

e-bulletin

Issue 33
29 October 2007



Welcome to our regular e-bulletin, which is circulated every fortnight. Thanks to everyone who has emailed with news stories, and comments and suggestions.

If you have any information or ideas for the Bulletin please contact [Jayne Bulman](#), at CSIP Eastern Development Centre – contact details later. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

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Regional News

Great Yarmouth and Waveney PCT and Norfolk and Waveney Mental Health Partnership NHS Trust: public consultation into older people's mental health inpatient services

A medium term proposal to move inpatient accommodation for older people with mental health problems from Great Yarmouth to Lowestoft went out to public consultation on 1 October 2007. The existing older people's day hospital services at Northgate Hospital and at Carlton Court, The Haven and The Poppies respectively – are unaffected by the proposal and community teams will continue to be based at both sites.

Members of the public will be invited to give their views about a proposal to transfer the inpatient service from Wards 6 and 7 at Northgate Hospital to Carlton Court, while also developing further community-based services to help people stay at home longer and to return home with support more quickly.

The proposal was developed jointly between the PCT and the mental health trust and is based on being able to provide safe, effective services for older people with mental health needs. The public consultation starts on 1 October 2007 and lasts for three months, until 31 December 2007. Public meetings are taking place as follows:

- Thursday 8 November, 2pm-4pm, PCT Headquarters, 1 Common Lane North, Beccles
- Monday 19 November, 10am-12noon, Cobholm and Litchfield Centre, Pasteur Road, Great Yarmouth



Click here for more information:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100677&grp=1

Social Enterprise day: 'Life thru a Lens' photo competition

If you're a Social Enterprise East of England member they are asking you to submit a digital photograph showing "What is the best thing about your social enterprise?" showing them the diversity of social enterprise; take a photo showing the unique applications of your social enterprise.

The closing date for entries is 31st October. Entries will be judged by a key social enterprise figure and winners announced at the Gala Dinner on 15th November. E-mail a digital photo to rachel.cranham@seee.co.uk

See 'Events' section for information on the Gala Dinner



Click here for more details:

www.socialenterprise-east.org.uk/page.asp?section=0001000100170004&itemTitle=Social+Enterprise+Day

Black History Month

As London celebrates their 20th Black History Month, Colchester is enjoying our very first multi-venue Black History Month, marking 200 years since the abolition of the British slave trade. Colchester Bicentenary Black History Month acknowledges the African men and women who resisted slavery and brought about their emancipation. Black History Month, nationally and Internationally, celebrates African and African Caribbean peoples' culture and achievements and reflects upon the works of Black people who changed history; artists, scientists, inventors, educators, writers, and political activists. On 19 October 2007 at Essex University, Dami Akinnusi, an extremely young award-winning documentary film maker presented extracts from her film Malcolm's Echo and afterwards held an open discussion.

On the 42nd anniversary of the assassination of Malcolm X, Dami Akinnusi from Darkling Productions presented her first feature documentary and journeys into the legacy of a messenger no bullets could silence. The film has already gathered momentum in the States, where it premiered at the site of his assassination, the Audubon Ballroom, on 21 February 2007 (the anniversary of his murder), and in multiple locations and cities on May 19, 2007.

Introducing a Black British perspective, 'Malcolm's Echo' explores the legacy of one of the most famous black icons in history and looks at the timely relevance of his views and philosophies. While Harlem may be the backdrop, the film also looks further a field to the UK and to the global impact of a man who was a staunch internationalist. He sought to unify Black America with the African Diaspora and oppressed nations everywhere. In his short lifetime Malcolm X changed the face of American politics and the civil rights struggle. The film is centred around a pilgrimage to the site of his burial, a pilgrimage that has taken place each year on his birthday since his assassination in 1965.

See 'Useful Resources' section for information on 'Celebrating Diversity'

Norfolk and Waveney Mental Health Partnership NHS Trust: artist William Fairbank is living in the present

Artist William Fairbank is living in the present, he has no choice. A head injury 20 years ago left him with no short-term memory and unable to think into the future. Determined not to let his disability get the better of him, William, a trained carpenter and joiner, is now a full-time artist. Three years after the accident, he started on a project to create a set of fifteen Stations of the Cross 'Forest Stations' which were completed seven years later and put on permanent display in Lincoln Cathedral. As well as intricate woodwork and sculptures, he produces short films, some of which discuss the personal experiences of people with head injuries and memory loss.

William was one of the exhibitors at the fifth annual Fruits of the Mind exhibition in Norwich, which opened on the World Mental Health Day on 10 October 2007. His series of films, 'Living in the Present', was accompanied by sculptures depicting a double helix, which was a representation of his state of mind.



Click here to view the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100680&grp=1



Suffolk Mental Health Partnership NHS Trust: sign up for mental health!

