

e-bulletin

Issue no 52

17 October 2008



Welcome to our e-bulletin issue 52! Apologies for the delay of this issue, but we are back on track and will have issue 53 with you in two weeks time. Thanks to everyone who has emailed with news stories, and comments and suggestions.

If you have any information or ideas for the bulletin please contact [Mita Brahmhatt](#), at CSIP Eastern Development Centre. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

[Regional News](#); [National News](#); [Development Centre Update](#); [Events](#); [Useful Resources](#);

Regional News

Healthcare Commission publishes NHS ratings showing major improvements in performance

The Healthcare Commission has given all mental health trusts in the east of England an “Excellent” or “Good” rating for either the quality of their services or use of resources; 5 of the 7 trusts received an “Excellent” rating.

There has been consistent high performance in mental health services in the east. And there has been a marked improvement in the use of resources score with all mental health trusts receiving either “Excellent” or “Good” - last year only one was rated “Excellent”, three “Good” and three “Fair”.

Neil McKay, Chief Executive of NHS East of England, said:

“It is crucial to recognise the importance of good mental health and its impact on overall good health. This is why Mental Health services are central in *Towards the best, together*, our clinical vision for now and the next decade.”

“I commend the work of our mental health trusts. The results of the survey add to our confidence that we can achieve our aim of becoming the best health service in England.”

 Please click [here](#) for the regional summary


Joint Strategic Needs Assessment Conference – “Forward Together” 21 November 2008, Stansted Hilton Hotel

On 1 April 2008 the requirement on local authorities and Primary Care Trusts to work together to produce a Joint Strategic Needs Assessment (JSNA) became law. With its pivotal role in influencing Local Area Agreement targets, as well as forming a basis for close coordination and joint working between different public sector agencies and the third sector, JSNA is increasingly



being recognised as an essential tool for improving outcomes for all sections of the local community.


This event is designed to follow up on the successful JSNA event held in November 2007. It will cover a number of different areas including future expectations, engaging with the public for JSNA using the new Local Involvement Networks (LINKs), the wider partnership context, as well as an overview of findings from the Quality Assurance process undertaken in June and July 2008. The event will be chaired by Graham Gatehouse, the ADASS (Association for Directors of Adult Social Services) lead for JSNA and the key note speaker will be Dr. Paul Cosford, Regional Director for Public Health.

 Please click [here](#) for a flyer and registration form

2008 Mental Health Innovation Awards


The winners of the 2008 Spotlight on Mental Health Awards were announced at the special awards ceremony at Duxford Imperial War Museum on the evening of 1st October, hosted by Stephen Lee from ITV Anglia.

The winners of each category received a special trophy and a cheque for £2,000 to progress their ideas. Runners Up received a trophy to mark their achievement. Due to the high quality of the 50 entries submitted, the judges also decided to award a number of commendations. Our congratulations go to all the prizewinners!

 Please click [here](#) for more information including the winners

Mindful Employer Seminars

A series of FREE seminars across the Eastern Region are available to offer employers the opportunity to consider how they can achieve mentally healthy workplaces and have the opportunity to network with others who are seeking to become a MINDFUL EMPLOYER charter signatory. The seminars will offer a brief overview presentation on what MINDFUL EMPLOYER is and will then work through the "Working Towards" - an aid for businesses signing up to The Charter for Employers who are positive about Mental Health. More information regarding the MINDFUL EMPLOYER can be found on the website www.mindfulemployer.net

 Please click [here](#) for the flyer and registration form

East Anglia Hub Newsletter

The life blood of the Mental Health Research Network (MHRN) is collaboration, and this begins in the clinical research hubs. Each hub is a rich collaboration of academic and clinical organisations and user and carer networks, bringing together a wide range of skills and expertise in mental health research and service provision in order to support MHRN adopted research.

 Click [here](#) for the Newsletter

New focus on improving access for people with learning disabilities to NHS services


The Board of NHS East of England has approved plans to improve access to healthcare for people with learning disabilities.

 Please click [here](#) for more information



'1-in-4 in the City' - Cambridge Anti-Stigma Campaign Launched

Time to Change are working with Cambridgeshire and Peterborough NHS Foundation Trust to run a month long campaign in Cambridge. This campaign aims to tackle the stigma surrounding mental health by raising awareness of how common mental health problems are, giving people the facts and letting people know there's something they can do to help.

 Find out more [here](#)

Community Development Worker (CDW) Wanted, South Essex

Thurrock Racial Unity Support Taskgroup are looking to recruit an enthusiastic and highly motivated individual to deliver the REASON (Racial Equality Access Supporting Opportunities Now) Partnership Service. You will work with a range of stakeholders towards implementing Delivering Race Equality in South Essex promoting good mental health.

