

# e-bulletin

Issue 27  
20 July 2007



Welcome to our regular e-bulletin, which is circulated every fortnight. Thanks to everyone who has emailed with news stories, and comments and suggestions.

If you have any information or ideas for the Bulletin please contact [Jayne Bulman](#), at CSIP Eastern Development Centre – contact details later. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

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## Regional News

### **BIG Lottery gives the East a £3.9 million health Initiative led by CSIP Eastern**

More than 130,000 people across the East of England are set to feel the health benefits of a whopping £3.9million investment to improve well-being and encourage healthier lifestyles in schools, homes, workplaces and communities throughout the region. This grant comes from the Big Lottery Fund's Well-being programme, and the 'Well-being in the East: Delivering a Healthy Active Future' is a portfolio of projects that will improve mental health by focusing on prevention, encourage healthier eating by helping people to make better choices and change their lifestyles and increase levels of physical activity among people of all ages.

The portfolio consists of 25 projects, one of which will train community-based organisations to provide weight management services. The Norfolk Obesity Group project will result in 60 to 90 qualified people to deliver weight management training programmes in 60 locations throughout Norfolk. Another significant project is the Saracen's Foundation project, who will tackle physical inactivity and obesity by working in partnerships with schools and 'outside school clubs'. The project will stimulate an increase in the quantity and quality of sport, physical activity and health promotion activities within local primary schools.

This portfolio will be led by CSIP Eastern Development Centre, working with a steering group of the key regional partners and stakeholders in the area of public health, including the regional public health team, regional physical activity forum (Sport England East) and COVER (Community and Voluntary Forum for the East of England).

 [Click here to view the press release: www.biglotteryfund.org.uk/pr\\_180707\\_ee\\_wb\\_east\\_health\\_kick?regioncode=-uk](http://www.biglotteryfund.org.uk/pr_180707_ee_wb_east_health_kick?regioncode=-uk)



## Chelmsford ProHelp group now launched

Business in the Community is very pleased to announce that its latest ProHelp Group was launched at the beginning of June 2007 to provide professional help to community groups in the Chelmsford and West Essex area. ProHelp involves more than 1,000 professional firms committed to making a difference in the community by offering free advice and support. ProHelp provides firms with an opportunity to impact locally whilst accessing a national net. For further information on how Community groups and businesses in the Chelmsford area may apply for ProHelp assistance, please contact Russ Cottee on 01702 558192 or email: [russ.cottee@bitc.org.uk](mailto:russ.cottee@bitc.org.uk)



Click here for more information: [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99778&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99778&grp=1)

## Tender for the management and provision of services at a children's centre

Southend-on-Sea Borough Council is inviting interested parties to tender for the management and provision of services at the Cambridge Road Children's Centre in central Southend. For further information, please contact Karley Burchell on 01702 534816 or email: [karleyburchell@southend.gov.uk](mailto:karleyburchell@southend.gov.uk)



Click here to view the flyer: [www.eastern.csip.org.uk/our-work/children-young-people--families/surestart.html](http://www.eastern.csip.org.uk/our-work/children-young-people--families/surestart.html)

## Norfolk nurse wins national award for work with dementia patients

Beverley Hallpike, a nurse consultant in dementia care for Norfolk and Waveney Mental Health Partnership NHS Trust, has won the 2007 Queen's Nursing Institute/Alzheimer's Society Excellence in Dementia Care Award. Beverley earned the award for her innovative new Protected Patient Engagement Time [PPET] project, which will ensure that older people on dementia care wards will be given the opportunity to engage more fully in the management of their care.

Older people with dementia routinely receive care that meets their physical needs, but their personal and psychological needs were not always addressed in the same manner. After carrying out a survey, involving asking the patients what activities they would like to engage in, Beverley found that some simply wanted to have a chat, a hand or foot massage or the chance to engage in life history work. These are all needs that can be met with the help of the patient's own named nurse.

Beverley's inspiration came from an article in the Mental Health Practice Journal two years ago about a ward manager in Oxford who had implemented protected therapeutic time on a ward with working age adults.



