

e-bulletin

Issue 32
12 October 2007



Welcome to our regular e-bulletin, which is circulated every fortnight. Thanks to everyone who has emailed with news stories, and comments and suggestions.

If you have any information or ideas for the Bulletin please contact [Jayne Bulman](#), at CSIP Eastern Development Centre – contact details later. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

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Regional News

Go 'Red & Alive' for World AIDS Day

DHIVERSE, the HIV and sexual health charity, has launched a campaign to mark World AIDS Day. The 'Red and Alive' campaign launched on the 1 October 2007 and will run through to the end of December, with World AIDS Day on the 1 December 2007. The campaign website includes details of awareness events planned by groups across the region.

In the UK rates of HIV and sexually transmitted infections have been rapidly increasing. There are approximately 70,000 people living with HIV and AIDS, and almost a third do not know that they are infected. Furthermore 1 in 10 sexually active young people are infected with Chlamydia, a sexually transmitted infection, which if left untreated can cause infertility, and in women pelvic inflammatory disease and ectopic pregnancy. HIV is a global crisis with no country left untouched. In some countries around the world as many as a fifth of the adult population is now infected. This year's campaign materials reflect the global and local fight against HIV. Last year more than 100 events were planned across the region, and DHIVERSE provided more than 30,000 free posters, leaflets and resources.

Anyone can be part of raising awareness of HIV and sexual health this World AIDS Day. Why not visit the website today to order your free materials, tell them about an event you have planned, or find out what is going on near where you live and work. The campaign will include charities, schools, NHS groups, local government and local business.

'Red and Alive' is aiming to involve more people in taking action this World AIDS Day than ever before. Could you organise an event or display, even a Wear Red to Work Day, or help by having a Red Ribbon dispenser at your organisation? Whatever you do, it will help to raise awareness and help to tackle the stigma and discrimination that continues to impact the lives of people living with HIV. For further information please contact DHIVERSE on 01223 508805 or email: redandalive@dhiverse.org.uk

 [Click here to visit Red and Alive Website: www.redandalive.com](http://www.redandalive.com)



Mad About Theatre Company

Mad About Theatre Company in Clacton operates to improve the lives, well being and mental health of people with disabilities, autism and older people.

At the theatre company they believe in high quality training and preparation to deliver the best for their audience and students. They develop and work on organic theatre, creating their own stories, plot lines and a theatrical experience that will develop your skills as a performer or participant and always thrill and excite the audience they play to.

The original charity arm of the company was inspired in 1999 by playwright Indi Allen, who had the vision to support as many people living with cancer, to live fuller lives by raising vital funds for the work of cancer charities. The charity side of the company has raised thousands of pounds for Macmillan Cancer and also aims to raise funds and support to African projects for children orphaned by HIV. In the future, Mad About Theatre Company aims to develop a stronger campaign to support healthier, stronger communities by campaigns to support health and social care. For more information please visit their website on <http://madabouttheatrecompany.com>

Suffolk Mental Health Partnership NHS Trust winners show the very best of mental healthcare

Community drugs workers, healthcare staff and a group which helped shape the direction of mental health services are among the winners in Suffolk Mental Health Partnership NHS Trust's first staff recognition awards. The nominations for the awards were invited from colleagues, service users, carers and members of the public. Some of the winners were:

- Individual award for making a difference: Ipswich community drugs worker Lyn Jones
Lyn was nominated for this award for her dedication to an innovative outreach service set up to help vulnerable women working in the Ipswich sex industry.
- Team award for user and family carer involvement: the forensic community mental health team
By taking into consideration an individual client's needs during a sad situation, community psychiatric nurse Mick McCarthy and occupational therapist Christine Bell, on behalf of the forensic community mental health team, delivered a level of care and support that went above and beyond the call of duty.
- Special team award for user and family carer involvement: Caroline Pemberton and Christine Curry
Caroline and Christine, who represent the two organisations Suffolk User Forum and Suffolk Family Carers, have helped the Trust improve its service in many ways. They have developed standards for each mental health team to use as part of their overall governance for user and carer involvement, worked on initiatives to improve care such as ward exit surveys, raised user and carer awareness of Trust issues, and developed family carer packs for the wards.

 **Click here to view the press release:**

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100650&grp=1

Cambridgeshire & Peterborough Mental Health Partnership NHS Trust has a new in-patient unit for people with learning difficulties opened in Peterborough

Two former specialist health units providing assessment and treatment for adults with learning disabilities in Peterborough have merged and reopened following complete refurbishment.