People in Suffolk and Thetford were invited to think about the mental wellbeing of their communities on World Mental Health Day. On 10 October 2007, people from across the globe put their minds to mental health as part of the annual celebration of positive mental wellbeing.

Locally, Suffolk Mental Health Partnership NHS Trust is offering residents a chance to get involved in the direction of healthcare services and wellbeing initiatives by joining them as a member of their planned NHS Foundation Trust which expects to be running from April 2008. Membership is free and people will be able to decide how much, or how little, they want to be involved.



Click here to view the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100747&grp=1

Bedfordshire & Luton Mental Health & Social Care Partnership NHS Trust: recovering mental health patients express themselves in print

Recovering Mental Health service users have published a book about their experiences in collaboration with Barford Avenue Day Centre. The book, entitled 'Expressions', has been produced over the last 12 months by 29 people across Bedfordshire, with some people contributing directly from their own homes. It contains stories, poems, photographs and artwork, and comes with a CD to offer a fully interactive experience.

The book will be officially launched in early November 2007 with a cost of £27 each. For more information, or to purchase a copy, contact Charles Mead on 01234 273894.



Click here to view the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100748&grp=1

Bedford celebrates World Mental Health Day on 10 October 2007

The support time and recovery workers from Kempston Team, Bedford West Team, and Bedford East Team organised a stand to celebrate this event in Bedford Harpur Shopping Centre. The impact was Diversity and Culture. Staff spent the day talking to members of the general public and provided information on a range of topics from advocacy, carers support, diagnosis and benefits etc.

The stand received good feedback from the public with many varied and sometimes challenging questions. Following this success, plans are already underway for an even bigger event next year. Thanks goes to Graham Munns, Senior Support Time and recovery Coordinator and the Support Time and Recovery Works from the various Teams for all of their efforts and hard work put into organizing this event.

South Essex Partnership NHS Foundation Trust is one of the best in the country!

Findings released today by the *Healthcare Commission* have revealed that South Essex Partnership NHS Foundation Trust (SEPT) is one of the two top performing mental health and learning disability trusts in the country.

The findings were announced in the *Annual Health Check*: a system which scores all NHS trusts in the country on aspects of their performance, including the quality of the services they provide to patients and the public and how well they manage their finances and other resources such as their property and staff. SEPT was awarded the top score of 'excellent' in the two categories: use of resources and quality of services. No other Trust in the Essex, including hospitals and Primary Care Trusts, achieved this score.



Click here to read the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100838&grp=1

Cambridge and Peterborough Mental Health Trust Scores excellent for the quality of its services

Cambridgeshire and Peterborough Mental Health Partnership NHS Trust has received an “excellent” rating from the Healthcare Commission’s National annual health check into the quality of local NHS services.

The Commission praises the Trust for providing an excellent quality of service to patients and commended the trust on improvements made in the past year. The Trust fully met all the core national standards.



Click here to read the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100834&grp=1

Norfolk and Waveney Mental Health Partnership NHS Trust: Annual health check 2007

Community mental health services in Norfolk and Waveney are among the top 10% in the country, according to the independent Healthcare Commission which publishes the results of its Annual Health Check on 18 October 2007. Overall, Norfolk and Waveney Mental Health Partnership NHS Trust has scored ‘good’ for use of resources and ‘good’ for the quality of its services.



Click here to read the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100839&grp=1

Suffolk Mental Health Partnership NHS Trust Annual Health Check 2007

The quality of mental health, learning disability and substance misuse services in Suffolk has been adjudged as ‘good’ by the independent Healthcare Commission in its annual health check. The rating for the quality of services has improved from last year’s ‘fair’ assessment, while the rating of ‘fair’ for the use of resources shows Suffolk Mental Health Partnership’s NHS Trust has maintained its reputation for sound financial management.



Click here to read the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100840&grp=1



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National News

Our NHS our future - NHS review: next stage review: Interim report October 2007 led by Lord Darzi

Delivering the highest quality of care for all, as good as or better than any country in the world, must be a fundamental goal of the NHS, Lord Darzi said on 4 October 2007 “The NHS has cared for us all for nearly 60 years. I know we cannot take the services that the NHS and its partners provide for granted. That is why I believe the NHS Next Stage Review is so important.”

Since beginning his ‘Our NHS, Our future’ review, Lord Darzi has met around 1,500 front line staff from across the NHS. Along with his team of clinicians, he also hosted a day of nationwide engagement events attended by members of the public and NHS staff, to hear their views on how the NHS can deliver the best quality patient care into the 21st century. To achieve this, a clear vision for a world class NHS focus relentless on improving the quality of care needs to be set out.

How to get involved - A stronger focus on rights and responsibilities for patients, the public and staff, based on evidence of what matters

Lord Darzi would like people across the country, patients, the public and staff wherever they are working in the health and social care system to discuss this report and to get involved in shaping a world class NHS. He encourages you to discuss, deliberate and examine the proposals and to let him know your comments.

