

# e-bulletin

Issue 28  
17 August 2007



Welcome to our regular e-bulletin, which is circulated every fortnight. Thanks to everyone who has emailed with news stories, and comments and suggestions.

If you have any information or ideas for the Bulletin please contact [Jayne Bulman](#), at CSIP Eastern Development Centre – contact details later. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

[Regional News](#); [National News](#); [Development Centre Update](#); [Events](#); [Useful Resources](#);



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## Regional News

### Research in service user involvement questionnaires

Jane Dunleavy, a member of Suffolk User Forum and a third year Student at Suffolk College, is researching Service User Involvement. This research is being carried out in collaboration the National Survivor User Network (NSUN) and may be used as a pilot study to enable NSUN to gain funding for a similar study on a national level. The aim of this study is to establish best practice for service user groups and identify gaps in service user representation across the Eastern Area. The research takes the form of three questionnaires (a questionnaire for service users, service providers and service user groups). If you would like to participate in this research, please complete the questionnaire which is most relevant to you or your organisation and email to Jane Dunleavy. For more information, please contact Jane on 01473 254606 or email: [jane.dunleavy@btinternet.com](mailto:jane.dunleavy@btinternet.com)

 Click here for questionnaires: [www.eastern.csip.org.uk/users-and-carers/involvement-news.html](http://www.eastern.csip.org.uk/users-and-carers/involvement-news.html)

### Workwise Suffolk press release: to infinity – and beyond!

Debs Gibson, employment programme coordinator for the Workwise Bury St Edmunds-based charity and Chris Agnew, former service user completed the recent abseil charity event at Ipswich Hospital. Debs Gibson and Chris Agnew are proud to announce they have raised £780 for the mental health charity Workwise. The money raised by the pair will be used by the charity in its ongoing work to provide vocational and specialist employment training for adults who are recovering from mental health problems. For more details about Workwise, visit [www.workwise.org.uk](http://www.workwise.org.uk)

 Click here to view the press release:  
[www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100203&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100203&grp=1)

## **Outstanding innovations from Region's NHS staff are recognised at awards dinner**

National Health Service (NHS) staff from across the region celebrated their success in Health Enterprise East's 2007 Innovation Competition at a prestigious awards dinner held on 7 June, hosted by BBC Look East presenter Stewart White.

Outstanding healthcare innovations to benefit patients, in the three categories of Medical Technology, Software and Service Delivery, were put forward by staff working in a range of roles in NHS Trusts across the East of England. A Norfolk Primary Care Trust team, Bridgitte Shad, Tristan Palmer and Meadhbh Hall, were joint winners of the third category of Service Delivery with the NHS Live Innovation Award for devising My Health Book and Health Action Plan Care Pathway, a tool for people with learning difficulties to help them keep relevant health information relating to history and current needs together. The other winners in this category, taking away the Nesta Challenge Service Innovation Award, were Carrie Tyler and Helen Langthorne from Essex Rivers Healthcare NHS Trust for designing an Activity Table for the distraction and therapeutic wellbeing of patients with dementia.



**Click here to read the press release and to view the award winners:**

[http://hee.org.uk/index.php?option=com\\_content&task=view&id=77&Itemid=9](http://hee.org.uk/index.php?option=com_content&task=view&id=77&Itemid=9)

## **Business skills training: your people are key to your success...empower them**

This 3 day training programme, supported by Exemplas, Learning and Skills Council and European Union (Social Fund) is free for social enterprises and voluntary organisations within Bedfordshire, Norfolk, Suffolk and Essex. The aim of the course is to improve communications, increase skills, competence and commitment, to improve your social objectives and your sustainability and to focus training on the organisations needs, purpose and goals. The training can be either an open course (open to several organisations) or as a tailored course (for one organisation), which can be held in-house or at a convenient venue of your choice (Exemplas will cover hall hire and refreshment costs including lunch for all delegates). Funding for this course is limited and will end soon. For further information, please contact Sanjeev Kumar, Project Manager on 01707 398080 or for details of other events call on 0845 6011000 or visit [www.bookevents.org](http://www.bookevents.org)



**Click here to view flyers:** [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99919&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99919&grp=1)

## **Direct Payments: a relatively new scheme that is not always fully understood by service users**

Direct Payments are means tested, cash payments, given to individuals by Adult Care Services to enable them to buy services they have been assessed as needing e.g. mental health care requirements. They can be made to disabled people aged 16 or over, to people with parental responsibility for disabled children, and to carers aged 16 or over in respect of carer services.

