

e-bulletin

Issue 22
11 May 2007



Welcome to our regular e-bulletin, which is circulated every fortnight. Thanks to everyone who has emailed with news stories, and comments and suggestions.

If you have any information or ideas for the Bulletin please contact [Jayne Bulman](#), at CSIP Eastern Development Centre – contact details later. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

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Regional News

Finding your way – mental health information for older people with mental health problems and their families in Norfolk

In Norfolk the population of older people is rapidly rising and people are living longer. Norfolk County Council has produced this booklet in partnership with people who use the services, carers, Norfolk and Waveney Mental Health Partnership, NHS Trust, Age Concern Norfolk, Alzheimer's Society, Norfolk PCT, Great Yarmouth PCT, Norfolk Drug and Alcohol Action Team and Norwich MIND. This new edition has been funded by the 'At Home Not Alone' project.

Following a successful three month pilot this new edition has been revised, extended and improved and will be launched on 24 May 2007. The booklet provides a single information point for basic information about the main mental health problems occurring in older age, including depression, anxiety and dementia; what signs to look out for, details of key people and organisations that have the knowledge and expertise to help and a list of useful telephone numbers and websites.

 [Click here to download the booklet:](#)

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99242&grp=1

Introducing Essex County Council's Adult Safeguards Unit

Every adult has a right to a lifestyle that maintains personal independence, safeguards privacy, offers choices, provides opportunities to enjoy and contribute to society and enables them to have their social, cultural and individual needs met.

The Department of Health and Home Office issued the publication "No Secrets: guidance on developing multi-agency policies and procedures to protect vulnerable adults from abuse". The report provides a framework for statutory agencies and those in the private and voluntary sectors to work together. In line with Essex County Council's commitment to the protection of vulnerable adults, the new Adult Safeguards Unit has recently been created. The Unit consists of five Consultant Practitioners and will be headed by Emmett Perry as Service Manager. When fully operational, the new unit will play an integral role in the implementation and development of the Adult Social Care Safeguards Agenda. This will include a range of services such as:

- offering 'expert' professional advice in matters of adult protection
- collaborative casework
- research by maintaining a position at the leading edge of the Adult Safeguards Agenda
- training and development of staff, care providers, voluntary agencies, service users, families and representatives
- contributing to policy development and many more.

The primary aim of the Unit is to ensure the more vulnerable adults living within Essex County Council's boundaries can be afforded greater protection against all forms of abuse. For further information, please contact Emmett Perry via email: emmett.perry@essexcc.gov.uk.

Crisis support praised by patients

The mental health crisis support team for mid Essex has received high praise in a patient survey. The majority of the patients who chose to respond to a questionnaire indicated that they were very satisfied with the care and treatment provided by the North Essex Mental Health Partnership NHS Trust. They also felt that the majority of their needs were met.



Click here to read the press release:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99265&grp=1

Cambridgeshire and Peterborough Care Brokerage

The Cambridgeshire and Peterborough Care Brokerage are under new management as of 1 April 2007. Hosted by the Cambridgeshire and Peterborough Mental Health Partnership NHS Trust, the Brokerage remains an impartial information centre acting as a one-stop shop for Social Care Employers searching for local training and funding options.

The new Cambridgeshire and Peterborough Care Brokerage Manager, Darcy Weaver, is in the process of contacting all Social Care Providers as well as Training Providers in Cambridgeshire to discuss how best to expand the Brokerage to meet the needs of all parties involved. The launch of a new website marks the first step in the restructuring and management of the Care Brokerage in Cambridgeshire.

The website will provide, for the first time, an opportunity for care providers to access both contact information for training providers in Cambridgeshire as well as guidance on available funding streams. Unique to the website will be a comprehensive list of short courses offered on a variety of subject matters pertinent to Care. Please visit the new site at: <http://cambridgeshirecarebrokerage.co.uk/>.



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National News

Mothing Special Needs: A Different Maternal Journey by Anna Karin Kingston

This book explores the lived experience of mothers raising a child with a learning disability, through interviews with mothers of children with Autistic Spectrum Disorder (ASD), Attention Deficit Hyperactivity Disorder (ADHD) and Down Syndrome. 'Mothing Special Needs' encourages other women who have children with special needs to recognize and express their own aspirations and needs for self-fulfilment. It addresses the social construction of motherhood, discussing issues such as mother-blame and society's images of the self-sacrificing mother, in the context of raising a child with a learning disability. It also looks at real-life experiences of working with professionals, giving examples of both good and bad practice. For more information, please contact Jessica Kingsley Publishers on 02078 332307 or email: post@jkp.com.

