

e-bulletin

Issue 18
2 March 2007



Welcome to the eighteenth edition of our e-bulletin. Thanks to everyone who has emailed with news stories, and comments and suggestions.

If you have any information or ideas for the Bulletin please contact [Jayne Bulman](#), at CSIP Eastern Development Centre – contact details later. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

[Regional News](#); [National News](#); [Development Centre Update](#); [Events](#); [Useful Resources](#);



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Regional News

First South Essex Partnership NHS Foundation Trust, Thurrock Members' Meeting

The first meeting for the Thurrock members of South Essex Partnership NHS Foundation Trust (SEPT) was held on Monday 19 February 2007, at Council Chamber, Council Offices, Thurrock. SEPT members' meetings are a great way for SEPT to raise awareness of mental illness and the services offered to the local community.

 [Click here to read the press release:](#)

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=98392&grp=1



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National News

Research Funding Opportunities

A number of various organisations invite applications for research projects to be funded by their research grants scheme.

 **Click here for a list of research opportunities available:**

<http://www.eastern.csip.org.uk/our-work/research/funding-for-research-opportunities.html>

Scope launches new Interactive Disability Equality Training Toolkit

Scope has developed and produced a comprehensive, self contained and interactive training toolkit for Disability Equality Training (iDET). Its designed to enable organisations of any size to deliver effective training to groups of staff and management in short, clearly structured and participative sessions. Delivered separately, or as part of other training and development activities the Toolkit ensures effective understanding of all key aspects of disability equality in just two to three hours. For both public and private sector organisations it is increasingly vital that all management and staff are disability aware. The expanding requirements of the Disability Discrimination Act (DDA) 1995 and the new Disability Equality Duty (DED) from December 2006 make this critical for organisational efficiency, business advantage and risk avoidance. The Scope iDET Toolkit provides everything needed to deliver an effective and concise DET session. It includes three key modules:

1. Disability Discrimination Act
2. Disabled People: The Myths and Realities
3. The iDET Guide to Customer Service

Scope will be holding FREE Introductory Workshops in London (Thursday 15 and Tuesday 27 March) and Manchester (Friday 23 and Wednesday 28 March) to demonstrate the iDET Toolkit to interested organisations. In March 2007 Scope will introduce an 'iDET Online' version for organisations requiring an individual approach to employee training for disability. For further information and invite to the workshop, please email accessanddiversity@scope.org.uk or telephone 020 7619 7725, or write to Robin Davies, Sales & Marketing Manager, Access & Diversity Department, Scope, 6 Market Road, London, N7 9PW.

 **Click here to find out more about the training:** www.scope.org.uk/work/det/

Launch of Office for Disability Issues consultation - Disability Equality: How will we know we are making progress?

The Office for Disability Issues has launched a consultation to seek your and your stakeholders' views to help them in leading on the delivery of the government's vision of equality for disabled people by 2025. For the next stage of their work they want to hear what disabled people think equality for disabled people should look like in 2025 and what are the most important areas of their lives that the government should focus on when measuring progress. The consultation runs from 14 February until 9 May 2007. The consultation paper is available in various formats (i.e. Welsh and Braille) and can be accessed at www.officefordisability.gov.uk/consultations/. To request copies of the consultation paper, to register attendance on any of the events, or to be involved in this consultation, please contact disability.progress@dpw.gsi.gov.uk or Michael Cooke on Telephone: 020 7712 2548.

