

e-bulletin

Issue 26
6 July 2007



Welcome to our regular e-bulletin, which is circulated every fortnight. Thanks to everyone who has emailed with news stories, and comments and suggestions.

If you have any information or ideas for the Bulletin please contact [Jayne Bulman](#), at CSIP Eastern Development Centre – contact details later. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

[Regional News](#); [National News](#); [Development Centre Update](#); [Events](#); [Useful Resources](#);



[Back to top](#)

Regional News

Kindred Spirits Essex - new course

This course is aimed at people who work with children or adults with disabilities in Essex. This could be statutory services, private, voluntary, education, health or industry where people come into contact with disabled people e.g. the leisure industry who is working towards desirable futures for disabled people. Kindred spirits course will give participants the knowledge and skills to plan a better future for disabled people and their families. This course will consist of four sessions over two days in September, October and November 2007 which will be held in Chelmsford. For further information, please contact Jane Myers on 01279 871978 or email: info@inclusionpartnership.org.uk



Click here for briefing and the application form:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99724&grp=1



[Back to top](#)

National News

Modernising adult social care: What's working?

This report assesses the progress and outcomes of the process of modernisation initiated in Modernising Social Services (1998) and developed in Independence, Well-being, and Choice (2005), and 'Our health, our care, our say' (2006) and related policies. It is aimed at Directors of adult social services.

 **Click here to access the report:** www.info4local.gov.uk/documents/publications/285754

Our health, our care, our say – one year on: making it happen – the third sector event report, actions and next steps

This report details the points raised at the "Making it happen – the third sector" event held on 12 March 2007, forming one of a range of events marking one year since publication of the White Paper 'Our health, our care, our say'. It captures the issues and challenges facing the third sector in the context of delivering the strategic aims set out and includes points raised in workshop session discussions and the final plenary session, and also gives a brief description of current and future departmental work in these areas.

 **Click here to view the report:**
www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_075491

The Mental Health Bill completed its passage through the House of Commons on the 19th June 07.

The rights of patients and the public will be strengthened by new amendments to the Mental Health Bill published by the Government. For example, the Government amendments include provisions which:

- 1) Require hospital managers to ensure that patients under 18 who are admitted to hospital for assessment or for treatment under the legislation or who are voluntary patients are in an environment that is suitable for their age (subject to their needs).
- 2) Extend victims' rights to information about the discharge of mentally disordered offenders.
- 3) Set up statutory advocacy services under the Mental Health Act 1983. The new clauses place a duty on the Secretary of State and Welsh Minister to make arrangements to ensure that independent mental health advocates are available to certain patients.
- 4) Introduce a number of new safeguards in relation to people subject to Mental Capacity Act deprivation of liberty authorisations, including extending access to independent mental capacity advocates.

There were a number of other minor and technical amendments and two other amendments were also passed. The House of Lords will now consider the amendments made in the House of Commons. For further information about the Parliamentary process or the Bill, please contact - MentalHealthBill@dh.gsi.gov.uk

 **Click here for more information:** www.eastern.csip.org.uk/our-work/mental-health-legislation/mental-health-act-mha/whats-new-with-mha.html

Workplace interventions to promote smoking cessation and workplace health promotion: how to help employees stop smoking

The National Institute for Health and Clinical Excellence has produced this guidance for NHS and non-NHS professionals and employers who have a role in or responsibility for supporting and encouraging employees who smoke to quit. This includes those working in local authorities and the community, voluntary and private sectors. The quick reference guide presents the recommendations on 'Workplace health promotion: how to help employees to stop smoking'.

 **Click here to view the guidance and reference guide:** www.eastern.csip.org.uk/resources/literature--resources.html

Your voice counts: new nationwide consultation with carers

What would make a positive difference or improve your life as a carer?

This month the government has launched a nationwide consultation with carers to review the 1999 Carer's Strategy, and make recommendations and help shape the new national strategy for carers. You can contribute your thoughts and ideas via a new website an online 'Ideas Tree'- which will be live until mid September. As well as online consultation, many local organisations will be holding events over the next few months to give you as much opportunity as possible to share your views.

