-medical training for Human Resource personnel and managers that focuses on "what to do", not "what is wrong", when colleagues show signs that may be a mental health issue. For further information please contact Andrew Buckley on 01263 862286 or email: [info@kipepeo.co.uk](mailto:info@kipepeo.co.uk)



Click here for more details: [www.kipepeo.co.uk](http://www.kipepeo.co.uk)

## **Social Responsibility conference - 21 November 2007, Duxford**

Corporate Social Responsibility (CSR) is increasingly becoming central to business development, sustainability and competitiveness; it is no longer simply a legal tick box for businesses. In today's economy, ignoring CSR can cost an organisation business opportunities and financial profits. For more information, please call 01707 398384.



Click here for further details: [www.bookevents.org/events/event\\_item.asp?ProductID=YAD0JA00002M](http://www.bookevents.org/events/event_item.asp?ProductID=YAD0JA00002M)



## **Expert Voices Eastern/ Skills for Care conference – 26 November 2007, Cambridgeshire**

'Expert Voices Eastern' (EVE) is a group of people who use services and carers from across the Eastern Region who provide Skills for Care with guidance and consultation based on their own experiences of Social Care.

The EVE conference will provide a unique and exciting opportunity for people who use services and carers from across the region to tell us what they feel about the current Social Care workforce development and to work in partnership with Skills for Care Eastern. Please note the majority of the places at this conference are open to people who use services and carers. Places for professional are strictly limited to invited people only. For further information, please contact May Chiang on 01223 718291 or email: [may.chiang@cambridgeshire.gov.uk](mailto:may.chiang@cambridgeshire.gov.uk)

 **Click here for the booking form:**

[www.skillsforcare-eastern.org.uk/index.php?option=com\\_content&task=view&id=182&Itemid=73](http://www.skillsforcare-eastern.org.uk/index.php?option=com_content&task=view&id=182&Itemid=73)

## **National Children's Bureau training events – November 2007 & February 2008, London & York**

The training events held by the National Children's Bureau (NCB) are: -

### **• Involving disabled children in planning and reviews - 28 November 2007, London**

This one-day training course looks at various forms of communication from verbal to emotional, with a view to improving participant's engagement with the disabled children with whom they work.

 **Click here for more information:** [www.ncb.org.uk/Page.asp?originx\\_896sr\\_21632731210086u49i\\_20074232525t](http://www.ncb.org.uk/Page.asp?originx_896sr_21632731210086u49i_20074232525t)

### **• Keeping disabled children safe –7 February 2008, York**

This course will enable participants to recognise key vulnerability factors and to identify strategies and ways of working to better protect disabled children and young people.

 **Click here for more information:** [www.ncb.org.uk/Page.asp?originx\\_9317to\\_94357910440049f16w\\_20074234033a](http://www.ncb.org.uk/Page.asp?originx_9317to_94357910440049f16w_20074234033a)

## **Learning from Both Ends: The National Personality Disorder Dissemination Conference – 28 & 29 November 2007, Manchester**

The National Personality Disorder Programme has been supporting new pilot innovative services for people with personality disorder across community, health and offender management settings since 2004. This two day conference will bring together the expertise and influential thinking in the fields of personality disorder service development and treatment. For more information, please email: [pd@pure-solutions.co.uk](mailto:pd@pure-solutions.co.uk)

 **Click here for more information:** [www.pure-solutions.co.uk/pd/](http://www.pure-solutions.co.uk/pd/)

## **Whatever happened to child sexual abuse? - 20 years on from Cleveland – 29 November 2007, London**

British Association for the Study and Prevention of Child Abuse and Neglect (BASPCAN) Conference presentations will include 'the extent of the problem: how many children are involved?', 'international dimensions to child sexual abuse', and 'the community and child protection'. For further information, please contact BASPCAN, 17 Priory Street, York YO1 6ET or fax to 01904 642239

 **Click here to book a place:** <http://kc.csip.org.uk/viewevent.php?date=2007-11-29&grp=1&action=viewevent&eid=619>



## **Access to justice: creating equality for people with mental health problems – 29 November 2007, London**

People with experience of mental distress are more likely to be the victims of crime, including disability hate crime, domestic violence, elder abuse and anti-social behaviour. This conference will be the first step in raising awareness amongst key stakeholders in the criminal justice world of the need to provide a more flexible and responsive service for victims and witnesses experiencing mental distress. For further information, please contact Lily Peperell on 02082 152312 or at [l.peperell@mind.org.uk](mailto:l.peperell@mind.org.uk)

 Click here to view the flyer: [www.mind.org.uk/Information/Conference+and+training/Access+to+justice+information.htm](http://www.mind.org.uk/Information/Conference+and+training/Access+to+justice+information.htm)