 **Click here for further information of the consultation:**

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=98394&grp=1



Guidance for primary care and for residential care institutions on the promotion of good mental health in older people

The National Institute for Health and Clinical Excellence (NICE) has been asked by the Department of Health to develop guidance on public health interventions aimed at promoting mental health in older people. This guidance will provide recommendations for good practice based on the best available evidence of effectiveness, including cost effectiveness. NICE are currently at the stage where they are gathering the evidence and reviewing its outcomes. Further information about the development of this intervention, is available on their website where you can also register as a stakeholder. For further information and enquiries, please email mentalhealtholderpeople@nice.org.uk

 **Click here to visit their website:** www.nice.org.uk/page.aspx?o=370746

Can you read the words on this page? Audio Literature

There are 2 million registered blind or partially sighted people in the U.K. 10% of the population are thought to suffer from some kind of dyslexia. Concept aim to provide organisations with a professional Audio Literature Service, turning brochures, guides and leaflets into an audio format. Concept can help your organisation promote events and services in a more accessible way to the visually impaired, people with learning difficulties or even those who can't turn the pages of standard literature. For further details, please contact Concept on 01515 229133, email to info@soundconcept.co.uk or write to Concept P.O. Box 192 Liverpool L69 1JA

 **Click here to visit their website:** www.soundconcept.co.uk/production.php

The Royal National Institute of the Blind

The Royal National Institute of the Blind is the UK's leading charity. Their pioneering work helps anyone with a sight problem, not just with Braille and talking books, but with imaginative and practical solutions to everyday challenges. They are there to offer support, information and advice to anyone with a sight problem and can provide a list of Braille Transcribers and Cassette Recording companies to organisations looking into promoting their services in a more accessible way to a wider audience. For more information, please contact the Royal National Institute of the Blind on 02073 881266 or write to The Royal National Institute of the Blind, 105 Judd Street, London WC1H 9NE.

 **Click here to visit their website:** www.rnib.org.uk/xpedio/groups/public/documents/code/InternetHome.hcsp

March is London Children's Services month

London Children's Services month in March will be led by Government Office for London and has the support of key regional partners. Part of Government Office for London *Young London Matters* initiative, London Children's Services Month aims to celebrate the positive work taking place to improve the lives of young Londoners. There will also be the opportunity to share ideas and experiences. For further information, please contact cid-comms@gol.gsi.gov.uk.

 **Click here to view flyer:** www.eastern.csip.org.uk/resources/literature--resources.html

Legislation Code of Practice Update

Mental Capacity Act 2007

The Mental Capacity Code of Practice was laid before Parliament on the 22 February 2007. Subject to the views of Parliament the Code of Practice will be formally issued in April 2007.

 **Click here to view publications:** www.dca.gov.uk/menincap/legis.htm#codeofpractice

Bournewood Safeguards: Draft Illustrative Code of Practice

The Mental Capacity Act 2005 provides a framework for acting and making decisions on behalf of individuals who lack mental capacity to do so for themselves. The Bournewood Safeguards apply to people who are, or are likely to be, deprived of their liberty for the purpose of being given care or treatment in hospitals or care homes.

The Bournewood Safeguards is intended to:

- Enable people to receive the care they need
- Use of least restrictive regimes
- Prevent arbitrary decisions
- Provide Safeguards
- Provide rights of appeal
- Avoid unnecessary bureaucracy

This guidance is intended to help people understand how the Bournewood Safeguards is expected to operate in practice.

 **Click here to view the draft code of practice:**
www.dh.gov.uk/PublicationsAndStatistics/Publications/PublicationsPolicyAndGuidance/PublicationsPolicyAndGuidanceArticle/fs/en?CONTENT_ID=4141656&chk=jlw07L

Louisa Brewster, Mental Health Legislation Programme Manager, CSIP Eastern Development Centre



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CSIP Eastern Development Centre Update

Mental Health Legislation programme, service user/ carer opportunity for involvement

In the last issue of the bulletin we told you about an opportunity for service users and carers to work with CSIP, who has been commissioned by the Department of Health to support the implementation of the amendments to the 1983 Mental Health Act. CSIP are committed to ensuring that service users and carers are given easily accessible and understandable information about mental health law, and are involved as an integral part of this programme. CSIP would like to encourage service users and carers with life experiences and skills to apply to join the programme implementation team. Please accept our apologies that we did not include contact details for those wanting further information or to be involved. If you would like to be part of the programme implementation team or would like further information, please contact Louisa Brewster, Mental Health Legislation Programme Manager on 01206 287541 or by email at lou.brewster@nemhpt.nhs.uk.