'The Hollies' situated at the Gloucester Centre, has been created following a reconfiguration of the inpatient service in the area to provide a 10-bed short-stay assessment and treatment service for people with learning disabilities who also have mental health problems or require specialist assessments for conditions such as epilepsy.

 **Click here to view the press release:** www.cambsmh.nhs.uk/default.asp?id=78



Norfolk & Waveney Mental Health Partnership Trust news:

• A streamlined service for patients

A completely seamless service between hospital care and home care for people with mental health problems in rural Norfolk is marking its first few days of existence. Whereas before, people in the central Norfolk area (excluding Norwich city) who needed a stay in hospital would be looked after by a different team to the one which looked after them at home, now they can receive their care from the same person irrespective of where they happen to be.

The Norfolk and Waveney Mental Health Partnership NHS Trust's Crisis Resolution and Home Treatment (CRHT) team, inpatient staff and social workers have integrated into one team working in both the community and on the wards at Hellesdon Hospital in Norwich.

• New Norwich base for drug and alcohol team

A new base for a specialist healthcare team which helps people in Norwich who are overcoming drug and alcohol problems was officially opened on 21 September 2007.

Staff moved into the new Weavers Centre, Hellesdon Hospital base from the Trust's Alcohol and Drugs Service (TADS) former Norwich premises at Colegate, Victoria Street and Unthank Road earlier this year. Because of the extra space, all the professionals are now under one roof. Previously, it was difficult to maintain close working relationships due to being in different locations.

• Phil Canning's ashes will be scattered amongst the heavens

Senior charge nurse Phil Canning, 52, died in August, days short of his first wedding anniversary. His funeral was attended by more than 350 people, including many he met during his 33-year career in mental health.

Phil developed a love for skydiving after his colleagues had a whip-round to pay for his first jump as a 50th birthday present. Colleagues and friends, together with Phil's wife, Jane, and children are set to take to the skies to scatter his ashes above the Norfolk countryside. They will be part of a 25-strong tandem team who are set to scatter Phil's ashes during a skydive over Old Buckenham on 25 October 2007.

• Elections for NHS Foundation Trust governors

Members of the proposed Norfolk and Waveney NHS Foundation Trust for mental health are being invited to stand as governors for the new Trust.

Over the next few days, people who have joined the public, service user and carer member groups will receive a notice asking them if they would like to stand for election to the Board of Governors. The closing date for nominations is 22 October 2007, with ballot papers being sent out on 19 November 2007.

There are vacancies for five public governors, one male service user governor, two female service user governors and one carer governor. Members interested in standing are invited to call Barnaby Ho on 02088 899203.

 **Click here to view the press releases:**

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100622&grp=1

National bus pass for older and disabled people unveiled

Transport Secretary Ruth Kelly unveiled the new pass that will give older and disabled people free off-peak bus travel across England from 1st April, 2008.

Currently, people aged 60 and over and eligible disabled people are entitled to free off-peak bus travel within their own local authority area. But from April 2008 the Government will invest up to an extra £250m each year to extend the scheme to include off-peak local bus travel anywhere in England.

The new passes will also incorporate ITSO 'smartcard' technology to boost the roll out of 'smart ticketing'. This will help minimise fraud and ensure that the number of journeys made by pass-holders are accurately recorded for reimbursement purposes between local authorities and bus operators. In areas where buses are not yet fitted with smartcard readers the cards can still be shown to the driver as a traditional 'flash' card upon boarding.

 **Click here to view the press release:**

www.gnn.gov.uk/environment/fullDetail.asp?ReleaseID=315509&NewsAreaID=2&NavigatedFromDepartment=False



South Essex Partnership NHS Foundation Trust mental health innovation celebrated

Some of the most innovative projects in the field of mental health were showcased at a high octane awards show hosted by South Essex Partnership NHS Foundation Trust (SEPT).

SEPT staff were invited to submit their application for the Quality Awards 2007 earlier this year and five projects were short listed that showed they had had a positive impact on the lives of our service users, carers or staff. Special guest on the night, who presented the awards to the winners, was Sue Slipman, Director, Foundation Trust Network, the organisation which represents the views and promotes the common interests of NHS foundation trusts and those aspiring to foundation trust status.

Winners included a project that addresses the physical health needs of mental health service users; a carer led training package and an initiative to improve the work life balance of SEPT staff.