Click here to view the press release: [www.norfolkhealthblog.blogspot.com/](http://www.norfolkhealthblog.blogspot.com/)

## Business skills training: Your people are key to your success...Empower them

This 3 day training programme, supported by Exemplas, Learning and Skills Council and European Union (Social Fund) is free for social enterprises and voluntary organisations within Bedfordshire, Norfolk, Suffolk and Essex. The aim of the course is to improve communications, increase skills, competence and commitment, to improve your social objectives and your sustainability and to focus training on the organisations needs, purpose and goals. The training can be either an open course (open to several organisations) or as a tailored course (for one organisation), which can be held in-house or at a convenient venue of your choice (Exemplas will cover hall hire and refreshment costs including lunch for all delegates). Funding for this course is limited and will end soon. For further information, please contact Sanjeev Kumar, Project Manager on 01707 398080 or for details of other events call on 0845 6011000 or visit [www.bookevents.org](http://www.bookevents.org)



Click here to view the flyers: [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99919&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99919&grp=1)



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## National News

### CSIP's high impact changes for health and social care project

CSIP is developing a set of changes that have the biggest positive impact in health and social care on achieving the 7 outcomes (improved health and emotional well-being, improved quality of life, making a positive contribution, choice and control, freedom from discrimination, economic well-being and personal dignity).

They are currently collecting evidence throughout the country to determine what the changes are and will be launching them in 2008. Please let them know if you have implemented changes or initiatives that have had a positive impact, by sending in an evidence template to [ruth.kent@csip.org.uk](mailto:ruth.kent@csip.org.uk) (no later than 5pm on 31 August 07) in order to inform the final publication.

The changes will provide a framework for service improvement and will support the implementation of the White Paper "Our Health, our care, our say".

 [Click here for discussion paper and evidence template: www.csip.org.uk/highimpactchangesforhealthandsocialcare](http://www.csip.org.uk/highimpactchangesforhealthandsocialcare)

### Mental Health Act received royal assent

The Bill finished its passage through Parliament on 4 July 2007 and received Royal Assent on 19 July. Several changes were made during the passage of the bill and details of these amendments, and other important developments are available in the latest 'Update' newsletter, which has just been published on the new 'Implementing the Amended Mental Health Act' website at: <http://mhact.csip.org.uk/news#update>

### National survivor user network

In 2003 service user-led research resulted in the report 'On Our Own Terms' which was published by the Sainsbury Centre for Mental Health. This report made a number of recommendations, including the need for a national network to bring groups together, encourage good practice and build capacity within the sector. Inspired by this report service users and survivors employed within two voluntary sector organisations, Together and the Mental Health Foundation organised a conference focussed on discussing the possibility of setting up a national service user/survivor network.

In May 2007 the name National Survivor User Network (NSUN) and their mission, aims and values of the Network were agreed along with a [Strategy](#) for the coming months. NSUN will be accepting members very soon and if all goes well they should be ready for an official launch in the autumn. For further information, please contact NSUN on 08456020779 or email: [info@nsun.org.uk](mailto:info@nsun.org.uk)

See the 'Useful Resources' section for the NSUN first edition newsletter.

 [Click here to visit their website: www.nsun.org.uk/index.html](http://www.nsun.org.uk/index.html)

## **An invitation to tender: arts, mental health and social inclusion**

The National Social Inclusion Programme is looking for an organisation to develop a training package for them on 'mental health, social inclusion and the arts'. This package is aimed at further promoting social inclusion for people with mental health problems through arts participation and access to galleries and museums. Once this package is developed, it will be distributed to all national, regional and local museums and galleries to be used for the continuing professional development of gallery and museum staff. To identify how they could best support and encourage people with mental health problems to participate in community, education and access programmes. This project is being developed in partnership with the Museums, Libraries and Archives Association, the Wallace Collection, the Victoria & Albert, and the Tate Modern. For further information, please email Christa Drennan on [christa.drennan@londondevelopmentcentre.org](mailto:christa.drennan@londondevelopmentcentre.org)