Engagement will be locally led and he envisages many more discussions taking place up and down the country, similar to the events held nationwide in September.

The Review website, www.nhs.uk/ournhs, contains information about the Review and updates about what is happening in your area. It will shortly contain an online resource pack to support your discussions locally; the material includes tailored agendas for a full-day and half-day event, standardized feedback forms to record the outputs from your discussions and supporting documents. An online questionnaire will be made available soon, downloadable from this site, and it is encourage for you to share it among your friends, family, carers, neighbours, colleagues and peers. Hard copies of the questionnaire are available on demand from: DH Publication Orderline, PO Box 777, London SE1 6XH or on 08701 555455 or email: dh@prolog.uk.com

Click here to access the report: www.eastern.csip.org.uk/users-and-carers/involvement-news.html

Third Sector News: comment: money go-round

The move from funding to finance is a permanent shift in emphasis, writes Jim Gilbourne, which means that charities will have to get used to generating their own income streams by means of social enterprises.

Many voluntary organisations say they are finding it harder to get funding these days. But is this true or are they simply unaware of how to get money beyond their usual tried and tested funding streams?

At the same time, however, access to many existing sources of funding is getting harder and what is available is becoming more thinly spread. One of the biggest concerns for charities is the decline in European funding, which has been caused largely by the expansion of the EU, which means there is less money to go round. Local authority grants are also declining, which means more charities are jostling for money from trusts and foundations as well as corporate donations.

In addition to the mainstream banks, a number of specialist finance providers have entered the field, including Charity Bank, offering loans, stand-by facilities and guarantees to third sector organisations and small enterprises. Their advantage is that they can consider more unusual or commercially risky projects, looking at the social benefits of the investment, not only the financial return.



Click here for more information: www.thirdsector.co.uk/News/FinanceBulletin/741658/Comment-Money-go-round/61F5BB2974F6FD83F9B19FAABB6F0867/

'In Work, Better off: next steps to full employment' consultation

The Department of Work and Pensions (DWP) is currently consulting on the 'In Work, Better Off' next steps to full employment green paper.

This paper sets out proposals to deliver a step change in the support offered to those who are most disadvantaged in the labour market. At the heart of the proposals is a new 'jobs pledge', which will build on the groundbreaking Local Employment Partnerships announced in the 2007 Budget. The DWP is aiming for major employers to offer a quarter of a million job opportunities to the long-term out of work.

Other key proposals include

- A new social contract with lone parents which expects an eventual move into the labour market in return for the necessary personalised support.
- A more personalised, flexible and responsive New Deal, delivering support which is right for the individual
- An integrated skills and employment agenda.

The closing date for the consultation is the 31 October 2007.



Click here for the link to the green paper: www.dwp.gov.uk/welfarereform/in-work-better-off/

Commission for Disabled Staff - Interim Report and Consultation

The Commission for Disabled Staff in Lifelong Learning, in celebrating diversity, aims to investigate and report on the current practices in the employment of disabled people in order to make recommendations that positively influence culture and practice and promote career opportunities for disabled people.

The commission wishes to receive evidence about disabled staff in the Lifelong Learning sector, this includes further education, adult and community learning and higher education. If this affects you or someone you know, whether someone currently employed in the lifelong learning sector, or as someone who left the sector due to ill health, or as someone who wants to find employment in the sector but has been unable to, it is vital that you/they respond to the Commission. There are a number of ways to do this via questionnaires which are available on the National Institute of Adult Continuing Education website or by telephone interviews. Please submit by 16 November 2007. For further information, please contact Caroline Law on 01162 044249 or email: commissionfordisabledstaff@niace.org.uk



Click here for the interim report and consultation questions:

www.niace.org.uk/projects/commissionfordisabledstaff/Default.htm

2007 Comprehensive Spending Review: prioritising socially excluded adults

A new Public Service Agreement (PSA) is aimed at reducing social exclusion amongst the most vulnerable adults. The PSA, announced on 9 October 2007 by the Chancellor as part of the 2007 Comprehensive Spending Review, is one of only 30 PSAs agreed across the whole of Government. It is the first agreement that has focused specifically on the needs of the most vulnerable adults. PSAs set out the specific improvements that the Government wants to achieve and how improvements will be delivered. Both central and local government, including local delivery partners, will be performance managed on the contribution they make.

The socially excluded adults PSA focuses on increasing the proportion of at-risk individuals in settled accommodation and employment, education or training, which represent the core foundations of normal, everyday life which the majority of people take for granted. Four client groups are covered by the PSA. They are particularly vulnerable to multiple forms of disadvantage and include: care leavers; offenders under probation supervision; adults in contact with secondary mental health services; and adults with moderate to severe learning disabilities.