The aim of a direct payment is to give more flexibility in how services are provided to people who are assessed as eligible for social services support. Providing money in lieu of social care services may give people greater choice and control over their lives, and enable them to make their own decisions about how their care is delivered. This is a relatively new and complex scheme that is not always fully understood by service users. For more information, advice and support, contact your local County Council Adult Care Services.



**Click here to visit the Mental Health Survival Guide - Dacorum & St Albans website by Bob Houlston:** [www.houlston.freeserve.co.uk/mental.htm](http://www.houlston.freeserve.co.uk/mental.htm)

## St Clement weighs anchor in Southwold

A 6ft model ship built by people overcoming mental ill health is being moved to a permanent home near the sea. It took ten people two years to build the galleon *St Clement*, working from The Pines occupational therapy unit at St Clement's Hospital in Ipswich.

For them, the relocation of the ship from Ipswich Museum, where it has been on loan for four years, to a permanent home at the prestigious Alfred Corry Museum is an important affirmation of the quality of their work.



**Click here to read the press release:**

[www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100025&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100025&grp=1)

## Suffolk Mental Health Partnership NHS Trust is a step ahead in talking therapies

Mental health chiefs in Suffolk have welcomed 1 August 2007 announcement that the Government is investing in psychological therapies pilot scheme to 11 areas across the country. Recognising the need for easier access for non-drug and talking therapies for people overcoming mental ill health, Suffolk Mental Health Partnership NHS Trust is already advertising for a person to head up their psychology and psychological therapies staff. As well as continuing research into the effectiveness of psychological therapies, the new recruit will also have training and supervisory role within the organisation to ensure that best practice is put into place across all geographical and service areas where the Trust operates.



**Click here to read the press release:**

[www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100218&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100218&grp=1)



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## National News

### 2007 CSIP high flying Positive Practice Awards – you decide

The fourth Care Services Improvement Partnership (CSIP) Positive Practice Awards (PPA) have been launched in a new online version designed to give everyone interested in health and social care the chance to take part in these unique awards.

For the first time, all applications will not only be submitted on-line but they can also be viewed and rated by the public, giving everyone the chance to participate in the judging process. Their panel of expert judges will take all views and ratings into consideration when looking at individual applications. No other public service awards have tried this approach.

The PPA was originally designed to recognise the contribution of teams working in mental health services. The awards have expanded over the years to now include teams and individuals working in health and social care services. The PPA have also grown in reputation and popularity and this years new process promises to be even better, recognising the contribution everyone has to make in identifying what is positive practice.

Applications should be submitted online at [www.positivepracticeawards07.csip.org.uk](http://www.positivepracticeawards07.csip.org.uk) (Closing date 1 October 2007). For further information, please visit CSIP's website at [www.csip.org.uk](http://www.csip.org.uk)



**Click here to access the award summary:** [www.eastern.csip.org.uk/our-work/csip-positive-practice-awards-07.html](http://www.eastern.csip.org.uk/our-work/csip-positive-practice-awards-07.html)

## **A framework for fairness: proposals for a single equality bill for Great Britain - a consultation paper**

This consultation paper sets out the Government's proposals for a Single Equality Bill for Great Britain. The proposals have been developed as a result of the Discrimination Law Review, launched in February 2005 to consider the opportunities for creating a clearer and more streamlined discrimination legislative framework which produces better outcomes for those who currently experience disadvantage. This consultation seeks your views on various specific proposals for achieving this.

 **Click here to view the consultation paper:** [www.communities.gov.uk/index.asp?id=1511211](http://www.communities.gov.uk/index.asp?id=1511211)

## **Next steps in tackling social exclusion: 12 approaches to tackling the countries most chronically excluded adults**

The Government recently announced the next steps in its programme to tackle social exclusion, supporting twelve new projects to help the most chronically excluded adults in society. A total of £6million will be shared between the 12 successful projects over the next three years. Innovations from these projects selected by Cabinet Office include offering outreach services to support rough sleepers and long term unemployed as well as employing staff who are former service users to run the projects.