See the 'Useful Resources' section for further information on other books of interest.

 Click here for further: <http://www.jkp.com/new/9781843105435>

Children and Adolescent Mental Health Service Delivering Race Equality Programme

Delivering Race Equality (DRE) is the government's five year action plan for increasing black and minority ethnic patients' access to and experience of mental health services across all age levels.

Following the work that has been carried out jointly by the DRE Programme Lead, and the National Implementation Lead for the National Children and Adolescent Mental Health Service (CAMHS) Support Service, have now agreed a set of CAMHS characteristics for DRE, which will be submitted to their respective boards in the next few weeks.

 Click here for further information: www.eastern.csip.org.uk/our-work/children-young-people--families/camhs-national.html

Have a great idea to improve mental health services? Apply for a NESTA project grant

As a carer, frontline worker or person with direct experience of mental distress, you know what works best in mental health and what doesn't. Perhaps you have an idea for a new or improved service or way of managing care, but haven't yet had the opportunity or time to take it forward. Innovations in mental health is a new grants program which aims to find and develop local ideas that, with the right support and guidance, have the potential to grow into national projects with real impact. To find out more about NESTA and the types of projects that they are looking to fund, please visit their website: www.carers.org/articles/innovations-in-mental-health,1996,CA.html

Medical Research Council call for proposals – intervention evaluation study platforms grants

The Medical Research Council (MRC) is committed to supporting high quality, innovative research that is likely to make a real difference to clinical practice and the health of the population. The MRC Health Services and Public Health Research Board (HSPHRB) has long recognised the importance, yet inherent complexity, of undertaking large-scale, definitive, evaluations of novel interventions, including randomised controlled trials. Very often there is a need for preliminary feasibility or pilot work to fully inform the development of a definitive study which would be attractive to potential funders. HSPHRB therefore announce a call for proposals for intervention evaluation study platforms, whose aim is to support purpose-driven, preparatory work that will underpin future definitive randomised trials, particularly those of complex, community based or public health interventions.

 Click here for more information: www.mrc.ac.uk/ApplyingforaGrant/CallsForProposals/InterventionEvaluationStudyPlatforms/index.htm

CSIP's High Impact Changes for Health & Social Care Project

On 17 April, CSIP launched their project to develop a set of High Impact Changes that will transform services in health and social care. CSIP are developing a set of changes that have the biggest positive impact in health and social care on achieving the seven outcomes of adult social care (improved health and emotional well-being, improved quality of life, making a positive contribution, choice and control, freedom from discrimination, economic well-being and personal dignity). They are currently collecting evidence throughout the country to determine what the changes are and will be launching them in January 2008. The changes will provide a framework for service improvement and will support the implementation of the White Paper "Our Health, our care, our say". The discussion paper will explain how you can contribute to the development of the High Impact Changes.



Click here for more information: www.csip.org.uk/supporting-delivery/research-and-development/high-impact-changes-for-health-and-social-care-project.html

10 High Impact Changes for Mental Health Services

In June 2006, CSIP launched the 10 High Impact Changes for Mental Health Services. Supplementary guidance has now been produced to support Older Peoples Mental Health Services in the implementation of the changes.



Click here for the guidance: www.nimhe.csip.org.uk/our-work/10-high-impact-changes-for-mental-health-services.html

Mental Health Bill: Supervised Community Treatment

The Kings Fund have completed a briefing on the proposed Supervised Community Treatment.



Click here to read the briefing: www.eastern.csip.org.uk/our-work/mental-health-legislation/mental-health-act-mha/whats-new-with-mha.html

SPEAKING UP: a plain text guide to advocacy.

An advocacy for people with disabilities is about empowering people, gaining rights for individuals, access to services, inclusion in society and having a voice. 'Speaking Up' is a set of four guide books designed to give people with a disability the knowledge and advice needed to approach self-advocacy with confidence. Written in Plain Text, the four books in the 'Speaking Up' set were conceived and written specifically to promote self-advocacy to disabled individuals who want to learn how to speak up for themselves.