Click here to find out more: www.cabinetoffice.gov.uk/social_exclusion_task_force/

In-Sight: an evaluation of user-led, recovery-based, holistic group training for bipolar disorder

This paper reports outcomes from holistic, recovery-based, user-led group training for people with DSM-IV bipolar disorder. Drawn from professional therapies and personal experience of the illness by the user-researcher, the training was delivered over 12 weekly sessions. Using a case-study approach, an experimental design incorporated pilot, main study and control groups. Self-report scales measured mood, coping, empowerment and quality of life pre-, post- and six months post-training. Semi-structured interviews noted individual change within the same time frame. Interviews with mental health professionals, medical note analysis and user researcher observations also informed the study. Findings from self-report questionnaires indicated that participants experienced improved mood stability, symptom severity, coping and quality of life and greater empowerment.



Click here to see the full report: www.eastern.csip.org.uk/our-work/whole-life/recovery/recovery-resources-.html

Mental Health First Aid

Mental Health First Aid is exactly what it suggests, a first aid approach to mental health. Originally conceived by Betty Kitchener and Professor Tony Jorm in Australia, the introduction of Mental Health First Aid (MHFA) has become an international activity: Hong Kong, Finland, Singapore, Canada and Scotland have all introduced mental health first aid. Wales and Ireland are currently working on introducing MHFA, so along with the introduction to England, UK wide coverage will be achieved.

 **Click here to read the report:** www.eastern.csip.org.uk/our-work/whole-life/whole-life-news.html

'Celebrating Age with Dignity and Respect'

On October 3rd 2007, CSIP/ Better Government for Older People (BGOP)/ Eastern Region Older Person's Advisory Group (EROPAG) held a joint event 'Celebrating Age with Dignity and Respect'. Ian Philip, National Director for Older Persons, gave a keynote address with these key points:

- Sustained change to systems needs to be augmented by dignity champions
- Involvement and engagement of OP needs to be at organisational and personal level. He suggests that info on individuals experiences should be routinely collected and reports made publicly available
- Workforce development and training should be sustainable
- Integration and partnership working between health, social care and third sector in commissioning and delivery of services is essential
- Ian's ambition is that 100% of people will have confidence that they will always be treated with dignity and respect in a system that listens and responds. Ian suggests we need a set of values that define us as organisations.

Implementation of the National Framework for NHS Continuing Healthcare

CSIP Health and Social Care Change Agent Team have been closely involved with the Department of Health policy team in developing the National Framework for NHS Continuing Healthcare and NHS funded Nursing care. The Framework aims to make the assessment process easier to understand and operate and to improve consistency both at a national and local level.

The framework sets out the criteria for assessing long term care eligibility and the procedure for investigating cases where people may have been wrongly denied continuing care. Implementation commenced on 1 October 2007. The benefits of the framework are:

- Fair and consistent access to NHS funding across England, irrespective of location
- Replaces current 3 bands for NHS funded nursing care with a single rate, the eligibility for which is determined within the same system, reducing need for repeated assessments
- Recommendation for eligibility is based on need, not diagnosis, and made by the professionals who know the service users best
- Decision making is person centred and users wishes have to be taken into account
- Eligibility is not determined by the setting or person/s providing care
- The decision making process is a transparent one for service users and their families
- Financial issues must not be a factor when determining eligibility
- Regular review is integral in the framework.

There are resource packs and podcasts available for training. A patient information leaflet is being developed and will be ready by the end of October 2007.

 **Click here to view resources:** www.dh.gov.uk/en/Policyandguidance/Organisationpolicy/IntegratedCare/Continuingcarepolicy/index.htm

Nacro calls for fresh approach to mental healthcare of offenders

To mark World Mental Health Day on 10 October 2007 national crime reduction charity Nacro is calling for a complete overhaul of the way the criminal justice system deals with offenders with mental health needs, starting with a statutory duty for all police stations and courts to have access to a criminal justice mental health liaison scheme.

Despite improvements in recent years to mental health provision inside prisons, Nacro believes that resources should be targeted before sentencing to reduce the number of people with mental health needs unnecessarily going to prison, where their mental health problems may be exacerbated and where the chance for rehabilitation may be significantly reduced. At any given time 5000 people with a serious mental illness will be in prison.

In a comprehensive review of the current system, published on 10 October 2007, Nacro highlights a series of problems, including:

- severe lack of knowledge or understanding of mental health issues in police stations and courts, often leading to the unnecessary use of custody for both remand and sentence, fuelling the problem of prison overcrowding
- failure of the criminal justice system to coordinate with healthcare services in providing for mental health needs of offenders, leading to inappropriate action being taken which could increase rather than reduce the likelihood of reoffending
- resources being wasted through the duplication of assessments because of the lack of coordination



Click here to access the press release & report:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100841&grp=1



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CSIP Eastern Development Centre Update

Mental Health Act Code of Practice and Secondary Legislation Consultations

On the 25 October 07 the Department of Health launched formal consultations on the draft revised Mental Health Act 1983 Code of Practice and the draft secondary legislation to be made in the light of the Mental Health Act 2007. The consultations begun on 25 October 2007 and ends on 24 January 2008. If you wish to make any comments please email the Mental Health Act Implementation Team at mhbillcodeofpractice@dh.qsi.gov.uk

There will be two Code of Practice events in the Eastern Region, on 11 December 2007 for 30 Key Informers (Invitees only) and on 21 December 2008 with 100 places. Further details of these events will follow shortly.