 **Click here for more information:** [www.cabinetoffice.gov.uk/social\\_exclusion\\_task\\_force/news/2007/070618\\_steps.asp](http://www.cabinetoffice.gov.uk/social_exclusion_task_force/news/2007/070618_steps.asp)

## **New report says people with mental health problems need extra support to help them stop smoking**

According to a new report published by the Mental Health Foundation, government efforts are needed to ensure that people with mental health problems are supported to give up smoking in light of the imminent ban. The charity is calling for investment in services that offer counselling and stress management techniques. The Mental Health Foundation has also produced a booklet called 'Why people smoke and how to quit'. The booklet and 'Taking a deep breath (The mental health implications of anti-smoking legislation)' report are both free.

 **Click here to view the report:** [www.mentalhealth.org.uk/media/news-releases/news-releases-2007/18-june-2007/](http://www.mentalhealth.org.uk/media/news-releases/news-releases-2007/18-june-2007/)

## **Real change not short change – Carers UK**

Carers are having to sell their homes, cut back on food, give up their jobs and sacrifice their pensions. With 74% of carers worse off since becoming a carer, it throws into stark contrast the estimated £57 billion that carers save the economy every year. The entire benefits system for carers is based on carers' inability to take up full time paid work. Carers UK are calling for a radical shift in thinking. They want a tax and benefit system based, not on what carers have given up, but on their contribution to society. It's time caring was recognised for what it is and carers were not classed as unemployed but valued for the unique contribution they make.

The campaign has achieved so far is:

- o Placed income for carers as a key issue for the new National Strategy for Carers
- o Stirred up political debate
- o It has been gathering supporters with the help of carers' organization across the UK
- o Carers UK will be taking part in the largest ever consultation with carers to ensure that carers have a voice.

 **Click here for more information:** <http://dotm1.net/cr.asp?i=138107514&CID=159232&EmMailerKeywords=notrack>



## New Deal for carers – your voice counts

What could make a positive difference to, or improve the life of, carers? This is the question the Department of Health are putting to the experts – you and they need your input!

The Government is developing a new national strategy for carers and the Department of Health is leading on this work, which includes a nationwide consultation with carers and voluntary organisations. The Department of Health has launched a consultation with an online 'Ideas Tree' at [www.newdealforcarers.org](http://www.newdealforcarers.org). They want you to give them your ideas to help shape the strategy. You can post a message, read what other people have said and tell us if you agree. The Tree will be live until mid September 2007. Consultation events are also being held around the UK arranged by our partners, Carers UK, Crossroads Caring for Carers, Princess Royal Trust for Carers and the Children's Society.

The consultation is a cross-government priority involving the departments of Health; Work and Pensions; Education and Skills; Trade and Industry; Communities and Local Government and the Treasury. If you'd like any more information, please contact Alison Langridge, Policy Communications Manager on 02079 725265 or email: [Alison.Langley@dh.gsi.gov.uk](mailto:Alison.Langley@dh.gsi.gov.uk)

 **Click here to view the press release:** [www.eastern.csip.org.uk/our-work/skills-for-care/skills-for-care-news.html](http://www.eastern.csip.org.uk/our-work/skills-for-care/skills-for-care-news.html)

## Research funding opportunities

A number of various organisations invite applications for research projects to be funded by their research grants scheme.

 **Click here for a list of opportunities available:** [www.eastern.csip.org.uk/our-work/research/funding-for-research-opportunities.html](http://www.eastern.csip.org.uk/our-work/research/funding-for-research-opportunities.html)

## Recognising health impact

The current round of IMPACT Awards, its eleventh year recognising charities that are doing excellent work to improve people's health, is open for applications until 28 September 2007 for up to £35,000 in unrestricted funding plus high-level recognition. They are funded by GlaxoSmithKline and managed in partnership with the King's Fund.

 **Click here for more information:** [www.kingsfund.org.uk/funding/gsk\\_impact\\_awards/](http://www.kingsfund.org.uk/funding/gsk_impact_awards/)

## Study support from the UK Mental Health Research Network

The UK Mental Health Research Network (MHRN), funded by the Department of Health National Institute for Health Research (NIHR), has been established to provide the NHS infrastructure to support both non-commercial and commercial large scale high quality research in mental health and social care.