 **Click here to visit the website:** www.newdealforcarers.org/

Progression through partnership

A joint strategy between the Department for Education and Skills, Department of Health and Department for Work and Pensions to looks at how further education and training can help people with learning difficulties and disabilities to lead fulfilling lives. The Government is committed to improving the life chances of people with learning difficulties and/or disabilities. It wants to develop services which centre on the needs of disabled people and provide seamless support to help everyone achieve their full potential.

This report sets out a vision of how the three Departments most closely involved in this area - Education and Skills, Health, and Work and Pensions - will work together to deliver high quality support and incentives for young people and adults with learning difficulties and/or disabilities in further education and training.

 **Click here to read the report:** www.dfes.gov.uk/publications/progressionthroughpartnership/index.shtml

Tender for Mental Health Trusts: specification for the development of an evaluation tool to assess capabilities for inclusive practice

The National Social Inclusion Programme (NSIP) has coordinated the delivery of the action plan included in the Social Exclusion Unit report Mental Health and Social Exclusion (2004), which showed that many people with mental health problems experience exclusion and lack equal access to a range of opportunities in society. Improving opportunities for people with mental health problems will enhance recovery and ultimately reduce dependence on the state as people contribute to society, engage with their community, and make less use of statutory services.

The main aim of this project is to build on the Capabilities for Inclusive Practice (CfIP) framework for inclusive practitioners to develop a tool for evaluating individual and team practice within a mental health provider trust. The programme would welcome applications from individuals or groups working in or who have established links with one or more statutory mental health service. To deliver the project, it would be important that the successful applicant(s) had access to or was able to negotiate access to frontline mental health staff and multi-disciplinary teams to engage their involvement in the development of the practice evaluation tool. For more information, please contact Rebecca Mitchell on 02073 072424 or email: Rebecca.mitchell@londondevelopmentcentre.org

 **Click here to view the briefing:** www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99723&grp=1

Get out and GOJO over the summer!

GOJO wants you to get out and about this summer, and to make the most of public transport with the help of GOJO's event guides, special offers, interactive route maps and route planner and much more.

GOJO is a new campaign funded by the Disability Rights Commission, for young people who have difficulties or fears using public transport – for example, you may have a visual impairment and need the bus driver to tell you when to get off the bus, or simply don't feel safe on public transport due to a previous bad experience. The GOJO website is packed with advice, exciting games, downloads and competitions, please visit www.mygojo.co.uk/

 **Click here to access newsletter:** <http://cecollect.com/ve/ZZ59i87G919971C95zy>



[Back to top](#)

CSIP Eastern Development Centre Update

Early intervention in psychosis conference 4 June 07 presentations

The Eastern Development Centre alongside the East of England Strategic Health Authority hosted a very successful early intervention conference on the fourth of June this year. The conference was held at Rowley Mile racecourse in Newmarket, and welcomed 200 delegates from the Eastern and South East regions. The Eastern Development Centre was delighted to welcome a number of prominent keynote speakers, known for their national and international work in the field of early intervention. For example, Pat McGorry, founder of Early Psychosis Prevention and Intervention Centre and Professor of Youth Mental Health at the University of Melbourne, has inspired the development of early intervention around the world and he continues to further push boundaries in order to develop excellent and appropriate mental health services for young people. The presentations from the conference can now be viewed on the CSIP Eastern Website.



Click here to view the presentations: www.eastern.csip.org.uk/our-work/community-and-new-teams/early-intervention-in-psychosis/early-intervention-in-psychosis-conference-4-june-2007.html

Improving services for learners with mental health difficulties: A NIACE/NIMHE (part of CSIP)/LSC partnership project Eastern Regional network

Prior to National Institute for Mental Health in England (NIMHE) becoming part of CSIP a partnership was formed between three agencies, the National Institute of Adult Continuing Education (NIACE), the mental health programme (NIMHE), now part of CSIP and the Learning & Skills Council (LSC). The focus of this partnership is to promote and improve access to learning and skills for people experiencing mental health difficulties.

As part of this partnership a quarterly regional networks has been set up which has been running for about eighteen months. The Regional Networks have representation from adult education, mental health services, voluntary and community sector, learners and Local Learning and Skills Councils. Over the next two years the Regional Networks will play a central part in meeting the challenge to promote and improve access to learning and skills for people with mental health difficulties. Jennette Fields, Social Inclusion Lead became involved in the partnership last year and Catina Barrett was appointed to Eastern region about six months ago as the NIACE Regional Project Worker. Catina and Jennette have been working closely to build up the membership of the Network.