Click here to view the consultation documents: www.dh.gov.uk/en/Consultations/Liveconsultations/DH_079842

Dementia from the Eastern Region Older People Programme

As part of the Darzi review, Louise Molina, Eastern Region Programme Manager for Older People, is part of a sub-group reviewing dementia services. Louise is interested to hear from anyone about dementia care pathways that are working particularly well and about specific challenges/suggested solutions, please email: louisem@projexhealth.co.uk



Get Involved! An invitation to contribute to the Regional Improving Access to Psychological Therapies and Primary Mental Health Care Regional Network

The comprehensive spending review (CSR) sets out government spending for the next three years, the Health Minister Alan Johnson announced an additional 170 million pounds for Improving Access to Psychological Therapies (IAPT). This new level of investment will enable the IAPT pathfinder programme to expand and the Eastern region will expect a (per capita) share of the first 33 million to be invested in 2008/09.

The East of England Strategic Health Authority is committed to supporting the implementation phase of the IAPT programme and is currently focussing on understanding the training and educational needs of the workforce, understanding that more psychological therapies requires more trained therapists and support staff. New training courses are being prepared to train staff in the Eastern region to provide better psychological therapy services.

To support the Eastern region in the development of new and improved psychological therapy services, in the development of a regional training strategy and in ensuring that the right services are available for the right people at the right place and time Fiona McMillan-Shields Programme Manager for Psychological Therapies & Personality Disorder, CSIP Eastern would like to invite you to get involved with their regional IAPT/Primary care network and an opportunity to attend the next regional IAPT Primary Care group meeting to be held in Fulbourn, on the 6 November 2007.

Fiona is seeking to recruit additional network members and in particular will be keen to invite representatives from organisations supporting service users, from higher education providers, and from people who have had direct experience of having psychological therapy of any kind.

For further information, please contact Debbie Marr on 01206 287541 or email: debbie.marr@csip.org.uk or Fiona McMillan-Shields on 07900 276556 or email: fiona.mcmillan-shields@csip.org.uk

 **Click here for more details:** www.eastern.csip.org.uk/our-work/improving-access-to-psychological-therapies/iapt-news.html

Communities work: A specialist trailblazer programme – Applications packs available & new November 2007 & March 2008 dates

CSIP Eastern Development Centre is pleased to be able to run the Communities Work Trailblazer programme. This exciting programme, based on the prestigious Trailblazers course, will explore innovative ways of using education and training to develop partnership working between community led groups and the voluntary or statutory sectors of health and social care. The main criteria for participation is that each pair should be able to commit to developing and writing up a project which promotes closer working between their organisations and better outcomes for the community.

The successful applicants will be expected to attend all 3 meetings and provide a project write up during the course of the programme. The modules will be held on 27 & 28 November 2007, 10 & 11 January 2008, 19 & 20 March 2008. Final submission of interest and/or applications forms must be received by no later than 15 November 2007. Please do not hesitate to call to discuss these opportunities.

For further information and to discuss a place on the programme, please contact Debbie Roberts on 07920 297194 or email: debbie.roberts@csip.org.uk or Ray Baird on 07779 280559 or email: ray.baird@csip.org.uk

 **Click here to view the flyer & application form:** www.eastern.csip.org.uk/events/trailblazer-programme-courses.html

Equal Partners & Learning Set for Third Sector leaders – November 2007, January 2008, February 2008 & March 2008

CSIP Eastern Development Centre, with support from our regional partners, is offering two major improvement and development opportunities for Third Sector Leaders and their partner agencies during autumn/winter 2007/8. The two courses are Equal Partners and Learning Set for Third Sector Leaders.

Closing date for applications is 22 October 2007. For further information, please contact Chris Rowland on: 07747 536065 or email: chris.rowland@csip.org.uk or Kevin Whiteley on 01206 287595 or email: Kevin.whiteley@csip.org.uk

 **Click here to access the application forms:** www.eastern.csip.org.uk/our-work/voluntary-sector/voluntary-sector-events-and-info.html



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Events

Social Exclusion, Community Cohesion & Anti-Social Behaviour: a practical exploration of the issues - 31 October 2007, Newmarket

This event is organised by East of England Regional Assembly and it will address specific issues such as inter-generational conflict, the impact of age and disability, and the experience of new migrants and chronically excluded adult. For further information, please contact Sue Houlder on 01284 729421 or e-mail: sue.houlder@eera.gov.uk

 **Click here for more details:** www.eastern.csip.org.uk/events/events/noncsip-national--regional-events-of-interest.html

East Suffolk Advocacy Network Open Day & Annual General Meeting – 1 November 2007, Ipswich

The theme of this year's Open Day is 'Working Well for All of Us'. East Suffolk Advocacy Network (ESAN) will be introducing their new Diversity and Discrimination Advocacy Project (funded by Comic Relief). For further information, please contact Tricia Hazelton on 01473 329671 or email: esan@advocacynetwork.freemove.co.uk

 **Click here to view the flyer:** www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100737&grp=1

Quality of Life conference: tackling the barriers to a better quality of life – 5 & 6 November 2007, Stansted, Essex.