MHRN is inviting submissions from researchers wishing to have their study run on the MHRN infrastructure. Whilst Chief Investigators retain overall control and responsibility for their studies, MHRN is able to provide services to support and facilitate recruitment to target and on time.

If you have a study that is currently in set-up or in recruitment but not yet running on the Mental Health Research Network and you would like MHRN support please contact Miss Imogen Hood on 02078 480699 or e-mail: [mhrn@iop.kcl.ac.uk](mailto:mhrn@iop.kcl.ac.uk).

 **Click here for information about applying to UK MHRN:** [www.mhrn.info/dnn/ApplytoUKMHRN/tabid/100/Default.aspx](http://www.mhrn.info/dnn/ApplytoUKMHRN/tabid/100/Default.aspx)



## **World Mental Health Day: theme 'the impact of culture and diversity'. – 10 October 2007**

World Mental Health Day was observed for the first time on 10 October 1992. It was started as an annual activity of the World Federation for Mental Health by the then Deputy Secretary General Richard Hunter. The day is officially commemorated every year on October 10th. The Mental Health Foundation celebrates World Mental Health Day each year, using it as an opportunity to communicate with the general public to promote mental health advocacy and to educate about mental health issues.

See the 'Events' section for Lithium playing on the World Mental Health Day  
See the 'Useful Resources' for World Mental Health Day Publications

 **Click here for more information:** [www.mentalhealth.org.uk/campaigns/wmhd/](http://www.mentalhealth.org.uk/campaigns/wmhd/)



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## **CSIP Eastern Development Centre Update**

### **Expert by Experience Group call for ideas for a conference 2008**

The Experts by Experience Group (EbE) of CSIP Eastern is planning a conference for Service Users and Carers in February 2008. They would like the views of service users and carers on issues and topics that they would like to be covered at the 2008 conference. For example, Care Plan Approach (CPA), Research, Personality Disorder, Direct Payments /Individual Budgets, Whole Life Principals, Mental health Act, Social Enterprise, but please feel free to make your own suggestions. If you have an idea/ suggestion of a topic/issues you would like to be included in the conference, please email Jayne Bulman on [jayne.bulman@csip.org.uk](mailto:jayne.bulman@csip.org.uk) or phone 01206 287587 or Ian Griggs Co-chair EbE email: [ian.sgriggs@tiscali.co.uk](mailto:ian.sgriggs@tiscali.co.uk)

 **Click here to visit the CSIP Eastern Involvement (EbE) web pages:** [www.eastern.csip.org.uk/users-and-carers.html](http://www.eastern.csip.org.uk/users-and-carers.html)

### **CSIP's high impact changes for health and social care project**

CSIP is developing a set of changes that have the biggest positive impact in health and social care on achieving the 7 outcomes (improved health and emotional well-being, improved quality of life, making a positive contribution, choice and control, freedom from discrimination, economic well-being and personal dignity).

They are currently collecting evidence throughout the country to determine what the changes are and will be launching them in 2008. Please let them know if you have implemented changes or initiatives that have had a positive impact, by sending in an evidence template to [ruth.kent@csip.org.uk](mailto:ruth.kent@csip.org.uk) (no later than 5pm on 31 August 07) in order to inform the final publication.

The changes will provide a framework for service improvement and will support the implementation of the White Paper "Our Health, our care, our say".

 **Click here for discussion paper and evidence template:** [www.csip.org.uk/highimpactchangesforhealthandsocialcare](http://www.csip.org.uk/highimpactchangesforhealthandsocialcare)

## **Communities work: A specialist trailblazer programme promoting closer working between community led groups and voluntary or statutory sectors**

CSIP Eastern Development Centre is pleased to be able to run the Communities Work! Trailblazer programme. This exciting programme, based on the prestigious Trailblazers course, will explore innovative ways of using education and training to develop partnership working between community led groups and the voluntary or statutory sectors of health and social care. The main criteria for participation is that each pair should be able to commit to developing and writing up a project which promotes closer working between their organisations and better outcomes for the community.