The next Eastern Regional Network meeting is on the 16 July 2007 in Cambridge and the Eastern Partnership Project would like to build up their membership and invite you to join them. The focus of the morning is how to increase the membership to the network of people who have or have had mental health issues, either as part of this network or by having a network specifically for users and carers. There will be a number of presentations from the North East network, Museums, Libraries and Archives (East of England) and on 'Making a Real difference' project. For further information, please contact Susan Rees on 01162 044256 or email: susan.rees@niace.org.uk



Click here for flyer and more information: www.niace.org.uk/mentalhealth/Eastern/Default.htm



[Back to top](#)

Events

Community development worker network event – 10 July 2007, Cambridge

This event will be looking at regional progress against the Target and how to work jointly to achieve this as well as sharing good practice and feedback from each area within the region. For further information, please email Stacey Webber on Stacey.webber@csip.org.uk.

 Click here to view flyer and booking form: www.eastern.csip.org.uk/events.html

Building resilience and thriving recovery workshop – 17 & 20 July, Manchester & Sheffield

This workshop will challenge traditional thinking and concepts of mental illness. For further information, please contact Peter Bullimore at the Hearing Voices Group on 07714930740

 Click here to view the flyer: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99383&grp=1

Recovery wellbeing sports day – 18 July 2007, Cambridge

Lifecraft is once again working in partnership with Cambridgeshire and Peterborough Mental Health NHS Trust, CamMind and the City Council to help organise another Recovery Wellbeing Day for local service users and carers. This Summer's Wellbeing day, however, will be held on Parker's Piece and will be packed full of sports events (football, etc.), as well as 'back to school' sports like the egg and spoon race, three legged race, etc. There will also be complimentary therapy taster sessions and yoga, tai chi, etc. For more information, please contact Gemma Voutt on 01223 457547 or e-mail: gemma.voutt@cambridge.gov.uk

 Click here to view press release, poster and 5-a-side football team booking form: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99623&grp=1

CHANGE moving forward conference: parents with learning disabilities want a better future -19 July 2007, Leeds.

CHANGE is a leading national organisation that supports and gives a voice to people with learning disabilities. At this conference CHANGE will be launching a new book called 'You and Your Little Child'. This book is in easy words and pictures and supports parents with learning disabilities. For more information, please contact Centrevents on 020 8922 1135 or E-mail: info@centrevents.co.uk

 Click here to view the flyer: www.centrevents.co.uk/Events/change2007.htm

Recognising and managing mental health issues – 11 September & 6 November 2007, London

A non-medical training course for Human Resources and line managers. It provides an opportunity to learn to recognise and manage potential mental health issues in the workplace. For more information, please call Kipepeo on 01263 862286 or email: info@kipepeo.co.uk

 Click here to for more details: www.kipepeo.co.uk/bookings.html

“From here to recovery – transforming the journey conference” - 18 & 19 September 2007, Hatfield

This conference organised by the Centre for Mental Health Recovery at the University of Hertfordshire aims to provide an opportunity for stakeholders in the recovery process to engage in an exploration of transforming practice and changing the direct experience of using the services. For more information, please contact Linda Hearne on 01207 285811 or email: l.hearne@herts.ac.uk



Click here to view the flyer: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99722&grp=1

What's on offer? Engaging black and minority ethnic adult learners in museum and gallery education – 20 September 2007, Liverpool

This partnership conference between The National Institute of Adult Continuing Education and National Museums Liverpool will take place as part of the national commemoration of the abolition of the slave trade (200 years) and will broadly focus on including non-traditional learning in education programmes delivered from museums, libraries and archives. For further information, please contact Gurjit Kaur on 01162 042833 or email gurjit.kaur@niace.org.uk



Click here for further details: www.niace.org.uk/conferences/Conferences.htm



[Back to top](#)

Useful Resources

New Service Delivery Organisation programme publications

- **The relative importance attached to cost-effectiveness, equity and access in the provision of health services**

This is a research summary of a study that looked at NHS decision-makers' understanding of the terms 'cost-effectiveness', 'equity' and 'access', and how they are prioritised and applied in the health services (Dolan et al).