 **Click here for more information:** www.southessex-trust.nhs.uk/Show_News_Item.asp?id=193

South Essex Partnership NHS Foundation Trust: mental health art exhibition

Over 500 people viewed the fourth annual art exhibition hosted by South Essex Partnership NHS Foundation Trust (SEPT) at The Towngate Theatre, Basildon, earlier this month.

The exhibition, which had over 100 works of art on display created by staff, service users and local artists, ran for two days. Pupils from south Essex schools were also invited to display works of art depicting their views of mental health issues.

 **Click here for more information:** www.southessex-trust.nhs.uk/Show_News_Item.asp?id=192

South Essex Partnership NHS Foundation Trust improves patient care in Essex

South Essex Partnership NHS Foundation Trust's Information Prescription initiative website, Info 4 U, has gone live. The initiative allows service users access to individually tailored information alongside their prescribed treatment.

SEPT was named as one of only 20 sites in the country to pilot the new Information Prescription initiative. Pilot sites were chosen across the country and cover the care of people with a wide range of conditions. The SEPT pilot will cover adult mental health services in Thurrock and will conclude at the end of January next year.

 **Click here for more information:** www.southessex-trust.nhs.uk/Show_News_Item.asp?id=177 or visit the Info 4 U website at www.ips500.co.uk/public/



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National News

'Equal Treatment: Closing the Gap' - one year on: latest news on Disability Rights Commission's Formal Investigation into health inequalities:

A year on, the report of the Reconvened Formal Inquiry Panel of the Disability Rights Commission's Formal Investigation into the inequalities in physical health experienced by people with mental health problems and learning disabilities is now available. This latest report from the Reconvened Inquiry Panel provide full details of key recommendations for action and how the new Equality and Human Rights Commission could pursue delivery.

 **Click here to view the report:** www.drc-gb.org/library/health_investigation.aspx



Where have Local Involvement Networks (LINKs) come from?

In 2003, the commission for Patient and Public Involvement in health was set up. Their job has been to support different ways for people who use health services to have a say about how those services are run. They support Patient Forums from each NHS Trust.

People should have 'more choice and a louder voice' about the health and social care services they get. This includes a new Local Involvement Network or LINKs. LINKs will replace Patient Forums and the Commission for Patient and Public Involvement in Health. There will be a LINK in every Local Authority area (that is responsible for Social Services).

LINKs will be a network of people and organisations or groups. They will be able to represent the views and ideas of lots of different people. They will not take over from groups that work at the moment, but they should be able to make it easier for groups to have their say about local services.

LINKs will be able to make reports, recommendations and ask for information and get a reply within a set amount of time, go into some types of services to see what they do and tell an Overview and Scrutiny Committee what they have found and get a response.

Each local authority will get a grant from the Department of Health. Each local authority will use the money to pay a host organisation, which will be responsible for setting up the LINK and giving practical support. The LINK will be independent from the local authority and each LINK will decide how they want to get the work done. LINKs is expected to be established from the start of April 2008.

See 'Useful Resources' section for more publications on LINKs.



Click here to read the easy read presentation: www.eastern.csip.org.uk/LINKs.htm

Consultation on the regulations for Local Involvement Networks (LINKs)

The Local Government and Public Involvement in Health Bill contains proposals to establish Local Involvement Networks (LINKs). LINKs will have specific powers to hold local health and social care services to account. Draft regulations, setting out how these powers will work, have been published for consultation. On 28 September 2007 the Department of Health launched the consultation for discussion by health and social care professionals, patients and service users. This document outlines draft versions of these regulations, explains more about them, and asks for views and comments on them by 21 December 2007. For further information, please contact Patient and Public Empowerment Team on 020 7972 5324 or email: PPIMailbox@dh.gsi.gov.uk



Click here to view the consultation documents: www.dh.gov.uk/en/Consultations/Liveconsultations/DH_078794

Health Technology Assessment programme on-going funding opportunities

The National Institute for Health Research, Health Technology Assessment (HTA) programme is inviting research proposals for pragmatic clinical trials. Proposals are sought addressing any health problem, however in this funding round we would particularly welcome proposals related to stroke or dementia. The deadline for proposals is 16 January 2008. For further information, please contact HTA Clinical Trials Team on 02380 595621 or email: htact@soton.ac.uk



Click here for more details: www.hta.ac.uk/funding

Call for Learners' Voices - prose, poetry, artwork, multimedia for a special mental health edition of adults learning and future resources

In 2006 Learners' Voices sent contributions of poetry, artwork and much more to the National Institute of Adult Continuing Education (NIACE), National Institute for Mental Health in England and Learning Skills Council partnership programme, which was exceptional and many of the contributions they received were used in the powerful 'One in Four' booklet published last year. Further contributions will feature in the 'One in Four' Campaign Pack which will be launched at the annual mental health conference in London on 29 November 2007.