Click here for more information: www.eastern.csip.org.uk/our-work/valuing-people.html

National Institute for Health Research: Research for Innovation, Speculation and Creativity

Research for Innovation, Speculation and Creativity (RISC) is a new research programme from the National Institute for Health Research (NIHR). The RISC programme will support potentially paradigm-changing projects in Health Services and Public Health Research. The aim is to fund new and radical ideas for health research that have potential for high impact but which are unlikely to fair well in traditional peer review processes. For more information, and to apply to the RISC programme, please visit the website at www.nihr-ccf.org.uk/site/programmes/risc/

Research Funding Opportunities

A number of various organisations invite applications for research projects to be funded by their research grants scheme.

 **Click here for a list of research opportunities available:** www.eastern.csip.org.uk/our-work/research/funding-for-research-opportunities.html

The impact of the National Institute for Health Research Service Delivery and Organisation research and development programme 2001-2006

In 2006, the national co-ordinating centre for the Service Delivery and Organisation (SDO) carried out an evaluation of the impact of the first five years of the programme. This looked at the SDO's overall performance, and a quantitative assessment of twenty three SDO projects, selected to represent the SDO's wide range of research themes, with detailed case studies of eleven of these projects. A full report and summary has been published. This evaluation provides examples of the outputs; impact and utilisation of SDO-funded research, and demonstrates the value of the programme to the National Health Service.

 **Click here to download the report:** <http://www.sdo.lshtm.ac.uk/impactstudy.html>

New Mental Well-being Impact Assessment Toolkit

The new Mental Well-being Impact Assessment Toolkit has been developed as a collaboration of many partners who have an interest in contributing to promoting and protecting mental well-being. This toolkit provides a step by step guide to assessing the potential impact that a policy, service, strategy or project would have on a community's mental well-being and identifying changes for improvement. It will also raise awareness and understanding about mental well-being amongst stakeholders and communities.

CSIP North West Development Centre (NWDC) has developed and tested this work over the last year, e.g. on Local Area Agreements and neighborhood projects and they continue to develop capacity and use of the toolkit in the North West region and in partnership with colleagues further afield, in the UK and internationally. NWDC welcome its widespread use, to further improve the methodology for mental well-being impact assessment and to improve the well-being of communities in the region. For further information please email: MWIA@northwest.csip.org.uk.

Click here to download the toolkit: <http://www.northwest.csip.org.uk/mwia>



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CSIP Eastern Development Centre Update

CSIP Eastern says farewell to Yve White-Smith

The Eastern Development Centre said a fond farewell and a big thank you to Yve White-Smith, Eastern CSIP Programme Manager (Older Persons)/Service Improvement Lead. Yve has worked in the NHS since the early 1980s. After qualifying as a nurse she has had a long and interesting career in mental health, paediatrics and learning disabilities specialising as a Clinical Nurse Specialist in child and adolescent mental health and as an Advanced Practitioner in eating disorders. In 2000 she moved into a non-clinical role working in clinical governance, project facilitation and modernisation across diverse health economies. Yve will be missed by her colleagues, as she moves onto pastures new. CSIP wishes her every success for the future.

Eastern Region contributes to the National Direct Payments Solution Set!

The Increasing the Uptake of Direct Payments project has been providing the means for people from all local authorities around the country to come together to work on, and share ideas on, how to increase direct payments uptake. The two events in the Eastern region took place at Newmarket in January and March, and involved people from every local authority area in the region: people using direct payments, carers, support service providers and local council direct payments scheme staff. The second of these events in each region invited the sharing of effective solutions to problems people have encountered, for inclusion in a 'national solution set' which will be launched by Social Care Minister, Ivan Lewis, at an event for councillors and local authority directors in Manchester on 21 May 2007. The Eastern region produced contributions to every one of the six main categories into which the solutions will be presented as part of the Self-directed Support Network on the CSIP Knowledge Community. It will have a publicly accessible web address, which the direct payment team will notify of the address once it is in operation.

Robin Murray-Neill - CSIP Self directed support programme, direct payments lead.

Meriden Conference 2007 - Working with Families: Developing caring partnerships feedback

The Meriden Family Programme (MFP) 'Working with Families' conference held in March 2007 was a great success, and was genuinely enriched by having carers and service users comprising a quarter of the delegates. Many of the service users and carers presented jointly with professionals.

The feedback and comments received were extremely positive. The conference was informative, stimulating and thought provoking. There was a general expression of thanks from those who received funded places. CSIP Eastern was among those who sponsored places for service users and carers to attend this conference. The conference gave an opportunity to network and gave many people a chance to meet with others in a similar situation.