 **Click here to read role description:** www.eastern.csip.org.uk/silo/files/su--c-role-description.pdf

Joining up to fill the gaps – ‘Whose health, whose care, whose say?’

A joint Social Perspectives Network and NIMHE/CSIP Eastern study day was held at Newmarket on 15 January 2007, which explored how to better meet the mental health needs of marginalised groups in the light of the White Paper, ‘Our Health Our Care Our Say’. The event attracted a broad spectrum of people across the mental health field, including service users, carers, local government workers, and academics from the east of England. The day included an informative keynote presentation from Chris Rowland, Programme Manager for Social Inclusion at CSIP Eastern. Ruth Allen, Social Care Fellow for CSIP Eastern was the joint organiser for the day. CSIP Eastern aims to have further events on the White Paper later this year. For further details, contact Ruth Allen, CSIP Eastern Social Care Fellow, on ruth.allen@hpt.nhs.uk



Click here to read the article on the Eastern study day: www.eastern.csip.org.uk/silo/files/eastern-study-day.pdf



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Events

Health Partnership Day, 8 March 2007, Bury St Edmunds

This event is being held at the Athenaeum, Bury St Edmunds, for health professionals who would like to find out how working with museums, libraries and archives can promote well-being.



Click here to view flyer and registration form: www.eastern.csip.org.uk/events.html

Nest Maldon Forum, Food and Mood – 14 March 2007, Maldon

“Paddington Bear needed marmalade sandwiches to make him feel wanted and loved!” At the Nest Maldon forum, Specialist Bipolar nurse Christine Ayres-Sach will look at the impact of different types of food on people's mood. Maldon Healthy Living Initiative will be supporting the forum and the forum will have samples of The Mind Meal (see www.foodandmood.org). If you would like to come to the forum, and are not a regular, please let Christine McDonald know for catering purposes on 01245 350216 or via email northey.mcdonald@virgin.net.



Click here to view flyer:

<http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=98395&grp=1>

Physical Health Needs of People with Mental Illness: Problems and Solutions – 20 March 2007, the Met Hotel, Leeds

People with severe mental illness die earlier than average due to natural causes. Heart disease is the main cause of death in people with severe mental illness. Government policy and NICE guidance recommend that primary and secondary care services collaborate to improve the physical health and well-being of people with mental health problems. This conference covers key information needed to understand the physical health problems of people with severe mental illness as well as identifying solutions combining the expertise of experts in primary and secondary care.



Click here to view the programme and to book a place:

<http://www.leedsmentalhealth.nhs.uk/andrewsims/docs906/Physical%20Health%20Needs%2020.3.07.pdf>



Community Development Worker (CDW) launch meeting - 20 March 2007, Abington Hall Conference Centre, near Cambridge

Recently each Primary Care Trust and Mental Health Trust Chief Executive has received communication from the East of England Strategic Health Authority and CSIP Eastern regarding the importance of recruiting Community Development Workers to work with local BME communities. In order to facilitate further support to services in the region, CSIP Eastern are proposing to establish a CDW network. For further information and to book a place, please contact Stacey Webber on 01206 287549 or email to stacey.webber@nemhpt.nhs.uk.



Click here to view flyer: www.eastern.csip.org.uk/silo/files/cdw-network-launch-flyer-20mar07.pdf



Click here to download a registration form: www.eastern.csip.org.uk/silo/files/cdw-network-launch-registration-form-20mar07.doc

Social Enterprise for Mental Health. - 23 March 2007, London

This seminar being held in Bishopsgate, London is focusing on Mental Health & Social Enterprise Solutions. This will be of interest to policy makers and commissioners of mental health services and will showcase much of the good work that is being done by social enterprise on improving peoples mental health. For more details, please visit the Social Firms UK website at www.socialfirms.co.uk.