NIACE is keen to continue to give voice to the creativity of people who are experiencing, or have experienced, mental health difficulties so they are asking you to send them more contributions as soon as possible. They are looking for personal writing, poetry, artwork and multimedia (e.g. photography, podcasts, video casts, video shorts, and animations). They are not looking for 'perfection' but for writing, artwork and media that gives voice to people's experience and concerns in ways that help to reflect mental health concerns. NIACE think that high quality resources and publications, with moving and powerful writing and images from a wide cross section of learners, both validates their experience and knowledge as well as encouraging potential readers to think about and understand the many issues involved.

All of the pieces chosen for publication will be give full credit to those who submitted them, either in their own names or using pseudonyms if this would be their preference. They are able to offer an honorarium of £50 for each piece that they use. Please do not send in your original contributions but a jpeg file/photocopy with your name and address clearly on the back.

For further information and to send in any contributions, contact Susan Rees at NIACE, 21 De Montfort Street, Leicester, LE1 7GE or email: susan.rees@niace.org.uk or call on 0116 204 4256

See 'Events' section for information on the annual mental health conference

 **Click here for information on the programme:** www.niace.org.uk/mentalhealth

'In Work, Better off: next steps to full employment' consultation

The Department of Work and Pensions (DWP) is currently consulting on the 'In Work, Better Off' next steps to full employment green paper.

This paper sets out proposals to deliver a step change in the support offered to those who are most disadvantaged in the labour market. At the heart of the proposals is a new 'jobs pledge', which will build on the groundbreaking Local Employment Partnerships announced in the 2007 Budget. The DWP is aiming for major employers to offer a quarter of a million job opportunities to the long-term out of work.

Other key proposals include

- A new social contract with lone parents which expects an eventual move into the labour market in return for the necessary personalised support.
- A more personalised, flexible and responsive New Deal, delivering support which is right for the individual
- An integrated skills and employment agenda.

The closing date for the consultation is the 31 October 2007.

 **Click here for the link to the green paper:** www.dwp.gov.uk/welfarereform/in-work-better-off/



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CSIP Eastern Development Centre Update

Self Directed Support Academy to be established

With the 'personalisation' agenda now becoming a major priority, the big challenge for services and for the people they support is how to make self directed support work in ways that give people real control over their lives. To help with this challenge, CSIP has established a self directed support (SDS) plan.

Amanda Reynolds, Social Care Change Agent, CSIP Eastern, would like to set up an SDS 'academy', which would be made up of individuals who have managed their own support using individual budgets, direct payments or any other way, and who would themselves be interested in helping both other people and services understand the benefits, and the best ways to develop the opportunities in person centred ways. These academy members would be involved in assisting CSIP with its SDS plan by giving presentations, helping with training, and advising those responsible for implementing policy.

CSIP Eastern knows that one of the most powerful ways to increase learning is to use the direct experiences of people involved in something to inform best practice. Therefore if you know anyone who may be interested in such a role, and with their permission please complete the expression of interest form and return to Amanda Reynolds at CSIP Eastern, 654 the Crescent, Colchester Business Park, Colchester CO4 9YQ or email to amanda.reynolds@csip.org.uk



Click here for the letter & expression of interest form: www.eastern.csip.org.uk/our-work/social-care/social-care-resources-and-news.html

Regional Personality Disorder Programme July 2007 to March 2008

This briefing paper summarises the CSIP Eastern Personality Disorder Programme's recent and current activity.

Since the Policy Implementation Guidance, 'Personality Disorder: No Longer a Diagnosis of Exclusion', was published in January 2003 to facilitate the implementation of the 'National Service Framework for Mental Health' the Regional Personality Disorder Programme has achieved and is currently working on the following:

Achievements

1. Capacity Plan: a Capacity Planning Exercise was conducted across England and Wales. The exercise in the Eastern region actively engaged all services and was coordinated locally by the Eastern Specialist Commissioning Group.
2. Two community pilot sites Cambridge and Peterborough Mental Health NHS Partnership Trust and The Haven, were hosted in the Eastern region supported by NIMHE (CSIP) via the regional personality disorder programme.
3. The regional PD Training Pilot: delivering training and educational experiences to regional staff