## **Expand your leadership and management skills: build your confidence – 29 & 30 January 2008, Birmingham**

National Institute of Adult Continuing Education (NIACE) is pleased to announce one-day courses run by Trainer and Coach, Annette Zera, previously Principal of Tower Hamlets College, which will help expand your leadership and management skills and challenge the way you think about engaging staff. For further information, please contact Gurjit Kaur on 01162 042833 or email: [gurjit.kaur@niace.org.uk](mailto:gurjit.kaur@niace.org.uk)

 Click here for more details: [www.niace.org.uk/Conferences/TrainingCourses.htm](http://www.niace.org.uk/Conferences/TrainingCourses.htm)

## **The House Magazine: 'The Coming Year in Parliament 2007' – 4 December 2007, London**

'The Coming Year in Parliament' conference is recognised as the premiere event for those wishing to gain an insight into the Government's legislative programme for the coming year. For further information, please contact Evelien Storme on 02070 962944 or email: [evelien.storme@westminster-explained.com](mailto:evelien.storme@westminster-explained.com)

 Click here for the flyer & registration form:  
[www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100974&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100974&grp=1)

## **Ormiston Consultancy events –December 2007, January 2008 & February 2008, Milton Keynes, London & Coventry**

Ormiston Consultancy Services events explore a range of issues related to marginalised and hard-to-reach communities such as Gypsies and Travellers and present valuable opportunities to share good practice and develop new networks. For further information, please call 01223 418009 or email: [conferences@ormiston.org](mailto:conferences@ormiston.org). The Ormiston events are:

- **Advocacy and accommodation: floating support services for gypsies and travellers – 6 – 7 December 2007 & 7- 8 February 2008, Milton Keynes & Coventry**

A two-day course exploring the issues organisations need to consider in order to deliver floating support services to Gypsies and Travellers.

 Click here for the flyer: [www.ormiston.org/consultancy/opus420.html](http://www.ormiston.org/consultancy/opus420.html)

- **Travelling towards inclusion 2008 - 31 January 2008, London**

This event will look at what has been achieved in tackling the social exclusion of Gypsy and Traveller children and young people in the months since the original conference.

 Click here for the flyer: [www.ormiston.org/consultancy/opus421.html](http://www.ormiston.org/consultancy/opus421.html)

See 'Useful Resources' to view the Ormiston Consultancy Service Newsletter

## **Date for your diary: early notice of Regional Expert by Experience User & Carer conference – 21 February 2008, Ipswich**

This one day conference hosted by CSIP Eastern Expert by Experience programme is for people with current or past experience with mental health services and carers. Topics will include Mental Health Act, Reclaiming Recovery, Direct Payments and much more. For further information, please contact Jayne Bulman on 01206 287587 or email: [jayne.bulman@csip.org.uk](mailto:jayne.bulman@csip.org.uk)

 Click here for the flyer & registration form: [www.eastern.csip.org.uk/users-and-carers/involvement-events.html](http://www.eastern.csip.org.uk/users-and-carers/involvement-events.html)



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## **Useful Resources**

### **Effective mental healthcare for offenders: the need for a fresh approach**

You can now view Nacro, changing lives reducing crime mental health and crime briefing 2007.

 Click here to access the briefing: [www.nacro.org.uk/data/resources/nacro-2007101000.pdf](http://www.nacro.org.uk/data/resources/nacro-2007101000.pdf)

### **Mental Health Act Update bulletin issue 4**

You can now access the latest CSIP/National Institute for Mental Health in England 'update' bulletin focusing on the coming changes to the Mental Health Act.

 Click here access the bulletin: [www.mhact.csip.org.uk/news.html](http://www.mhact.csip.org.uk/news.html)

### **Mental Health Day Services bulletin - October 2007**

You can now access the Mental Health Day Services Bulletin.

 Click here to access the bulletin: [www.socialinclusion.org.uk/work\\_areas/index.php?subid=96#section004](http://www.socialinclusion.org.uk/work_areas/index.php?subid=96#section004)

### **NIACE/NIMHE (CSIP)/Learning and Skills Council Partnership Project 'one in four' newsletter**

You can now view the latest NIACE/NIMHE (part of CSIP)/LSC Partnership Project newsletter, which promotes and improve access to learning and skills for people experiencing mental health difficulties.