Click here to download a copy: www.sdo.lshtm.ac.uk/files/adhoc/36-research-summary.pdf

- **The costs and benefits of managing low priority 999 ambulance calls by NHS Direct nurse advisors**

This is a research summary of a study that looked at an alternative method of responding to non-urgent 999 calls. The study found that the transfer of non-urgent 999 calls to nurse advisors for further advice may be an acceptable and cost-effective alternative to the current approach (Turner et al).



Click here to download a copy: www.sdo.lshtm.ac.uk/files/adhoc/43-research-summary.pdf



COVER e-bulletin, issue 80

This e-bulletin is a regular email briefing from the Community and Voluntary Forum: Eastern Region (COVER).

 **Click here to read the e-bulletin:** www.eastern.csip.org.uk/resources/other-bulletins-of-interest.html

 **Click here to visit their website:** www.cover-east.org/

East Anglia Hub Newsletter issue 16

You can now view the latest newsletter from the East Anglia Hub, part of the national Mental Health Research Network (MHRN).

 **Click here to access the newsletter and past issues:** www.ukmhrn.info/dnn/Default.aspx?tabid=142d

Nacro - Mentally disordered offenders monthly digest

You can now read the latest edition of the MDO digest from Nacro's Mental Health Unit. The aim of this monthly digest is to provide news on issues that may be of interest to those working with offenders with mental health needs.

 **Click here to access the digest:** www.nacromentalhealth.org.uk/mhu/about/news.htm

Nest newsletter issue 48

You can now view the latest newsletter from North Essex Stronger Together newsletter.

 **Click here to access the newsletter:** www.nest-network.co.uk/news.php

NICE guidance on reducing substance misuse by young people

The National Institute for Health and Clinical Excellence (NICE) has produced guidance on community-based interventions to reduce substance misuse among vulnerable and disadvantaged children and young people.

 **Click here to access the guidance:** www.nice.org.uk/PHI004

Supporting people strategy

This strategy sets out what the Government will do to achieve the aims of the Supporting People programme, what it expects Supporting People commissioners and providers to do, and what service users should be able to expect from housing-related support services.

 **Click here to access Publication:** www.info4local.gov.uk/documents/publications/284393



[Back to top](#)

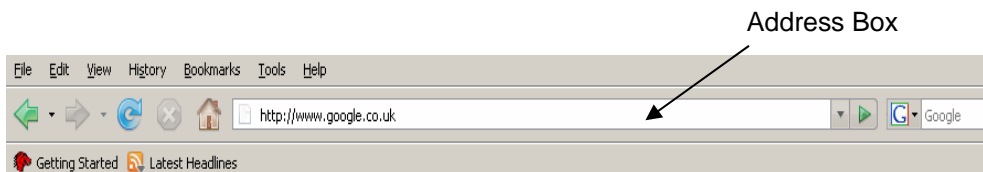
Please Note:

CSIP Eastern Development Centre email address change

As from Friday 25 May 2007 all CSIP Eastern Staff email addresses have changed from firstname.surname@nemhpt.nhs.uk to firstname.surname@csip.org.uk.
North Essex Mental Health Partnership Trust email addresses will not be changing.

Hyperlinks:

If you find the links do not work this maybe because your computer is not compatible, click on the internet and type in the web address into the address box on the internet tool bar.



Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Commissioning – **Maurice Burns 07789 864212**
- Health and Social Care in Criminal Justice – **Rob Jayne & Amanda Hawkins 01206 287578**
- Learning and Improvement Networks – **Paul O'Halloran 01206 287594**
- Learning Disabilities (Valuing People Support Team, VPST) – **Simon Whitehead 01449 616187**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Rix 01206 287592**
- Older People and Physical Disabilities – **Angie Glew 07775 906892**
- Adult Social Care – **Amanda Reynolds 07775 631510**

 [To download a copy of our 2005/06 Mental Health Prospectus, click here](#)

 For access to our website click on the link: <http://www.eastern.csip.org.uk/>

Care Services Improvement Partnership 

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list contact:

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