**Click here to view invitation:** [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99867&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99867&grp=1)

## **Shaping Our Lives national user network**

Shaping Our Lives national user network is an independent user-controlled organisation. They started as a research and development project but became an independent organisation in 2002. Shaping Our Lives is currently working on a number of projects, working with a wide and diverse range of service users. One main current project is 'Beyond the usual suspects: developing diversity in involvement', This is a three year Department of Health-funded project which started in July 2005. Its aim is to find out how they could get more people involved in service user issues. Shaping Our Lives were particularly interested in looking at why certain groups of service users, such as younger people, people who communicate differently, people from black and ethnic minority communities and people using residential services, experience additional barriers to involvement.

In the first half of the project four regional development projects have been working at increasing involvement in their own groups. Each project has looked at ways to improve the opportunities for as wide a range of service users as possible to become involved in health and social care policy and practice. They have all held a series of meetings and also an event aimed at attracting new people. Shaping Our Lives are now in the second phase of the project where they are using what has been learnt in the four regional projects to produce a resource pack and training materials.



**Click here to visit their website:** [www.shapingourlives.org.uk/index.html](http://www.shapingourlives.org.uk/index.html)

## **Action on stigma**

In October 2006 the government launched its Action on Stigma initiative. After a number of events and other consultations, a feedback report has been produced together with a letter from Louis Appleby, Director of Mental Health at the Department of Health. The original Action on Stigma document can be downloaded from [www.shift.org.uk](http://www.shift.org.uk)



**Click here to read the letter and report:** [www.eastern.csip.org.uk/our-work/anti-stigma--discrimination.html](http://www.eastern.csip.org.uk/our-work/anti-stigma--discrimination.html)

## **National risk management programme**

Best Practice in Managing Risk: Principles and evidence for best practice in the assessment and management of risk to self and others in mental health services was published by the Department of Health. This framework document is intended to guide mental health practitioners who work together with service users in managing risk of harm. Dr Richard Whittington and team from Liverpool University completed this work for National Risk Management Programme.



**Click here to view the publication:** [www.nimhe.csip.org.uk/our-work/risk-management-programme/risk-tools-and-risk-management.html](http://www.nimhe.csip.org.uk/our-work/risk-management-programme/risk-tools-and-risk-management.html)

## Strong support for Samaritans 24:7 day: press release

People across the UK and Ireland are backing Samaritans' 24:7 campaign, which raises awareness of the charity's round-the-clock emotional support service, provided by 17,000 volunteers. Samaritans relies entirely on fundraising and donations from the public and companies as the charity receives virtually no Government funding. Samaritans needs £15 million a year to keep its service running.

The 24:7 campaigns are holding almost 200 events across UK and there's still time to support the charity before Samaritans' Flag Day on Tuesday, July 24<sup>th</sup> 2007. Check out the 24:7 Samaritans' web-site at [www.samaritans247.org](http://www.samaritans247.org) to see where your local 24:7 events are being held. For more information, please email: [247@samaritans.org](mailto:247@samaritans.org)



Click here to view the press release:

[www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99781&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99781&grp=1)

## New Deal for carers – your voice counts

What could make a positive difference to, or improve the life of, carers? This is the question the Department of Health are putting to the experts – you and they need your input!

The Government is developing a new national strategy for carers and the Department of Health is leading on this work, which includes a nationwide consultation with carers and voluntary organisations. The Department of Health has launched a consultation with an online 'Ideas Tree' at [www.newdealforcarers.org](http://www.newdealforcarers.org). They want you to give them your ideas to help shape the strategy. You can post a message, read what other people have said and tell us if you agree. The Tree will be live until mid September 2007. Consultation events are also being held around the UK arranged by our partners, Carers UK, Crossroads Caring for Carers, Princess Royal Trust for Carers and the Children's Society.