 Click here to access the newsletter: [www.eastern.csip.org.uk/resources/other-bulletins-of-interest.html](http://www.eastern.csip.org.uk/resources/other-bulletins-of-interest.html) or for past newsletter [www.niace.org.uk/mentalhealth/newsletter.htm](http://www.niace.org.uk/mentalhealth/newsletter.htm)

### **Ormiston Consultancy Service newsletter - Issue 1, Autumn 2007**

Welcome to the first Consultancy Service Newsletter, bringing you news and information about issues relating to Gypsy and Travelling communities, plus an update on the Ormiston Consultancy Service's events, publications and services to support marginalised communities such as Gypsies and Travellers and those working with them.

 Click here to access the newsletter: [www.ormiston.org/consultancy/opus426.html](http://www.ormiston.org/consultancy/opus426.html)



## Third Sector involvement in services for children, young people and their families' newsletter – October 2007

You can now access the latest Newsletter on Third Sector involvement in services for Children, Young People and their families from Department for Education and skills Voluntary and Community Sector Engage East of England.

 **Click here to access the newsletter:**

[www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100978&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100978&grp=1)

## Healthy Eating & Depression: how diet may help protect your mental health

This booklet published by the Mental Health Foundation is for anyone who wishes to protect their mental health through healthy eating. Recent evidence suggests that good nutrition may be just as important for our mental health and that a number of conditions, including depression, may be influenced by dietary factors.

 **Click here to read the booklet:** [www.mentalhealth.org.uk/publications/?EntryId=43900](http://www.mentalhealth.org.uk/publications/?EntryId=43900)

## Personalising support: the future for care services...now

### • National Centre for Independent Living

Campaigning for the rights and equality of disabled people. National Centre for Independent Living (NCIL) is a National support, advice and consultancy organisation that aims to enable disabled people to be equal citizens with choice, control, rights and full economic, social and cultural lives.

 **Click here to visit the NCIL website:** [www.ncil.org.uk](http://www.ncil.org.uk)

This website is designed to be a resource on independent living, direct payments and individual budgets for disabled people and others working in the field who may find it useful.

### • Increasing the Uptake of Direct Payments

Direct payments were introduced in England in April 1997 following a long campaign by disabled people and their allies. With the current focus on redesigning the existing care system, through individual budget pilots and 'in Control', direct payments are both the way to prepare the social care system for radical change, and an important component of the realisation of that change.

 **Click below to learn more:** <http://kc.csip.org.uk/solutionset.php?grp=601>

### • Individual Budgets Pilot Programme

This website explains what individual budgets are and tells you about the pilot programme. It will keep you up to date with what the Local Authorities involved in the pilot are doing and learning.

 **Click below to enter the website:** [www.individualbudgets.csip.org.uk/](http://www.individualbudgets.csip.org.uk/)

### • in Control Website

In Control aims to change the organisation of social care in England so that people who need support can take more control of their own lives and fulfill their role as full citizens.

 **Click below to enter their website:** [www.in-control.org.uk/](http://www.in-control.org.uk/)

### • Self-Directed Support Network

The Self-directed support network is a community of people who want disabled people, older people and their families to get more control over their support and services. It's a place where you can make connections with other people who are involved in changing service systems and practices, and get information to understand what these changes might mean for you, too.

 **Click below to view these web pages:** <http://kc.csip.org.uk/groups.php?grp=36>

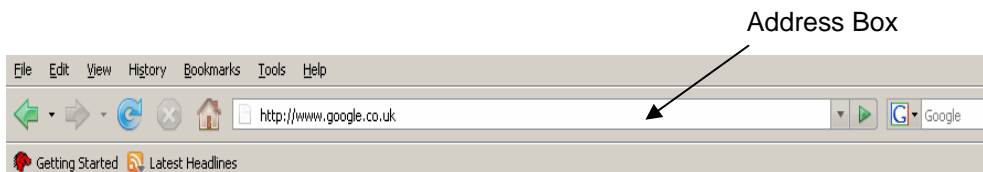


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## Please Note:

### Hyperlinks:

If you find the links do not work this may be because your computer is not compatible. Click on the internet and type the web address into the address box on the internet tool bar.



Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Commissioning – **Maurice Burns 07789 864212**
- Health and Social Care in Criminal Justice – **Rob Jayne & Amanda Hawkins 01206 287578**
- Learning and Improvement Networks – **Paul O'Halloran 01206 287594**
- Learning Disabilities (Valuing People Support Team, VPST) – **Simon Whitehead 01449 616187**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Rix 01206 287592**
- Older People and Physical Disabilities – **Angie Glew 07775 906892**
- Adult Social Care – **Amanda Reynolds 07775 631510**

 [To download a copy of our 2005/06 Mental Health Prospectus, click here](#)

 For access to our website click on the link: <http://www.eastern.csip.org.uk/>

Care Services Improvement Partnership 

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list, contact:

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