The successful applicants will be expected to attend all 3 meetings and provide a project write up during the course of the programme. The modules will be held on 30 & 31 October 2007, 10 & 11 January 2008, 28 & 29 February 2008. For further information and to discuss a place on the programme, please contact Ray Baird on 07779 280559 or Debbie Roberts on 07920 297194 (after the 4 September) or Jayne Bulman 01206 287587 or email: [jayne.bulman@csip.org.uk](mailto:jayne.bulman@csip.org.uk)

 **Click here to view the advert:** [www.eastern.csip.org.uk/events/trailblazer-programme-courses.html](http://www.eastern.csip.org.uk/events/trailblazer-programme-courses.html)

## **Exciting development opportunities for Third Sector leaders and partner agencies for Autumn 2007**

The Care Services Improvement Partnership (CSIP) Eastern Development Centre, with support from our regional partners, is offering two major improvement and development opportunities for third Sector Leaders and their partner agencies during autumn/winter 2007/8. The two courses are:

- **Equal Partners 2007/8**

This exciting residential programme, based on the prestigious Trailblazers course, was positively evaluated when CSIP ran it in 2005 and 2006. The main criteria for participation is that each pair should be able to commit to developing and writing up a project which promotes closer working between their organisations, and better outcomes for the users of services.

- **Learning set for Third Sector leaders**

This is a chance to explore new opportunities and pitfalls in providing public services; join a small group of your peers with some protected time for strategic thinking, reflection and learning. This learning network will involve a mix of taught sessions and action learning by the participants, facilitated and supported by key players from across the region.

Formal applications for both programmes will be requested in September, 2007. To register your initial interest, please contact Kevin Whiteley on: 01206 287595 or email: [kevin.whiteley@csip.org.uk](mailto:kevin.whiteley@csip.org.uk)

 **Click here to view the flyer:** [www.eastern.csip.org.uk/our-work/voluntary-sector/voluntary-sector-events-and-info.html](http://www.eastern.csip.org.uk/our-work/voluntary-sector/voluntary-sector-events-and-info.html)



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## **Events**

### **Where do young people belong? - 4 September 2007, Northampton**

This conference will seek to demystify the link between "heritage" and the personal and social development of young people, it will explain the Young Roots Programme and how to easily access a grant, and the conference will demonstrate the skills learned and enjoyment shared by young people who have been part of a Young Roots funded project. For more information please contact Nigel Blanchford on [nigelb@hlf.org.uk](mailto:nigelb@hlf.org.uk)

 **Click here for more information and booking form:**  
[www.kc.csip.org.uk/viewresource.php?action=viewdocument&doc=100107&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&doc=100107&grp=1)



## **Voluntary sector training new summer course: leadership training for social enterprises and voluntary organisations – 4, 7 & 18 September 2007, Essex**

The training is open to voluntary and community sector representatives in Essex, Hertfordshire and Bedfordshire and aimed at senior officers, directors or chief executives and chairs.

 **Click here to view the flyer:** [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99626&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99626&grp=1)

## **A national spirituality and mental health forum meeting – 6 September 2007, London**

This forum meeting will be joining up participants in at least three cities in the forum's first video-conference link up, where mental health academics, consultants/senior staff, service users and others will be participating in presentations and sharing information. For further information, please email: [mentalhealthjsmh@aol.com](mailto:mentalhealthjsmh@aol.com)

 **Click here to view the flyer:** [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100207&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100207&grp=1)

## **'What older people learn: the whys and wherefores of older people learning' launch seminar - 6 September 2007, Leicester**

The seminar launches the National Institute of Adult Continuing Education (NIACE) publication 'what older people learn: the whys and wherefores of older people learning'. For education providers, funders and policy makers this will be a useful opportunity to hear about an authoritative scientific study of older learners, part of NIACE's series of annual surveys on adult participation in learning. For further information, please contact Gurjit Kaur on 0116 204 2833 or e-mail: [gurjit.kaur@niace.org.uk](mailto:gurjit.kaur@niace.org.uk)

 **Click here to view the programme:** [www.niace.org.uk/conferences/Conferences.htm](http://www.niace.org.uk/conferences/Conferences.htm)

## **Recognising and managing mental health issues – 11 September & 6 November 2007, London**

A non-medical training course for human resources and line managers. It provides an opportunity to learn to recognise and manage potential mental health issues in the workplace. For more information, please call Kipepeo on 01263 862286 or email: [info@kipepeo.co.uk](mailto:info@kipepeo.co.uk)