The consultation is a cross-government priority involving the departments of Health; Work and Pensions; Education and Skills; Trade and Industry; Communities and Local Government and the Treasury. If you'd like any more information, please contact Alison Langridge, Policy Communications Manager on 02079 725265 or email: [Alison.Langley@dh.gsi.gov.uk](mailto:Alison.Langley@dh.gsi.gov.uk)



Click here to view the press release: [www.eastern.csip.org.uk/our-work/skills-for-care/skills-for-care-news.html](http://www.eastern.csip.org.uk/our-work/skills-for-care/skills-for-care-news.html)

## ITV carer of the year awards: nominate now

ITV have launched a campaign to find the ITV Carer of the Year. For the first time, as part of the Daily Mirror's Pride of Britain Awards, ITV is asking viewers across the UK to help choose the winner of one of the most prestigious awards of the evening – the ITV Carer of the Year. ITV will highlight and reward the work of the nation's caring community, honouring those people who make a difference to other people's lives.

ITV and the Daily Mail Pride of Britain Awards 2007 are asking all viewers to let them know about people who devote a large part of their time and energy to caring for another person or people. They could be devoted foster parents or they could be care workers, such as nurses or doctors, who have gone beyond the call of duty. The final winner will be presented with the prestigious award at the Daily Mirror's Pride of Britain Awards in October. Now in its ninth year, it is the biggest awards event of its kind in the UK. There will also be a half hour programme celebrating the winners and looking at the issues of carers on ITV1 on 25 September 2007. The nomination process will close on 15 August 2007. For more information, please visit [www.itvcarers.com](http://www.itvcarers.com) or to nominate please call free phone 08000 11 34 05.



Click here to view the flyer: [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99932&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99932&grp=1)

## **Prescribing Observatory for Mental Health (POMH-UK) has vacancies for service user members**

The Prescribing Observatory for Mental Health (POMH-UK), part of the Royal College of Psychiatrists, is working with a number of NHS Trusts to improve practice with regard to mental health prescribing. This is achieved by studying selected topics such as high dose and combination prescribing of anti-psychotics and medication for dementia etc.

POMH-UK has a small project team and is guided by a Steering Group that consists of pharmacists, psychiatrists, service users, nurses, representatives from Mind and Rethink plus the project team. At present they have vacancies for two service users on this Steering Group.

The Steering Group meets approximately four times a year for two hours at the POMH-UK base in London and service user members will be paid for their time. As well as attending the meetings there may be preparation and follow-up work which is reflected in the payment. The closing date for applications is 15th August 2007. For more information and an application pack please phone Elizabeth Hancock on 020 79776641 or Amber Shingleton-Smith on 020 79774999, or e-mail [pomh-uk@cru.rcpsych.ac.uk](mailto:pomh-uk@cru.rcpsych.ac.uk).

 **Click here for more information:** [www.eastern.csip.org.uk/users-and-carers/involvement-news.html](http://www.eastern.csip.org.uk/users-and-carers/involvement-news.html)

## **M.A.D. art - making a difference, Mind**

As part of Mind's 60th anniversary celebrations, they want to celebrate the creativity of mental health service users and survivors across England and Wales in their M.A.D. art - making a difference installation project. Mind is inviting anyone who has experienced mental distress to contribute artwork to the installation based on their own experiences. The installation will be exhibited at the Truman Brewery in London in September 2007. The deadline for your contributions is 31 July 2007. For further information or to submit your work, please email: [monika@fognet.org](mailto:monika@fognet.org) or send to M.A.D Art, High Bonwick Cottage, Bewholme, Driffield YO25 8EE

 **Click here to view the flyer:** [www.mind.org.uk/60th/M.A.D.+art+-+making+a+difference.htm](http://www.mind.org.uk/60th/M.A.D.+art+-+making+a+difference.htm)

## **Research funding opportunities**

A number of various organisations invite applications for research projects to be funded by their research grants scheme.