Essex County Council is proud to be hosting a groundbreaking national conference to discuss these very issues. This two-day event will be exploring how best to deliver sustainable improvements in quality of life, drawing on best practice from the UK and beyond. For further information, please call 01245 436569 or email: events@essexcc.gov.uk

 **Click here for more information:** www.essexcc.gov.uk/qualityoflifeconference

Keeping Disabled Children Safe – 6 November 2007 & 7 February 2008, Sheffield & York

A one-day course to raise awareness of and develop strategies for, safeguarding disabled children from the National Children's Bureau. For more information, please contact National Children's Bureau Training Department on 020 7843 6084/1906 or email to training@ncb.org.uk.

 **Click here to download the flyer:** www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99134&grp=1

Experience and innovation: working in partnership - 6-7 November 2007, Dorset

Mind and the newly formed National Survivor User Network (NSUN) are joining forces to put on a conference together. This conference is only for people who have had direct experience of mental distress (including service users and survivors). For further information, please contact 0844 448 4450/020 8215 2312 or email: conferences@mind.org.uk

 **Click here to view the flyer:** www.mind.org.uk/Information/Conference+and+training/Experience+and+innovation+info.htm



Evaluating youth arts projects – 12 November 2007, the Garage Norwich

This creative, interactive one day workshop explores the benefits of meaningful evaluation of youth arts projects. Beginning by addressing preconceptions around evaluation (constructive exercise or chore?) the course will progress to examine methodologies, structured approaches and case studies using a series of collaborative exercises and tutor led presentations. For further information, please contact the Artsplan Development Manager on 02380 630960 or email: artsplan@artswork.org.uk



Click here to access the flyer: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100011&grp=1

Social Enterprise day 15 November 2007, Cambridge

Social Enterprise East of England is holding a black and white Gala Dinner to celebrate Social Enterprise Day in style. Winners of their photo competition will be announced and key networking figures will be in attendance. It's a great chance to take stock and see what else is happening in the region and celebrate social enterprise as a new model of business for the future. For further information, please email admin@seee.co.uk



Click here for more details:

www.socialenterprise-east.org.uk/page.asp?section=0001000100170004&itemTitle=Social+Enterprise+Day

Eastern Regional: practice based commissioning in partnership - 15 November, 2007, Newmarket

The White Paper, "Our Health, Our Care, Our Say" sets a pattern for partnership approaches to commissioning. This major regional conference has been developed by the CSIP Integrated Care Network, organised through the Eastern Region Commissioning leads. For further information, please contact Luke Ryrie on 02079724095 or email: mbicn@dh.gsi.gov.uk



Click here to view the flyer: www.eastern.csip.org.uk/events.html

Mental health & aging 2007 – 15 November 2007, Norwich

This conference is focused on the theme of dementia care. For further information, please contact Jackie Watson on 01603 261951 or email: Jackie@wolvercott.co.uk



Click here to view the flyer: www.eastern.csip.org.uk/events/events/noncsip-national--regional-events-of-interest.html

Disability Equality & the Disability Discrimination Act 1995 – 2006 – 16 November 2007, Chelmsford

This one day disability equality training course aims to gain an understanding of the disability equality perspective including a 'rights not charity' approach, to promote a policy of social inclusion, to promote the 'Independent Living' agenda and much more. For further information, please contact the Training Team on 01245 392301 or email: Training@ecdp.org.uk



Click here to view the flyer: www.eastern.csip.org.uk/events/events/noncsip-national--regional-events-of-interest.html

Time Banking Conference in the Eastern Region - 20 November 2007, Cambridge Rugby Club

CSIP Eastern and Time Banks UK invite you to attend a free one day conference to promote and encourage the setting up of more Neighbourhood Time Banks in the Eastern Region. Time Bank is a national charity inspiring and connecting people to share and give time. Time Bank appeals to people like you who know that their time and skills are in demand - but just don't know what to do about it or where to start.



Click here for more information and to register: www.eastern.csip.org.uk/events.html



Recognising & managing mental health issues - 20 November 2007 & 15 January 2008, London

Non-medical training for Human Resource personnel and managers that focuses on "what to do", not "what is wrong", when colleagues show signs that may be a mental health issue. For further information please contact Andrew Buckley on 01263 862286 or email: info@kipepeo.co.uk



Click here for more details: www.kipepeo.co.uk

Supporting People: delivering health & wellbeing - 21 November 2007, Suffolk.