Current activity

- Co-facilitation of regional network 'Regional Personality Disorder Services Reference Group' hosted by Eastern Specialised Commissioning Group
- Hosting ad hoc conferences/learning events on personality disorder.
- Active engagement, consultancy and support to PD service development initiatives.
- Hosting a regional personality disorder service user network project
- Engaging in the marketing and positive promotion of personality disorder via the 'Personality Plus' Initiative
- Active engagement with third sector



Click here to access the briefing paper: www.eastern.csip.org.uk/our-work/personality-disorder-services/personality-disorder-useful-information.html



Equal Partners & Learning Set for Third Sector Leaders – November 2007, January 2008, February 2008 & March 2008

CSIP Eastern Development Centre, with support from our regional partners, is offering two major improvement and development opportunities for Third Sector Leaders and their partner agencies during autumn/winter 2007/8. The two courses are Equal Partners and Learning Set for Third Sector Leaders.

Closing date for applications is 22 October 2007. For further information, please contact Chris Rowland on: 07747 536065 or email: chris.rowland@csip.org.uk or Kevin Whiteley on 01206 287595 or email: Kevin.whiteley@csip.org.uk



Click here to access the application forms: www.eastern.csip.org.uk/our-work/voluntary-sector/voluntary-sector-events-and-info.html

Communities work: a specialist trailblazer programme – applications packs available & new November 2007 & March 2008 dates

CSIP Eastern Development Centre is pleased to be able to run the Communities Work Trailblazer programme. This exciting programme, based on the prestigious Trailblazers course, will explore innovative ways of using education and training to develop partnership working between community led groups and the voluntary or statutory sectors of health and social care. The main criteria for participation is that each pair should be able to commit to developing and writing up a project which promotes closer working between their organisations and better outcomes for the community.

The successful applicants will be expected to attend all 3 meetings and provide a project write up during the course of the programme. The modules will be held on 27 & 28 November 2007, 10 & 11 January 2008, 19 & 20 March 2008.

For further information and to discuss a place on the programme, please contact Debbie Roberts on 07920 297194 or email: debbie.roberts@csip.org.uk or Ray Baird on 07779 280559 or email: ray.baird@csip.org.uk



Click here to view the flyer: www.eastern.csip.org.uk/events/trailblazer-programme-courses.html



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Events

Introducing mental health: free talks in Essex – 18 & 24 October 2007, South Woodham Ferrers & Loughton

The talks held by Essex County Council and North Essex Mental Health Partnership NHS Trust are:

- **Bubblegum Guy: helping children cope with anger – 18 October 2007, South Woodham Ferrers**

This talk gives an insight into helping children manage their emotions

- **Understanding depression – 24 October 2007, Loughton**

This talk gives an insight into the causes and effects of depression and how it may be overcome.

For further information, please call the NEMHPT answer phone on 08001 691625.



Click here for the flyer: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100623&grp=1



Recognising and Managing Mental Health Issues - 23 October 2007, 20 November 2007 & 15 January 2008, London

Non-medical training for Human Resource personnel and managers that focuses on "what to do", not "what is wrong", when colleagues show signs that may be a mental health issue. For further information please contact Andrew Buckley on 01263 862286 or email: info@kipepeo.co.uk

 **Click here for more details:** www.kipepeo.co.uk

Embedding Practice Based Commissioning - 30 October 2007, Leeds

Health Service Journal (HSJ) is delighted to present this timely and essential conference, bringing together all the key players from Primary Care Trust (PCT), GP practices and Practice Based Commissioning (PBC) consortia. With PCT reconfiguration over, and commissioning teams back in place, 2007 is the year in which PBC will deliver real improvements in patient care. Now is the time to truly maximise the opportunities presented by this powerful reform. For further information, please call 08450 568299 or email: HSJconferences@emap.com

 **Click here for more details:** www.hsj-pbc.co.uk/homepage.asp

Stress management training - 1 November 2007, Chelmsford

A one day course designed for those experiencing stress in the workplace or those managing a staff team experiencing high levels of stress. This course will help participants identify the sources of their stress (both within and outside of work and relating to personality type), the effects of stress and tactics for tackling stress both within and outside of the workplace. For further information contact Faiers Training & Conferences on 01442 404971 or email: conferences@faiersttraining.co.uk

 **Click here to view the flyer:** www.eastern.csip.org.uk/events/events/noncsip-national--regional-events-of-interest.html