 **Click here for a list of opportunities available:** [www.eastern.csip.org.uk/our-work/research/funding-for-research-opportunities.html](http://www.eastern.csip.org.uk/our-work/research/funding-for-research-opportunities.html)

## **National Institute for Health Research programme grants for applied research (competition 3)**

Programme grants are prestigious awards aimed at attracting the top researchers. They have replaced programmes of research previously supported by the Priorities and Needs (PNF) component of NHS research and development support funding for NHS providers. Programme grants are allocated competitively to NHS trusts to enable them to tackle areas of high priority or need for health. The application process is in two stages, with peer and expert panel review. Successful organisations are monitored annually to ensure that continued funding is justified. Registration of intention to submit deadline is on 20 August 2007. For further information, please call 02089 438991

 **Click here to download the guidance:** [www.nihr-ccf.org.uk/site/callsproposals/programmegrants/default.cfm](http://www.nihr-ccf.org.uk/site/callsproposals/programmegrants/default.cfm)



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## CSIP Eastern Development Centre Update

### Call for information regarding employment, education and volunteering.

For many people employment is a key ingredient in aiding recovery. In September 2006 'Reaching Out', an action plan on Social Exclusion was published by the Social Exclusion Task Force. Chapter 6 outlined the need to develop Regional Employment Teams to take forward work on employment and mental health. Since then funding has been allocated to support this initiative and we are currently talking to regional partners on how to develop a regional team.

To support this important piece of work Jennette Fields, Social Inclusion Lead at CSIP Eastern Development Centre is looking to collect personal stories from people about their experiences with a particular interest on employment but also on education and volunteering as part of the pathway towards potential employment opportunities. If you would be willing to share your experiences please contact, Jennette Fields, Social Inclusion Lead at CSIP on 01206 287593/ 07920 451985 or email: [jennette.fields@csip.org.uk](mailto:jennette.fields@csip.org.uk).

### Expert by Experience Group call for ideas for a conference 2008

The Eastern Region Experts by Experience Group (EbE) is planning a conference for service users and carers in February 2008. They would like the views of service users and carers on issues and topics that they would like to be covered at the 2008 conference. If you have an idea/ suggestion of a topic/issues you would like to be included in the conference, please email Jayne Bulman on [jayne.bulman@csip.org.uk](mailto:jayne.bulman@csip.org.uk) or phone 01206 287587 or Ian Griggs Co-chair EbE email: [ian.sgriggs@tiscali.co.uk](mailto:ian.sgriggs@tiscali.co.uk)

 Click here to visit the CSIP Eastern Involvement (EbE) web pages: [www.eastern.csip.org.uk/users-and-carers.html](http://www.eastern.csip.org.uk/users-and-carers.html)

### Exciting development opportunities for Third Sector leaders and partner agencies for Autumn 2007

The Care Services Improvement Partnership (CSIP) Eastern Development Centre, with support from our regional partners, is offering two major improvement and development opportunities for 3<sup>rd</sup> Sector Leaders and their partner agencies during autumn/winter 2007/8. The two courses are:

- **Equal Partners 2007/8**

This exciting residential programme, based on the prestigious Trailblazers course, was positively evaluated when CSIP ran it in 2005 and 2006. The main criteria for participation is that each pair should be able to commit to developing and writing up a project which promotes closer working between their organisations, and better outcomes for the users of services.

- **Learning set for Third Sector leaders**

This is a chance to explore new opportunities and pitfalls in providing public services; join a small group of your peers with some protected time for strategic thinking, reflection and learning. This learning network will involve a mix of taught sessions and action learning by the participants, facilitated and supported by key players from across the region.

Formal applications for both programmes will be requested in September, 2007. To register your initial interest, please contact Kevin Whiteley on: 01206 287595 or email: [kevin.whiteley@csip.org.uk](mailto:kevin.whiteley@csip.org.uk)

 Click here to view the flyer: [www.eastern.csip.org.uk/our-work/voluntary-sector/voluntary-sector-events-and-info.html](http://www.eastern.csip.org.uk/our-work/voluntary-sector/voluntary-sector-events-and-info.html)



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## Events

### Assessing personality disorder – 17 August 2007, Cambridge

This is a workshop event organized by CSIP Eastern within the Regional Personality Disorder Programme. Dr Caroline Logan a consultant specialist clinical psychologist in risk assessment and management in Mersey Care NHS Trust will be presenting. This presentation examines ways of making the most of opportunities to assess the personality disorders of clients involved with the criminal justice system. For more information and to book a place, please email: [fiona.mcmillian-shields@csip.org.uk](mailto:fiona.mcmillian-shields@csip.org.uk)