CSIP Eastern Development Centre and Supporting People Eastern Region Group announce a one day event that will explore the opportunities for joint work and partnership within the region around the Supporting People programme and the most recent guidance on commissioning health and social care services. For further information, please contact Kevin Whiteley on 01206 287595 or email: Kevin.whiteley@csip.org.uk



Click here for the flyer & booking form: www.eastern.csip.org.uk/events.html

Developing Joint Strategic Needs Assessment in the East of England – 22 November 2007, Cambridge

Joint Strategic Needs Assessment (JSNA) is seen as an essential, and soon to be statutory, support to effective commissioning, as outlined in the recent Commissioning Framework for Health and Wellbeing. It is a key means by which Primary Care Trust (PCT) and Local Authorities will describe the future health, care and well-being needs for local populations, both in preparation for new LAAs, and to inform locality commissioning strategies. For further information, please contact Peter Millist on 01206 287579 or email: peter.millist@csip.org.uk



Click here for the flyer & registration form: www.eastern.csip.org.uk/events.html

Expert Voices Eastern/ Skills for Care Conference – 26 November 2007, Cambridgeshire

'Expert Voices Eastern' (EVE) is a group of people who use services and carers from across the Eastern Region who provide Skills for Care with guidance and consultation based on their own experiences of Social Care.

The EVE conference will provide a unique and exciting opportunity for people who use services and carers from across the region to tell us what they feel about the current Social Care workforce development and to work in partnership with Skills for Care Eastern. Please note the majority of the places at this conference are open to people who use services and carers. Places for professional are strictly limited to invited people only. For further information, please contact May Chiang on 01223 718291 or email: may.chiang@cambridgeshire.gov.uk



Click here for the booking form:

www.skillsforcare-eastern.org.uk/index.php?option=com_content&task=view&id=182&Itemid=73

Access to justice: creating equality for people with mental health problems – 29 November 2007, London

People with experience of mental distress are more likely to be the victims of crime, including disability hate crime, domestic violence, elder abuse and anti-social behaviour. This conference will be the first step in raising awareness amongst key stakeholders in the criminal justice world of the need to provide a more flexible and responsive service for victims and witnesses experiencing mental distress. For further information, please contact Lily Peperell on 02082 152312 or at l.peperell@mind.org.uk



Click here to view the flyer: www.mind.org.uk/Information/Conference+and+training/Access+to+justice+information.htm



National Institute for Health & Clinical Excellence 2007: evidence into practice, 5-6 December 2007, Manchester

By December 2007 National Institute for Health & Clinical Excellence (NICE) will also have issued guidance on a number of key public health topics, such as smoking cessation and substance misuse. This conference will address how NICE uses expert advice and evidence to develop guidance, and will offer practical and realistic examples for those working in the NHS and wider public health community on the best ways to turn recommendations into reality. For further information, please contact Health Links Events Ltd on 01212 483399.

 **Click here to view the programme:** www.nice2007.co.uk/

Health Services Management Centre courses on surveys, statistics, analytical and research methods for health and social services – December 2007, January - April 2008, University of Birmingham

The Health Services Management Centre (HSMC) short courses and in-authority workshops on surveys, analytical and research methods and statistics, specially focused on health and social care are:

- **Qualitative research methods – 9-11 January 2008, University of Birmingham**

This three day course will involve an overview and exposure to different types of qualitative research methods and experience of "hands-on" research. Participants will design, collect data and carry out data analysis during the three days.

- **Questionnaire and survey design - 4-6 February 2008, University of Birmingham**

This three-day workshop will consider the role, design and conduct of surveys within Health and Social Services.

- **Introduction to statistical analysis parts I & II – Part I: 12-14 March 2008, Part II: 12-14 December 2007 or 28-30 April 2008, University of Birmingham**

These three-day workshops are intended as an introduction to statistical analysis for clinicians and NHS officers from any discipline.

Any of the workshops can be delivered on your own premises. In addition, tailor-made 1, 2 & 3-day workshops can be arranged for individual organisations or groups of organisations. For further information, please contact Penelope Mullen at p.m.mullen@bham.ac.uk or: Ingrid Leeman at i.leeman@bham.ac.uk

 **Click here for full details:** www.hsmc.bham.ac.uk/seminars/workshops.htm

Date for your Diary: Early Notice of Regional Expert by Experience User & Carer Conference – 21 February 2008, Ipswich

This one day conference hosted by CSIP Eastern Expert by Experience programme is for people with current or past experience with mental health services and carers. Topics will include Mental Health Act, Reclaiming Recovery, Direct Payments and much more. For further information, please contact Jayne Bulman on 01206 287587 or email: jayne.bulman@csip.org.uk

 **Click here for the flyer & registration form:** www.eastern.csip.org.uk/users-and-carers/involvement-events.html



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Useful Resources

Carers UK the voice of carers: Training Unit news October 2007

You can now access the latest newsletter from Carers UK.