Space: challenging practices, celebrating impact – 1 & 2 November 2007, Cambridge

A regional conference and annual dinner with a difference, celebrating and strengthening the ethos, practices and value of not-for-profit supported housing services. Chris Rowland, Programme Manger for Social Inclusion, CSIP Eastern, will be speaking on mental health services and the new policy agenda. For further information, please call 01603 617299 or email: info@space-east.org

 **Click here to view the flyer:** www.eastern.csip.org.uk/events/events/noncsip-national--regional-events-of-interest.html

The Person in the Professional: the use of self in learning and teaching about mental health – 2 November 2007, University of Birmingham

Mental health in higher education workshop aims to promote discussion about the use of self in learning and teaching about mental health. It builds upon work done by members of the mhhe network over recent years. They aim to provide a relaxed and open atmosphere for the sharing of good practice. For further information, please contact Lynn Tang on 0121 415 8566 or email: l.tang@bham.ac.uk

 **Click here to view the flyer:** www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100393&grp=1



Mood & Food: free talks in Essex – 7, 14, 27 & 29 November 2007, Clacton, Chelmsford, Braintree & Saffron Walden

These talks are held by Essex County Council and North Essex Mental Health Partnership NHS Trust and will cover how healthy eating and understanding the effects sugar, caffeine and drinking fluids can help you control your mood and energy levels. For further information, please call the NEMHPT answer phone on 08001 691625.

 **Click here for the flyer:** www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100623&grp=1

Working to Recovery Training Programmes – 8 & 9 November 2007, 10-11 & 12-13 December 2007, Dundee & Birmingham

Forthcoming events and training programmes from Working to Recovery Ltd are:

- **An hour of power by Dorothy Rowe & Ron Coleman – 8 November 2007, University of Abertay.**
- **Recovery from depression by Dorothy Rowe – 9 November 2007, University of Abertay.**

Dorothy Rowe is a clinical psychologist and writer who is renowned for her work on how you create meaning, and how the meanings you create determine what you do.

- **'Talking to voices: An exploration of voice dialogues', with Dr Dirk Corstens & Dr Rufus May - 10 -11 December 2007, Birmingham & 12-13 December 2007, Dundee**

For more information, please call 01382 542517 or email: info@workingtorecovery.co.uk

See 'Useful Resources' section for information on publications

 **Click here for more details & to register:** www.workingtorecovery.co.uk/Default.aspx?tabid=1129

Introduction to mental health research for service users and carers – 15 November 2007, London

This free one day course is for people with experience of using mental health services, and carers. If you would like to learn about mental health research or get involved in research, this course is meant for you. For more information, please contact Marijcke Veltman on 01223 746131 or email: mwmv2@cam.ac.uk

 **Click here to view the flyer and contacts for other regions:** www.eastern.csip.org.uk/users-and-carers/involvement-events.html

Learning the lessons in Personality Disorder – 16 November 2007, Cambridge

This interactive workshop is designed to give delegates an opportunity to consider how the learning from the evaluation of the 11 community Personality Disorder Services can be organised to influence service development for personality disorder in the Eastern region. For further information, please email Fiona McMillan-Shields on fiona.mcmillan-shields@csip.org.uk

 **Click here to view the flyer:** www.eastern.csip.org.uk/our-work/personality-disorder-services/personality-disorder-useful-information.html

Time Banking Conference in the Eastern Region - 20 November 2007, Cambridge Rugby Club

CSIP Eastern and Time Banks UK invites you to attend a free one day conference to promote and encourage the setting up of more Neighbourhood Time Banks in the Eastern Region. It will be an opportunity for you to meet new people, exchange and learn new skills, be creative and have fun! Your time is your currency!

Time Bank is a national charity inspiring and connecting people to share and give time. Time Bank appeals to people like you who know that their time and skills are in demand - but just don't know what to do about it or where to start.

 **Click here for more information and to register:** www.eastern.csip.org.uk/events.html



Supporting People: delivering health & wellbeing - 21 November 2007, Suffolk.