 Please click [here](#) for more information




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National News

'The pathway to recovery'

The Healthcare Commission (HCC) has recently published a review of NHS acute inpatient mental health services in England. Entitled "The pathway to recovery" (Healthcare Commission, 2008) this provides the most comprehensive review of these services ever carried out. Although it highlights the shortfalls in current service provision it also in equal measure demonstrates a range of excellent services providing demonstration sights to support future developments in this area.

 Please click [here](#) for more information

Mental Health Act Update 11

 Please click [here](#) to view the update

Cygnnet wins two awards!

Cygnnet is delighted to announce that Cygnnet Health Care employees won two awards at Laing and Buisson Independent Healthcare Awards on 16th September 2008.

 Please click [here](#) to read more

NIACE/LSC/NIMHE Partnership Project Newsletter 9

The partnership project has been setup to promote and improve access to learning and skills for people experiencing mental health difficulties.

 Please click [here](#) for the newsletter



Choice and medication website launched

A new website offering information about medications used in the mental health setting to help people make informed decisions about treatment was launched at the House of Commons last week, to mark World Mental Health Day, 10th October 2008.

The website is the result of a successful collaboration between the United Kingdom Psychiatric Pharmacy Group (UKPPG), the Pharmaceutical Schizophrenia Initiative (PSI) and the National Institute for Mental Health in England (NIMHE).

Dr Ian McPherson, Director of NIMHE, said *"I am delighted that NIMHE has been able to support this project which helps make informed choice a reality and benefits both service users and mental health professionals"*.

Dr Ian McPherson explained *"the toolkit we have produced will enable service users, clinicians and carers to make those informed and inclusive decisions about appropriate medication and empower service users to have a real say in their treatment"*. Further developments and enhancements will improve the website over next year.

University of East Anglia Professor Stephen Bazire – site author, UKPPG committee member and Chief Pharmacist, Norfolk and Waveney Mental Health NHS Foundation Trust – outlined *"We anticipate this new site [...] as the missing link that can and should be used by all mental health professionals."*

 Please visit: www.choiceandmedication.org.uk

3 Keys to a Shared Approach in Mental Health Assessment launched

NIMHE launched the document on the 9th October. This document highlights the crucial challenge of achieving personalisation not only in how services respond to people's problems but also in how their problems are assessed in the first place. Assessment is primarily what determines which particular services people go on to receive and the effectiveness and efficiency with which those services are delivered.

This new handbook gives practical examples of three keys to a Shared Approach to good practice in assessing an individual's mental health problems.

The three keys reflect the views of a wide range of service users, carers and of service providers from both voluntary and statutory sectors.

 Visit www.3keys.org.uk to download the document

Would you complain?

A video made by and for people with learning disabilities

Follow the story of two friends with learning disabilities as they make two very different complaints. When you are not happy about something you should tell someone else so that they can help to make things better. Everyone has the right to complain, but it's not always easy and few people with learning disabilities do.

This video complaints pack will help. It was made by people with learning disabilities in Tower Hamlets for people with learning disabilities everywhere.

 Please click [here](#) to read more



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CSIP Eastern Development Centre Update

England's first mental health promotion TV campaign launched

We teamed up with Mental Health Foundation and ITV Anglia for England's first mental health promotion television campaign.

We ran a five-times-daily commercial between the 7th and the 11th October 2008 throughout the East of England to coincide with World Mental Health Day on 10th October. The aim of this TV campaign was to empower individuals to protect and improve their own mental health.

Viewers of the television commercial were directed to the Well-being in the East website (www.well-beingeast.co.uk), which features five short film clips, each dealing with key mental well-being themes.

 Find out more information [here](#)

Involvement and Empowerment Bulletin


This CSIP Eastern publication can be accessed by following the link:

 [Here!](#)

Masterclasses and workshops: Regional Development Programme

*October – March
Cambridge*

This initiative is aimed at Community and Voluntary Organisations (CVO's) that represent any of the 6 equalities strands. It is an exciting opportunity to explore how to influence the local service commissioning process to secure services that are appropriate and responsive to their needs. These 7 groundbreaking sessions take place over 7 months.