 **Click here to access the newsletter:** <http://dotm1.net/cr.asp?i=160986361&CID=175924>

Care Brokerage newsletter Autumn/Winter 2007

The Cambridgeshire and Peterborough Care Brokerage is an impartial organisation offering, an independent link between health and social care employers and training providers with up to date information on training and funding.

 **Click here to access the newsletter:**
www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100398&grp=1

Celebrating Diversity

Black History Month is a great time to share local knowledge and information about diversity. Discover the secret to success and happiness of living in diverse Britain by thinking and living beyond borders and boundaries.

Britain has huge strength in its diversity and change is happening everywhere. But there are also blocks of resistance created by ignorance, mistrust and fear. To surmount these requires courage and sensitivity. In this brilliant new book, 'Celebrating Diversity', Dr Atul Shah provides the tools we need to develop those qualities.

 **Click here for more details:** www.diverseethics.com/PRESSQUERIES.htm

East Anglia Hub newsletter issue 18

You can now view the latest newsletter from the East Anglia Hub, part of the national Mental Health Research Network (MHRN).

 **Click here to access the newsletter:** www.ukmhrn.info/dnn/Default.aspx?tabid=142d

Mental Health & Social Care current awareness newsletter No. 128

You can now view the latest newsletter from the Clinical Resource Centre & Library at West Suffolk Hospitals NHS Trust. This service is checking selected internet sites for reports and news items of interest to staff working in the Mental Health and Health & Social Care Sectors.

 **Click here to access the newsletter:** www.wsh.nhs.uk/Library/MentalHealthBulletins/

Social enterprise newsletter October 2007

You can now view the August newsletter from NHS Networks, Social Enterprise

 **Click here to access the newsletter:**
www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100394&grp=1

Personalising support: the future for care services...now

- **National Centre for Independent Living**

Campaigning for the rights and equality of disabled people. National Centre for Independent Living (NCIL) is a National support, advice and consultancy organisation that aims to enable disabled people to be equal citizens with choice, control, rights and full economic, social and cultural lives.

They are a not-for-profit, membership organisation, run and controlled by disabled people. NCIL believe in the "social model of disability", which means when we talk about "disabled" people, we mean how society disables us by the way that it treats and excludes us whatever our impairment. They focus on how and where society fails to include disabled people by "disabling" attitudes and barriers and aim to reduce and remove those barriers.



Click here to visit the NCIL website: www.ncil.org.uk

This website is designed to be a resource on independent living, direct payments and individual budgets for disabled people and others working in the field who may find it useful.

- **Increasing the Uptake of Direct Payments**

Direct payments were introduced in England in April 1997 following a long campaign by disabled people and their allies. Over the past 10 years, thousands of people have benefited from the choice and control they offer. With the current focus on redesigning the existing care system, through individual budget pilots and 'in Control', direct payments are both the way to prepare the social care system for radical change, and an important component of the realisation of that change.



Click below to learn more: <http://kc.csip.org.uk/solutionset.php?grp=601>

- **Individual Budgets Pilot Programme**

This website explains what individual budgets are and tells you about the pilot programme. It will keep you up to date with what the Local Authorities involved in the pilot are doing and learning.



Click below to enter the website: www.individualbudgets.csip.org.uk/

- **in Control Website**

In Control aims to change the organisation of social care in England so that people who need support can take more control of their own lives and fulfill their role as full citizens.



Click below to enter their website: www.in-control.org.uk/

- **Self-Directed Support Network**

The Self-directed support network is a community of people who want disabled people, older people and their families to get more control over their support and services. It's a place where you can make connections with other people who are involved in changing service systems and practices, and get information to understand what these changes might mean for you, too.



Click below to view these web pages: <http://kc.csip.org.uk/groups.php?grp=36>



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Please Note:

Hyperlinks:

If you find the links do not work this may be because your computer is not compatible. Click on the internet and type the web address into the address box on the internet tool bar.



Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Commissioning – **Maurice Burns 07789 864212**
- Health and Social Care in Criminal Justice – **Rob Jayne & Amanda Hawkins 01206 287578**
- Learning and Improvement Networks – **Paul O'Halloran 01206 287594**
- Learning Disabilities (Valuing People Support Team, VPST) – **Simon Whitehead 01449 616187**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Rix 01206 287592**
- Older People and Physical Disabilities – **Angie Glew 07775 906892**
- Adult Social Care – **Amanda Reynolds 07775 631510**



[To download a copy of our 2005/06 Mental Health Prospectus, click here](#)



For access to our website click on the link: <http://www.eastern.csip.org.uk/>

Care Services Improvement Partnership 

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list, contact:

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