Getting in Touch with Non Verbal People, Phoebe Caldwell Day – 24 March 2007, County Durham

Inclusion North works in the North East and Yorkshire & Humber regions to promote the inclusion of people who have learning disabilities, their families and carers in all areas of mainstream life. Phoebe Caldwell is a practitioner who has been working for thirty years with people whose severe Autistic Spectrum Disorder is linked with Learning Disabilities and severe behavioural distress. This is a unique opportunity to listen to Phoebe and talk about her practices and share experiences. Please complete the booking form and return to Liz Barraclough by email to e_m_barraclough@yahoo.co.uk.



Click here to view flyer: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=98398&grp=1

Primary Care mental health conference 2007: Promoting positive practice – 26-27 March 2007, University of Lincoln

Now in its fourth year, this hugely successful conference will be of interest to a wide audience, including primary care, mental health and social care professionals, service users and the voluntary agencies seeking to promote positive practice in primary care mental health settings. The conference programme will include key note speakers and breakout sessions on a wide range of cross-cutting themes. For further information and to book a place at this conference, please visit the Centre for Clinical and Academic Workforce Innovation website.



Click here to visit CCAWI website: www.lincoln.ac.uk/ccawi/GWConf2007.htm



Route for Change – 27 March 2007, Coventry

A national Valuing People transport networking event is being held at the Coventry Transport Museum. For further information about this event, please contact [Geoff Hodgson](#).

There is a booking fee, which will enable Valuing People CSIP to offer small grants to some organisations to help 'Kick start' projects. If you would like your organisation to be considered for some of this funding please outline your project and state the reasons it should be considered for funding. For further information about the event and the grant application, please contact Geoff Hodgson on 01273 441676 or email to geoff@centrevents.co.uk.



Click her to view flyer: www.centrevents.co.uk/



Click here to access grant application form: www.eastern.csip.org.uk/silo/files/grant-funding-application.doc

Women's Mental Health and Well-being – 30 March 2007, Chelmsford

This event has been organised by CSIP Eastern, Essex Mental Health Commissioners and the Womens LITs in Essex. It will be held at the Essex Records Office in Chelmsford from 9.30am until 4.30pm. The day has been arranged to celebrate International Women's Day in March and promises to be exciting. It will be chaired by Susannah Rix, Interim Regional Director of CSIP Eastern. Jenifer Paul, National Joint Womens MH and Gender Equality Lead will also provide an overview of women's issues. The rest of the day will consist of nine workshops covering all aspects of women's lives including women in employment, body image, surviving violence & abuse and Milestones Women's MH Hospital. There will also a women's market place and a complementary therapy area. If you would like to attend the day, please note this is a regional event and numbers are limited, so please complete the registration form and return at your earliest convenience.

If you would be interested in having a stall in the market place to promote your activity with regards to Women's Health and Wellbeing or if you provide complementary therapies as part of your service and would like to offer tasters on the day free of charge please contact either Kevin Whiteley (kevin.whiteley@nemhpt.nhs.uk on 01206 287595) or (jennette.fields@nemhpt.nhs.uk).



Click here to view flyer: www.eastern.csip.org.uk/silo/files/womens-mental-health-conference-flyer-30-march.pdf



Click here to download registration form: www.eastern.csip.org.uk/silo/files/womens-mental-health-reg-form-30-march.doc

Towards Mixed Procurement – 30 March 2007, Cambridge

This event provides an opportunity for a discussion between public sector procurement specialists, social enterprises, potential social enterprises and the voluntary and community sector on government policy and responses. To register a place, please contact Sue Houlder, Conference Organiser on 01284 729421 or email to sue.houlder@eera.gov.uk.