Click here to access the flyer: [www.eastern.csip.org.uk/events.html](http://www.eastern.csip.org.uk/events.html)

### Delivering mental health services for offenders: Nacro's 7th annual mental health and crime conference – 5 & 6 September 2007, University of Nottingham

Nacro's 7th Annual Mental Health and Crime Conference will consider how services can be delivered along the Offender Mental Health Pathway to achieve those aims. For more information, please contact Cynthia Sutherland on 02078 406466 or email [cynthia.sutherland@nacro.org.uk](mailto:cynthia.sutherland@nacro.org.uk).

See the 'Useful Resources' section for the Nacro, changing lives reducing crime mental health and crime briefing 2007 newsletter.



Click here to download the flyer:

[www.nacro.org.uk/about/Nacro%207th%20Annual%20Mental%20Health%20&%20Crime%20Conference%202007.pdf](http://www.nacro.org.uk/about/Nacro%207th%20Annual%20Mental%20Health%20&%20Crime%20Conference%202007.pdf)

### Working to Recovery limited courses and workshops September & November 2007, various locations

The events held by the Working to Recovery Limited are: -

- **Recovery from psychosis - not an alien concept - 3, 4, 6 & 7 September 2007, Dublin, Belfast, Birmingham & Glasgow**

The aim of this workshop is to provide better understanding in ways of working with psychosis- that promote a recovery agenda. These one day workshops will explore how people *can* and *do* recover.

- **Making recovery happen - Training Trainer's for change – 24 – 28 September 2007, Scotland**

This one week residential course offers a way forward in developing organisational and personal understanding of recovery and enables services to utilise their skills towards making recovery happen.

- **An hour of power – 8 November 2007, University of Abertay, Dundee**

This is an evening with Dorothy Rowe, a clinical psychologist and writer & Ron Coleman to discuss recovery works and depression need not be a lifelong disorder.

- **Recovery from depression – 9 November 2007, University of Abertay, Dundee**

This is a one day workshop with Dorothy Rowe, world-renowned psychologist and writer to understanding depression and what we need to do in order to escape from the prison of depression.

For further information for the above events and to book a place, please contact Working to Recovery Ltd, 4 The Beehives, Kilmany Road, Wormit, Fife DD6 8PD, call 01382 542517 or email: [info@workingtorecovery.co.uk](mailto:info@workingtorecovery.co.uk) or visit their website [www.workingtorecovery.co.uk/](http://www.workingtorecovery.co.uk/)



Click here to view the courses flyers:

[www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99836&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99836&grp=1)



## **Pavilion's seventh annual mental health training and education conference – 12 September 2007, London**

Pavilion's forthcoming conference, will examine the role of education and training as an essential bridge between research, policy and practice with a particular emphasis on teaching and learning about recovery. This event is supported by Care Services Improvement Partnership. For further information, please call 08708 901080 or email: [info@pavpub.com](mailto:info@pavpub.com)

 **Click here to view the programme:** [www.pavpub.com/pavpub/conferences/showfull.asp?Conference=620](http://www.pavpub.com/pavpub/conferences/showfull.asp?Conference=620)

## **Accepting and working with voice-hearing – 14 September 2007, London**

This is a one-day national conference hosted by Together (working for well-being) for professionals and people who hear voices in support of the World Hearing Voices Day. Hearing Voices Network is committed to helping people who hear voices. For further information, please call 02077 807372 or email: [mandy-chaine@together-uk.org](mailto:mandy-chaine@together-uk.org)

 **Click here to view the flyer:** [www.intervoiceonline.org/assets/2007/5/10/voice\\_hearing\\_flyer11.pdf](http://www.intervoiceonline.org/assets/2007/5/10/voice_hearing_flyer11.pdf)