CSIP Eastern Development Centre and Supporting People Eastern Region Group announce a one day event that will explore the opportunities for joint work and partnership within the region around the Supporting People programme and the most recent guidance on commissioning health and social care services. For further information, please contact Kevin Whiteley on 01206 287595 or email: Kevin.whiteley@csip.org.uk

 Click here for the flyer & booking form: www.eastern.csip.org.uk/events.html

Developing Joint Strategic Needs Assessment in the East of England – 22 November 2007, Cambridge

Joint Strategic Needs Assessment (JSNA) is seen as an essential, and soon to be statutory, support to effective commissioning, as outlined in the recent Commissioning Framework for Health and Wellbeing. It is a key means by which Primary Care Trusts (PCT) and Local Authorities will describe the future health, care and well-being needs for local populations, both in preparation for new Local Area Agreements, and to inform locality commissioning strategies. For further information, please contact Peter Millist on 01206 287579 or email: peter.millist@csip.org.uk

 Click here for the flyer & registration form: www.eastern.csip.org.uk/events.html

The Housing Magazine: Westminster Briefing Conference: promoting discipline, respect and good manners: implementing government strategy to improve children's behaviour – 22 November 2007, Westminster

Delegates will have the opportunity to discuss the problem of poor behaviour at our schools and consider the government's response as set out in the 'Education and Inspections Act' as well as considering the likely impact of the introduction of the new social and emotional aspects of learning (SEAL) programme. For further information on any of the above, please call 020 7096 2948 or email: nick.rotsides@westminster-briefing.com . Exclusive Offer: 10% discount to readers

 Click here for more information: www.westminster-briefing.co.uk/bc117.html

 Click here for booking form: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100625&grp=1

Learning from Both Ends: The National Personality Disorder Dissemination Conference – 28 & 29 November 2007, Manchester

The National Personality Disorder Programme has been supporting new pilot innovative services for people with personality disorder across community, health and offender management settings since 2004. This two day conference will bring together the expertise and influential thinking in the fields of personality disorder service development and treatment. For more information, please email: pd@pure-solutions.co.uk

 Click here for more information: www.pure-solutions.co.uk/pd/

Annual Mental Health Conference: Our learning journey – 29 November 2007, London

At the conference National Institute of Adult Continuing Education (NIACE) will be launching a new 'One in Four' campaign pack. This pack includes resources and ideas to help you raise awareness of mental health, challenge stigma and discrimination and debate the issues that matter to you. For further information, please contact Gurjit Kaur on 01162 042833 or email: gurjit.kaur@niace.org.uk

 Click here to view the programme & booking form: www.niace.org.uk/conferences/OurLearningJourney.htm



Supporting safeguarding seminars – 30 November 2007 & 9 January 2008, Little Chesterford & Cambridge

Children Matter East is hosting two free seminars in partnership with Go East, the Government Office for the East of England and its Children and Learners directorate. The workshops on offer are:

- Safeguarding and your service – 30 November 2007, COVER, Little Chesterford
- Safer Recruiting and allegations – 9 January 2008, GO East, Cambridge

For further information, please email to kevingarrod@ntlworld.com

 **Click here for the flyer & booking form:**

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100624&grp=1

Date for your Diary: Early notice of Regional Expert by Experience User & Carer Conference – 21 February 2008, Ipswich

This one day conference hosted by CSIP Eastern Expert by Experience programme is for people with current or past experience with mental health services and carers. Topics will include Mental Health Act, Reclaiming Recovery, Direct Payments and much more.

If you know someone who is a user or a carer, please let them know of this exciting event. For further information, please contact Jayne Bulman on 01206 287587 or email: jayne.bulman@csip.org.uk

The EbE group asks if User and Carer organisations/groups to please advertise this event in their newsletters and to display the flyer.

 **Click here for the flyer & registration form:** www.eastern.csip.org.uk/users-and-carers/involvement-events.html

Third National Scientific Conference UK: Mental Health Research Network – 12, 13 & 14 March 2008, London

The conference will be multi-disciplinary, bridging basic and clinical science through to public health, and the focus will be to showcase high quality international research in mental health. For further information, please contact either Sandra O'Sullivan or Jemma Ayton on 02073 861237 or email: s.osullivan@imperial.ac.uk or j.reilly-ayton@imperial.ac.uk

 **Click here to view the programme:** www.mhrn.info/dnn/ScientificConference2008/tabid/171/Default.aspx




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Useful Resources

Local Involvement Networks (LINKs) Bulletin Issue 5

The fifth edition of the LINKs Bulletin has been published, with updates about the new system. This bulletin highlights policy and strategic directions the Department of Health are taking to establish LINKs.

 **Click here to access the bulletin:** www.eastern.csip.org.uk/users-and-carers/users--carers/local-involvement-networks-links.html

Carers UK the voice of carers: Training Unit News October 2007

You can now access the latest newsletter from Carers UK.