Click here to download flyer and registration form:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=98544&grp=1



CSIP Transformational Changes for Health and Social Care Communities Project Launch – 17 April 2007, London

At this event David Behan, Director General of Social Care, will be launching the Care Services Improvement Partnership's (CSIP) project to develop a set of High Impact Changes that will transform Health and Social Care Communities. This event provides an opportunity for our health and social care colleagues to contribute their ideas and examples on what can have the biggest impact to achieving one of the seven outcomes for adult social care. To register for the event, please contact Lauren Pugh (Lauren.Pugh@dh.gsi.gov.uk) by 27 March 2007



Click here to view flyer and to book a place: www.eastern.csip.org.uk/our-work/social-care/social-care-events.html

Developing Recovery Orientated Services– 18 April 2007, Middlesex

A conference presented by the Hounslow Early Active Recovery Team (HEART), is a new stand alone team that is delivering interventions for young people who first present with mental distress. This conference is aimed at professionals who work with young people. Please contact Hanna Gottschling, Training & Clinical Governance Coordinator on 0208 321 6739 or email to hanna.gottschling@wlmht.nhs.uk for further information.



Click here to view flyer and to book a place:

www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=98396&grp=1

Hertfordshire's Action for Carers and Employment, Working for Carers Conference - 18 April 2007, Nr Stevenage

This is a free all day conference being held at Knebworth Barns Conference Centre for carers and professionals. The programme will include speakers from Carers UK and Leeds University, with a choice of workshops. There should be something for everyone! If you are juggling work and caring – or maybe considering starting a training course and want to know about or influence the services available to support you, please register now. To book onto the conference please contact Cheryl Whitcombe on 01707 280659 or by e-mail: cheryl.whitcombe@hertscc.gov.uk stating ACE Carers Conference and ask for a booking form. ACE may be able to help you out with expenses, such as transport or extra care services to enable you to attend. Let them know as soon as possible or when you complete the booking form, if you do need assistance with any of these.



Click here to view flyer: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=98393&grp=1

Travelling Towards Inclusion – 24 April 2007, Nottingham

Ormiston is running a national one-day conference tackling the social exclusion of Gypsy and Traveller children and young people through participation and innovative practice. Children and young people from Gypsy and Traveller communities are among those most marginalised by services and policy makers alike. Described as 'those most at risk in the education system', they face unacceptable levels of racism and discrimination, and are disproportionately likely to face homelessness and poor health. This conference provides a timely opportunity to bring together policy makers, practitioners and young Gypsies and Travellers from across the United Kingdom, and will provide a catalyst for change for anyone working around issues of racism and social exclusion with children and young people to explore and debate these issues. For more information, please phone 01223 418009 or email to conferences@ormiston.org.



Click here to view flyer and to book a place:

www.ormiston.org/opus339/Travelling_Towards_Inclusion_flyer_final.pdf

The Manchester Women's Conference – 10 & 11 May 2007, Manchester

The conference and workshops aim to look at 'women at risk, the consequences of abuse for women in services' and 'developing and implementing safer services for women in your care'. It is essential to ensure that everyone accessing care feels safe to do so. This conference aims to develop priorities for action which will support a safer mental health experience for women and their families. To book a place on both days and for more information, please contact Carol Rayegan on 01612 750714 or email carol.rayegan@manchester.ac.uk.

 Click here to download flyer and registration form: www.eastern.csip.org.uk/our-work/womens-mental-health.html

Unhooked Thinking, the addiction conference “Love and Baggage” – 9-11 May 2007, Bath

Unhooked Thinking is the second international multi-disciplinary and iconoclastic enquiry into the very nature of addiction. This year the question asked is 'what is the relationship between love and addiction?' The conference is a space to learn and forge ideas. An Unhooked attitude will be applied, discussed and played with in fields beyond what is normally called “addiction”, for example: marriage and the family. The conference will include a number of guest speakers and workshop session and is held over three days, each with a theme:

- Relationships 9 May
- Love and conflict 10 May
- Family 11 May

Anyone with an interest in addiction and prohibition are invited to participate.