 **Click here to for more details:** [www.kipepeo.co.uk/bookings.html](http://www.kipepeo.co.uk/bookings.html)

## **2007 conference & annual general meeting promoting supported employment throughout the UK – 11 & 12 September 2007, Birmingham**

This conference provides a unique opportunity for member agencies and interested individuals and organizations to discuss issues, listen and question Government policies and hear about the best in supported employment practices. For more information, please call 01452 783596 or email: [events@base-uk.org](mailto:events@base-uk.org)

 **Click here to view the programme:** [www.base-uk.org/conference/index.htm](http://www.base-uk.org/conference/index.htm)

## **Multiple Sclerosis and Motor Neurone Disease study day – 12 September, Norwich**

This study day provides professionals with an understanding of some of the issues relating to the care of people who are affected by Multiple Sclerosis. For further information, please contact Michelle Constable on 01462 476700 or email: [info@mstrust.org.uk](mailto:info@mstrust.org.uk)

 **Click here to view the programme:** [www.mstrust.org.uk/education/courses/generalstudydays.jsp](http://www.mstrust.org.uk/education/courses/generalstudydays.jsp)



## **Maldon Mental Health Forum: 'Who can I talk to' – 12 September 2007, Maldon**

Guest speakers include NHS therapist Austin Somervell and Anne Dyster, on her work as a private therapist. These forums are open to everyone with an interest in positive mental health and wellbeing. For further information, please contact Christine McDonald on 01245 350216 or email: [nest.chelmsford@keme.co.uk](mailto:nest.chelmsford@keme.co.uk)

 Click here to view the flyer: [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100209&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100209&grp=1)

## **Working together with parents network – 13 & 20 September, London & Birmingham**

The Working Together with Parents Network is running free regional events for anyone who is involved in supporting parents with learning disabilities. For further information and to book a place, please email Sammantha Cave on [sammantha.cave@bristol.ac.uk](mailto:sammantha.cave@bristol.ac.uk)

 Click here to view the programme: [www.icwhatsnew.com/bulletin/0706/19.htm](http://www.icwhatsnew.com/bulletin/0706/19.htm)

## **Mental Capacity Act 2005: Court of Protection and Office of the Public Guardian - 18 September 2007 - Newmarket**

The Mental Capacity Act 2005 comes fully into effect in October 2007. It introduces a major overhaul of the existing law in relation to individuals who lack capacity in decision making. This conference aims to provide an overview of the roles and responsibilities of the Court of Protection and Office of the Public Guardian, to review the procedures regarding registration and regulation of Lasting Power of Attorney's, to provide guidance to those with responsibility for specific aspects of the Mental Capacity Act e.g. finance officers, legal advisor.

 Click here to view the flyer and registration form: [www.eastern.csip.org.uk/events.html](http://www.eastern.csip.org.uk/events.html)

## **Career aspirations: commission for disabled staff in lifelong learning conference – 18 September 2007, London**

This conference will give participants an opportunity to engage with the most recent policy and research developments that affect provision from strategic to operational levels from senior managers through to learners and every member of staff working in the organisation. For further information, please contact Gurjit Kaur on 0116 204 2833 or e-mail: [gurjit.kaur@niace.org.uk](mailto:gurjit.kaur@niace.org.uk)

 Click here to view the programme: [www.niace.org.uk/Conferences/CDSL.L.htm](http://www.niace.org.uk/Conferences/CDSL.L.htm)

## **Self directed support and independent living: removing the barriers to choice and control - 19 September 2007, London**

Independent Living is about disabled people having choice and control over the support they need to go about their daily lives. This Capita conference is supported by the National Centre for Independent Living, In Control and the Care Services Improvement Partnership (CSIP). For further information, please contact George Krousti on 02078 085315 or email: [george.krousti@capita.co.uk](mailto:george.krousti@capita.co.uk)

 Click here to view the programme: [www.capitaconferences.co.uk/Independent+Living.htm](http://www.capitaconferences.co.uk/Independent+Living.htm)



## **Third sector procurement event – 21 September 2007, Anglia Ruskin University, Chelmsford**

For information, please contact the Social Enterprise East of England on 0845 606 6296 or email: [admin@seee.co.uk](mailto:admin@seee.co.uk)



Click here for more information: [www.socialenterprise-east.org.uk/default.asp](http://www.socialenterprise-east.org.uk/default.asp)

## **Citizenship year 10 transition reviews – 25, 26 & 27 September 2007, Cambridge**

The year ten review for young people is important because it's builds on their first transition review. This style of review reflects current thinking of person centred thinking and approaches, direct payments, individual budgets and 'in control'. For further information, please contact Jonathan Ralphs on 07708 442503 or email: [jonathan.ralphs@btinternet.com](mailto:jonathan.ralphs@btinternet.com).