 **Click here to access the newsletter:** <http://dotm1.net/cr.asp?i=160986361&CID=175924>

Publications on Local Involvement Networks (LINKs): Getting ready for LINKs

You can now access LINKs publications on the following titles':

- Planning your Local Involvement Network: Best Practice Guidance
- Contacting a host organisation for your Local Involvement Network: Best Practice Guidance
- Communications toolkit August 2007

 **Click here to read the guidance and toolkit:** <http://www.eastern.csip.org.uk/LINKs.htm>

NHS Centre for Involvement newsletter Issue 3, September 2007

The NHS Centre for Involvement will work with NHS staff and organisations to engage with patients and the public more effectively and implement change based on their information.

 **Click here to access the newsletter:** www.eastern.csip.org.uk/users-and-carers/involvement-news.html

Nest Newsletter issue 51

You can now view the latest newsletter from the North Essex Stronger Together

 **Click here to access the newsletter:** www.nest-network.co.uk/news.php

Maldon Forum report: 'it's good to talk'

You can now access the report of the Maldon Forum held on 12 September 2007.

Future Maldon forum meetings are being held on 14 November 2007 (Maldon Wellbeing Project – what does well-being mean to me?). For further information please contact Nest on 01245 350216.

 **Click here to access the report:** www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100593&grp=1

Personality Disorder Programme, CSIP Eastern awareness training presentation

You can now access the personality disorder awareness training pilot and awareness of the issues presentations.

 **Click here to access the presentations:** www.eastern.csip.org.uk/our-work/personality-disorder-services/personality-disorder-useful-information.html

User Network in Thurrock, Essex & Southend: Drug & Alcohol Service newsletter issue 2

You can now view the latest newsletter from the User Network in Thurrock; Essex and Southend (UNITES): Drug & Alcohol Service.

 **Click here to access the newsletter:** www.unites-network.org.uk/Newsletter.html

Working to Recovery Training Programme resources

The Working to Recovery Ltd 'Understanding Recovery: Module One', training and education pack released last year has been popular and they have published two new training manuals due for release in December 2007. The module manuals are:

- **'Understanding Recovery - Module One'** (Training manual, DVD, 'Recovery vs. Maintenance', and CD Rom)
 - **New 'Developing Peer Support Workers - Module Two'** (Training manual and CD Rom) Pre-order by Dec 7th
 - **New 'Working with Voices - Module Three'** (Training manual, DVD and CD Rom) Pre-order by Dec 7th
- Please note there is a cost for these manuals.

 **Click here for more information:** www.workingtorecovery.co.uk/Default.aspx?tabid=1248&List=1



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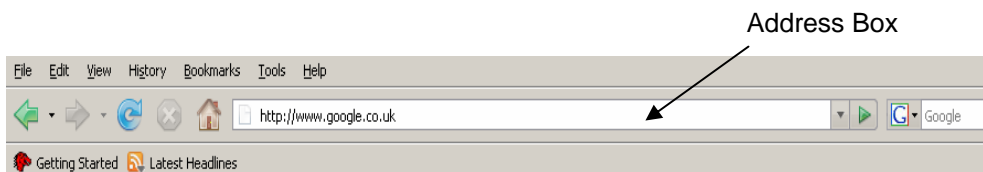
Please Note:

E-Bulletin, Issue 33

The next e-bulletin will now be sent out on 29 October 2007. The e-bulletin will resume circulation bi-weekly from 9 November 2007.

Hyperlinks:

If you find the links do not work this may be because your computer is not compatible. Click on the internet and type the web address into the address box on the internet tool bar.



Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Commissioning – **Maurice Burns 07789 864212**
- Health and Social Care in Criminal Justice – **Rob Jayne & Amanda Hawkins 01206 287578**
- Learning and Improvement Networks – **Paul O'Halloran 01206 287594**
- Learning Disabilities (Valuing People Support Team, VPST) – **Simon Whitehead 01449 616187**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Rix 01206 287592**
- Older People and Physical Disabilities – **Angie Glew 07775 906892**
- Adult Social Care – **Amanda Reynolds 07775 631510**

 [To download a copy of our 2005/06 Mental Health Prospectus, click here](#)

 For access to our website click on the link: <http://www.eastern.csip.org.uk/>

Care Services Improvement Partnership 

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list, contact:

[Jayne Bulman](#)
655 The Crescent
Colchester Business Park
Colchester
Essex
CO4 9YQ
Tel: 01206 287547