The presentations from the conference will be available soon on the MFP website:

 Click here to visit MFP website: www.meridenfamilyprogramme.com



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Events

Premiere of a new play: 'The Cello Player' - tackling dementia with tears and laughter – 11 & 12 May 2007, Cambridge

A sensitive portrayal of mental illness ranging from dementia to depression, 'The Cello Player' centres on the relationship between a former international concert performer and a truculent, bitter newcomer to a care home. Author Patrick Corbett has first-hand experience of mental illness. For more information, please contact Robinson Auditorium on 01480-459899 or email: cello@brickhousetheatre.co.uk

Click here to visit their website: <http://www.brickhousetheatre.co.uk/>

Getting involved in the 'Independent Living Review' regional events – 15 & 22 May & 8 June 2007, Birmingham, London & Manchester

The Office for Disability Issues is hosting a series of workshops across the country as part of their Independent Living Review. The Independent Living Review is charged with developing a five year strategy to take forward independent living for people with a disability. For further information, please contact Offshoot Events on 08700 663627 or email: daniellep@offshootevents.com.

 Click here for more information: www.officefordisability.gov.uk/independent/review.asp



Faith Groups and Public Agencies: procurement workshop event – 16 May 2007, Cambridge

This event is being run by the East of England Faiths Council. For more information, please contact Tom Barden on 01223 360977 or email: tom@thesocialenterprisepeople.co.uk.



Click here to view the flyer: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99263&grp=1

Commissioning Improving Access to Psychological Therapies pilot services – 21 May 2007, Cambridge

CSIP Eastern Regional Development Centre is supporting the roll out of further national Improving Access to Psychological Therapies pilots by hosting a scoping event to explore the application process to become a new national pilot site and to examine the supporting documents relating to the 'soon to be published' Commissioner-led pilot specification and Good Practice Guide.



Click her to download the flyer and registration flyer: www.eastern.csip.org.uk/events.html

The first meeting of Social Enterprise Health Forum – 23 May 2007, London

The Social Enterprise Coalition is working with a group of key individuals in order to develop the forum and plan the first meeting which will be launched by Ivan Lewis MP, Parliamentary under Secretary of State for Care Services, in the Department of Health. For more information, please email James Yabut at james.yabut@socialenterprise.org.uk.



Click here to view the flyer: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99286&grp=1

Partners in Policymaking Eastern Region Information Days – May & June 2007, Hertfordshire, Essex, Bedfordshire, Cambridgeshire, Norfolk & Suffolk

Partners in Policymaking is a leadership development training programme for family and carers of disabled children and for disabled adults (self-advocates). For more information and to book a place, please contact Christine Redshaw by email: christine@inclusionpartnership.org.uk or call 01992 632730.



Click here to view the flyer and the list of dates:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99156&grp=1

'A day with Judith Snow', a philosopher, lecturer & educator – 13 June 2007, Manchester

In Control is hosting 'A Day with Judith Snow'. Judith Snow can barely use her body. Every day she lives and works through the assistance of several personal attendants. She has been at the forefront of the changes for people with disabilities and inclusion. She was the first person in Canada to receive individualised funding for her care.



Click here to access the flyer: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99245&grp=1

Getting ready for Local Involvement Networks' events. - Eastern Region event - 26 June 2007, Stansted

The Local Involvement Networks (LINks) are still at the very early stages of introducing this new system. Harry Cayton, National Director of Patients and the Public, Department of Health was please to: "highlight the opportunities the introduction of the new local involvement networks (LINks) will bring to current health and social care systems. LINks will be powerful advocates for the views that they gather and will help to provide higher quality services for their local populations. They will aspire to be a stronger and more influential local voice of the health and social care service user."

The forthcoming 'Getting ready for LINks' regional events across England are extremely important in ensuring that the development of LINks begin to draw a clear picture of how the role, nature and activities of LINks, and that that picture is informed by those who will be most closely involved in them. The events are intended to explore some of the key aspects that will underpin the success of LINks. For further information, please contact Jayne Bulman 01206 287587 or email jayne.bulman@nemhpt.nhs.uk

Why Choice Conference – 27 June 2007, London

The National Institute for Mental Health in England is hosting, in partnership with Matrix Research & Consultancy and Astra Zenica, a 'Why Choice Conference'. The aim is to discussion how choice will be offered in mental health in 2010. For further information, please contact Margaret Atkins on 01622 331133 or email to margaretatkins@macomms.co.uk.