## **EQUAL Brighton & Hove 'on social mentoring' conference – 17 September 2007, University of Brighton**

This one day conference is aimed at a national audience organised by the Community University Partnership Programme on good practice in mentoring and befriending. For further information, please contact Fiona Edwards on 01273 643182 or email: [f.c.a.edwards@brighton.ac.uk](mailto:f.c.a.edwards@brighton.ac.uk)

 **Click here to view the flyer:** [www.eastern.csip.org.uk/events/events/noncsip-national--regional-events-of-interest.html](http://www.eastern.csip.org.uk/events/events/noncsip-national--regional-events-of-interest.html)

## **Mental Capacity Act 2005: Court of Protection and Office of the Public Guardian - 18 September 2007 - Newmarket**

The Mental Capacity Act 2005 comes fully into effect in October 2007. It introduces a major overhaul of the existing law in relation to individuals who lack capacity in decision making. This conference aims to provide an overview of the roles and responsibilities of the Court of Protection and Office of the Public Guardian, to review the procedures regarding registration and regulation of Lasting Power of Attorney's, to provide guidance to those with responsibility for specific aspects of the Mental Capacity Act e.g. finance officers, legal advisor.

 **Click here to view the flyer and registration form:** [www.eastern.csip.org.uk/events.html](http://www.eastern.csip.org.uk/events.html)

## **From here to recovery: transforming the journey – 18 & 19 September 2007, Hertfordshire**

This conference hosted by School of Social, Community and Health Studies and the Centre for Mental Health Recovery aims to provide an opportunity for stakeholders in the recovery process to engage in an exploration of transforming practice and changing the direct experience of using the services. For more information, please contact Linda Hearne on 01707 285811 or email: [l.hearne@herts.ac.uk](mailto:l.hearne@herts.ac.uk)

 **Click here to view programme:** [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99868&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99868&grp=1)

## **The celebrate awards - 4 October 2007, The Cut, Suffolk**

In 2000, the first bids for European Structural Funds were received. This period of funding will come to an end in 2008, having seen more than £340 million distributed throughout the East of England. The money has funded initiatives that have made fundamental differences to people and communities in the Eastern Region.

This year's Celebrate Awards are the final opportunity to celebrate some of the fantastic achievements which have been made possible thanks, in part, to European funding. The awards will recognise the projects, people, businesses, places and communities that have benefited from the European Social Fund, the European Regional Development Fund and the European Agricultural Guidance and Guarantee Fund. The closing date for entries is 28 August 2007. For further information, please email: [joanneo@shorthose-russell.co.uk](mailto:joanneo@shorthose-russell.co.uk).

 **Click here to view the flyer:** [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99837&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99837&grp=1)

## **Quality of Life conference: tackling the barriers to a better quality of life – 5 & 6 November 2007, Stansted, Essex.**

Essex County Council is proud to be hosting a groundbreaking national conference to discuss these very issues. This two-day event will be exploring how best to deliver sustainable improvements in quality of life, drawing on best practice from the UK and beyond. For further information, please call 01245 436569 or email: [events@essexcc.gov.uk](mailto:events@essexcc.gov.uk)

 **Click here for more information:** [www.essexcc.gov.uk/qualityoflifeconference](http://www.essexcc.gov.uk/qualityoflifeconference)



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## **Useful Resources**

### **National Survivor User Network newsletter edition one: June 2007**

This is the first edition of a newsletter dedicated to the work of the National Survivor User Network.

 **Click here to access the newsletter:** [www.eastern.csip.org.uk/users-and-carers/involvement-news.html](http://www.eastern.csip.org.uk/users-and-carers/involvement-news.html)

### **Australian Psychologist volume 42 June 2007**

This edition of the journal "The Australian Psychologist" is focusing on mental health awareness and de-stigmatisation. The introduction is free to download and supports a non-medical approach to mental health training.

 **Click here to view the online publication:** [www.informaworld.com/smpp/title-content=g777660729](http://www.informaworld.com/smpp/title-content=g777660729)

### **Care Programme Approach review: update bulletin: June 2007**

This bulletin updates developments on the review of the Care Programme Approach. In it they aim to give an overview of the consultation responses and, where they can, make clear what action they are taking on these. They also outline further work that is underway and the timescales for developments.