 Please click [here](#) for flyer and [here](#) for a registration form



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Events

Springforward 2008: Lambeth Arts Trail & Directory

*Throughout October & November
London*

 Please click [here](#) for more information



Innovations to fight exclusion in mental health conference

*4th November
Dartford, Kent*

 Please click [here](#) for more information

Delivering change: Social Enterprise Health and Social Care Conference

*4th November
London*

 Please click [here](#) for more information

Well-being Festival 08

*5th - 6th November
Luton and Bedford*

 Please click [here](#) for more information

Mental Health and the family: New developments

*10th November
Birmingham*

 Please click [here](#) for more information

Mental Health Today Exhibition

*11th November
Manchester*

 Please click [here](#) for more information

NIACE Conference: Employment, learning and skills for people with mental health problems

*24th November
Sheffield*

 Please click [here](#) for more information

Business Minded

*28th November
Hilton, Leeds*

 Please click [here](#) for more information



Parkinson's Disease Society: Carers information and support day

*29th November
Bury St Edmunds*

 Please click [here](#) for more information

Understanding personalisation in Housing

*Throughout November & December
National locations*

 Please click [here](#) for more information


Skills for Health consultation events

*November – December 2008
Regional locations*

 Please click [here](#) for more information

Commissioning Housing Support for Health and Wellbeing Event

*9th December 2008
Newmarket*

 Please click [here](#) for more information

1st National Mental Health First Aid (MHFA) England conference

*10th December
QEII, London*

 Please click [here](#) for more information



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Useful Resources

Self-Directed Support Network

The Self-directed Support Network is a community of people who want disabled people, older people and their families to get more control over their support and services. It's a place where you can make connections with other people who are involved in changing service systems and practices, and get information to understand what these changes might mean for you, too.

 Click below to view these web pages: <http://kc.csip.org.uk/groups.php?grp=36>

Putting people first: a shared vision and commitment to the transformation of adult social care

A key publication outlining agreement across Government and health and social care to the 'new direction' for care services which is heralded by this document.



Click [here](#) to access the report

The Credit Crunch Bites

The recent downturn of the economy and the imminent introduction of ESA - Employment Support Allowance is likely to affect many mental health services users who are on welfare benefits. *The Credit Crunch Bites*.

During these times of economic crisis and probable redundancies it is difficult to see how the Government will achieve it's target of getting one million people off sickness related welfare e.g. Incapacity Benefit and on to ESA - Employment Support Allowance and eventually gainful employment in the job market. Now more than ever it is imperative that mental health services users ensure that they are receiving all their rightful benefits and concessions to which they are entitled. A good place to start is my website: Mental Health Survival Guide - "Helping to break the link between disability and poverty."



www.houlston.freeserve.co.uk/mental.htm



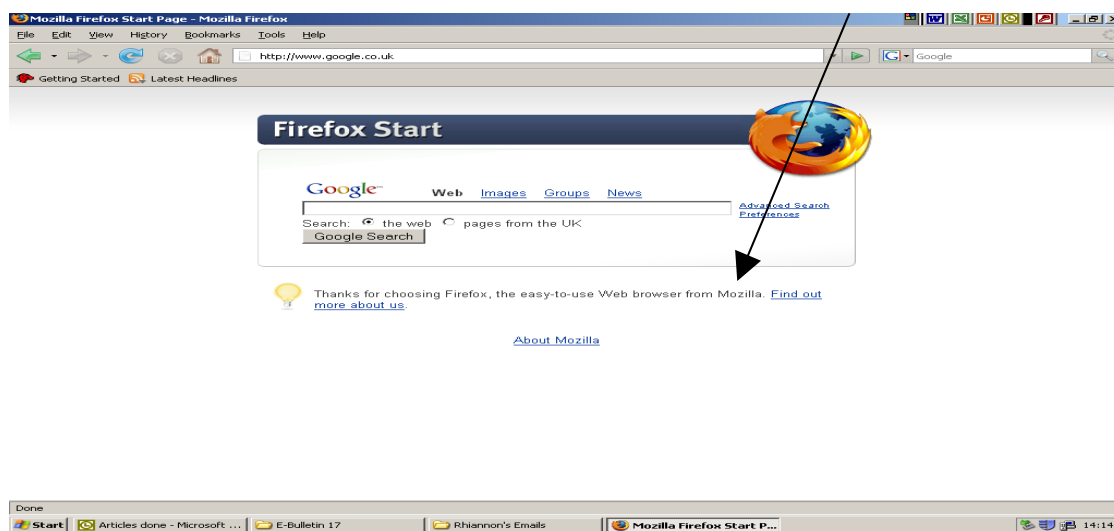
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Please Note:

Hyperlinks:

If you find the links do not work this may be because your computer is not compatible. Click on the internet and type the web address into the address box on the internet tool bar.

Address Box



Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Health and Social Care in Criminal Justice – **Neil McIntosh 01223 597551**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Howard 01206 287592**
- Social Care – **Amanda Reynolds 07775 631510**

 For access to our website click on the link: <http://www.eastern.csip.org.uk/>

Care Services Improvement Partnership 

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list, contact:

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