Click here to view the flyer and application form:

[www.kc.csip.org.uk/viewresource.php?action=viewdocument&doc=100026&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&doc=100026&grp=1)

## **Live and let die – 27 September 2007, Birmingham**

The Child Bereavement Trust Conference will raise awareness and educate professionals regarding the experience and needs of young people with a life limiting condition. For more information, please email: [enquiries@childbereavement.org.uk](mailto:enquiries@childbereavement.org.uk)



Click here for further information: [kc.csip.org.uk/viewevent.php?date=2007-09-27&grp=1&action=viewevent&eid=605](http://kc.csip.org.uk/viewevent.php?date=2007-09-27&grp=1&action=viewevent&eid=605)

## **South Essex Partnership Foundation NHS Trust foundation degree in Mental Health Studies launch – 27 September 2007, Basildon**

South Essex Partnership NHS Foundation Trust's (SEPT) launches a foundation degree in Mental Health Studies. This Foundation Degree has been developed by SEPT as 'In Post' training for the new Associate Practitioner posts. For further information, please call 01268 739615.



Click here for more details: [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100211&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100211&grp=1)

## **Involving patients & the public in research: a workshop for researchers – 27 September 2007, Norwich**

This workshop is designed to give new and experienced researchers an overview of the principles, practicalities and usefulness of involving patients and members of the public in the research process. For further information, please contact Lucy Brown on 01206 874856 or email: [brownl@essex.ac.uk](mailto:brownl@essex.ac.uk)



Click here to view the flyer: [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100215&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100215&grp=1)

## **Living with personality disorder – 29 September 2007, London**

This is an all day conference which explores the meaning of 'personality disorder' and how the lives of family and friends are affected by it. For further information, please contact Catherine Dulac on 020 7622 9337



Click here to access the flyer: [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100023&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100023&grp=1)



## Children & Adolescent Mental Health Service and Learning Disability event – 2 October 2007, Cambridge

This event is to showcase innovative practice and to develop a regional action plan in to Children & Adolescent Mental Health Services and Learning Disability services across the Eastern Region. For further information, please contact CAMHS Programme Administrator on 01206 287586 or email: [kim.filer@csip.org.uk](mailto:kim.filer@csip.org.uk)



Click here to view the flyer and booking form: [www.eastern.csip.org.uk/events.html](http://www.eastern.csip.org.uk/events.html)

## Mental health collaborative learning event – 2 October 2007, London

This Improvement Foundation event will enable participants to hear how GPs and teams have worked together. This event is limited to Improvement Foundation project managers and invitees from the following Strategic Health Authorities: East; South East; South Central; South West; London. For further information, please contact Anita Farkas by email: [anita.farkas@improve.nhs.uk](mailto:anita.farkas@improve.nhs.uk)



Click here to view the flyer:

[www.improvementfoundation.org/View.aspx?page=/topics/health/mental\\_health/learningeventdetails.html](http://www.improvementfoundation.org/View.aspx?page=/topics/health/mental_health/learningeventdetails.html)



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## Useful Resources

### IN Service User Complementary Holistic (SUCH) project report

The Service Users Complementary Holistic (SUCH) project gained funding from Somerset NHS and Social Care Partnership and Care Services Improvement Partnership (CSIP) to manage and evaluate the INSUCH project at Rydon House an acute 32 bed in-patient psychiatric unit. This is the evaluation report.



Click here to access the report: [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99883&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99883&grp=1)

### Maldon Forum report: 'the joy of learning: finding the right course for you'

You can now access the report of the Maldon Forum held on 11 July 2007.

Future Maldon forum meetings are being held on 12 September 2007 (It's good to talk) and 14 November 2007 (Maldon Wellbeing Project). For further information please contact Nest on 01245 350216.