 **Click her to access the newsletter:** [www.nimhe.csip.org.uk/silo/files/cpa-june-bulletin.pdf](http://www.nimhe.csip.org.uk/silo/files/cpa-june-bulletin.pdf)



## East Anglia Hub newsletter issue 17

You can now view the latest newsletter from the East Anglia Hub, part of the national Mental Health Research Network (MHRN).



Click here to access the newsletter: [www.eastern.csip.org.uk/resources/other-bulletins-of-interest.html](http://www.eastern.csip.org.uk/resources/other-bulletins-of-interest.html)



Click here for past issues: [www.ukmhrn.info/dnn/Default.aspx?tabid=142d](http://www.ukmhrn.info/dnn/Default.aspx?tabid=142d)

## Shaping Our Lives newsletter

You can now view the latest newsletter from Shaping Our Lives.



Click here to access the newsletter: [www.shapingourlives.org.uk/ourpubs.html](http://www.shapingourlives.org.uk/ourpubs.html)

## Newsflash: new ways of working for learning and development – July 2007

You can now view the Essential Shared Capabilities Newsflash new look.



Click here to access the newsletter: [www.eastern.csip.org.uk/our-work/new-ways-of-working-/new-ways-of-working-resources.html](http://www.eastern.csip.org.uk/our-work/new-ways-of-working-/new-ways-of-working-resources.html)

## The ten essential shared capabilities: reflecting on the pilot of a learning and development initiative with a group of adaptation nurses

Advancing Practice in Bedfordshire 2006: 3 (2) journal article by Chelvanayagam Menna, Bedfordshire and Luton Partnership Trust reflects on the national learning and development pilot of the ten essential shared capabilities, in collaboration with the National Institute for Mental Health in England.



Click here to access the article: [www.eastern.csip.org.uk/our-work/new-ways-of-working-/new-ways-of-working-resources.html](http://www.eastern.csip.org.uk/our-work/new-ways-of-working-/new-ways-of-working-resources.html)

## Black communities mental health and the criminal justice system

You can now view Nacro, changing lives reducing crime mental health and crime briefing 2007.



Click here to access the briefing: [www.nacro.org.uk/data/resources/nacro-2007052400.pdf](http://www.nacro.org.uk/data/resources/nacro-2007052400.pdf)



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## Please Note:

### E-Bulletin, Issue 28

The next e-bulletin will now be sent out week ending 17 August 2007. If you have any information or ideas for the bulletin please sent to [jayne.bulman@csip.org.uk](mailto:jayne.bulman@csip.org.uk) by 6 August 2007. The e-bulletin will resume circulation bi-weekly from 17 August 2007.

## CSIP Eastern Development Centre email address change

As from Friday 25 May 2007 all CSIP Eastern Staff email addresses have changed from [firstname.surname@nemhpt.nhs.uk](mailto:firstname.surname@nemhpt.nhs.uk) to [firstname.surname@csip.org.uk](mailto:firstname.surname@csip.org.uk).  
North Essex Mental Health Partnership Trust email addresses will not be changing.

### Hyperlinks:

If you find the links do not work this maybe because your computer is not compatible, click on the internet and type in the web address into the address box on the internet tool bar.



### Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Commissioning – **Maurice Burns 07789 864212**
- Health and Social Care in Criminal Justice – **Rob Jayne & Amanda Hawkins 01206 287578**
- Learning and Improvement Networks – **Paul O'Halloran 01206 287594**
- Learning Disabilities (Valuing People Support Team, VPST) – **Simon Whitehead 01449 616187**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Rix 01206 287592**
- Older People and Physical Disabilities – **Angie Glew 07775 906892**
- Adult Social Care – **Amanda Reynolds 07775 631510**

 [To download a copy of our 2005/06 Mental Health Prospectus, click here](#)

 For access to our website click on the link: <http://www.eastern.csip.org.uk/>

### Care Services Improvement Partnership

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list contact:

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