 Click here for further details and to book a place: www.unhookedthinking.com/UT2007/

The Daksha & Freya Emson third perinatal mental health conference – 6 July 2007, Chelmsford

The third annual conference is to be held at Anglia Ruskin University, Rivermead Campus, in collaboration with North Essex Mental Health Partnership Trust and South East Essex Primary Care Trust. A number of eminent speakers, who are specialist in their field, will be speaking at this year's conference, including Professor Vivette Glover, Imperial College London. If you would like a programme of the day or an application form to attend, please contact June Petrie, e-mail j.h.petrie@anglia.ac.uk

 Click here to view flyer: www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=98397&grp=1



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Useful Resources

Access All Areas - Social Inclusion Newsletter

'Access All Areas' Winter/Spring 2007 Edition is the third edition of the social inclusion newsletter on progress and future developments.

 Click here to access the newsletter: www.eastern.csip.org.uk/silo/files/nsip-winter-07.pdf

Social Enterprise Matters - Issue 7

You can now view the latest addition of Social Enterprise Matters.

 Click here to access the newsletter: www.eastern.csip.org.uk/resources/other-bulletins-of-interest.html

Public Health Interventions to Promote Positive Mental Health and Prevent Mental Health Disorders among Adults

This briefing is intended to inform policy and decision makers, NHS providers, public health physicians and other public health practitioners in the widest sense on interventions to promote positive mental health and highlight any gaps in the evidence collated and make recommendations for the future.

 Click here to download the document: www.nice.org.uk/page.aspx?o=401001

NIACE/NIMHE (CSIP)/Learning and Skills Council Partnership Project Newsletter

The NIACE/NIMHE (part of CSIP)/LSC Partnership Project has been set up to promote and improve access to learning and skills for people experiencing mental health difficulties. You can now view the 3rd edition of the NIACE/NIMHE/LSC Partnership Project Newsletter.

 Click here to access the newsletter: www.niace.org.uk/mentalhealth/docs/Newsletter3.pdf

COVER e-bulletin, issue 72

This e-bulletin is a regular email briefing from the Community and Voluntary Forum: Eastern Region (COVER).

 Click here to read the e-bulletin: www.eastern.csip.org.uk/silo/files/cover-ebulletin.pdf

 Click here to visit their website: www.cover-east.org/



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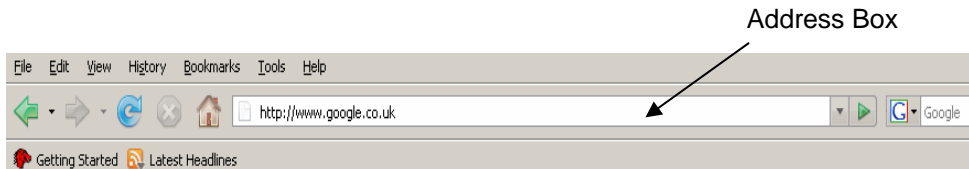
Please Note:

E-Bulletin, Issue 19

The next e-bulletin will now be sent out week ending 30 March 2007. If you have any information or ideas for the Bulletin please send to [Jayne Bulman](mailto:Jayne.Bulman@eastern.csip.org.uk), at CSIP Eastern Development Centre by 21 March 2007. The e-bulletin will resume circulation bi-weekly from 30 March 2007.

Hyperlinks:

If you find the links do not work this maybe because your computer is not compatible, click on the internet and type the web address into the address box on the internet tool bar.



Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Commissioning – **Maurice Burns 07789 864212**
- Health and Social Care in Criminal Justice – **Rob Jayne & Amanda Hawkins 01206 287578**
- Learning and Improvement Networks – **Paul O'Halloran 01206 287594**
- Learning Disabilities (Valuing People Support Team, VPST) – **Simon Whitehead 01449 616187**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Rix 01206 287592**
- Older People and Physical Disabilities – **Angie Glew & Yve White-Smith**
- Adult Social Care – **Amanda Reynolds 07775 631510**

 [To download a copy of our 2005/06 Mental Health Prospectus, click here](#)

 For access to our website click on the link: <http://www.eastern.csip.org.uk/>

Care Services Improvement Partnership 

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list contact:

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