Click here to access the report: [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100204&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100204&grp=1)

### Choice matters 2007-08: putting patients in control

This Department of Health publication is an update on the implementation of patient choice in the National Health Service (NHS) since it was introduced at the start of 2006, focusing on the experiences of patients and NHS staff.



Click here to access the publication:

[www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_076331](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_076331)



## **Delivering health services through Sure Start Children's Centres**

The Department of Health has produced new guidance on involving health in children's centres. This publication sets out the responsibilities of NHS organisations towards children's centres, ways in which children's centres can help deliver health priorities, and some tips on building effective partnerships and examples of good practice

 **Click here to access the publication:**

[www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_076333](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_076333)

## **The Sainsbury Centre for Mental Health: briefing 32: mental health care in prisons**

This briefing paper provides an overview of the mental health care available in prisons. It examines how mental health problems are identified in prisons, how prison in-reach team's work, transfer to NHS care and what care is available to prisoners after their release.

 **Click here to access briefing:**

[www.scmh.org.uk/80256FBD004F3555/vWeb/fIKHAL74HHH9/\\$file/briefing32\\_mh\\_care\\_prisons.pdf](http://www.scmh.org.uk/80256FBD004F3555/vWeb/fIKHAL74HHH9/$file/briefing32_mh_care_prisons.pdf)

## **Rethink Eastern Region newsletter: Summer 2007**

You can now access the Rethink Summer newsletter for the Eastern Region.

 **Click here to access the newsletter:** [www.eastern.csip.org.uk/resources/other-bulletins-of-interest.html](http://www.eastern.csip.org.uk/resources/other-bulletins-of-interest.html)

## **Mental Health Foundation: healthy eating and depression**

This booklet is for anyone who wishes to protect their mental health through healthy eating. It is particularly relevant for people recovering from mild or moderate depression and suggests how changes to their diet can help improve their mood.

 **Click here to access publication:** [www.mentalhealth.org.uk/publications/?EntryId=43900&char=H](http://www.mentalhealth.org.uk/publications/?EntryId=43900&char=H)

## **World Mental Health Day: theme 'the impact of culture and diversity' 10 October 2007 publication and useful advice for planning your own event**

This publication by the World Mental Health federation provides an overview of the 2007 World Mental Health Day. Also is a document with useful tips and suggestions on planning your World Mental Health Day activities.

 **Click here to access the publications:**

[www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100029&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=100029&grp=1)

## **Improving services and support for older people with mental health problems final report**

The UK Inquiry into Mental Health and Well-Being in Later Life has published its final report, 'Improving Services and Support for Older People with Mental Health Problems'. The report follows the Inquiry's first report, Promoting Mental Health and Well-Being in Later Life, which was published in 2006. Both reports can be downloaded from the Inquiry website [www.mhilli.org](http://www.mhilli.org) or call 0208 765 7431 to order hard copies.

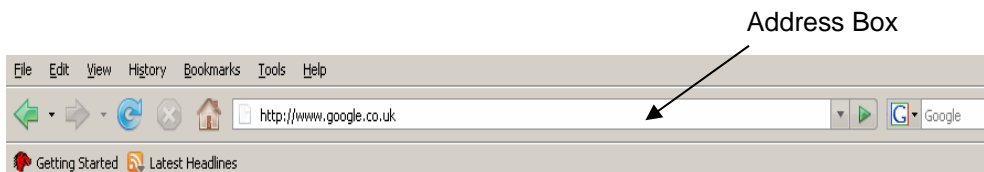


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### Hyperlinks:

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Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Commissioning – **Maurice Burns 07789 864212**
- Health and Social Care in Criminal Justice – **Rob Jayne & Amanda Hawkins 01206 287578**
- Learning and Improvement Networks – **Paul O'Halloran 01206 287594**
- Learning Disabilities (Valuing People Support Team, VPST) – **Simon Whitehead 01449 616187**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Rix 01206 287592**
- Older People and Physical Disabilities – **Angie Glew 07775 906892**
- Adult Social Care – **Amanda Reynolds 07775 631510**

 [To download a copy of our 2005/06 Mental Health Prospectus, click here](#)

 For access to our website click on the link: <http://www.eastern.csip.org.uk/>

Care Services Improvement Partnership 

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list contact:

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