Click her to read the invite and download the registration form:

www.eastern.csip.org.uk/events/events/noncsip-national--regional-events-of-interest.html

Two CIS'ters training seminars – 30 June & 7 July, Hampshire

CIS'ters is a self-help group for adult women who were sexually abused as children by a member of their immediate or extended family. The first seminar will explore best practice ways of working with clients who have or could have a diagnosis of Dissociative Identity Disorder. The second seminar will explore the new social/trauma model and implications for care pathways and improved health outcomes. For further information, please contact Gillian on 02380 338080 or email: gillian@cisters.wanadoo.co.uk.

• Putting the pieces together: working with Dissociative Identity Disorder



Click here to view the flyer: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99272&grp=1

• The social/trauma model: the mental health consequences of childhood sexual abuse



Click here to view the flyer: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99273&grp=1

The Daksha & Freya Emson third perinatal mental health conference – 6 July 2007, Chelmsford

The third annual conference is to be held at Anglia Ruskin University, Rivermead Campus, in collaboration with North Essex Mental Health Partnership Trust and South East Essex Primary Care Trust. Anglia Ruskin University are pleased to announce that CSIP Eastern Development Centre have kindly agreed to sponsor 25 places at this conference, for those who are working in the area of perinatal mental health in the Eastern region. If you would like a programme of the day or an application form to attend, please contact June Petrie, e-mail j.h.petrie@anglia.ac.uk



Click here to view the flyer: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=98397&grp=1



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Useful Resources

East Anglia Hub newsletter issue 16

You can now view the latest newsletter from the East Anglia Hub, part of the national Mental Health Research Network (MHRN).

 **Click here to access the newsletter and past issues:** www.ukmhrn.info/dnn/Default.aspx?tabid=142

Understanding clinical trials

This booklet has been written to try to answer the many questions people ask about clinical trials.

 **Click here to download the booklet:**
<http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99243&grp=1>

Spring edition of Foundation Stones

A newsletter from the Foundation for People with Learning Disabilities (FPLD). To order a hard copy, please call FPLD on 0207 8031101 or email: fpld@fpld.org.uk

 **Click here to access the newsletter:** http://www.fpld.org.uk/html/content/foundationstones_spring_07.pdf

Book's of interests:

- Building a joyful life with your child who has special needs by Nancy J. Whiteman and Linda Roan-Yager. Further details can be found on the Jessica Kingsley Publishers (JKP) website: <http://www.jkp.com/new/9781843108412>
- Parenting across the Autism Spectrum: Unexpected lessons we have learned by Maureen F. Morrell and Ann Palmer. Further details can be found on the JKP website: <http://www.jkp.com/new/9781843108078>
- Parenting a Child with Asperger Syndrome: 200 Tips and Strategies by Brenda Boyd. Further details can be found on the JKP website: <http://www.jkp.com/new/9781843101376>

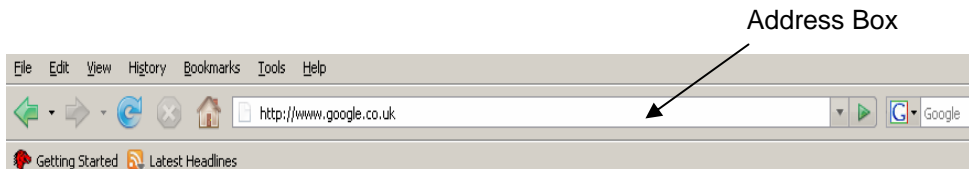


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Please Note:

Hyperlinks:

If you find the links do not work this maybe because your computer is not compatible, click on the internet and type in the web address into the address box on the internet tool bar.



Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Commissioning – **Maurice Burns 07789 864212**
- Health and Social Care in Criminal Justice – **Rob Jayne & Amanda Hawkins 01206 287578**
- Learning and Improvement Networks – **Paul O'Halloran 01206 287594**
- Learning Disabilities (Valuing People Support Team, VPST) – **Simon Whitehead 01449 616187**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Rix 01206 287592**
- Older People and Physical Disabilities – **Angie Glew 07775 906892**
- Adult Social Care – **Amanda Reynolds 07775 631510**

 [To download a copy of our 2005/06 Mental Health Prospectus, click here](#)

 For access to our website click on the link: <http://www.eastern.csip.org.uk/>

Care Services Improvement Partnership 

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list contact:

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